

# Environmental Sustainability

Mini Series #9  
22/05/20

## Your weekly dose of campus!



Credits: Aman K Sangha, staff member

## Refresh your recycling knowledge at home

- **Masks & gloves** are not recyclable.
- Separate your **greasy pizza box**: put the greasy parts in the general waste bin and the clean bits in mixed recycling.
- **Tissues & kitchen roll** are not recyclable.
- **Bubble wrap** and **plastic film** covers go into the general waste bin.



Keep Britain Tidy want to inspire people to create a wave of positive action from their own homes. They want to encourage people to share ideas online to reduce waste whether that's through upcycling, minimising food waste, home-schooling ideas or eco-friendly crafts. There's something for everyone.

WARWICK



@WarwickUniSust

Become one of our Green Champions [here](#).

## Mental Health Awareness Week

Mindful Mix: A special edition of the Mindful Mix with David Attenborough

Produced by the BBC to help alleviate anxiety as evidence suggests that music is helpful in reducing stress, anxiety and agitation, and sounds from nature can have a positive impact on wellbeing.



Find out what you can do for your mental health.



Mental Health Foundation

### Coventry County Council:

Book a visit to the tip. No entry without a booking.  
Download the 'Your Rubbish' app. It helps all residents and students living in Coventry know what, when and how to recycle and dispose of their waste.

You can now also book appointments to visit the Warwickshire Household Waste Recycling Centres.

Join 'Slim Your Bin' to learn how to recycle more and waste less in Warwickshire.

**Fly tipping has been on the rise. It is illegal. If you see it, report it to your local council.**

*We'd like to say a big thank you to the refuse collector heroes who continue to collect waste during the pandemic.*