Environmental Sustainability

Mini Series #3
14/04/20

Wildlife is running...wild!

As citizens remain indoors to prevent the spread of Corona Virus, a herd of wild goats has taken over the deserted streets of a seaside town of Llandudno, Wales.

Deer lounging on front lawns in Harold Hill, near Romford, Essex.

& Boars are making the most of their freedom in the Spanish city of Barcelona.

Indoor gardening

When it comes to gardening, you can grow plants just about anywhere!
Cluster plants together inside to create a lush, garden-esque atmosphere.

What do you need to consider?

Well being: There’s growing evidence that gardening can benefit our mental health, offering an enormous range of activities and options, more so than any other type of therapeutic activity.

Sunlight: Decide what you would like to plant based on how much sunlight enters your home. Most fruit and flowering plants need a full day of sunshine, whereas salad greens or herbs can be grown on your windowsill.

Humidity: If you are growing your plants on an indoor windowsill, you will need to provide some extra humidity when the heating is on. Spraying with a fine mist will help!

Weight: Soil containers tend to triple in weight when full of soil and saturated with water. Make sure your gardening spot or windowsill is able to handle the weight.

Watering: This is by far the most important gardening task as soil containers tend to dry out quickly. Test the soil by poking your finger an inch or two below the soil surface. If it feels dry, you need to water.

Read about how to plant, garden care & best plant choices here.

Access the outdoor sowing gardening fact sheet here.

Energy saving tip of the week

Make use of the upcoming weather! Ditch the tumble dryers and dry your clothes on washing lines! If it starts to rain- you’ll be home to get it in. On average tumble dryers will cost in excess of £80 a year to run.

Gardening for moths and butterflies

By day and by night, gardens large and small can provide a haven for Britain’s beleaguered butterflies and moths. Read nine ways to support all the stages of their life cycles.