

The power of Dionysus

The Greeks felt that Dionysus had the power to make us react in a certain way when they were watching plays. The actors were masked but they still felt that it was possible to learn something about ourselves from watching drama.

Now cinema or the television can offer us very powerful and moving experiences. Even though we are sitting safe and comfortable, perhaps with a tasty snack and a huge drink, we can still feel scared, or sad or angry, or happy or all of these emotions!



Now think about a favourite book, or play, or film or television series and fill in this sheet. It is probably easiest to pick something that made you think rather than just an action movie or a comedy. Try to fill in all of the sections. You can type your answers on this sheet and save it.

Title:

How did it make you feel? (list as many emotions as you can)

Why did it make you feel that way?

Did it change the way you felt about something? Or did it teach you something new?

Were the characters treated fairly or unfairly