

Creating Trails for Woodland Tales

We love nature, trees and woodlands. We love stories and books.
A perfect combination!



ABOUT US

Respect for nature and compassion for each other is at the heart of our activities.

Our trails are intertwined with a desire to promote a love of story through themes linked to nature, which encourage us all to connect with the outdoors in a variety of ways.



Creating Trails

Visit our wonderful website and use our ideas and suggestions to create your own trail with tale.

Welcome to the Woods

Begin with a quick introduction and a brief discussion about the intentions of the trail. You might find the 'Welcome Map' and example questions helpful.

Moments with Nature

Short, pacy 3,2,1 FREEZE activities create a sensory experience and act as quick starters to break the ice. A great way to get active, connect with nature and each other.

Tale on the Trail

A perfect setting for story telling! Find a spot to tell your tale and use as a stimulus for further adventures as you journey through the woodland.

Woodland Artist

Nature-based art is a great way of relaxing, communicating and connecting with the woodland either through free-choice art, or connecting art to your chosen tale.

Woodland Wonders

One of the joys of woodlands is the wonderful connection between nature and science. These hands-on activities link well to the science curriculum and bring real-life experirnesces together with knowledge.

Construcology

The humble stick can be so much more! Imagine, plan and problem solve whilst constructing and joining using foraged woodland waste. These activities get minds thinking and build valuable team work skills.

Imagingology

Moments of Meditation

Woodland Words and Drama

Woodland Well-being

Perfect Partners

Final Thoughts

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Follow 'The Map of Imaginology' on the website for this activity, which guides you through the mini tasks linked to developing care, respect and the desire to protect.

Take a moment on the trail to clear the mind, listen to nature and think positive thoughts – a mini woodland bathe.



Wordplay inspired by nature or drama inspired by the tale on the trail add an opportunity for a language-based activity.

Slow down and take a quiet moment – this section is about learning to STOP and take time out to listen, to move slowly and learn to relax in the moment.



These simple science-based activities develop a deeper understanding of trees and the vital role they play.

Ending with a final thought offers the opportunity for every one to share their experiences and communicate their feelings.



It is a time to reflect on the importance of woodlands and to leave a pledge of appreciation and protection.

Join us on our journey
@woodlandtrails.tales (Instagram)
We would love to hear about your trails!