

OUR GLOBAL KITCHEN

ONE POT RECIPES FOR WORLD MAKERS



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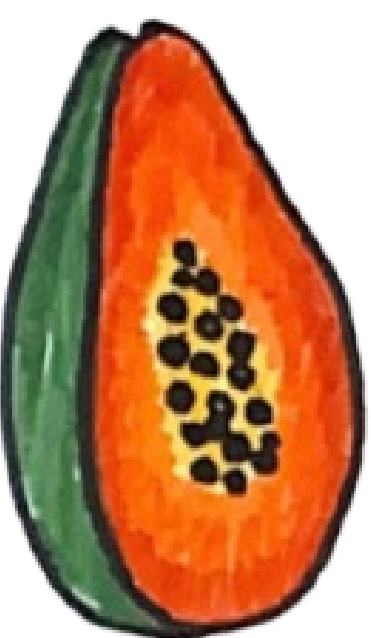
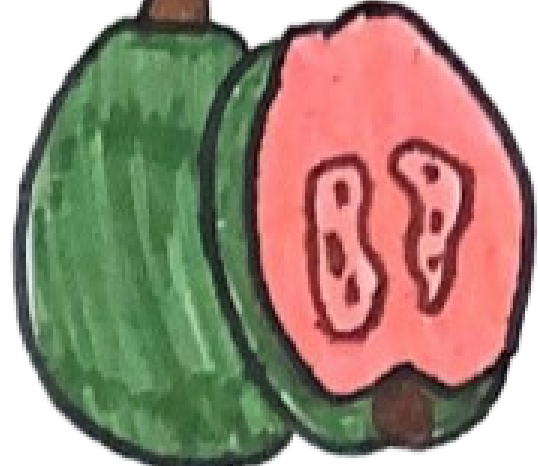
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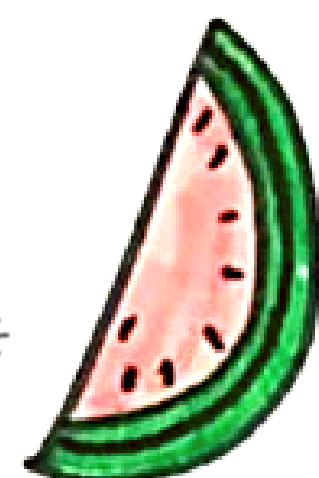
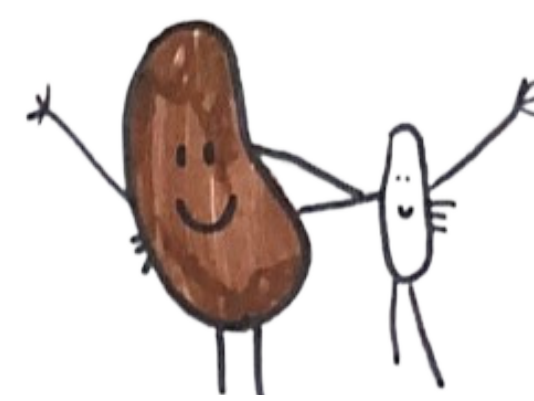
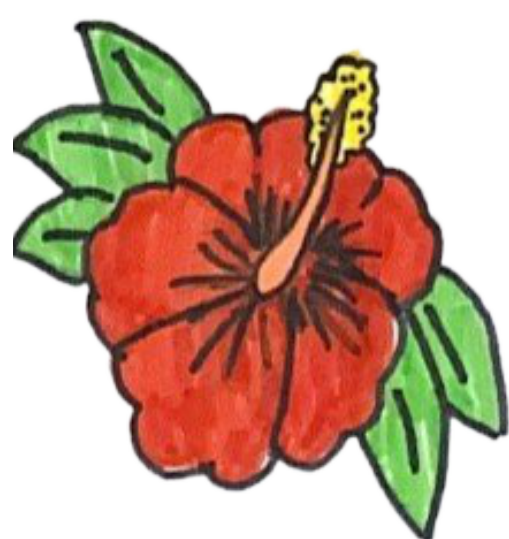
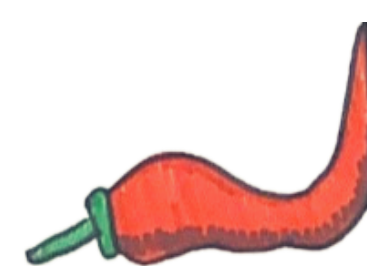
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INTRODUCTION

Our Global Kitchen is a short recipe book for world makers. With these ingredients and recipes, you can imagine a completely new set of social relations and understandings of the natural world. In this kitchen, the possibilities are endless.

In this book, I will be providing you with the key ingredients you need to keep in your global kitchen. Not just the recipes we share here, but for any recipe you could possibly imagine - Laos, Costa Rica, Samoa or São Tomé and Príncipe. You name it! With these ingredients, you can make any of these possible.

As the world gets closer and faster, so do we! In *Our Global Kitchen*, only one step is required to make all of these recipes. Just place all ingredients into one dish. It's almost too simple!

I hope you enjoy *Our Global Kitchen* and are inspired by the information shared here. Remember, this is *Our Global Kitchen* for a reason. This experience is all about sharing and learning from one another. Feel free to make any adjustments to any of the recipes shared here and always remember to have fun!

A handwritten signature in black ink, appearing to read 'A. S. ...', with a long horizontal flourish extending to the right.



THE ESSENTIALS

Below, we have a list of key ingredients needed to create these recipes and more. Most global meals are based around a handful of these ingredients so we'd recommend you keep your pantry stocked with most of them at all times! We have also listed substitutions for those who are intolerant to any of the listed ingredients.

- **European cultural canon** - We have not found an alternative for this.

- **Bordered imperialism** - A great ingredient especially when you want to trigger ethnic conflict.

- **Subalternism** - Can substitute for othering.

- **International division of labour** - Make sure you keep large quantities of this at all times!

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- **Ecofascism** - Climate denial works great in place of this.

- **Centralised political economy** - Tastes great alongside privatisation.

- **Labour migration** - Some like to add citizenship to this ingredient, but we typically don't!

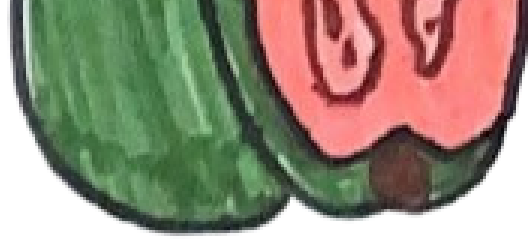
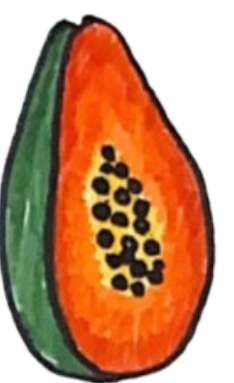
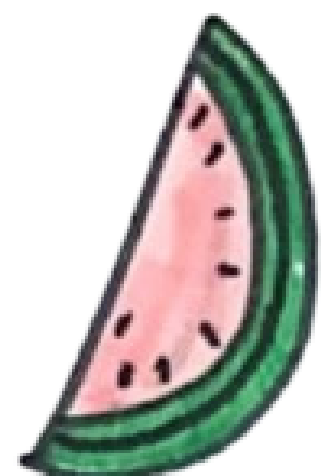
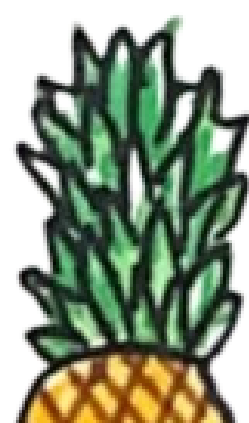
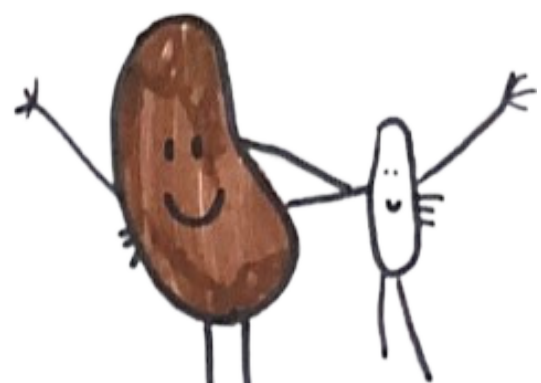
- **Respectability politics** - Always remember to perform self and counter problem narratives when using the politics of respectability.

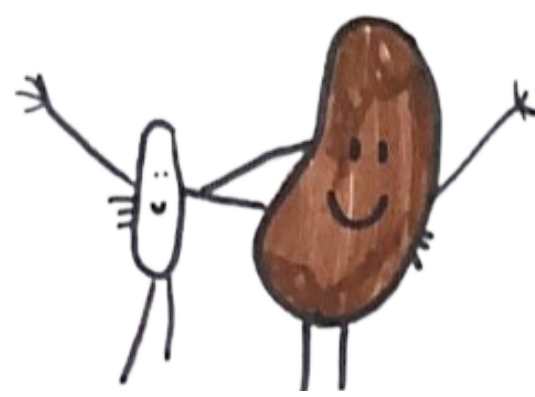
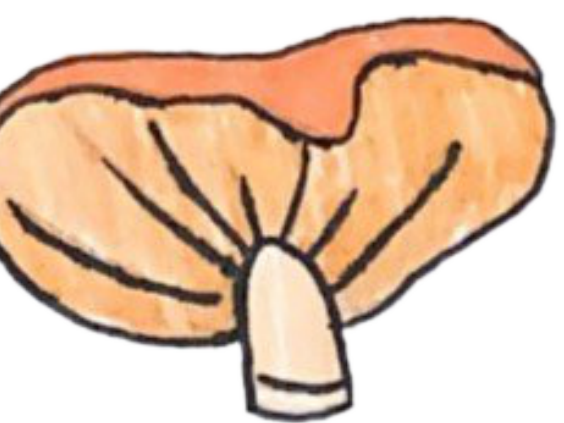
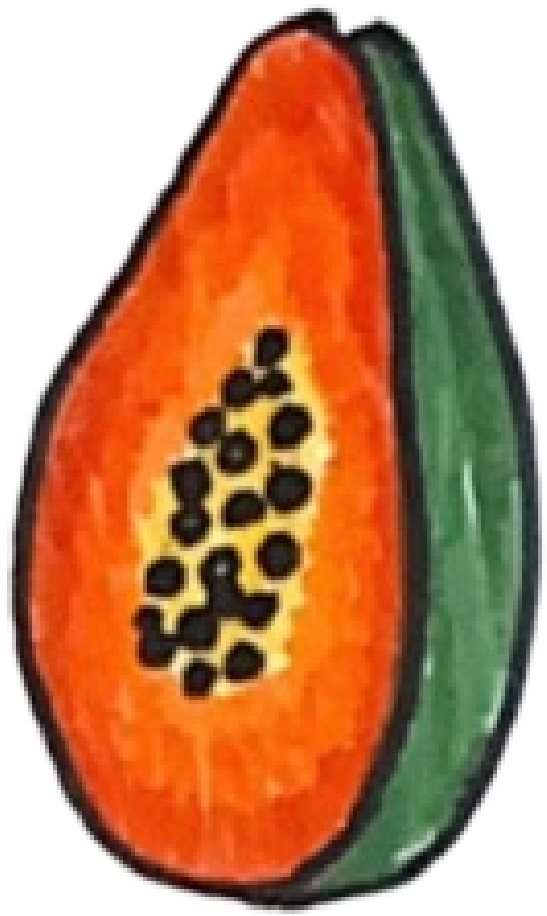
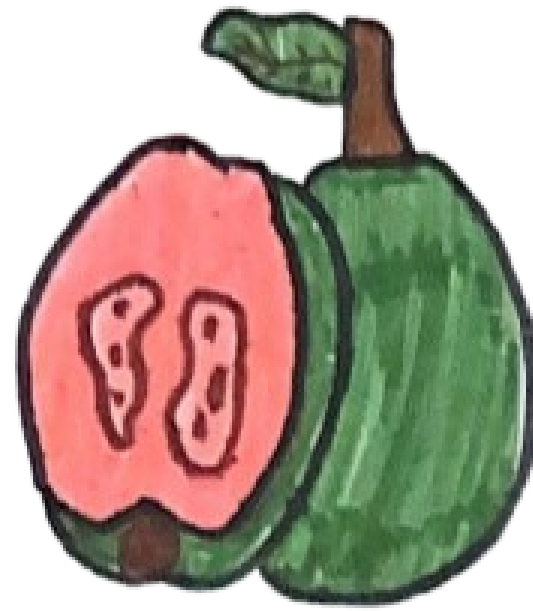
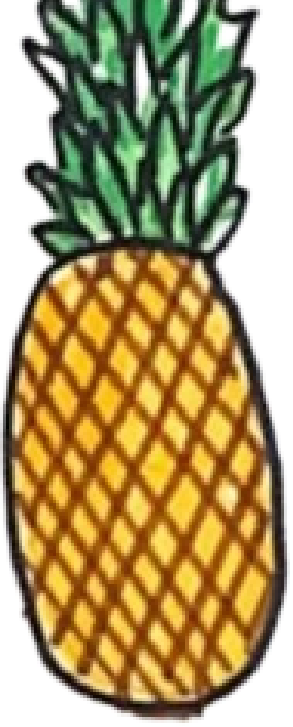
- **Gender binary** - all systems of oppression work great here - homophobia, transphobia, sexism, you name it!

- **Health inequity** - Feel free to use white supremacy, medical racism, eugenics or any other similar ingredients in place of this.

- **Archival silence** - remember, silence is violence!

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GHANA

serves 30.42 million

The best part about this recipe is the interior of political contempt, child exploitation and capitalist nationalism with the contrasting, outer layer of progressive liberalism ; all which serve to present Ghana as a beacon of African development, democracy and peace.. All of these flavours offer a palette experience which is emblematic of the complexity and coloniality of the current Ghanaian political climate.

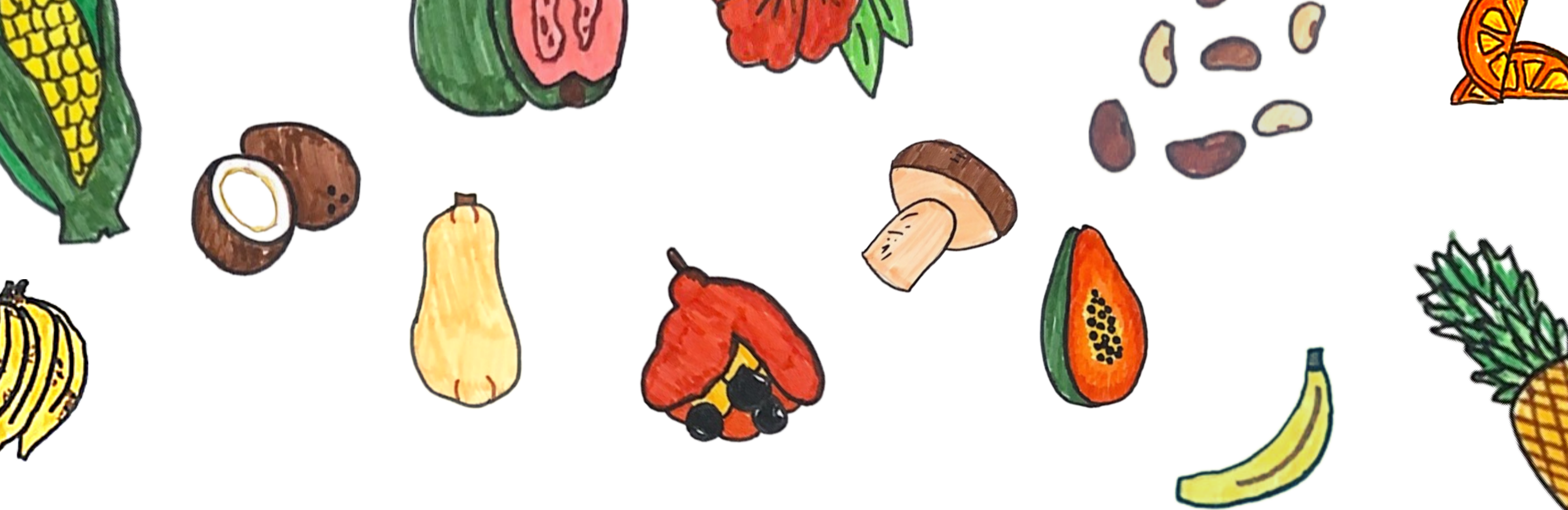
Ingredients

- Colonial plunder
- Transatlantic trade of enslaved peoples,
soak for 400 years
- International division of labour
 - Resource exploitation
(can substitute for illegal logging)
- Marketing reforms, optional
 - Child labour - 2.1 million
- Liberalisation, for brushing / finishing
 - Neocolonialism
 - Entrepreneurial migration

Notes

Adjust accordingly - as the value of labour goes down, there is more leverage to force down prices - you may need less or more wage and resource exploitation
These are freezer friendly





HONDURAS

serves 9.75 million

This innovative combination of ingredients produces one of the countries most at risk from climate change. As with most recipes like this, Honduras only emits 0.1 percent of global greenhouse gas emissions but bears the brunt of hundreds of years of colonial destruction, environmental degradation and industrial expansion.

Ingredients

- Indigenous erasure
- Grassroots activism
- Land exploitation and grabbing
 - Deforestation
 - US military intervention
- International community silence
 - Limited resource / product dependent economy
 - Plantation agriculture
 - Linguistic dominance
 - Police corruption

Notes

Many liken the flavour of this recipe to that of Guatemala and Belize - feel free to borrow any ingredients that you already have from those recipes!