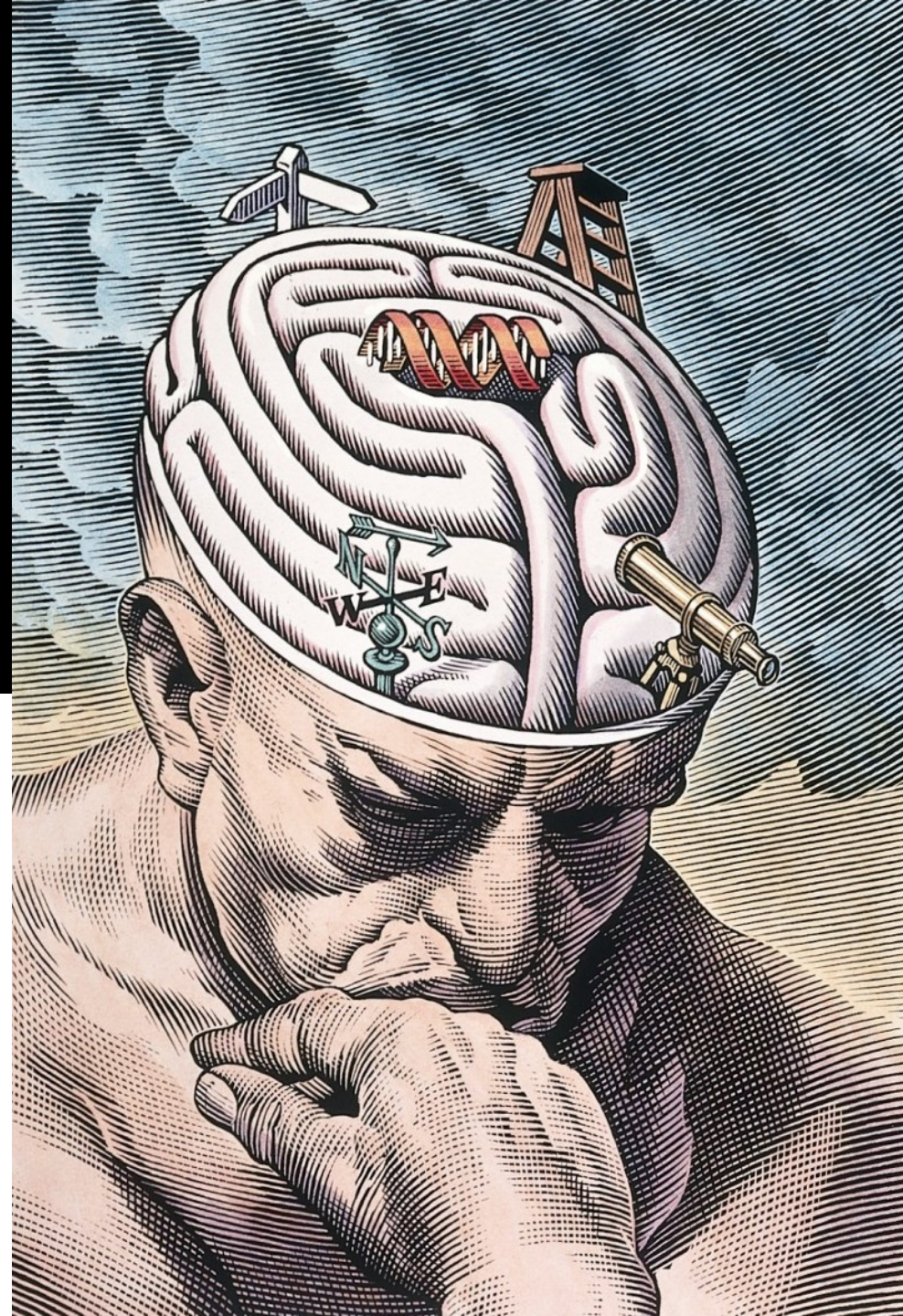


Navigating Psychopathology

IATL Undergraduate
Interdisciplinary module
Convened by
Dr. Vivan Joseph





Everyone struggles with unhappiness, anxiety and stress at some point.

More than **1 in 3** adults (aged 16-74) accessed mental health treatment in 2014 (*Adult Psychiatric Morbidity in England, 2014 survey*).

In 2007, it was **1 in 4** (*Adult Psychiatric morbidity in England, 2007 survey*).



Mental ill-health has a very long history, and has been the subject of plays, literature, films, philosophy and scientific investigation.



What view of mental ill-health will ***you*** construct from the different perspectives you will encounter on the module?

Aims of the Module

- To enable you to develop a deeper understanding of conceptions of mental ill-health from a variety of perspectives;
- To enable you to critically evaluate those conceptions, and
- To do this by facilitating your engagement with the subject matter through active learning, e.g.:
 - Reading (individually and in groups),
 - Discussion and feedback.

Provisional Module Structure

- Week One: Introduction to the module.
- Week Two: Hallucinations, delusions, 'normal' functioning and reality.
- Week Three: Neuroscience.
- Week Four: Shell shock to attachment – mental health in the 20th century.
- Week Five: Understanding and explaining (Karl Jaspers).
- Week Six: Essay planning and film week.
- Week Seven: Literature and mental health
- Week Eight: Narrative and mental ill-health
- Week Nine: Critical approaches to psychiatry.
- Week Ten: Conclusion.

Assessment – Essay

- Research a topic in consultation with the module convenor.
 - You should discuss your topic with the module convenor before you start writing. You have a limited word count (3,500 for 15 CATS, 2,500 for 12 CATS).
 - Use class discussions and feedback to test out ideas.
 - Structure your essay to explain a debate/topic and set out your own view, along with supporting evidence/argument. Your essay needs to be accessible to a non-specialist audience.

Assessment – Reflective Journal

- Read the online guidance, and add to your journal every week (ideally after every session): 1 to 3 of the most significant things for you that week (from the lecture or discussions); ~250-500 words each week.
- The purpose of the journal is to show (i) what made the greatest impact on your thoughts and feelings about the subject, and (ii) how your thoughts and feelings on the subject have been affected by what you've heard and discussed.

Student Feedback

Some of the things students have enjoyed about the module:

- The opportunity to learn with others from a range of different disciplinary backgrounds
- The variety of resources used during the sessions (including video, texts, audio and images)
- The invitation to discuss and develop your ideas with your peers and lecturers throughout the module

For more information...

On the module structure, dates and times etc.
please visit the module webpage:

https://warwick.ac.uk/fac/cross_fac/iatl/study/ug_modules/np

On the IATL website

Stay well and take care

