

# Concluding



# Concluding

1. Diagnosis: unfinished business.
2. Looking back on the module.
3. Feedback (online moodle form).
4. Essays.

# Diagnosis

- In groups, take 10-15 minutes to read and discuss the first handout (on Kraepelin), then feed back to the whole group.
- In the same groups, repeat the process with the second handout (on diagnosis and objectivity).

# Eleanor Longden TED

From the PRU website:

Dr Eleanor Longden is the Postdoctoral Service User Research Manager at PRU [Psychosis Research Unit, Manchester] and the current chair of its Service User Reference Group (SURG). Throughout her career she has drawn on her own experiences of recovery from psychosis to promote more creative, person-centred approaches to complex mental health problems that emphasise the lived experience and expertise of individuals more fully and has an extensive track-record of promoting user-informed perspectives on conceptualising and responding to psychosis.

# Eleanor Longden

- Thoughts? Reactions?
- What does everyone make of the idea of finding *meaning* in the symptoms of psychosis (e.g. voices), of thinking of the voices as indications of her (suppressed) feelings?
- In addition to talking about her voices being parts of her, she talked about treating them – especially the least pleasant ones – with *compassion*: perhaps healing, or at least finding peace with herself.

# Looking Back

- Stay in your groups, but each of you take 5 minutes to think back over the module and decide what one thing (moment/piece of conversation/item of information) was
  - Most interesting for you, and
  - Most enjoyable for you.
- Add them both (or it, if they are the same) to your group's flipchart sheet.
- Are there similarities, or common themes?

The End(?)

