

RCN RESEARCH INSTITUTE

DIRECTOR:

Prof Kate Seers

OUR RESEARCH THEMES:

Patient Experiences and Involvement

Patient Reported Outcomes

Translating Knowledge into Practice

This newsletter presents selected highlights of our Research. For details of the full programme please see our website.

INSIDE THIS ISSUE:

Quality and Safety 2

Evaluation of Research 2

RCN Research Conference 2

PhD Students 3

PRO and quality 3

Publications 4

Website address:

<http://www2.warwick.ac.uk/fac/soc/shss/rcn>

RCN Research Institute



Newsletter

THE UNIVERSITY OF
WARWICK

VOLUME 1, ISSUE 3

APRIL/MAY/JUNE 2009

VIRIHP-Virtual Institute of Research in Healthcare Practice

The Virtual Institute was a collaboration between three health care Trusts, four Higher Education Institutions and an umbrella patient group. It ran for three years and drew to a close earlier this year.

The collaboration ran a range of projects: PoISE, a three year project evaluating the implementation of the RCN peri-operative fasting guideline; A project exploring the goals, needs and plans for development of Long Term

Conditions Alliance member organisations; A study exploring the role of disclosure of illness for people living with a long-term condition; development of a writing skills package, and a critical thinking package.

Further funding has been obtained from Research for Patients Benefit for a project looking at 'The need for urgent care: the perspectives and pathways of people with a long term condition'.

The work of VIRIHP is now embedded within the RCNRI which aims to:

- ▶ Produce high quality research that improves patient care and impacts on policy
- ▶ Increase research capacity within nursing by providing high quality research training
- ▶ Contribute towards the RCN delivering on its strategic objectives

Contact: Kate Seers

Shadowing opportunities at the RCN

The RCN were offering opportunities for shadowing senior people within the organisation so I took this opportunity to find out more about what the General Secretary and Chief Executive, Peter Carter, does. We arranged for two days of shadowing in different locations.

On the first day I arrived at the RCN and Peter took me through his busy schedule for that week to provide an indication of the wide range of activities he is involved with. I attended some external and internal meetings with Peter which provided a fascinating insight into the nature of

Peter's job. In the afternoon we attended a conference where Peter was speaking and I had the chance to meet senior health care managers and Union leaders.

On the second day I accompanied Peter to a visit to Northampton Hospital, a vital part of his job in terms of understanding the reality of practice in the NHS. We attended a local event at the hospital where some of the research and development work was being showcased.

This shadowing experience provided an important contribution to my understanding of leadership,

strategic vision and collaborative working.

I would encourage anyone to take full advantage of future opportunities to shadow others within the RCN.

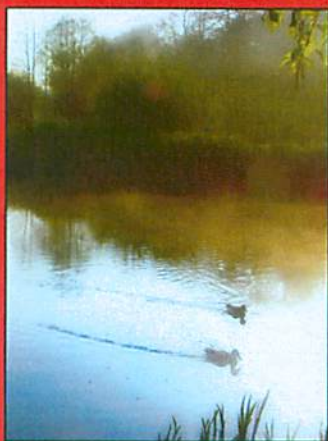
Contact: Sophie Staniszewska



Warwick Arts Centre in Bloom

“Transforming whole systems: in search of theory and method was our highlight”

“Getting key messages onto the national policy agenda”



Ducks on Tocil Pool, University of Warwick

International Forum on Quality and Safety

In March, Claire Hawkes and Jackie Chandler-Oatts presented a poster, on behalf of the PoISE Project Team, at the 2009 International Forum on “Quality and Safety in Healthcare” in Berlin. The conference was a showcase for international quality improvement work in healthcare. Trisha Greehalgh’s presentation on “Transforming whole systems: in search of theory and method” was our highlight. Thanks go to the Health Foundation, the PoISE Project Funders, for making this opportunity possible.



Contact: Kate Seers

Evaluation of Research by Funders

The PoISE (Peri-operative (fasting guideline) Implementation Study Evaluation) project received a funding award from The Health Foundation. This is a charity with a focus on improving health and the quality of healthcare.

This project was part of a wider programme of work to engage clinicians in quality improvement initiatives by funding projects through the professional colleges e.g. the RCN. This award was part of an experimental evaluation

conducted by the RAND organisation on behalf of The Health Foundation. It involved the project team in a wide range of activities including training and residential conferences.

The final report from the project for The Health Foundation will be a self assessment evaluation which has been a living document throughout the project. It is not a standard research report which will be completed separately by the Project team. The project

team will disseminate the project findings through publications and other relevant media to patients and other professionals particularly nurses, anaesthetists, and surgeons.

There will also be dissemination activities via the RAND/The Health Foundation report of the key findings of all the awards collectively. This will involve media and getting key messages onto the national policy agenda.

Contact: Kate Seers

RCN International Nursing Research Conference

Many of the RCNRI team attended the 2009 RCN International Research Conference in Cardiff. Papers were given on a range of topics:

- Implementing peri-operative fasting recommendations: A process and outcome evaluation, led by Jo Rycroft-Malone;

- The patients’ priorities for care when fasting for elective surgery led by Claire Hawkes and Jackie Chandler-Oatts;
- Comparing the concept of hope on two units: Trauma and Stroke, led by Liz Tutton;
- Patient and public involvement in the NHS led by Sandy Herron-Marx;

- Moving towards a model of family centred care: the POPPY study (experiences of parents with pre-term babies), led by Sophie Staniszewska;
- A debate on Research being published in the highest impact factor journals by Kate Seers.

PhD Student: Dr Liz McInnes

We are delighted to announce that Liz McInnes has received her Doctorate from the RCN Research Institute and University of Manchester. Dr McInnes is a Senior Research Fellow at Australia Catholic University in Sydney. Her work involved undertaking a meta-ethnography of older people's views, experiences and preferences (views studies) about falls interventions.

Falls in older people are a major cause of death and disability and many trial studies do not consider patients views about the intervention. Meta ethnography was used to extract the barriers and facilitators from the views studies. This identified the complex and varied nature of patients stories, their interpretation of risk and preferences for interventions. Control over their life and being

able to fit the intervention into daily life was really important.

A cross study synthesis matched the evidence with an effectiveness review of falls intervention. The synthesis identified the need to consider patients concerns and to explore further preferences for interventions such as walking, integrated exercise and self management.



Bluebells in Tocil Wood, University of Warwick

The RCN Research Institute, within the School of Health and Social Studies, at the University of Warwick, provides a vibrant student research community. If you are interested in undertaking a PhD, part or full time, please contact:

Prof Kate Seers.

East Midlands Nursing Summit

Patient Reported Outcomes and the Quality Agenda

Two Nursing Summits, organised by the RCN, were held during February and March 2009, with the intention of providing a forum for participants to develop their knowledge of healthcare commissioning, the role of metrics in healthcare (with a particular focus on patient reported outcomes), and influencing the healthcare agenda.

Together, the two summits were attended by more than 150 nurse managers working in the NHS in the East Midlands.

Dr Kirstie Haywood, Senior Research Fellow at the RCN

Research Institute, contributed to the event as both an expert in patient reported outcomes and metrics, and a facilitator to the group work sessions. Publication of The Next Stage Review and its final report, High Quality Care for All, in 2008, have played a key role by uniting the National Health Service around the principle of good quality healthcare^a.

The report highlights the importance of capturing the patient view of healthcare through the application of patient-reported outcome measures (PROMs): "Just as important [as clinical measures] is the effectiveness of care from the patient's own

perspective which will be measured through patient-reported outcome measures (PROMs)."^a

However, experience from the summit highlights the need for further education, support and on-going focused research to enable nurse managers to embrace the quality agenda and the potential contribution from PROMs.

^a Web-link to High quality care for all: NHS Next Stage Review final report:
http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_085825

"There is clear evidence that senior nurses require support and training to enable them to embrace the quality agenda and potential contribution of patient reported outcomes".

RCN Research Institute

School of Health and Social Studies
University of Warwick
Coventry
CV4 7AL

Website Address:

www2.warwick.ac.uk/fac/soc/shss/rcn

RCNRI Research Team Administrator: **Paul Kent**

Phone: 024 761 50618

Fax: 024 761 50643



THE UNIVERSITY OF
WARWICK

j.brett@warwick.ac.uk

j.m.chandler-oatts@warwick.ac.uk

andrew.j.gibson@warwick.ac.uk

claire.hawkes@warwick.ac.uk

kirstie.haywood@warwick.ac.uk

sandy.herron-marx@warwick.ac.uk

lydia.lewis@warwick.ac.uk

carole.mockford@warwick.ac.uk

natasha.posner@warwick.ac.uk

r.putz@warwick.ac.uk

kate.seers@warwick.ac.uk

sophie.staniszevska@warwick.ac.uk

liz.tutton@warwick.ac.uk

Selected Recent Publications

Seers, K (2009) What works for whom, when and how? *Editorial. Pain.* **143:** 167-168

Rycroft-Malone J Fontenla M **Seers K** Bick D (2009) Protocol-based care: the standardisation of decision-making? *Journal of Clinical Nursing.* **18:** 1490-1500

Rycroft-Malone, J Fontenla M Bick D **Seers K** (2008) Protocol based care: impact on roles and service delivery. *Journal of Evaluation in Clinical Practice.* **14:** 867-873

Tutton E, & Gray B (2009) Fluid optimisation using a peripherally inserted central catheter (PICC) following proximal femoral fracture: Lessons learnt from a feasibility study. *Journal of Orthopaedic Nursing.* **13:** 11-18

Gibson A, Coe C, Spencer N, Stuttaford M, (2008) 'Sure Start: Voices of the Hard to Reach'. *Child: Care, Health And Development.* **34:** (4)447-453

Vital FMR, Saconato H, Ladeira MT, Sen A, **Hawkes CA**, Soares B, Burns KEA, Atallah ÁN. Non-invasive positive pressure ventilation (CPAP or bilevel NPPV) for cardiogenic pulmonary edema. *Cochrane Database of Systematic Reviews* 2008, Issue 3. Art. No.: CD005351. DOI: 10.1002/14651858.CD005351.pub2

Haywood KL, Garratt AM, Carrivick SE, Mangnall J, Skevington S. (2009) Continence specialists use of quality of life information in routine practice: a national survey of practitioners. *Quality of Life Research.* **18:** 423-433

Wisteria,
University of Warwick



All photos by Paul Kent