I enclose a cheque for £

made payable to The Royal Society of Medicine

## TO PAY BY CREDIT OR DEBIT CARD PLEASE BOOK ONLINE AT:

www.rsm.ac.uk/events/SLH02

Email: sleep.disorders@rsm.ac.uk

**Tel:** +44 (0)20 7290 3942 **Fax:** +44 (0)20 7290 2992

Please return your form by Wednesday 1 February 2017: Amy Ballam, Postal bookings, Academic Department The Royal Society of Medicine 1 Wimpole Street London W1G 0AF

If you are not a member of the RSM the details provided here, including your email address and telephone number, may be used to send you details of those products and services provided by the Royal Society of Medicine (RSM) and RSMSS\* that we have identified as likely to be of interest to you.

If you do not want to receive information from us by any of the methods listed below please indicate by ticking the corresponding box:

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\* RSMSS (Royal Society of Medicine Support Services Limited) is the wholly owned subsidiary company of the RSM which operates Domus Medica. Chandos House and the members' restaurant, bar and buttery)

After providing payment you have 48 hours to cancel (by letter, fax or email) and receive a full refund providing there are at least 4 working days to the meeting. Refunds on cancellations after 48 hours by given only to fees over £10 and will incur a 15% administration charge. No refunds can be given on cancellations made less than 4 working days of the meeting. Places are guaranteed only upon written confirmation. Acceptance on to the meeting is at the discretion of the organiser. If pre-payment has not been made by the date of the event, the organiser reserves the right to refuse admission. If you requested to be invoiced for the event, you will be asked to provide credit card details on the ax provide provide credit card details on that as not been received. Your card will be charged if payment is not received within 5 working days. Concession rates such as student rates or bursary rates are only available to full time students and a proof of eligibility might be asked at any time. Failure to provide it will result in the delegate being charged the most expensive rate for that event. Delegate substitutions are possible up to 4 days prior to the event and free of charge, however when the substitution entails changing to a different event, a 15% admin charge will incur and if the event fee is different the delegate will incur the extra charge. Registrations will not be accepted over the telephone. If catering is being provided, any special dietary requirements are required at least four working days force the event. If you request different catering on the day you will be charged £10 plus the cost of the meal and your meal could be delayed. The RSM itself accepts no legal responsibility for the facts stated or opinions expressed during this meeting, it is the responsibility of the attendees to satisfy him/herself as to which part(s) of those facts/opinions should be relied on in any way whatsoever. In the event the RSM cancels the meeting, our liability will be limited to registration

fees already paid to the Society for the meeting. When a meeting is jointly organised with an external partner, your data might be passed on to them unless you opt out by ticking the relevant box on the booking form. Terms and conditions correct at time of printing and we reserve the right to amend these.

Office use only

Delegate:

Finance: 06SLH02



ORGANISED BY THE SLEEP MEDICINE SECTION

## Is today's society sleep deprived?

Tuesday 7 February 2017 - CPD: 5 credits

Venue: The Royal Society of Medicine, 1 Wimpole Street, London, W1G 0AE



## Is today's society sleep deprived?

Tuesday 7 February 2017

8.30 am	Registration, tea and coffee			
9.00 am	Welcome and introduction Professor Jim Horne, Loughborough University			
9.05 am	A social history of sleep – looking back to what was 'normal sleep' Professor Roger Ekirch, Virginia Polytechnic Institute and State University, Virginia, USA			
10.05 am	The pharmaceuticalisation of today's sleep - a socio-logical perspective Dr Catherine Coveney, Research Fellow, University of Sussex			
10.50 am	Tea and coffee break			
11.20 am	Short sleep, mortality and morbidity – epidemiological findings Professor Franco Cappuccio, Warwick University			
12.05 pm	Panel discussion			
12.25 pm	Lunch			
1.25 pm	Judge sleep by its quality rather than duration Professor Derk-Jan Dijk, Professor of Sleep and Physiology, University of Surrey			
2.10 pm	Optimal sleep for everyday behaviour Professor John Groeger, Hull University			
2.55 pm	Tea and coffee break			
3.25 pm	Sleep debt – just a fact of life? Professor Jim Horne, Loughborough University			
4.10 pm	Panel discussion			
4.55 pm	Completion of evaluation forms			
5.00 pm	Close of the meeting			
	CPD: 5 credits			
The Sleep Medicine Section would like to thank UCB Pharma Ltd for supporting the Academic Year 2016/17				

## **Registration form**

Please complete this form or register online: www.rsm.ac.uk/events/SLH02

Is today's society sleep deprived? Tuesday 7 February 2017				
Name (title, forename, surname)				
Present appointment and institute				
GMC No (for those requiring approval)				
Address (or RSM Membership No)				
Postcode				
Daytime tel.				
Email Address				
Please state any dietary or special requirements				
Male Female				
Payment details, please tick the appropriate box Early bird rates expire on Wednesday 1 February 2017  RSM members Early bird Standard rate				
Fellow	£75	£100		
Associate	£60	£85		
Trainee	£60	£85		
Retired Fellow/Club Member	£60	£85		
Student	£25	£30		
Non members				
Consultant/GP	£110	£135		
AHP/Nurse/Midwife	£85	£110		
Trainee	£85	£110		
Student	£30	£35		
Please complete both sides of this form				
Touco complete som sides of this form				