

$$X \subset \mathbb{R}^n \quad \#_B(x) < \infty$$

$$\text{d.e. } L: \mathbb{R}^n \rightarrow \mathbb{R}^k \quad 0 < \theta < 1 - \frac{2k}{k}$$

injective on X

$$c \|Lx - Ly\|^\theta \geq \|x - y\|$$

$(V_j)_{j=1}^{\infty}$ finite-dim subspaces of H

$$\dim V_j = d_j$$

B_j unit ball in V_j

$$L \in \mathcal{B}(H; \mathbb{R}^k)$$

$$E = \left\{ L = (L_1, \dots, L_k) \quad \gamma > 1 \right. \\ \left. L_j = \left(\sum_{n=1}^{\infty} n^{-\gamma} \phi_n^{(j)} \right)^* \quad \phi_n^{(j)} \in B_j \right\}$$

Key lemma

$$x \in H, \varepsilon > 0$$

for any j

$$\mu \{L \in E : \|Lx\| \leq \varepsilon\} \leq C \left(d_j^{1/2} j^\gamma \frac{\varepsilon}{\|P_j x\|} \right)^k$$

where P_j is the orthogonal projection onto V_j

Thickness exponent (Hunt & Kaloshin, 1999)

Let $d(X, \varepsilon) =$ Smallest dimension
of a linear subspace V s.t.

$$\text{dist}(X, V) \leq \varepsilon$$

$$t(X) = \limsup_{\varepsilon \rightarrow 0} \frac{\log d(X, \varepsilon)}{-\log \varepsilon}$$

Lemma

$$X \subset CH$$

$$\tau(X) \leq d_B(X)$$

Proof

Cover X with $\# N(X, \varepsilon)$ ε -balls

$\{B(x_j, \varepsilon)\}$ so take $V = \text{span}\{x_j\}$

then $\dim V \leq N(X, \varepsilon) \Rightarrow d(X, \varepsilon) \leq N(X, \varepsilon)$

If $X \in L^2(\Omega)$ $\Omega \subset \mathbb{R}^d$ then
if X is bounded in $H^s(\Omega)$ then

$$\tau(X) \leq d/s$$

Frige $\rightarrow \mathbb{R}$

Can have $\tau(X) = 0$ but $d_B(X) \neq 0$.

Theorem

to be defined

$$X \subset \subset H$$

$$d_B(X) < \infty$$

$$L: H \rightarrow \mathbb{R}^k$$

$$k > 2d_B(X) \quad \&$$

$$0 < \theta < \frac{k - 2d_B(X)}{k(1 + \frac{\tau(X)}{2})}$$

then μ -a.e. $L \in E$ is θ injective on X &
 $\|Lx - Ly\| \geq \theta \|x - y\| \quad x, y \in X$

Proof

" : a finite dim

Take $d > d_B(X)$ s.t.
and $t > T(X)$

$$0 < \alpha < \frac{k - 2d}{k(1 + t/2)}$$

Now let V_j be a finite-dim

Subspace s.t.

$$\text{dist}(X, V_j) \leq 2^{-(j+1)}$$

$$\Rightarrow \dim(V_j) = d_j \leq c 2^{t(j+1)} \\ = c 2^{jt}$$

Now we construct E using this
choice of $(V_j)_{j=1}^{\infty}$

Let

$$Z_j = \{z \in X - X : \|z\| \geq 2^{-j}\}$$

We want to make sure that

$$\|Lz\| \geq 2^{-j/\theta}$$

Let

$$Q_j = \left\{ L \in E : \|Lz\| < 2^{-j/\theta} \text{ for some } z \in Z_j \right\}$$

Since $z_j \subseteq X - X$
 $d_B(z_j) \leq d_B(X - X) \leq 2d_B(X) < 2d$

we can cover z_j with
 $\leq M_j = 2^{2j/d}$

balls of radius $2^{-j/d}$

Consider one of these balls $B(z_0, 2^{-j/d})$
& let $Y = z_j \cap B(z_0, 2^{-j/d})$

Observe that every $L \in E$ satisfies

$$\|L\|_{B(H; \mathbb{R}^2)} \leq C := \sqrt{k} f(\gamma)$$

Note that if

$$|Lz_0| \geq (C+1) 2^{-j/10}$$

$$\begin{aligned} \text{then } |Lz| &\geq |Lz_0| - |L(z-z_0)| \\ &\geq (C+1) 2^{-j/10} - C 2^{-j/10} = 2^{-j/10} \end{aligned}$$

So

$$\mu \{ L \in E : \|Lz\| < 2^{-j_0} \text{ for some } z \in Y \}$$

$$\ll \mu \{ L \in E : \|Lz_0\| < (1+c)2^{-j_0} \}$$

$$\ll c \left(\sum_{j \geq j_0} d^{1/2} \frac{c' 2^{-j_0}}{\|P_j z_0\|} \right)^k$$

Now note that since

$$\text{dist}(x, v_j) \leq 2^{-(j+1)}$$

$$\|P_j z_0\| \geq 2^{-(j+1)}$$

$$\begin{aligned} \|P_j z_0 - z_0 + z_0\| & \\ & \geq \|z_0\| - \|z_0 - P_j z_0\| \\ & \geq 2^{-j} - 2^{-(j+1)} \end{aligned}$$

$\mu\{L \in E : \text{bad at some } z \in \mathcal{Z}\}$

$$\leq c'_k \left(j^\delta 2^{j\delta/2} \frac{2^{-j/10}}{2^{-j}} \right)^k$$

$\mu\{L \in E : \text{bad at some } z \in \mathcal{Z}'_j\}$

$\leq M_j \times \text{this estimate}$

$$\begin{aligned} \mu(\varphi_j) &\leq c_k 2^{2d_j/\theta} (j^\gamma 2^{t_j/2} - j^{1/\theta + j})^k \\ &= c_k j^{2\gamma k} 2^{j \left\{ -\frac{(k-2d)}{\theta} + k \left(1 + \frac{t}{2}\right) \right\}} \end{aligned}$$

So $\sum \mu(\varphi_j) < \infty$ if

$$k > 2d \quad \& \quad -\frac{k-2d}{\theta} > k \left(1 + \frac{t}{2}\right)$$

Borel-Cantelli Lemma

\Rightarrow μ -a.e. $L \in E$ lies in
only finitely many (\mathcal{Q}_j)

\Rightarrow result as before. \square

Carleson

$X \subset \mathcal{CB}$, Banach ; $d_B(X) < \infty$

$\left(\exists L \in \mathcal{B}(B, \mathbb{R}^k) \right)$ sat. inject

$k > 2d_B(X)$

$$0 < \alpha < \frac{1}{1+d_B(X)} \left\{ \frac{k-2d_B(X)}{k(1+d_B(X)/2)} \right\}$$

$$\|x-y\| \leq c_L \|Lx - Ly\|^\alpha \quad \forall x, y \in X$$

L is injective on X .

Proof

We use the linear map $\Phi: B \rightarrow H$ s.t.

$$c' \|x-y\|^\alpha \leq \|\Phi(x-y)\| \leq c \|x-y\|$$

$\ominus \triangleright 1 + d_B(x)$

Note that since Φ is Lipschitz

$$d_B(\Phi(x)) \leq d_B(x)$$

If $d_{\text{dist}}(x, V) \leq \varepsilon$ V linear subspace
of H
then $d_{\text{dist}}(\Phi(x), \Phi(V))$

$$\dim \Phi(x) \leq \dim V \leq \|\Phi\| \varepsilon \Rightarrow \tau(\Phi(x)) \leq \tau(x)$$

Now apply the theorem for subsets of
Hilbert spaces to $\Phi(X)$ to find

a case

$$L: H \rightarrow \mathbb{R}^k$$

$$L \circ \Phi$$



Corollary

(X, d) compact with $d_B(X) < \infty$

$\exists \psi: (X, d) \rightarrow \mathbb{R}^k$, $k > d_B(X)$

ψ is Lipschitz

& ψ^{-1} is Hölder

combine embedding
of (X, d) into B with
previous result
+ $\tau(X) \in d_B(X)$

We found embeddings for $X \subset H$
with Hölder exponents inverse with exponent

$$0 < \theta < \frac{k - 2d}{k(1 + \tau(x)/2)}$$

As $k \rightarrow \infty$

$$\theta \rightarrow \frac{1}{1 + \tau(x)/2}$$

Is this optimal?

We return to example

$$A = \left\{ \alpha_j e_j \right\}_{j=1}^{\infty} \cup \{0\}$$

$$\alpha_j \rightarrow 0 \quad |\alpha_{j+1}| \leq |\alpha_j|$$

we saw before that

$$d_B(A) = \limsup_{n \rightarrow \infty} \frac{\log n}{-\log |\alpha_n|} = \inf \left\{ d : \sum |\alpha_n|^d < \infty \right\}$$

We will show that $t(A) = d_B(A)$

Lemma

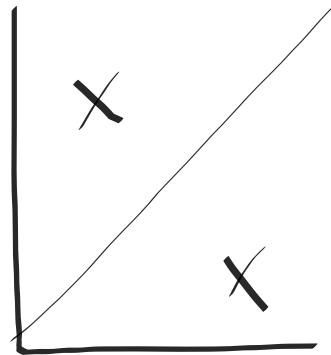
Take $X = \{v_1, \dots, v_n\}$ orthogonal

Then $d(X, \varepsilon) \geq n \left(1 - \frac{\varepsilon^2}{M^2}\right)$

where $M = \min \{\|v_1\|, \dots, \|v_n\|\}$

Q2 $X = \{v_1, \dots, v_n\}$ $|v_{j+1}| \leq |v_j|$

orthogonal
 $d(X, \varepsilon) = \max_j \{ |v_j| > \varepsilon \}$?



we now show that $\tau(A) = \limsup_{n \rightarrow \infty} \frac{\log n}{-\log |a_n|}$

$$\tau(A) \leq d_B(A)$$

we need $\tau(A) \geq$

take n large enough that $|a_n| < 1$

choose n' s.t.

$$|a_n| = \dots |a_{n'}| > |a_{n'+1}|$$

Choose $\varepsilon_n^2 = \frac{1}{n} (|a_n|^2 + |a_{n+1}|^2)$

$$|a_n|^2 = |a_{n+1}|^2 > 2\varepsilon_n^2$$

$$1 - \frac{\varepsilon_n^2}{|a_n|^2} > \frac{1}{2}$$

$$d(A, \varepsilon_n) \geq n \left(1 - \frac{\varepsilon_n^2}{|a_n|^2} \right) > \frac{n}{2}$$

So

$$\limsup_{n \rightarrow \infty} \frac{\log d(A, \varepsilon_n)}{-\log \varepsilon_n} \geq$$

$$\leq \limsup_{\substack{n \rightarrow \infty \\ \varepsilon \rightarrow 0}} \frac{\log d(A, \varepsilon)}{-\log \varepsilon}$$

$$\limsup_{n \rightarrow \infty} \frac{\log n^2/2}{-\log |a_n^*|}$$

$$\frac{\log d(A, \varepsilon)}{-\log \varepsilon}$$

□

We will use the result, that

$$\text{rank } P \geq \sum_{j=1}^{\infty} \|P e_j\|^2$$

Suppose that $L: H \rightarrow \mathbb{R}^k$ s.t.

$$\|Lx - Ly\| \geq c \|x - y\|^\alpha \quad x, y \in X$$

Since $0 \in X$,

$$\|Lx\| \geq c\|x\|^\alpha \quad \forall x \in X$$

we show before that $L: H \rightarrow \mathbb{R}^k$

$$L = T \circ P$$

invertible
linear map
 $U \rightarrow \mathbb{R}^k$

orthogonal projⁿ
onto $U \cong \mathbb{R}^k$

So

$$\|Px\| \geq c \|x\|^\alpha \quad \forall x \in X$$

Take $X = \{\alpha_j e_j\} \cup \{0\}$

$$\|P(\alpha_j e_j)\| \geq c \|\alpha_j e_j\|^\alpha$$

$$|\alpha_j| \|Pe_j\| \geq c |\alpha_j|^\alpha$$

$$\|Pe_j\| \geq c |\alpha_j|^{\alpha-1}$$

$$\|Pe_j\|^2 \geq c'' |\alpha_j|^{2(\alpha-1)}$$

$$\text{rank } P \geq \sum \|Pe_j\|^2 \geq c' \sum |\alpha_j|^{2(\alpha-1)}$$

$$\text{So if rank } P < \infty \Rightarrow \sum |\alpha_j|^{2(\alpha-1)} < \infty$$

So

$$2(\alpha - 1) > \tau(A)$$

(Re Pinto de Moura)

$$\Leftrightarrow \alpha < \frac{1}{1 + \frac{\tau(A)}{2}}$$

Hölder exponent is sharp (for the Hilbert space result) as $k \rightarrow \infty$

Proof of $d(X, C)$ lemma

If $d(X, C) = d$

then $\exists v_i' \in H$ s.t. $\|v_i - v_i'\| < \epsilon$

& $\dim \text{span}(v_i') = d$

$U = \text{span}(v_1, \dots, v_n)$ has dimension n

P orthogonal projection onto U

$$\text{let } v_i'' = P v_i'$$

$$\text{then } \|v_i'' - v_i\| = \|P(v_i' - v_i)\|$$

$$\dim(\text{span}(v_i)) \underset{n}{\geq} \overset{< \varepsilon}{\dim(\text{span}(v_i''))} \underset{n-r}{}$$

We can write any element of U as

$$u = \left(\sum \alpha_j v_j'' \right) + \sum_{j=1}^r \beta_j u_j$$

where (u_j) are a $0-n$ basis for
the orthog. complement of
 $\text{Span}(v_j'')$ in U

$$n \varepsilon^2 \gg \sum_{i=1}^n \|v_i - v_i''\|^2$$

$$\gg \sum_{i=1}^n \sum_{j=1}^r |(v_i - v_i'', u_j)|^2$$

$$= \sum_{i=1}^n \sum_{j=1}^r |(v_i, u_j)|^2$$

$$= \sum_{j=1}^r \sum_{i=1}^s \|v_i\|^2 \left| \left(u_j, \frac{v_i}{\|v_i\|} \right) \right|^2$$

$$\geq M^2 \sum_{j=1}^r \sum_{i=1}^s \left| \left(u_j, \frac{v_i}{\|v_i\|} \right) \right|^2$$

$$= M^2 r$$

\uparrow
 $\|u_j\|^2 = 1$ o.n. basis for U

$$n \varepsilon^2 \geq M^2 r$$

$$r \leq n \frac{\varepsilon^2}{M^2}$$

$$d(X, \varepsilon) \geq n \left(1 - \frac{\varepsilon^2}{M^2} \right) \quad \square$$