The free energy of the quantum Heisenberg ferromagnet: validity of the spin wave approximation

Alessandro Giuliani

Based on joint work with M. Correggi and R. Seiringer

Warwick, March 19, 2014



Outline

Introduction: continuous symmetry breaking and spin waves

Main results: free energy at low temperatures

3 Sketch of the proof: upper and lower bounds

Outline

Introduction: continuous symmetry breaking and spin waves

2 Main results: free energy at low temperatures

3 Sketch of the proof: upper and lower bounds

General question: rigorous understanding of the phenomenon of **spontaneous breaking** of a **continuous symmetry**.

Easier case: abelian continuous symmetry.

Several rigorous results based on:

- reflection positivity,
- vortex loop representation
- cluster and spin-wave expansions,

General question: rigorous understanding of the phenomenon of **spontaneous breaking** of a **continuous symmetry**.

Easier case: abelian continuous symmetry.

Several rigorous results based on:

- reflection positivity,
- vortex loop representation
- cluster and spin-wave expansions,

General question: rigorous understanding of the phenomenon of **spontaneous breaking** of a **continuous symmetry**.

Easier case: abelian continuous symmetry.

Several rigorous results based on:

- reflection positivity,
- vortex loop representation
- cluster and spin-wave expansions,

General question: rigorous understanding of the phenomenon of **spontaneous breaking** of a **continuous symmetry**.

Easier case: abelian continuous symmetry.

Several rigorous results based on:

- reflection positivity,
- vortex loop representation
- cluster and spin-wave expansions,

General question: rigorous understanding of the phenomenon of **spontaneous breaking** of a **continuous symmetry**.

Easier case: abelian continuous symmetry.

Several rigorous results based on:

- reflection positivity,
- vortex loop representation
- cluster and spin-wave expansions,

General question: rigorous understanding of the phenomenon of **spontaneous breaking** of a **continuous symmetry**.

Easier case: abelian continuous symmetry.

Several rigorous results based on:

- reflection positivity,
- vortex loop representation
- cluster and spin-wave expansions,

General question: rigorous understanding of the phenomenon of **spontaneous breaking** of a **continuous symmetry**.

Easier case: abelian continuous symmetry.

Several rigorous results based on:

- reflection positivity,
- vortex loop representation
- cluster and spin-wave expansions,

Harder case: **non-abelian symmetry**.

Few rigorous results on:

- classical Heisenberg (Fröhlich-Simon-Spencer by RP)
- quantum Heisenberg antiferromagnet (Dyson-Lieb-Simon by RP)
- classical N-vector models (Balaban by RG)

Harder case: **non-abelian symmetry**.

Few rigorous results on:

- classical Heisenberg (Fröhlich-Simon-Spencer by RP)
- quantum Heisenberg antiferromagnet (Dyson-Lieb-Simon by RP)
- classical N-vector models (Balaban by RG)

Harder case: **non-abelian symmetry**.

Few rigorous results on:

- classical Heisenberg (Fröhlich-Simon-Spencer by RP)
- quantum Heisenberg antiferromagnet (Dyson-Lieb-Simon by RP)
- classical N-vector models (Balaban by RG)

Harder case: **non-abelian symmetry**.

Few rigorous results on:

- classical Heisenberg (Fröhlich-Simon-Spencer by RP)
- quantum Heisenberg antiferromagnet (Dyson-Lieb-Simon by RP)
- classical N-vector models (Balaban by RG)

Harder case: **non-abelian symmetry**.

Few rigorous results on:

- classical Heisenberg (Fröhlich-Simon-Spencer by RP)
- quantum Heisenberg antiferromagnet (Dyson-Lieb-Simon by RP)
- classical N-vector models (Balaban by RG)

Harder case: **non-abelian symmetry**.

Few rigorous results on:

- classical Heisenberg (Fröhlich-Simon-Spencer by RP)
- quantum Heisenberg antiferromagnet (Dyson-Lieb-Simon by RP)
- classical N-vector models (Balaban by RG)

The simplest quantum model for the spontaneous symmetry breaking of a continuous symmetry:

$$H_{\Lambda} := \sum_{\langle x,y
angle \subset \Lambda} (S^2 - \vec{S}_x \cdot \vec{S}_y)$$

where:

- Λ is a cubic subset of \mathbb{Z}^3 with (say) periodic b.c.
- $\vec{S}_x = (S_x^1, S_x^2, S_x^3)$ and S_x^i are the generators of a (2S+1)-dim representation of SU(2), with $S = \frac{1}{2}, 1, \frac{3}{2}, ...$:

$$[S_x^i, S_y^j] = i\epsilon_{ijk} S_x^k \delta_{x,y}$$

• The energy is normalized s.t. $\inf \operatorname{spec}(H_{\Lambda}) = 0$.

The simplest quantum model for the spontaneous symmetry breaking of a continuous symmetry:

$$H_{\Lambda} := \sum_{\langle x,y
angle \subset \Lambda} (S^2 - \vec{S}_x \cdot \vec{S}_y)$$

where:

- Λ is a cubic subset of \mathbb{Z}^3 with (say) periodic b.c.
- $\vec{S}_x = (S_x^1, S_x^2, S_x^3)$ and S_x^i are the generators of a (2S+1)-dim representation of SU(2), with $S = \frac{1}{2}, 1, \frac{3}{2}, ...$:

$$[S_x^i, S_y^j] = i\epsilon_{ijk} S_x^k \delta_{x,y}$$

• The energy is normalized s.t. $\inf \operatorname{spec}(H_{\Lambda}) = 0$.

The simplest quantum model for the spontaneous symmetry breaking of a continuous symmetry:

$$H_{\Lambda} := \sum_{\langle x,y
angle \subset \Lambda} (S^2 - \vec{S}_x \cdot \vec{S}_y)$$

where:

- Λ is a cubic subset of \mathbb{Z}^3 with (say) periodic b.c.
- $\vec{S}_x = (S_x^1, S_x^2, S_x^3)$ and S_x^i are the generators of a (2S+1)-dim representation of SU(2), with $S = \frac{1}{2}, 1, \frac{3}{2}, ...$:

$$[S_x^i, S_y^j] = i\epsilon_{ijk} S_x^k \delta_{x,y}$$

• The energy is normalized s.t. inf spec(H_{Λ}) = 0.

The simplest quantum model for the spontaneous symmetry breaking of a continuous symmetry:

$$H_{\Lambda} := \sum_{\langle x,y
angle \subset \Lambda} (S^2 - \vec{S}_x \cdot \vec{S}_y)$$

where:

- Λ is a cubic subset of \mathbb{Z}^3 with (say) periodic b.c.
- $\vec{S}_x = (S_x^1, S_x^2, S_x^3)$ and S_x^i are the generators of a (2S+1)-dim representation of SU(2), with $S = \frac{1}{2}, 1, \frac{3}{2}, ...$:

$$[S_x^i, S_y^j] = i\epsilon_{ijk} S_x^k \delta_{x,y}$$

• The energy is normalized s.t. inf spec $(H_{\Lambda}) = 0$.

Ground states

One special ground state is

$$|\Omega\rangle := \otimes_{x \in \Lambda} |S_x^3 = -S\rangle$$

All the other ground states have the form

$$(S_T^+)^n |\Omega\rangle, \qquad n=1,\ldots,2S|\Lambda|$$

where
$$S_T^+ = \sum_{x \in \Lambda} S_x^+$$
 and $S_x^+ = S_x^1 + iS_x^2$

Ground states

One special ground state is

$$|\Omega\rangle := \otimes_{x \in \Lambda} |S_x^3 = -S\rangle$$

All the other ground states have the form

$$(S_T^+)^n |\Omega\rangle, \qquad n=1,\ldots,2S|\Lambda|$$

where $S_T^+ = \sum_{x \in \Lambda} S_x^+$ and $S_x^+ = S_x^1 + i S_x^2$.

A special class of excited states (**spin waves**) is obtained by raising a spin in a coherent way:

$$|1_k
angle:=rac{1}{\sqrt{2S|\Lambda|}}\sum_{x\in\Lambda}e^{ikx}S_x^+|\Omega
angle\equivrac{1}{\sqrt{2S}}\hat{S}_k^+|\Omega
angle$$

where $k \in \frac{2\pi}{L}\mathbb{Z}^3$. They are such that

$$H_{\Lambda}|1_k\rangle = S\epsilon(k)|1_k\rangle$$

where
$$\epsilon(k) = 2 \sum_{i=1}^{3} (1 - \cos k_i)$$
.

A special class of excited states (**spin waves**) is obtained by raising a spin in a coherent way:

$$|1_k
angle:=rac{1}{\sqrt{2S|\Lambda|}}\sum_{x\in\Lambda}e^{ikx}S_x^+|\Omega
angle\equivrac{1}{\sqrt{2S}}\hat{S}_k^+|\Omega
angle$$

where $k \in \frac{2\pi}{I}\mathbb{Z}^3$. They are such that

$$H_{\Lambda}|1_k\rangle = S\epsilon(k)|1_k\rangle$$

where $\epsilon(k) = 2 \sum_{i=1}^{3} (1 - \cos k_i)$.

More excited states?

They can be looked for in the vicinity of

$$|\{n_k\}\rangle = \prod_k (2S)^{-n_k/2} \frac{(\hat{S}_k^+)^{n_+}}{\sqrt{n_k!}} |\Omega\rangle$$

If $N = \sum_k n_k > 1$, these are not eigenstates.

They are neither normalized nor orthogonal.

However, H_{Λ} is almost diagonal on $|\{n_k\}\rangle$ in the low-energy (long-wavelengths) sector.

More excited states?

They can be looked for in the vicinity of

$$|\{n_k\}\rangle = \prod_k (2S)^{-n_k/2} \frac{(\hat{S}_k^+)^{n_+}}{\sqrt{n_k!}} |\Omega\rangle$$

If $N = \sum_{k} n_k > 1$, these are not eigenstates.

They are neither normalized nor orthogonal.

However, H_{Λ} is almost diagonal on $|\{n_k\}\rangle$ in the low-energy (long-wavelengths) sector.

More excited states?

They can be looked for in the vicinity of

$$|\{n_k\}\rangle = \prod_k (2S)^{-n_k/2} \frac{(\hat{S}_k^+)^{n_+}}{\sqrt{n_k!}} |\Omega\rangle$$

If $N = \sum_{k} n_k > 1$, these are not eigenstates.

They are neither normalized nor orthogonal.

However, H_{Λ} is almost diagonal on $|\{n_k\}\rangle$ in the low-energy (long-wavelengths) sector.

Expectation:

- low temperatures \Rightarrow
- \Rightarrow low density of spin waves \Rightarrow
- ⇒ negligible interactions among spin waves.

The linear theory obtained by neglecting spin wave interactions is the **spin wave approximation**, in very good agreement with experiment.

Expectation:

low temperatures \Rightarrow

- \Rightarrow low density of spin waves \Rightarrow
- ⇒ negligible interactions among spin waves.

The linear theory obtained by neglecting spin wave interactions is the **spin wave approximation**, in very good agreement with experiment.

In 3D, it predicts

$$f(eta) \simeq rac{1}{eta} \int rac{d^3k}{(2\pi)^3} \log(1 - e^{-eta S \epsilon(k)})$$
 $m(eta) \simeq S - \int rac{d^3k}{(2\pi)^3} rac{1}{e^{eta S \epsilon(k)} - 1}$

In 3D, it predicts

$$f(eta) \ \ \underset{eta o \infty}{\simeq} \ \ eta^{-5/2} S^{-3/2} \int rac{d^3 k}{(2\pi)^3} \log(1 - e^{-k^2}) \ m(eta) \ \ \underset{eta o \infty}{\simeq} \ \ S - eta^{-3/2} S^{-3/2} \int rac{d^3 k}{(2\pi)^3} rac{1}{e^{k^2} - 1}$$

How do we derive these formulas?

In 3D, it predicts

$$f(eta) \ \ \underset{eta o \infty}{\simeq} \ \ eta^{-5/2} S^{-3/2} \int rac{d^3 k}{(2\pi)^3} \log(1 - e^{-k^2}) \ m(eta) \ \ \underset{eta o \infty}{\simeq} \ \ S - eta^{-3/2} S^{-3/2} \int rac{d^3 k}{(2\pi)^3} rac{1}{e^{k^2} - 1}$$

How do we derive these formulas?

A convenient representation:

$$S_x^+ = \sqrt{2S} a_x^+ \sqrt{1 - \frac{a_x^+ a_x}{2S}}, \quad S_x^3 = a_x^+ a_x - S,$$

where $[a_x, a_y^+] = \delta_{x,y}$ are **bosonic operators**.

Hard-core constraint: $n_x = a_x^+ a_x \le 2S$

A convenient representation:

$$S_x^+ = \sqrt{2S} a_x^+ \sqrt{1 - \frac{a_x^+ a_x}{2S}}, \quad S_x^3 = a_x^+ a_x - S,$$

where $[a_x, a_y^+] = \delta_{x,y}$ are **bosonic operators**.

Hard-core constraint: $n_x = a_x^+ a_x \le 2S$.

In the bosonic language

$$H_{\Lambda} = S \sum_{\langle x,y \rangle} \left(-a_x^+ \sqrt{1 - \frac{n_x}{2S}} \sqrt{1 - \frac{n_y}{2S}} a_y \right)$$

$$-a_y^+ \sqrt{1 - \frac{n_y}{2S}} \sqrt{1 - \frac{n_x}{2S}} a_x + n_x + n_y - \frac{1}{S} n_x n_y \right)$$

$$\equiv S \sum_{\langle x,y \rangle} (a_x^+ - a_y^+) (a_x - a_y) - K \equiv T - K$$

The spin wave approximation consists in neglecting K and the on-site hard-core constraint.

In the bosonic language

$$egin{align} H_{\Lambda} &= S \sum_{\langle x,y
angle} \left(-a_x^+ \sqrt{1 - rac{n_x}{2S}} \sqrt{1 - rac{n_y}{2S}} a_y
ight. \ &- a_y^+ \sqrt{1 - rac{n_y}{2S}} \sqrt{1 - rac{n_x}{2S}} a_x + n_x + n_y - rac{1}{S} n_x n_y
ight) \ &\equiv S \sum_{\langle x,y
angle} (a_x^+ - a_y^+) (a_x - a_y) - K \equiv T - K \end{array}$$

The spin wave approximation consists in neglecting K and the on-site hard-core constraint.

Holstein-Primakoff representation

In the bosonic language

$$egin{aligned} H_{\Lambda} &= S \sum_{\langle x,y
angle} \left(-a_x^+ \sqrt{1 - rac{n_x}{2S}} \sqrt{1 - rac{n_y}{2S}} a_y
ight. \ &- a_y^+ \sqrt{1 - rac{n_y}{2S}} \sqrt{1 - rac{n_x}{2S}} a_x + n_x + n_y - rac{1}{S} n_x n_y
ight) \ &\equiv S \sum_{\langle x,y
angle} (a_x^+ - a_y^+) (a_x - a_y) - K \equiv T - K \end{aligned}$$

The spin wave approximation consists in neglecting K and the on-site hard-core constraint.

$$H_{\Lambda} = S \sum_{\langle x,y \rangle} (a_x^+ - a_y^+)(a_x - a_y) - K$$

For large S, the interaction K is of relative size O(1/S) as compared to the hopping term.

Easier case: $S \to \infty$ with βS constant (CG 2012) [The classical limit is $S \to \infty$ with βS^2 constant (Lieb 1973). See also Conlon-Solovej (1990-1991).]

$$H_{\Lambda} = S \sum_{\langle x,y \rangle} (a_x^+ - a_y^+)(a_x - a_y) - K$$

For large S, the interaction K is of relative size O(1/S) as compared to the hopping term.

Easier case: $S \to \infty$ with βS constant (CG 2012)

[The classical limit is $S \to \infty$ with βS^2 constant (Lieb 1973) See also Conlon-Solovej (1990-1991).]

$$H_{\Lambda} = S \sum_{\langle x,y \rangle} (a_x^+ - a_y^+)(a_x - a_y) - K$$

For large S, the interaction K is of relative size O(1/S) as compared to the hopping term.

Easier case: $S \to \infty$ with βS constant (CG 2012) [The classical limit is $S \to \infty$ with βS^2 constant (Lieb 1973). See also Conlon-Solovej (1990-1991).]

$$H_{\Lambda} = S \sum_{\langle x,y \rangle} (a_x^+ - a_y^+)(a_x - a_y) - K$$

For large S, the interaction K is of relative size O(1/S) as compared to the hopping term.

Easier case: $S \to \infty$ with βS constant (CG 2012) [The classical limit is $S \to \infty$ with βS^2 constant (Lieb 1973). See also Conlon-Solovej (1990-1991).]

Harder case: fixed S, say S=1/2. So far, not even a sharp upper bound on the free energy was known.

Rigorous upper bounds, off by a constant, were given by Conlon-Solovej and Toth in the early 90s

$$H_{\Lambda} = S \sum_{\langle x,y \rangle} (a_x^+ - a_y^+)(a_x - a_y) - K$$

For large S, the interaction K is of relative size O(1/S) as compared to the hopping term.

Easier case: $S \to \infty$ with βS constant (CG 2012)

[The classical limit is $S \to \infty$ with βS^2 constant (Lieb 1973).

See also Conlon-Solovej (1990-1991).]

Side remark: the Hamiltonian can be rewritten as

$$H_{\Lambda} = S \sum_{\langle x, y \rangle} \left(a_x^+ \sqrt{1 - \frac{n_y}{2S}} - a_y^+ \sqrt{1 - \frac{n_x}{2S}} \right) \cdot \left(a_x \sqrt{1 - \frac{n_y}{2S}} - a_y \sqrt{1 - \frac{n_x}{2S}} \right)$$

i.e., it describes a weighted hopping process of bosons on the lattice. The hopping on an occupied site is discouraged (or not allowed).

The spin wave approximation corresponds to the uniform RW, without hard-core constraint.

Side remark: the Hamiltonian can be rewritten as

$$H_{\Lambda} = S \sum_{\langle x, y \rangle} \left(a_x^+ \sqrt{1 - \frac{n_y}{2S}} - a_y^+ \sqrt{1 - \frac{n_x}{2S}} \right) \cdot \left(a_x \sqrt{1 - \frac{n_y}{2S}} - a_y \sqrt{1 - \frac{n_x}{2S}} \right)$$

i.e., it describes a weighted hopping process of bosons on the lattice. The hopping on an occupied site is discouraged (or not allowed).

The spin wave approximation corresponds to the uniform RW, without hard-core constraint.

Side remark: the Hamiltonian can be rewritten as

$$H_{\Lambda} = S \sum_{\langle x,y \rangle} \left(a_x^+ \sqrt{1 - \frac{n_y}{2S}} - a_y^+ \sqrt{1 - \frac{n_x}{2S}} \right) \cdot \left(a_x \sqrt{1 - \frac{n_y}{2S}} - a_y \sqrt{1 - \frac{n_x}{2S}} \right)$$

i.e., it describes a weighted hopping process of bosons on the lattice. The hopping on an occupied site is discouraged (or not allowed).

The spin wave approximation corresponds to the uniform RW, without hard-core constraint.

Outline

Introduction: continuous symmetry breaking and spin waves

Main results: free energy at low temperatures

3 Sketch of the proof: upper and lower bounds

Main theorem

Theorem [Correggi-G-Seiringer 2013] (free energy at low temperature).

For any $S \ge 1/2$,

$$\lim_{\beta\to\infty} f(S,\beta)\beta^{5/2}S^{3/2} = \int \log\left(1-e^{-k^2}\right)\frac{d^3k}{(2\pi)^3}.$$

Remarks

The proof is based on upper and lower bounds.
 It comes with explicit estimates on the remainder.

```
Relative errors: \bullet O((\beta S)^{-3/8}) (upper bound) \bullet O((\beta S)^{-1/40+\epsilon}) (lower bound)
```

- We do not really need S fixed. Our bounds are uniform in S, provided that $\beta S \to \infty$.
- The case $S \to \infty$ with βS =const. is easier and it was solved by Correggi-G (JSP 2012).

Remarks

The proof is based on upper and lower bounds.
 It comes with explicit estimates on the remainder.

```
Relative errors: \bullet O((\beta S)^{-3/8}) (upper bound) \bullet O((\beta S)^{-1/40+\epsilon}) (lower bound)
```

- We do not really need S fixed. Our bounds are uniform in S, provided that $\beta S \to \infty$.
- The case $S \to \infty$ with βS =const. is easier and it was solved by Correggi-G (JSP 2012).

Remarks

The proof is based on upper and lower bounds.
 It comes with explicit estimates on the remainder.

```
Relative errors: \bullet O((\beta S)^{-3/8}) (upper bound) \bullet O((\beta S)^{-1/40+\epsilon}) (lower bound)
```

- We do not really need S fixed. Our bounds are uniform in S, provided that $\beta S \to \infty$.
- The case $S \to \infty$ with βS =const. is easier and it was solved by Correggi-G (JSP 2012).

Outline

1 Introduction: continuous symmetry breaking and spin waves

2 Main results: free energy at low temperatures

3 Sketch of the proof: upper and lower bounds

We sketch the proof for S = 1/2 only.

In this case the Hamiltonian takes the form:

$$H_{\Lambda} = \frac{1}{2} \sum_{\langle x, y \rangle} \left[(a_x^+ - a_y^+)(a_x - a_y) - 2n_x n_y \right] \equiv T - K$$

or, in the "random hopping" language,

$$H_{\Lambda} = \frac{1}{2} \sum_{\langle x, y \rangle} (a_x^+ (1 - n_y) - a_y^+ (1 - n_x)) (a_x (1 - n_y) - a_y (1 - n_x))$$

We sketch the proof for S = 1/2 only.

In this case the Hamiltonian takes the form:

$$H_{\Lambda} = \frac{1}{2} \sum_{\langle x,y \rangle} \left[(a_x^+ - a_y^+)(a_x - a_y) - 2n_x n_y \right] \equiv T - K$$

or, in the "random hopping" language,

$$H_{\Lambda} = \frac{1}{2} \sum_{\langle x, y \rangle} (a_x^+ (1 - n_y) - a_y^+ (1 - n_x)) (a_x (1 - n_y) - a_y (1 - n_x))$$

We sketch the proof for S = 1/2 only.

In this case the Hamiltonian takes the form:

$$H_{\Lambda} = \frac{1}{2} \sum_{(x,y)} \left[(a_x^+ - a_y^+)(a_x - a_y) - 2n_x n_y \right] \equiv T - K$$

or, in the "random hopping" language,

$$H_{\Lambda} = rac{1}{2} \sum_{\langle x,y \rangle} ig(a_x^+ (1-n_y) - a_y^+ (1-n_x) ig) ig(a_x (1-n_y) - a_y (1-n_x) ig)$$

We localize in Dirichlet boxes B of side ℓ :

$$f(\beta, \Lambda) \leq (1 + \ell^{-1})^{-3} f^D(\beta, B)$$

In each box, we use the Gibbs variational principle:

$$f^{D}(\beta, B) = \frac{1}{\ell^{3}} \inf_{\Gamma} \left[\operatorname{Tr} H_{B}^{D} \Gamma + \frac{1}{\beta} \operatorname{Tr} \Gamma \ln \Gamma \right]$$

For an upper bound we use as trial state

$$\Gamma_0 = rac{P e^{-eta T^D} P}{{
m Tr}(P e^{-eta T^D} P)},$$

where $P = \prod_{x} P_{x}$ and P_{x} enforces $n_{x} \leq 1$.

We localize in Dirichlet boxes B of side ℓ :

$$f(\beta, \Lambda) \leq (1 + \ell^{-1})^{-3} f^D(\beta, B)$$

In each box, we use the Gibbs variational principle:

$$f^{D}(\beta, B) = \frac{1}{\ell^{3}} \inf_{\Gamma} \left[\operatorname{Tr} H_{B}^{D} \Gamma + \frac{1}{\beta} \operatorname{Tr} \Gamma \ln \Gamma \right]$$

For an upper bound we use as trial state

$$\Gamma_0 = rac{P e^{-eta T^D} P}{{
m Tr}(P e^{-eta T^D} P)},$$

where $P = \prod_{x} P_{x}$ and P_{x} enforces $n_{x} \leq 1$.

We localize in Dirichlet boxes B of side ℓ :

$$f(\beta, \Lambda) \leq (1 + \ell^{-1})^{-3} f^D(\beta, B)$$

In each box, we use the Gibbs variational principle:

$$f^D(\beta, B) = \frac{1}{\ell^3} \inf_{\Gamma} \left[\operatorname{Tr} H^D_B \Gamma + \frac{1}{\beta} \operatorname{Tr} \Gamma \ln \Gamma \right]$$

For an upper bound we use as trial state

$$\Gamma_0 = \frac{P e^{-\beta T^D} P}{\operatorname{Tr}(P e^{-\beta T^D} P)},$$

where $P = \prod_{x} P_{x}$ and P_{x} enforces $n_{x} \leq 1$.

To bound the effect of the projector, we use

$$1-P \leq \sum_{x} (1-P_{x}) \leq \frac{1}{2} \sum_{x} n_{x} (n_{x}-1)$$

Therefore, $\langle 1-P
angle$ can be bounded via the Wick's rule: using $\langle a_x a_x^+
angle \simeq ({
m const.}) eta^{-3/2}$ we find

$$\frac{\operatorname{Tr} e^{-\beta T^{D}} (1 - P)}{\operatorname{Tr} e^{-\beta T^{D}}} \le (\operatorname{const.}) \ell^{3} \beta^{-3}$$

Optimizing, we find $\ell \propto eta^{7/8}$, which implies

$$f(\beta) \leq C_0 \beta^{-5/2} \left(1 - O(\beta^{-3/8}) \right).$$

To bound the effect of the projector, we use

$$1-P \leq \sum_{x} (1-P_{x}) \leq \frac{1}{2} \sum_{x} n_{x} (n_{x}-1)$$

Therefore, $\langle 1-P \rangle$ can be bounded via the Wick's rule: using $\langle a_x a_x^+ \rangle \simeq (\text{const.}) \beta^{-3/2}$ we find

$$\frac{\operatorname{Tr} e^{-\beta T^{D}} (1 - P)}{\operatorname{Tr} e^{-\beta T^{D}}} \le (\operatorname{const.}) \ell^{3} \beta^{-3}$$

Optimizing, we find $\ell \propto eta^{7/8}$, which implies

$$f(\beta) \le C_0 \beta^{-5/2} \left(1 - O(\beta^{-3/8}) \right).$$

To bound the effect of the projector, we use

$$1-P \leq \sum_{x} (1-P_x) \leq \frac{1}{2} \sum_{x} n_x (n_x - 1)$$

Therefore, $\langle 1-P \rangle$ can be bounded via the Wick's rule: using $\langle a_x a_x^+ \rangle \simeq (\text{const.}) \beta^{-3/2}$ we find

$$\frac{\operatorname{Tr} e^{-\beta T^{D}} (1 - P)}{\operatorname{Tr} e^{-\beta T^{D}}} \le (\operatorname{const.}) \ell^{3} \beta^{-3}$$

Optimizing, we find $\ell \propto \beta^{7/8}$, which implies

$$f(\beta) \leq C_0 \beta^{-5/2} \left(1 - O(\beta^{-3/8})\right).$$

- localization and preliminary lower bound
- e restriction of the trace to the low energy sector
- estimate of the interaction on the low energy sector

- localization and preliminary lower bound
- e restriction of the trace to the low energy sector
- estimate of the interaction on the low energy sector

- localization and preliminary lower bound
- restriction of the trace to the low energy sector
- estimate of the interaction on the low energy sector

- localization and preliminary lower bound
- restriction of the trace to the low energy sector
- estimate of the interaction on the low energy sector

Lower bound. Step 1.

We localize the system into boxes B of side ℓ :

$$f(\beta, \Lambda) \geq f(\beta, B)$$
.

Key ingredient for a preliminary lower bound: **Lemma 1**

$$H_B \geq c\ell^{-2}(rac{1}{2}\ell^3 - S_T).$$

where $\vec{S}_T = \sum_x \vec{S}_x$ and $|\vec{S}_T|^2 = S_T(S_T + 1)$.

Lower bound. Step 1.

We localize the system into boxes B of side ℓ :

$$f(\beta, \Lambda) \geq f(\beta, B)$$
.

Key ingredient for a preliminary lower bound:

Lemma 1.

$$H_B \geq c\ell^{-2}(\frac{1}{2}\ell^3 - S_T).$$

where $\vec{S}_T = \sum_x \vec{S}_x$ and $|\vec{S}_T|^2 = S_T(S_T + 1)$.

Lemma $1 \Rightarrow$ apriori bound on the particle number: in fact, since H_B commutes with \vec{S}_T ,

$$\operatorname{Tr}(e^{-\beta H_B}) = \sum_{S_T=0}^{\ell^3/2} (2S_T + 1) \operatorname{Tr}_{S_T^3 = -S_T}(e^{-\beta H_B})$$

By Lemma 1, the r.h.s. is bounded from above by

$$(\ell^3+1)\sum_{N=0}^{\ell^3/2} \binom{\ell^3}{N} e^{-c\beta\ell^{-2}N} \leq (\ell^3+1)\left(1+e^{-c\beta\ell^{-2}}\right)^{\ell^3},$$

where
$$N = \frac{1}{2}\ell^3 + S_T^3 = \frac{1}{2}\ell^3 - S_T$$
.

Lower bound. Step 1.

Lemma $1 \Rightarrow$ apriori bound on the particle number: in fact, since H_B commutes with \vec{S}_T ,

$$\operatorname{Tr}(e^{-\beta H_B}) = \sum_{S_T=0}^{\ell^3/2} (2S_T + 1) \operatorname{Tr}_{S_T^3 = -S_T}(e^{-\beta H_B})$$

By Lemma 1, the r.h.s. is bounded from above by

$$(\ell^3+1)\sum_{N=0}^{\ell^3/2} {\ell^3\choose N} e^{-ceta\ell^{-2}N} \leq (\ell^3+1)\left(1+e^{-ceta\ell^{-2}}
ight)^{\ell^3},$$

where
$$N = \frac{1}{2}\ell^3 + S_T^3 = \frac{1}{2}\ell^3 - S_T$$
.

Optimizing over ℓ we find

$$f(\beta, \Lambda) \ge -(\text{const.})\beta^{-5/2}(\log \beta)^{5/2}.$$

We can now cut off the "high" energies:

$${
m Tr} P_{H_B \geq E_0} e^{-eta H_B} \leq e^{-eta E_0/2} e^{-rac{eta}{2} \ell^3 f(eta/2, B)} \leq 1 \, ,$$
 f $E_0 \simeq \ell^3 eta^{-5/2} (\log eta)^{rac{5}{2}}.$

We are left with the trace on $H_B \leq E_0$, which we compute on the sector $S_T^3 = -S_T$.

$$\frac{1}{\ell^3} \langle E|K|E\rangle \ll \beta^{-5/2}$$

Optimizing over ℓ we find

$$f(\beta, \Lambda) \ge -(\text{const.})\beta^{-5/2}(\log \beta)^{5/2}.$$

We can now cut off the "high" energies:

$${
m Tr} P_{{\cal H}_B \geq {\it E}_0} e^{-eta {\it H}_B} \leq e^{-eta {\it E}_0/2} e^{-rac{eta}{2} \ell^3 f(eta/2,B)} \leq 1 \, ,$$
 if $E_0 \simeq \ell^3 eta^{-5/2} (\log eta)^{rac{5}{2}} .$

We are left with the trace on $H_B \leq E_0$, which we compute on the sector $S_T^3 = -S_T$.

$$\frac{1}{\ell^3} \langle E|K|E\rangle \ll \beta^{-5/2}$$

Optimizing over ℓ we find

$$f(\beta, \Lambda) \ge -(\text{const.})\beta^{-5/2}(\log \beta)^{5/2}.$$

We can now cut off the "high" energies:

$${
m Tr} P_{H_B \geq E_0} e^{-eta H_B} \leq e^{-eta E_0/2} e^{-rac{eta}{2} \ell^3 f(eta/2,B)} \leq 1 \,,$$
 if $E_0 \simeq \ell^3 eta^{-5/2} (\log eta)^{rac{5}{2}}.$

We are left with the trace on $H_B \leq E_0$, which we compute on the sector $S_T^3 = -S_T$.

$$\frac{1}{\ell^3} \langle E|K|E\rangle \ll \beta^{-5/2}$$

Optimizing over ℓ we find

$$f(\beta, \Lambda) \ge -(\text{const.})\beta^{-5/2}(\log \beta)^{5/2}.$$

We can now cut off the "high" energies:

$${
m Tr} P_{H_B \geq E_0} e^{-eta H_B} \leq e^{-eta E_0/2} e^{-rac{eta}{2} \ell^3 f(eta/2,B)} \leq 1 \,,$$
 if $E_0 \simeq \ell^3 eta^{-5/2} (\log eta)^{rac{5}{2}}.$

We are left with the trace on $H_B \leq E_0$, which we compute on the sector $S_T^3 = -S_T$.

$$\frac{1}{\rho_3} \langle E|K|E\rangle \ll \beta^{-5/2}$$

Lower bound. Steps 1 and 2.

Optimizing over ℓ we find

$$f(\beta, \Lambda) \ge -(\text{const.})\beta^{-5/2}(\log \beta)^{5/2}.$$

We can now cut off the "high" energies:

$${
m Tr} P_{H_B \geq E_0} e^{-\beta H_B} \leq e^{-\beta E_0/2} e^{-rac{\beta}{2} \ell^3 f(\beta/2, B)} \leq 1 \,,$$
 if $E_0 \simeq \ell^3 \beta^{-5/2} (\log \beta)^{rac{5}{2}}.$

We are left with the trace on $H_B \leq E_0$, which we compute on the sector $S_T^3 = -S_T$.

The problem is to show that on this sector

$$\frac{1}{\rho^3} \langle E|K|E\rangle \ll \beta^{-5/2}$$

Lower bound. Steps 1 and 2.

Optimizing over ℓ we find

$$f(\beta, \Lambda) \ge -(\text{const.})\beta^{-5/2}(\log \beta)^{5/2}.$$

We can now cut off the "high" energies:

$${
m Tr} P_{H_B \geq E_0} e^{-\beta H_B} \leq e^{-\beta E_0/2} e^{-rac{\beta}{2} \ell^3 f(\beta/2, B)} \leq 1 \,,$$
 if $E_0 \simeq \ell^3 \beta^{-5/2} (\log \beta)^{rac{5}{2}}.$

We are left with the trace on $H_B \leq E_0$, which we compute on the sector $S_T^3 = -S_T$.

The problem is to show that on this sector

$$\frac{1}{\rho^3} \langle E|K|E\rangle \ll \beta^{-5/2}$$

Lower bound. Steps 1 and 2.

Optimizing over ℓ we find

$$f(\beta, \Lambda) \ge -(\text{const.})\beta^{-5/2}(\log \beta)^{5/2}.$$

We can now cut off the "high" energies:

$$\begin{split} \mathrm{Tr} P_{H_B \geq E_0} e^{-\beta H_B} & \leq e^{-\beta E_0/2} e^{-\frac{\beta}{2} \ell^3 f(\beta/2, B)} \leq 1 \,, \\ \text{if } E_0 & \simeq \ell^3 \beta^{-5/2} (\log \beta)^{\frac{5}{2}}. \end{split}$$

We are left with the trace on $H_B \leq E_0$, which we compute on the sector $S_T^3 = -S_T$.

The problem is to show that on this sector

$$\frac{1}{\ell^3} \langle E|K|E \rangle \ll \beta^{-5/2}$$

Lower bound. Step 3.

If $\rho_E(x,y)$ is the two-particle density matrix,

$$\langle E|K|E\rangle = \sum_{\langle x,y\rangle} \langle E|n_x n_y|E\rangle \leq 3\ell^3 ||\rho_E||_{\infty}$$

Key estimate:

Lemma 2. For all $E \leq E_0$

$$\|\rho_E\|_{\infty} \le (\text{const.})E_0^3$$

Now:
$$\ell = \beta^{1/2+\epsilon} \Rightarrow E_0 \simeq \ell^{-2+O(\epsilon)} \Rightarrow \|\rho_E\|_{\infty} \le \ell^{-6+O(\epsilon)}$$

$$\Rightarrow \frac{1}{\ell^3} \langle E|K|E\rangle \leq \ell^{-6+O(\epsilon)} = \beta^{-3+O(\epsilon)},$$
 as desired

Lower bound. Step 3.

If $\rho_E(x, y)$ is the two-particle density matrix,

$$\langle E|K|E\rangle = \sum_{\langle x,y\rangle} \langle E|n_x n_y|E\rangle \leq 3\ell^3 ||\rho_E||_{\infty}$$

Key estimate:

Lemma 2. For all $E \leq E_0$

$$\|\rho_E\|_{\infty} \leq (\text{const.})E_0^3$$

Now:
$$\ell = \beta^{1/2+\epsilon} \Rightarrow E_0 \simeq \ell^{-2+O(\epsilon)} \Rightarrow \|\rho_E\|_{\infty} \le \ell^{-6+O(\epsilon)}$$

$$\Rightarrow \frac{1}{\ell^3} \langle E|K|E\rangle \leq \ell^{-6+O(\epsilon)} = \beta^{-3+O(\epsilon)},$$
 as desired.

Lower bound. Step 3.

If $\rho_E(x, y)$ is the two-particle density matrix,

$$\langle E|K|E\rangle = \sum_{\langle x,y\rangle} \langle E|n_x n_y|E\rangle \leq 3\ell^3 ||\rho_E||_{\infty}$$

Key estimate:

Lemma 2. For all $E \leq E_0$

$$\|\rho_E\|_{\infty} \leq (\text{const.})E_0^3$$

Now: $\ell = \beta^{1/2+\epsilon} \Rightarrow E_0 \simeq \ell^{-2+O(\epsilon)} \Rightarrow \|\rho_E\|_{\infty} \le \ell^{-6+O(\epsilon)}$

$$\Rightarrow \frac{1}{\ell^3} \langle E|K|E\rangle \leq \ell^{-6+O(\epsilon)} = \beta^{-3+O(\epsilon)},$$
 as desired.

Key observation: the eigenvalue equation implies

$$-\tilde{\Delta}\rho_{E}(x,y) \leq 4E\rho_{E}(x,y),$$

where $\tilde{\Delta}$ is the Neumann Laplacian on

$$B^2 \setminus \{(x,x) : x \in B\}.$$

Remarkable: the many-body problem has been reduced to a 2-body problem!!!

Key observation: the eigenvalue equation implies

$$-\tilde{\Delta}\rho_{E}(x,y) \leq 4E\rho_{E}(x,y),$$

where $\tilde{\Delta}$ is the Neumann Laplacian on

$$B^2 \setminus \{(x,x) : x \in B\}.$$

Remarkable: the many-body problem has been reduced to a 2-body problem!!!

We extend ho on \mathbb{Z}^6 by Neumann reflections and find

$$-\Delta \rho_E(z) \le 4E\rho_E(z) + 2\rho_E(z)\chi_1^R(z)$$

where $\chi_1^R(z_1, z_2)$ is equal to 1 if z_1 is at distance 1 from one of the images of z_2 , and 0 otherwise. Therefore,

$$\rho_E(z) \le (1 - E/3)^{-1} \left(\langle \rho_E \rangle_z + \frac{1}{6} \| \rho_E \|_{\infty} \chi_1^R(z) \right)$$

We extend ρ on \mathbb{Z}^6 by Neumann reflections and find

$$-\Delta \rho_E(z) \le 4E\rho_E(z) + 2\rho_E(z)\chi_1^R(z)$$

where $\chi_1^R(z_1, z_2)$ is equal to 1 if z_1 is at distance 1 from one of the images of z_2 , and 0 otherwise. Therefore,

$$\rho_{E}(z) \leq (1 - E/3)^{-1} \left(\langle \rho_{E} \rangle_{z} + \frac{1}{6} \| \rho_{E} \|_{\infty} \chi_{1}^{R}(z) \right)$$

Iterating,

$$\rho_{E}(z) \leq \left(1 - \frac{E}{3}\right)^{-n} \left((P_{n} * \rho_{E})(z) + \frac{1}{6} \|\rho_{E}\|_{\infty} \sum_{j=0}^{n-1} P_{j} * \chi_{1}^{R}(z) \right)$$

where $P_n(z, z')$ is the probability that a SSRW on \mathbb{Z}^6 starting at z ends up at z' in n steps. For large n:

$$P_n(z,z') \simeq \left(\frac{3}{\pi n}\right)^3 e^{-3|z-z'|^2/n}$$
.

Moreover, if G is the Green function on \mathbb{Z}^6 ,

$$\sum_{j=0}^{n-1} P_j(z,z') \le \sum_{j=0}^{\infty} P_j(z,z') = 12G(z-z')$$

Iterating,

$$\rho_{E}(z) \leq \left(1 - \frac{E}{3}\right)^{-n} \left((P_{n} * \rho_{E})(z) + \frac{1}{6} \|\rho_{E}\|_{\infty} \sum_{j=0}^{n-1} P_{j} * \chi_{1}^{R}(z) \right)$$

where $P_n(z, z')$ is the probability that a SSRW on \mathbb{Z}^6 starting at z ends up at z' in n steps. For large n:

$$P_n(z,z')\simeq \left(\frac{3}{\pi n}\right)^3 e^{-3|z-z'|^2/n}$$
.

Moreover, if G is the Green function on \mathbb{Z}^6 ,

$$\sum_{j=0}^{n-1} P_j(z,z') \le \sum_{j=0}^{\infty} P_j(z,z') = 12G(z-z')$$

Iterating,

$$\rho_{E}(z) \leq \left(1 - \frac{E}{3}\right)^{-n} \left((P_{n} * \rho_{E})(z) + \frac{1}{6} \|\rho_{E}\|_{\infty} \sum_{j=0}^{n-1} P_{j} * \chi_{1}^{R}(z) \right)$$

where $P_n(z, z')$ is the probability that a SSRW on \mathbb{Z}^6 starting at z ends up at z' in n steps. For large n:

$$P_n(z,z')\simeq \left(\frac{3}{\pi n}\right)^3 e^{-3|z-z'|^2/n}$$
.

Moreover, if G is the Green function on \mathbb{Z}^6 ,

$$\sum_{j=0}^{n-1} P_j(z,z') \leq \sum_{j=0}^{\infty} P_j(z,z') = 12G(z-z')$$

Let us now pretend for simplicity that χ_1^R is equal to χ_1 . In this simplified case we find:

$$\rho(z) \leq \frac{1}{(1 - \frac{E}{3})^n} \left(\frac{27}{\pi^3 n^3} \sum_{w \in \mathbb{Z}^6} e^{-\frac{3}{n}|z-w|^2} \rho(w) + 2\|\rho\|_{\infty} G * \chi_1(z) \right)$$

Picking $n \sim E^{-1}$ we get

$$\rho(z) \le (\text{const.}) \max\{E^3, \ell^{-6}\} + (1+\delta) \times 2 \times 0.258 \times \|\rho\|_{\infty}$$

where we used the fact that

$$(G*\chi)(z_1,z_2) \le \frac{1}{2} \int \frac{\sum_{i=1}^3 \cos p_i}{\sum_{i=1}^3 (1-\cos p_i)} \frac{d^3p}{(2\pi)^3} = 0.258$$

Let us now pretend for simplicity that χ_1^R is equal to χ_1 . In this simplified case we find:

$$\rho(z) \leq \frac{1}{(1 - \frac{E}{3})^n} \left(\frac{27}{\pi^3 n^3} \sum_{w \in \mathbb{Z}^6} e^{-\frac{3}{n}|z-w|^2} \rho(w) + 2\|\rho\|_{\infty} G * \chi_1(z) \right)$$

Picking $n \sim E^{-1}$ we get:

$$\rho(z) \le (\text{const.}) \max\{E^3, \ell^{-6}\} + (1+\delta) \times 2 \times 0.258 \times \|\rho\|_{\infty}$$

where we used the fact that

$$(G*\chi)(z_1,z_2) \le \frac{1}{2} \int \frac{\sum_{i=1}^3 \cos p_i}{\sum_{i=1}^3 (1-\cos p_i)} \frac{d^3p}{(2\pi)^3} = 0.258$$

Let us now pretend for simplicity that χ_1^R is equal to

$$\chi_1$$
. In this simplified case we find:

$$\rho(z) \le (\text{const.}) \max\{E^3, \ell^{-6}\} + (1+\delta) \times 2 \times 0.258 \times \|\rho\|_{\infty}$$

where we used the fact that
$$(G*\chi)(z_1,z_2) \leq \frac{1}{2} \int \frac{\sum_{i=1}^{3} \cos p_i}{\sum_{i=1}^{3} (1-\cos p_i)} \frac{d^3p}{(2\pi)^3} = 0.258$$

$$\rho(z) \le \frac{1}{(1 - \frac{E}{3})^n} \left(\frac{27}{\pi^3 n^3} \sum_{w \in \mathbb{Z}^6} e^{-\frac{3}{n}|z - w|^2} \rho(w) + 2\|\rho\|_{\infty} G * \chi_1(z) \right)$$
Picking $n \sim E^{-1}$ we get:

- Using the Holstein-Primakoff representation of the 3D quantum Heisenberg ferromagnet, we proved the correctness of the spin wave approximation to the free energy at the lowest non trivial order in a low temperature expansion, with explicit estimates on the remainder.
- The proof is based on upper and lower bounds. In both cases we localize the system in boxes of side $\ell = \beta^{1/2+\epsilon}$.

- Using the Holstein-Primakoff representation of the 3D quantum Heisenberg ferromagnet, we proved the correctness of the spin wave approximation to the free energy at the lowest non trivial order in a low temperature expansion, with explicit estimates on the remainder.
- The proof is based on upper and lower bounds. In both cases we localize the system in boxes of side $\ell=\beta^{1/2+\epsilon}$.

- The upper bound is based on a trial density matrix that is the natural one, i.e., the Gibbs measure associated with the quadratic part of the Hamiltonian projected onto the subspace satisfying the local hard-core constraint.
- The lower bound is based on a preliminary rough bound, off by a log. This uses an estimate on the excitation spectrum

$$H_B \geq (\text{const.})\ell^{-2}(S_{max} - S_T)$$

- The upper bound is based on a trial density matrix that is the natural one, i.e., the Gibbs measure associated with the quadratic part of the Hamiltonian projected onto the subspace satisfying the local hard-core constraint.
- The lower bound is based on a preliminary rough bound, off by a log. This uses an estimate on the excitation spectrum

$$H_B \geq (\text{const.})\ell^{-2}(S_{max} - S_T)$$

- The preliminary rough bound is used to cutoff the energies higher than $\ell^3 \beta^{-5/2} (\log \beta)^{5/2}$. In the low energy sector we pass to the bosonic representation.
- In order to bound the interaction energy in the low energy sector, we use a new functional inequality, which allows us to reduce to a 2-body problem. The latter is studied by random walk techniques on a modified graph.

- The preliminary rough bound is used to cutoff the energies higher than $\ell^3 \beta^{-5/2} (\log \beta)^{5/2}$. In the low energy sector we pass to the bosonic representation.
- In order to bound the interaction energy in the low energy sector, we use a new functional inequality, which allows us to reduce to a 2-body problem. The latter is studied by random walk techniques on a modified graph.

