# The Land War in the Fight Against COVID-19

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one are the days of thinking there is a quick fix to the COVID-19 pandemic. Another country-wide lockdown would reduce COVID-19 infection, but at the same time would damage the economy and pose a threat to other long-term health conditions, with disproportionate effects on the more disadvantaged groups in society. The Great Barrington Declaration - aiming for herd immunity while sequestering high-risk people does not bear close examination.[1] Vaccination is not an automatic get out of jail card – we do not yet know when vaccination will be available at the required volume, nor what degree of protection it will confer. So, this is the land war. We must work on supply chains, procedures, detection and contact tracing, getting ever slicker at the operation. Personal protection, social distancing and graded lockdowns can all play a part, but only if they are accepted by the general public, who deserve clear explanations of when, where and why unwelcome restrictions will be imposed and what these restrictions are intended to achieve.

While central government has an obvious role to play, it has become clear that the battle must go local; and the more local the better. The risk of being hospitalised with COVID-19 in Birmingham varies dramatically across the various electoral wards, with the seven-day rolling rate of new cases (for week ending 14 October 2020) ranging from 43.8 per 100,000 in Nechells, to 825.8 in Selly Oak.[2] So, supported by the MRC, NIHR ARC West Midlands and our host hospital (University Hospitals Birmingham NHS Foundation Trust) we are developing a computer application to track the evolving pattern of the COVID-19 pandemic. We have developed software that uses geostatistical models to identify "hot spots", however one defines them, across a broad space such as an urban conurbation or a country. Within such a space we identify localities at whatever scale is relevant for local decision-making and that the data can support. We can map rates of infection per unit of population in real time on these maps to show the current state of the epidemic and its direction of travel (see *Example*). These maps can direct decision-makers to specific localities where incidence is increasing rapidly and hence where urgent action is needed.

But there is a problem with policy action directed at small areas and particular communities – dictatorial edicts are likely to provoke resentment rather than effective action, especially when carried out at a very local level. It is one thing to place restrictions across a whole country or even a large city, but quite another to try to lockdown an area such as Lady Pool in Birmingham or Chapel Town in Leeds. Indeed, the disease has highest incidence in BAME communities who may feel victimised or disenfranchised. Already only 18% of people fully comply with UK regulations regarding self-isolation.[3] So here we come to the second use of our application and the maps it produces.

We think that policy-makers should increasingly turn to local communities and ask them to be the architects, not recipients, of policy. In essence we are arguing for an 'assets-based' or 'participatory' approach based on 'co-invention'. And here our application can help by providing scientific data at a local level in a form that can be easily assimilated. We are arguing at a local level for the type of thing that Prof Chris Witty used at a national level in his Downing Street presentation with the Prime Minister and Chancellor (<u>12 October 2020</u>). There is evidence that populations relate well to local maps and they are sometimes used in qualitative research as a method to promote discussion among people.[4] The approach we are advocating here, of high-risk spatio-temporal identification, followed by case-area targeted intervention, has proven effective in limiting the spread of cholera outbreaks,[5] and we advocate a similar approach with respect to the COVID-19 pandemic. We would be pleased to hear from news blog readers regarding:

- 1. Your opinions and advice.
- 2. Whether you would like to hear more or use the application when it is developed.
- 3. Whether you have examples of similar initiatives elsewhere in the world.
- 4. Whether you would like to collaborate.

You can contact us at <u>ARCWM@warwick.ac.uk</u>.

## **Example of Real-Time Surveillance of COVID-19**

For this example we have aggregated the results to MSOA (middle-layer Super Output Area) level across the catchment area of University Hospitals Birmingham NHS Foundation Trust, although we have retained other areas of Birmingham to make the boundary of the city clear. One could aggregate to smaller or larger levels as needed. A case here is an admission to hospital for COVID-19. We have produced these outputs as if we were working on March 26 2020 using data from the preceding two weeks. The first thing someone interested in tracking COVID-19 in the city might ask is what is the incidence of the disease that day?



There is a lot of variation across the different MSOAs, with one area standing out as being high (yellow area). The variation here could be explained by differences in demographics or socioeconomic status, and we might want to ask whether any differences are for unexpected reasons. We can break down the incidence into different components:



### Where:

- **Expected** is the number of cases we would expect that day from each area based on the size of its population.
- **Observed** shows the relative risk in each area associated with observable characteristics (age, ethnicity, and deprivation). For example, consider if the average incidence across the city were one case per 10,000 person-days. An area with a larger proportion of older residents would have a high risk; if this risk were double the average then it would have a relative risk of two.
- **Latent** is the relative risks in each area due to unexplained factors or unobserved variables. Our area with more older people may have an expected incidence of two cases per 10,000 person-days (a 'baseline' of 1 per 10,000 person-days times a relative risk of two), but if we observe an average rate of four cases per 10,000 person-days, then there is an additional unexplained relative risk of 2.
- **Posterior SD** indicates the predictive variance.

So based on these plots the area with high incidence in the North of Birmingham would appear to be higher than we would expect based on the observed variables by factor of 2 or 3. This may indicate the need for public health intervention. We might finally ask, how this compares to previous days?

The next plot shows the incidence rate ratio, which here is the ratio of incidence compared to seven days prior for each area. A value of one indicates no change, two a doubling, and so forth. One can clearly see that it is above one, i.e. it is increasing, city-wide. The greatest relative increases are centred on the area we identified as being of high concern.



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### References:

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