



ReaCH Training Course Sample Materials

The Remote Consulting for Healthcare training course (also known as the ReaCH course) on how to deliver healthcare remotely to your patients and communities and why it is important during the COVID-19 pandemic. This training programme has been developed following research and teaching collaborations between St Francis University College of Health and Allied Sciences, Tanzania, the University of Warwick, UK and King's College London.

<u>Module 1</u> What digital devices and platforms can be used for remote consulting?	<u>Module 2</u> How does my role change and the care I provide my patients?
<u>Module 3</u> What new issues arise in remote consulting that are different to face-to-face care?	<u>Module 4</u> What patient outcomes can I expect – beyond avoiding COVID-19?
<u>Module 5</u> What is my plan for delivering my healthcare work remotely?	<u>Module 6</u> What behaviours will help or hinder successful transition to remote consulting?
<u>Module 7</u> What qualities do you have and need to deliver remote healthcare and support your colleagues/teams?	<u>Next Steps – Cascade Training</u> Developing a plan for cascading what you have learnt from the ReaCH course to other health workers.

- Modules are structured and include presentations, case studies and activities to enhance learning and understanding.
- Modules are delivered digitally via the Moodle app.
- The training materials are free to use subject to licence. Please refer to the webpage for more information regarding licencing.

The following is a sample of module content and activities.

What is remote healthcare?

Delivering healthcare when you are not face-to-face with the patient.

- Patient telephones health worker
- Health worker may be on a fixed landline in the health facility
- Health worker may speak with a relative



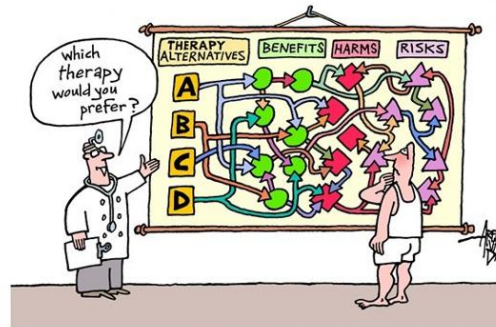
How does my role change?

- What infrastructure is needed?
- How can scheduling happen?
- What changes about the actual consultation with the patient?
- Will I ever be off-duty?



Ethical considerations

- Duty of care
- Boundaries
- Equity
- Confidentiality
- Privacy
- Consent



informed consent

Patient journey activity: Intercept the patient journey with remote consulting

Select two conditions that you are most familiar with e.g.

- Epilepsy
- Diabetes
- Hypertension
- Chronic Renal disease
- Sickle Cell disease

