



THE COVID-19 PANDEMIC: WARP SPEED SCIENCE TO FIND A CURE

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WHO Coronavirus Disease (COVID-19) Dashboard Data last updated: 2020/7/2, 8:05am CEST

Total

Overview Explorer



Globally, as of 8:05am CEST, 2 July 2020, there have been 10,458,422 confirmed cases of COVID-19, including 511,082 deaths, reported to WHO.



COVID-19 Topics to Cover

- SARS-CoV-2 infection, replication, evolution and variation.
- Pathogenesis of COVID-19, immune responses and the cytokine storm.

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- Repurposed drugs for COVID-19 therapy.
- Towards effective vaccines: what might work and why?

Coronaviridae



Coronaviruses (subfamily orthocoronavirinae)

Positive single-stranded RNA virus

Described in 1968 by June Alemeida and David Tyrell



Timelines of the SARS-CoV-2 outbreak





Dec 8 th	First case of mysterious pneumonia associated with Wuhan
	wet market
Jan 1 st	Wet market closed
Jan 8 th	First official announcement by Chinese state
Jan 11 th	First death announced in China. Genome sequence
Jan 20 ^m	China reports cases outside Hubei province – Beijing, Shanghai,
	Shenzhen.
Jan 23 rd	Sequence said to be identical to that of bat coronavirus and
	similar to pangolin
Jan 27 th	Evidence that 2019-nCoronavirus was present in samples from
	Wuhan wet market
Jan 30 th	WHO declare a global emergency
Jan 31 st	First two cases in UK.
Feb 9 th	Death toll in China is 811 with 37,198 infections
Feb 11 th	WHO calls disease COVID-19 and virus SARS-CoV-2
Feb 23 rd	Italy confirms 3 deaths from COVID-19
Feb 26 th	Cases confirmed across Europe, Brazil, Middle East, Pakistan.
Feb 29 th	23 cases in UK and US reports first death.
March 8 th	US reports more than 500 cases and state of emergency in 8 states.
March 11 th	WHO declares the coronavirus outbreak a pandemic
March 23 rd	UK PM announces lockdown, around 422 deaths in UK. 5









Evolution of SARS-CoV-2



Natural selection in: (i) an animal host before zoonotic transfer or (ii) in humans following zoonotic transfer

Virus genome sequencing identifies geographically segregated haplotypes



 $1x10^{-3}$ /site/year = 1 mutation every 1-10 transmissions

SARS-CoV-2 importation and establishment of UK transmission lineages



Over 1000 separate introductions into the UK from Europe

G614 is a founder mutation for European viruses



D614 and G614 spike strains have the same pathogenicity but G614 has higher transmissibility





G614 is more stable than D614 – consistent with epidemiological data suggesting that viruses with G614 transmit more efficiently.

Zhang et al., 2020. Preprint



Masks reduce airborne transmission

Infectious aerosol particles can be released during breathing and speaking by asymptomatic infected individuals. No masking maximizes exposure, whereas universal masking results in the least exposure.

Particle size (μm)



exposure





Time (days)

Virus Virulence: Capacity to Cause Disease

Virulence depends on a combination of viral and host factors:

• Virus factors

dose route of infection isolates - genetically determined

• Host factors

age, sex, nutritional status co-morbidities immune status genetics

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COVID-19 characteristics

- Onset with high fever and sore throat, developing dry cough
 - 4 10 days post-infection
- Other symptoms including GI, loss of taste/smell
- Recovery after a few days (? with longer term issues remaining)
- Can progress to lower respiratory tract disease and viral pneumonia
- Low blood and tissue O₂, increased coagulation, as causes of multiple organ failure, also stroke risk
- Reduction in circulating lymphocytes associated with severe disease
- Can be asymptomatic

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COVID-19 disease

Typical presentations: Fever Dry cough Exhaustion Anorexia Smell and taste disorder Myalgia Shortness of breath

Less frequent presentations: Nausea Diarrhea Sore throat Rhinorrhea Headache Cutaneous manefestations Severe presentations: Neurological complications Acute respiratory distress syndrome (ARDS) Multisystem inflammatory disease in children (MIS-C) Cardiac injury Acute kidney injury Liver dysfunction Thrombotic complications Shock and multi-organ failure Bacterial co-infection

Co-morbidities associated with severe presentations: Cardiovascular diseases Diabetes Hypertension Chronic lung illness Kidney disease







Possible explanations for severe/fatal outcome in certain groups

- Excess risk in some BAME groups after allowing for other risk factors (age, sex, socioeconomic etc)
 - ONS report 7 May into COVID-19 mortality and ethnicity
- Rare severe disease in young people with no known risk factors
- Genomics England mass sequencing study announced 13 May
 - Compare 20,000 infected in/were in ICU with 15,000 mild/mod symptom individuals

WARW

• Role of the immune response – innate and adaptive?

VACCINE BASICS: HOW WE DEVELOP IMMUNITY

The body's adaptive immune system can learn to recognize new, invading pathogens, such as the coronavirus SARS-CoV-2.





COVID-19 Various treatment options 1. Preventive strategies 2. Therapeutic options Maintaining social distance,, wearing masks and using hand Repurposing antiviral drugs: Remdesivir, Lopinavir/Ritonavir, Vaccines: mRNA-1273, BCG, ChAdOx1 nCoV-19 Oseltamivir etc. Novel antiviral drugs: ASC09F Immune boosters: Vitamin C, Ocimum, Curcumin Repurposing antimalarial, anthelmintic and antiparasitic drugs: Chloroquine, niclosamide, Ivermectin etc. Viral entry inhibitors: Chloroquine, Teicoplanin etc. Convalescent plasma **Interferons:** Interferon alfacon-1, INF- α and IFN- β 3. Management of ARDS and Cytokine storm Natural killer cells and cytotoxic T cells Vaccines: LV-SMENP-DC and Recombinant Novel CoV Monoclonal antibodies: Siltuximab, Tocilizumab, Vaccine Sarilumab etc. Mesenchymal stem cells: Wharton's Jelly, Umbilical Cord-Chloroquine/hydroxychloroquine as Derived, Dental pulp MSCs immunomodulators Supportive therapies such as antibacterials, corticosteroids, ACE inhibitors: Lisinopril and Losartan and NSAIDs: Azithromycin, Dexamethasone, Acetiminophen Natural products: Curcumin, Resveratrol, Withaferin A, Quercetin etc.

sanitizers

etc.

etc.

Figure. Simplified Representation of Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) Viral Lifecycle and Potential Drug Targets



Drugs	Therapy Strategy Categories	Mechanisms of Therapy	Status
Chloroquine phosphate/ hydroxychloroquine	Anti-malaria anti-viral anti-inflammatory	Increasing endosomal pH, interfering with the glycosylation of cellular receptors of SARS-CoV-2, immunomodulator	FDA approved to be used in an emergency situation, implemented in many treatment protocols
Remdesivir	Antiviral drug (Nucleoside analogue)	Interfering with the viral replication	Investigational antiviral, clinical trials are in progress
Baricitinib	Rheumatoid arthritis (RA) drug, AP2-associated protein kinase 1 (AAK1) inhibitor	Interfering with viral entry by inhibiting one of the endocytosis regulators	FDA approved
lopinavir/ritonavir	HIV protease inhibitor	Could act by inhibiting SARS-CoV-2 protease for proteins cleavage, interfering with virus replication	FDA approved
Darunavir	HIV protease inhibitor	Could act by inhibiting SARS-CoV-2 protease for proteins cleavage, interfering with virus replication	FDA approved
Camostat Mesylate	Transmembrane protease, serine 2 (TMPRSS2) inhibitor	Interfering with viral entry	Japan approved
Favipiravir	Nucleoside analog	Binds to the viral RdRp and reduce its reproduction	Investigational
Cepharanthie, Selamectin, and mefloquine hydrochloride	Anti-viral Anti-inflammatory activities	Significantly reduced cytopathic effects of SARS-CoV-2, and decrease the viral load	Investigational
Ivermectin	Anti-parasite	Inhibits SARS-CoV-2 replication in vitro	FDA approved

 Table 1. Common and potent antiviral drugs.

Remdesivir for the Treatment of Covid-19 — Preliminary Report

RESULTS

A total of 1063 patients underwent randomization. The data and safety monitoring board recommended early unblinding of the results on the basis of findings from an analysis that showed shortened time to recovery in the remdesivir group. Preliminary results from the 1059 patients (538 assigned to remdesivir and 521 to placebo) with data available after randomization indicated that those who received

remdesivir had a median recovery time of 11 days (95% confidence interval [CI], 9 to 12), as compared with 15 days (95% CI, 13 to 19) in those who received pla-

cebo (rate ratio for recovery, 1.32; 95% Cl, 1.12 to 1.55; P<0.001). The Kaplan-Meier estimates of mortality by 14 days were 7.1% with remdesivir and 11.9% with placebo (hazard ratio for death, 0.70; 95% CI, 0.47 to 1.04). Serious adverse events were reported for 114 of the 541 patients in the remdesivir group who underwent randomization (21.1%) and 141 of the 522 patients in the placebo group who underwent randomization (27.0%).

CONCLUSIONS

Remdesivir was superior to placebo in shortening the time to recovery in adults hospitalized with Covid-19 and evidence of lower respiratory tract infection. (Funded by the National Institute of Allergy and Infectious Diseases and others; ACCT-1 ClinicalTrials.gov number, NCT04280705.)

Beigel et al., NEJM DOI: 10.1056/NEJMoa2007764





AN ARRAY OF VACCINES

All vaccines aim to expose the body to an antigen that won't cause disease, but will provoke an immune response that can block or kill the virus if a person becomes infected. There are at least eight types being tried against the coronavirus, and they rely on different viruses or viral parts.



Number of vaccines in development

* Other efforts include testing whether existing vaccines against poliovirus or tuberculosis could help to fight SARS-CoV-2 by eliciting a general immune response (rather than specific adaptive immunity), or whether certain immune cells could be genetically modified to target the virus.

VIRUS VACCINES

At least seven teams are developing vaccines using the virus itself, in a weakened or inactivated form. Many existing vaccines are made in this way, such as those against measles and polio, but they require extensive safety testing. Sinovac Biotech in Beijing has started to test an inactivated version of SARS-CoV-2 in humans.

Weakened virus

A virus is conventionally weakened for a vaccine by being passed through animal or human cells until it picks up mutations that make it less able to cause disease. Codagenix in Farmingdale, New York, is working with the Serum Institute of India, a vaccine manufacturer in Pune, to weaken SARS-CoV-2 by altering its genetic code so that viral proteins are produced less efficiently. In these vaccines, the virus is rendered uninfectious using chemicals, such as formaldehyde, or heat. Making them, however, requires starting with large quantities of infectious virus.

Inactivated virus



NUCLEIC-ACID VACCINES

At least 20 teams are aiming to use genetic instructions (in the form of DNA or RNA) for a coronavirus protein that prompts an immune response. The nucleic acid is inserted into human cells, which then churn out copies of the virus protein; most of these vaccines encode the virus's spike protein.

RNA- and DNA-based vaccines are safe and easy to develop: to produce them involves making genetic material only, not the virus. But they are unproven: no licensed vaccines use this technology.



VIRAL-VECTOR VACCINES

Around 25 groups say they are working on viral-vector vaccines. A virus such as measles or adenovirus is genetically engineered so that it can produce coronavirus proteins in the body. These viruses are weakened so they cannot cause disease. There are two types: those that can still replicate within cells and those that cannot because key genes have been disabled.

Replicating viral vector (such as weakened measles)

The newly approved Ebola vaccine is an example of a viral-vector vaccine that replicates within cells. Such vaccines tend to be safe and provoke a strong immune response. Existing immunity to the vector could blunt the vaccine's effectiveness, however.

Non-replicating viral vector (such as adenovirus)

No licensed vaccines use this method, but they have a long history in gene therapy. Booster shots can be needed to induce long-lasting immunity. US-based drug giant Johnson & Johnson is working on this approach.

Protein subunits

Twenty-eight teams are working on vaccines with viral protein subunits — most of them are focusing on the virus's spike protein or a key part of it called the receptor binding domain. Similar vaccines against the SARS virus protected monkeys against infection but haven't been tested in people. To work, these vaccines might require adjuvants immune-stimulating molecules delivered alongside the vaccine — as well as multiple doses.



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PROTEIN-BASED VACCINES

Many researchers want to inject coronavirus proteins directly into the body. Fragments of proteins or protein shells that mimic the coronavirus's outer coat can also be used.

Platform	Target	Existing, Licensed Human Vaccines Using the Same Platform	Advantages	Disadvantages
RNA vaccines	S protein	No	No infectious virus needs to be handled, vaccines are typically immunogenic, rapid production possible.	Safety issues with reactogenicity have been reported.
DNA vaccines	S protein	No	No infectious virus needs to be handled, easy scale up, low production costs, high heat stability, tested in humans for SARS-CoV-1, rapid production possible.	Vaccine needs specific delivery devices to reach good immunogenicity.
Recombinant protein vaccines	S protein	Yes for baculovirus (influenza, HPV) and yeast expression (HBV, HPV)	No infectious virus needs to be handled, adjuvants can be used to increase immunogenicity.	Global production capacity might be limited. Antigen and/or epitope integrity needs to be confirmed. Yields need to be high enough.
Viral vector-based vaccines	S protein	Yes for VSV (Ervebo), but not for other viral vectored vaccines	No infectious virus needs to be handled, excellent preclinical and clinical data for many emerging viruses, including MERS-CoV.	Vector immunity might negatively affect vaccine effectiveness (depending on the vector chosen).
Live attenuated vaccines	Whole virion	Yes	Straightforward process used for several licensed human vaccines, existing infrastructure can be used.	Creating infectious clones for attenuated coronavirus vaccine seeds takes time because of large genome size. Safety testing will need to be extensive.
Inactivated vaccines	Whole virion	Yes	Straightforward process used for several licensed human vaccines, existing infrastructure can be used, has been tested in humans for SARS-CoV-1, adjuvants can be used to increase immunogenicity.	Large amounts of infectious virus need to be handled (could be mitigated by using an attenuated seed virus). Antigen and/or epitope integrity needs to be confirmed.

Table 1. Overview of Vaccine Production Platforms and Technologies for SARS-CoV-2

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Difference between Traditional Vaccine Development and Development Using a Pandemic Paradigm.

The pandemic paradigm requires multiple activities to be conducted at financial risk to developers and manufacturers and without knowing whether the vaccine candidate will be safe and effective, including very early manufacturing scale-up to commercial scale before establishment of clinical proof of concept. ID denotes identification.



Summary



- Unprecedented pace of science 6 months!
- SARS-CoV-2 is highly transmissible UK epidemic from imported European strains
- A viral genotype that emerged in late Jan 2020 now dominates the pandemic
 - It may have better transmission than earlier genotypes
 - Its disease profile appears to be unchanged
- Human genotypic variation may play a part in disease severity but still to be demonstrated
- Host immune response being defined what does a protective immune response look like?
- Repurposing old anti-viral drugs what about new ones?
- 136 vaccines in development 10 candidates in clinical evaluation, many using unproven technology platforms.

VIROLOGY – lack of investment in research over 20 years, no large pharma working on antivirals in UK