ATM

ACHILLES TENDINOPATHY MANAGEMENT (ATM): A MULTI-CENTRE PLACEBO CONTROLLED RANDOMISED CONTROLLED TRIAL COMPARING PLATELET RICH PLASMA (PRP) TO PLACEBO (IMITATION) INJECTION IN ADULTS WITH ACHILLES TENDON PAIN

PLEASE REFER ALL ELIGIBLE PATIENTS TO
<Add contact details here>

ANY QUESTIONS OR QUERIES PLEASE CALL
<Add contact details here>

Contact Details:

Principal Investigator: <Add contact details here>

Research Nurse/Associate: <Add contact details here>

Patients are eligible to be included in the trial if they meet the following criteria:

Inclusion criteria

- Aged 18 years or over
- Pain at the mid-substance of the Achilles tendon for longer than three months
- Ultrasound and/or MRI confirmation of tendinopathy.

Exclusion criteria

- Presence of systemic conditions (including: diabetes, rheumatoid arthritis, peripheral vascular disease)
- Pregnant or actively trying to become pregnant, or breastfeeding at the time of randomisation
- Have had prior Achilles tendon surgery or rupture on the index side.
- Previous major tendon or ankle injury or deformity to either lower leg.
- Have had a fracture of a long bone in either lower limb in the previous six months
- Have any contraindication to receiving a platelet rich plasma injection (haemodynamic instability, platelet dysfunction syndrome, cancer, septicaemia, systemic use of anticoagulant, local infection at site of the procedure)
- Are unable to adhere to trial procedures or complete questionnaires.
- Previous randomisation in the present trial.