<To be printed on local headed paper>

Achilles Tendinopathy Management

Chief Investigator: Dr Rebecca Kearney

Affix patient label here

Dear Dr ……

I am writing to you to inform you that the above-named patient who is registered under your care, diagnosed with Achilles Tendinopathy for > 3 months, has agreed to participate in the ***ATM*** Trial.

ATM is a randomised, single-blinded, placebo-controlled, multi-centre phase III clinical trial comparing Platelet Rich Plasma (PRP) injection to a placebo (imitation) injection in adults with Achilles tendon pain.

Participants will be randomised to receiving either PRP injection or placebo (imitation) injection as a one off treatment. Participants will not be made aware of this allocation until their participation within the trial ends. Participants within both arms of the trial will receive a local anaesthetic. Blood will be taken from the participant in order to create the PRP treatment. Participants receiving the PRP injection will receive an injection into the Achilles tendon. Participants receiving the placebo imitation injection will also receive an injection but this injection will be just under the skin, rather than into the tendon. Participants randomised to the placebo arm of the trial will still have blood taken but this will be disposed of.

Your patient has been provided with the enclosed information sheet for the trial.. This explains why they have been approached and that their participation is entirely voluntary. Please do not hesitate to contact me if you have any queries about the study or your patient.

Kindest Regards,

<Insert Site PI name>

Enc: ATM Patient Information Sheet