Achilles Tendinopathy Management

PATIENT INFORMATION SHEET - SUMMARY

You have been diagnosed with Achilles tendon pain (Achilles Tendinopathy) that has persisted for more than 3 months and we would like to invite you to take part in our research study, investigating the benefit of a new type of treatment for Achilles tendon pain.

Before you decide whether to take part we would like you to understand why the research is being done and what it would involve for you. A researcher from our team will go through the full patient information sheet with you and answer any questions you have. Your participation is voluntary and you may withdraw at any time.

Treatment: This new treatment involves taking a small sample of your blood, which is spun in a machine to separate out the components of the blood; the component thought to help healing is platelet rich plasma (PRP). The new treatment involves the PRP being injected into your Achilles tendon.

If you take part: You will be allocated by chance to receive either: the platelet rich plasma (PRP) injection or a placebo (imitation) injection. You will not know which treatment you will receive. Blood will be taken from you and you will receive the injection treatment (PRP or placebo). You will be asked to complete clinic and at home questionnaires at baseline, 3 and 6 months after the injection. We will call you at 2 weeks following your injection treatment so that we can review the injected tendon. We will collect your NHS number, contact details and next of kin for follow up purposes.

Risks and benefits: No specific risks have been associated with receiving the new treatment. We do not know whether this new treatment will give the best results therefore there may be no immediate benefit to you for taking part.

More information?
<<Insert local PI or research team>>: XXXX XXX XXXX
Coordinating centre, University of Warwick Clinical Trials Unit: ATM@warwick.ac.uk
Patient Advice Liaison Service (PALS): XXXXXXXXX