

Awake Prone Study Easy Read Information Leaflet

	<p>You have been given this information sheet because we want to invite you to take part in a research study called Awake Prone.</p>
	<p>You do not have to take part if you do not want to.</p>
	<p>This information sheet gives you some information about the study. There are some additional sheets that explain things in more detail. Please ask if you have any questions.</p>
	<p>You are currently in hospital receiving a moderate to high amount of oxygen. You have a condition called respiratory failure.</p>



Respiratory failure means your lungs are not currently working as well as normal. It can be caused by lots of conditions. One of the most common is a chest infection. Some people with respiratory failure will get worse and need to go on a ventilator.

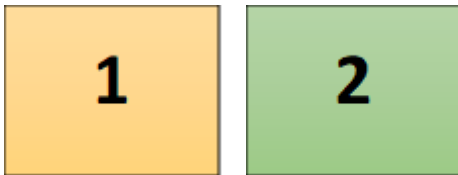
What are we doing?



We are conducting a study across UK hospitals to find out if lying on your tummy (awake prone positioning) compared with standard NHS care (sitting upright in bed) reduces how often people with respiratory failure need to go on a ventilator.

Awake prone positioning can help patients with COVID-19, but it is not known if it helps other patients.

What happens in the research study?



In the study, patients are put in to one of two groups to decide how they will be positioned in bed. This is decided by chance. You and your doctors will not get to choose.



Everyone in the study will receive all other treatments that they need. The only difference is their position in bed.

By doing this study, we will find out how to give people with respiratory failure the best care in the future.



Group one will lie on their tummy (awake prone positioning).

If you are in this group, your healthcare team will help you turn over so you are lying on your tummy.

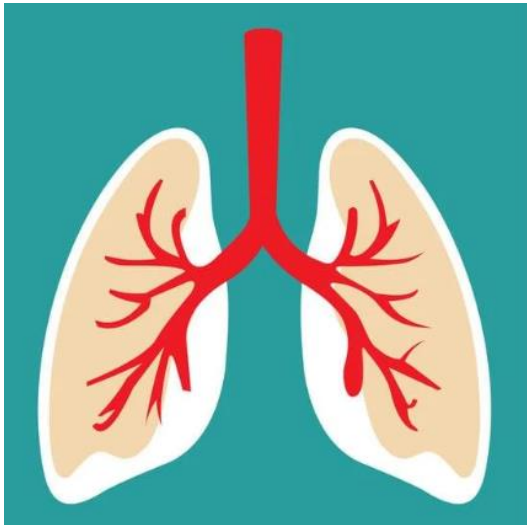
We will ask you to lie on your front for eight hours a day for a maximum of five days, or until you are better.

You can choose to do this for one long period of 8 hours or split it into smaller periods.

For the rest of the time, you may choose what position you sit or lie in.



If you find lying on your tummy uncomfortable, the healthcare professionals looking after you will help you find ways to make it more comfortable. They will also talk to you about whether you need to take a break and try again or stop entirely.



When you lie on your tummy, you may notice some changes to your breathing, such as:

- 1) The speed of your breathing may slow down, so it is more normal.
- 2) You may become less short of breath.
- 3) The oxygen levels in your blood may improve, so you need less oxygen.

These changes will not happen immediately, and they may not happen to everyone



Group two will sit upright in bed. This is how people with respiratory failure are normally looked after in the NHS.

In this group, it is very important that you do not try lying on your tummy, as this might affect the results of this research.

Deciding to be in the study



Please ask the staff if you have any questions about the study. Please talk to your family or friends if you wish.

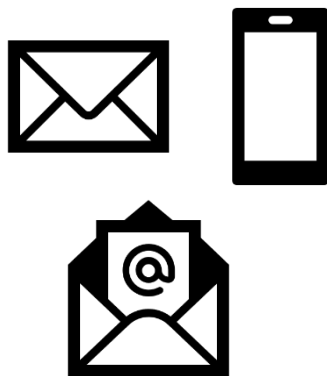
If you are happy to take part, you will be asked to sign a consent form.

If you decide not to be in the study, you will still receive the best care that the hospital can give.

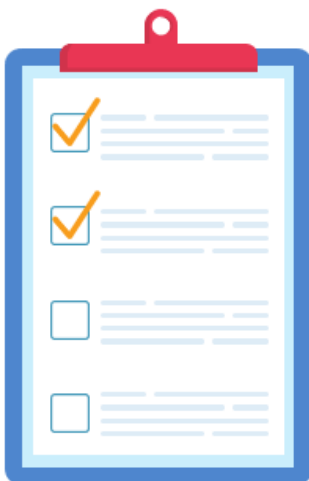
Collecting information about you



The research team will write down what happens and how well it works. This is so we know which treatment works best.

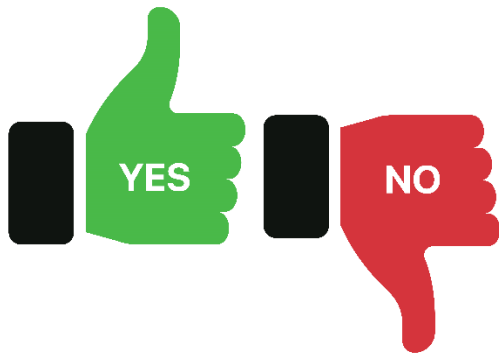


During the study, personal information about you will be recorded. This includes your name, address, email, phone number, date of birth, and information from your medical records.



To see how well you are recovering, you will be sent questionnaires about your health at our 2 month and 6 month timepoints. These will take 5 to 10 minutes to complete. To thank you for your time, we will send you a £10 gift token with each questionnaire.

What if I change my mind?



You can change your mind at any time. You don't have to say why - just tell the healthcare team looking after you.

If you decide that you don't want to lie on your tummy any more, that's fine. We would still like to collect information about you if that's OK.

How we look after your information



The University of Warwick is collecting all the information from the study. We will keep it safe and private.

When the study has finished, the university and the hospital that treated you will keep the information for 5



years then delete anything that links the information to you.

Only staff who are working on this study and who need to see your information will be able to access your personal information.



You won't be able to see or change any of the information that we have about you.

More information

This study has been reviewed and approved by Wales Research Ethics Committee 2.

You can find out more information by:

- Having a look at the more detailed information sheets, which tell you about the study and how your data will be used.

These information sheets can be found on the study website www.warwick.ac.uk/awakeprone, or by scanning the QR code below:



- Talking to the hospital staff. You can contact the hospital research team using **{ADD CONTACT DETAILS}**

For information about how we (the University of Warwick) use/process your information, please see:

- www.hra.nhs.uk/information-about-patients/ and www.hra.nhs.uk/patientdataandresearch



<insert Trust logo>

- Our leaflet available from <https://warwick.ac.uk/services/legalandcomplianceservices/dataprtection/privacynotices/research/>

You can contact the Awake Prone study team at the University of Warwick by emailing awakeprone@warwick.ac.uk

The study is funded by the NIHR Health Technology Assessment (NIHR154796). The views expressed are those of the author(s) and not necessarily those of the NIHR or the Department of Health and Social Care.

Funded by
NIHR | National Institute for
Health and Care Research