

Participant Discharge Pack

We are very happy your recovery post surgery is going well and you are now able to return home

To support your hospital discharge and ensure you have all the important information needed once home, we have put together this pack containing the RACER Study related documents for your use going forwards.



In this pack you will find:

- Your RACER Rehabilitation booklet which provides helpful information to help you recover after your knee replacement when you get home.
- A participant ID card, this handy card can be easily stored in a purse or wallet to remind you of your Study ID number and as a reminder of the Study you are taking part in, should you need it.

+/- If you have been informed by your Dr that you require face to face physiotherapy there will also be a RACER Physiotherapy Manual enclosed in this pack for their use.

The RACER team would like to wish you the best of luck on your road to recovery! You will next hear from us to complete your 6 week follow-up questionnaire, a short health related quality of life questionnaire.

Thank-you for your continued support in the Study!