

London - Central Research Ethics Committee

3rd Floor 3 Piccadilly Place
London Road
Manchester
M1 3BN

Please note: This is the favourable opinion of the REC only and does not allow the amendment to be implemented at NHS sites in England until the outcome of the HRA assessment has been confirmed.

27 February 2025

Dr Brenda O'Neill
Senior Lecturer in Physiotherapy
Ulster University
Shore Road
Newtownabbey
County Antrim
BT37 0QB

Dear Dr O'Neill

Study title:	Remote multicomponent rehabilitation compared to standard care for survivors of critical illness after hospital discharge: a randomised controlled assessor-blind clinical and cost-effectiveness trial with internal pilot (iRehab).
REC reference:	22/LO/0314
Protocol number:	22/0029
Amendment number:	Substantial Amendment 05
Amendment date:	17 January 2025
IRAS project ID:	310777

The above amendment was reviewed by the Sub-Committee in correspondence.

Ethical opinion

The members of the Committee taking part in the review gave a favourable ethical opinion of the amendment on the basis described in the notice of amendment form and supporting documentation.

Approved documents

The documents reviewed and approved at the meeting were:

Document	Version	Date
Completed Amendment Tool [310777_SA-05_17.01.25]	N/A	17 January 2025
Other [Recruitment - video script v1.0 13.01.2025]	1.0	13 January 2025

Membership of the Committee

The members of the Committee who took part in the review are listed on the attached sheet.

Working with NHS Care Organisations

Sponsors should ensure that they notify the R&D office for the relevant NHS care organisation of this amendment in line with the terms detailed in the categorisation email issued by the lead nation for the study.

Amendments related to COVID-19

We will update your research summary for the above study on the research summaries section of our website. During this public health emergency, it is vital that everyone can promptly identify all relevant research related to COVID-19 that is taking place globally. If you have not already done so, please register your study on a public registry as soon as possible and provide the HRA with the registration detail, which will be posted alongside other information relating to your project.

Statement of compliance

The Committee is constituted in accordance with the Governance Arrangements for Research Ethics Committees and complies fully with the Standard Operating Procedures for Research Ethics Committees in the UK.

HRA Learning

We are pleased to welcome researchers and research staff to our HRA Learning Events and online learning opportunities– see details at: <https://www.hra.nhs.uk/planning-and-improving-research/learning/>

IRAS Project ID - 310777:	Please quote this number on all correspondence
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Yours sincerely

Pp *Ali Hussain*

Emeritus Professor Gareth Tudor-Williams
Chair

E-mail: londoncentral.rec@hra.nhs.uk

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Attendance at Sub-Committee of the REC meeting on 13 February 2025

Committee Members:

<i>Name</i>	<i>Profession</i>	<i>Present</i>	<i>Notes</i>
Ms Monica Bloch	Company Chair	Yes	
Emeritus Professor Gareth Tudor-Williams	Paediatric Infectious Diseases (Imperial College, London)	Yes	Chair

Also in attendance:

<i>Name</i>	<i>Position (or reason for attending)</i>
Mr Ali Hussain	Approvals Administrator