Consultant/Hospital Dr Information

Doctor's name:

Address:

Date:

Title of Study: Remote multicomponent rehabilitation compared to standard care for survivors of critical illness after hospital discharge: a randomised controlled assessor-blind clinical and cost-effectiveness trial with internal pilot (iRehab).

Participant information

Name:

Address:

NHS Number:

D.O.B:

Dear ……,

The above-named patient who had been in your Intensive Care Unit, has agreed to take part in the Remote Rehabilitation After Intensive Care (iRehab) trial.

iRehab is a multi-centre, two-arm, parallel group, randomised controlled trial recruiting 428 patients from around the UK.

The aim of the trial is to investigate the effects of a home based six-week remote multicomponent rehabilitation intervention compared to standard care on health-related quality of life in adult patients who have been treated in intensive care, (with invasive mechanical ventilation) for more than 48 hours. In brief, the intervention includes four components: weekly symptom management; targeted exercise; psychological support and information/peer support.

Please find enclosed the patient information sheet detailing the purpose of the research and the procedures to be undertaken. Your patient has been provided with this information sheet for the trial. It explains why they have been approached and that their participation is entirely voluntary.

This study is funded by the National Institute for Health and Care Research (NIHR) Health Technology Assessment programme (project number 132871). The views expressed are those of the author(s) and not
necessarily those of the NIHR or the Department of Health and Social Care.

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Please do not hesitate to contact the research team using the details below if you have any queries about the study or your patient.

Yours sincerely,

<<Insert Local PI Name>>

Enclosed: iRehab Patient Information Leaflet

iRehab Trial Manager
Warwick Clinical Trials Unit
Email: iRehab@warwick.ac.uk
Tel: 02476151367

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