



## NEWSLETTER

Issue: April 2023

Edition 4



We are on Twitter! @iRehabTrial

Welcome to the fourth iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on. Previous newsletters can be found on our [website](#).

**CPMS NOTICE:** Only add participants to the CPMS/EDGE when you receive a randomisation notification. Enter the month of randomisation for 'recruited' and 'consented'. We will confirm research activity on 1<sup>st</sup> every month. I.e. if you consent someone in June and they are randomised in July, all activity for this participant **should be entered as July**. This ensures we are recording the correct accruals at your site.



### UPDATES

Non-Substantial 07 is now APPROVED and should be IMPLEMENTED locally:

- Participant Information Sheet V4.0 03.03.2023
  - Protocol V4.0 03.03.2023
  - GP Letter V2.0 31.01.2023
- Consultant Letter V2.0 31.01.2023

Please ensure these current documents are being used, filing previous version in your eISF. All documentation can be found [here](#). Database changes are in the process of being made and we will circulate any changes to you as soon as these are live in the database

A part of this amendment allows us to contact via multiple methods. Please confirm what the participants preferred method of contact by:

1. On the contact details form, next to the telephone number/mobile number or email address select the three dots (*image right*)
2. Select Add/view comments
3. Enter a comment such as 'Preferred method: email, telephone or text. May not answer phone calls to unknown numbers and is only available via phone in the afternoon' then select 'Post'.

**TIP: If an email is entered, please encourage participants to check their emails and their SPAM inbox**

## SPECIAL IREHAB RECRUITMENT WORKSHOP EVENT

2<sup>nd</sup> May 2023, 1-2pm

Please join us for an extended iRehab lunchtime Recruitment Workshop. We encourage all staff to attend the workshop. At the workshop, we will provide an update on iRehab recruitment and screening, tips to optimise recruitment and training to address patient preferences. The invite for this session has been sent out. Please get in touch if you have not received this and please circulate to any interested colleagues (PI, API, Research Champion)



**RECRUITMENT:** As of 28<sup>th</sup> April 2023, a total of **51** participants have been randomised and **26** patients registered awaiting baseline data collection before randomisation.

Recruitment to date target: 51/70 (73% of monthly recruitment target)

Recruitment total target: 51/428 (12% of overall recruitment target)

Well done to our top recruiters this month: **Southampton General Hospital**

Well done to Altnagelvin Hospital, Craigavon Area Hospital and Musgrove Park Hospital for recruiting your first participant this month

Thank you to all sites for continuing to screen for iRehab, a total of 335 people have been screened so far. Keep going to help us hit our monthly target!

Site	Date Open	Number Randomised
Southampton General Hospital	18 <sup>th</sup> Nov 2022	7
North Devon District Hospital	18 <sup>th</sup> Nov 2022	6
Hereford County Hospital	18 <sup>th</sup> Nov 2022	1
Queen Alexandra Hospital	18 <sup>th</sup> Nov 2022	4
Altnagelvin Hospital	18 <sup>th</sup> Nov 2022	1
Glangwili General Hospital	25 <sup>th</sup> Nov 2022	2
University Hospital Aintree	29 <sup>th</sup> Nov 2022	2
Royal Liverpool University Hospital	30 <sup>th</sup> Nov 2022	4
Derriford Hospital	5 <sup>th</sup> Dec 2022	1
Watford General Hospital	15 <sup>th</sup> Dec 2022	1
North Manchester General Hospital	19 <sup>th</sup> Dec 2022	7
Wythenshawe Hospital	19 <sup>th</sup> Dec 2022	3
Craigavon Area Hospital	20 <sup>th</sup> Dec 2022	1
Queens Hospital	22 <sup>nd</sup> Dec 2022	3
James Paget	8 <sup>th</sup> Feb 2023	2
Queen Elizabeth Hospital (Lewisham)	8 <sup>th</sup> Feb 2023	2
The Royal Glamorgan Hospital	21 <sup>st</sup> Feb 2023	3
Musgrove Park Hospital	22 <sup>nd</sup> Feb 2023	1



The iRehab Easter bunny is still giving out chocolate- keep an eye out in the mail.

#### TRIAL TIPS

**Step One- Screening:** Avoid where possible ‘No reason given’ when documenting why patients do not want to take part in the trial. It is helpful for us to know specific reasons so we can monitor patient preferences. “Does not want to give reason” is acceptable.

If the patient does not speak English, they can still participate in the trial if they have a friend/family member who is able to translate for them/ willing to attend intervention sessions.

**Step Two- Consent:** Try and consent the patient and register them within a short period of each other - this allows the patient to receive study documentation as soon as possible and be kept up to date.

**Step Three- Registration:** Ask patients for multiple contact methods including an email address if they have one. Enter their preferred method by adding this as a comment by selecting the three dots on the contact details form, next to the telephone number/mobile number or email address. Enter a comment such as ‘Preferred method: email, telephone or text. May not answer phone calls to unknown numbers and is only available via phone in the afternoon’ then select ‘Post’.

**Ad Hoc- Readmission:** If you are notified of a readmission, please complete the readmission form on the iRehab database. Date of discharge can be added at a later date when known.