



NEWSLETTER

Issue: Aug 2023

Edition 8



We are on Twitter! @iRehabTrial

Welcome to the eighth iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on. Previous newsletters can be found on our [website](#).



UPDATES

Substantial Amendment 02 is now **APPROVED** and should be **IMPLEMENTED** locally:

- Participant Information Sheet V5.0 16.05.2023
 - Protocol V5.0 16.05.2023
 - Consent Form V2.0 09.05.2023

Please ensure these current documents are being used, filing previous version in your eISF. All documentation can be found [here](#).

REMINDERS

Screening:

1. When selecting 'No reason' as to why the patient is not coming into the study. Please only select this if the patient does not want to give a reason and try to find out where possible why the participant does not want to take part.
2. Please record the language spoken if the patient does not want to participate due to not speaking/ understanding English.

Registration:

Consent form, contact details and co-morbidities form must be 100% complete for the participant to be officially registered and questionnaires triggered. If they are not 100% the participant will not be 100% registered.

TOP TIP: Complete these forms as soon as possible following consent, this allows the team longer to collect baseline data. On a few occasions we have had less than 10 days to contact participants which means fewer attempts can be made. We have up to 16 weeks from hospital discharge to randomise your participant, so long as the ED5D5L is complete. If your patient is approaching close to this timeframe (10-12 weeks discharge), please encourage them to complete the questionnaires as soon as possible. This means even if we cannot make contact with them, they can still be randomised.

REMOTE LUNCH WITH IREHAB RETURNS

4th September 1-1:30.
Meeting details circulated.

#ICURehabDay 2023

Celebrating all multi-disciplinary teams working with ICU patients. We hoped you enjoyed some of our tweets and meeting the iRehab team. We enjoyed seeing yours and the amazing work you do.

Meet our intervention team, Kirsty, Niamh, and Jill all based at Ulster University (right). The intervention team are currently working hard to deliver the remote multicomponent rehab programme to your participants.



RECRUITMENT: As of 31st August 2023, a total of **113** participants have been randomised and **17** patients registered awaiting baseline data collection before randomisation.

Recruitment target to date: 113/167 (68% of monthly target)

Recruitment total target: 113/428 (26% of overall target)

Well done to our top recruiter this month: **Queen Alexandra Hospital**

Congratulations to **Stoke Mandeville** and **Pinderfields General Hospital** for recruiting your first participant this month

Thank you to all sites for continuing to screen for iRehab, a total of 885 people have been screened so far.

Site	Date Open	Number Randomised
Southampton General Hospital	18 th Nov 2022	10
North Devon District Hospital	18 th Nov 2022	9
Hereford County Hospital	18 th Nov 2022	4
Queen Alexandra Hospital	18 th Nov 2022	8
Altnagelvin Hospital	18 th Nov 2022	2
Glangwili General Hospital	25 th Nov 2022	3
Salford Royal Hospital	25 th Nov 2022	1
University Hospital Aintree	29 th Nov 2022	3
Royal Liverpool University Hospital	30 th Nov 2022	8
Derriford Hospital	5 th Dec 2022	1
Watford General Hospital	15 th Dec 2022	3
University Hospital Coventry	15 th Dec 2022	2
North Manchester General Hospital	19 th Dec 2022	11
Wythenshawe Hospital	19 th Dec 2022	6
Craigavon Area Hospital	20 th Dec 2022	3
Queens Hospital	22 nd Dec 2022	4
Royal Blackburn Hospital	24 th Jan 2023	2
James Paget	8 th Feb 2023	2
Queen Elizabeth Hospital (Lewisham)	8 th Feb 2023	3
The Royal Glamorgan Hospital	21 st Feb 2023	6
Musgrove Park Hospital	22 nd Feb 2023	5
Birmingham Heartlands Hospital	28 th Feb 2023	5
Good Hope Hospital	28 th Feb 2023	1
Ysbyty Glan Clwyd Hospital	24 th May 2023	1
West Suffolk NHS Trust	8 th June 2023	2
Stoke Mandeville Hospital	8 th June 2023	1
Kingston Hospital	15 th June 2023	5
Pinderfields General Hospital	26 th June 2023	2

Want some helpful tips on recruiting participants for iRehab, [check out our tip guide!](#)

CPMS REMINDER: Only add participants to the CPMS/EDGE when you receive a randomisation notification. Enter the month of randomisation for 'recruited' and 'consented'. We will confirm research activity on 1st every month. I.e. if you consent someone in June and they are randomised in July, all activity for this participant **should be entered as July**. This ensures we are recording the correct accruals at your site.

Helpful Trial links:

- [Trial updates and tips](#)
- [Database guidance](#)
- [Trial documentation](#)
- [Frequently asked questions](#)
- [SIV and database training slides](#)
- [Co-enrolment](#)

We also have helpful tips and step by step guides on completing the CRFs, specifically the pre-screening log. Guidance on completing these can be found on our [website](#).