



 We are on X! @iRehabTrial

NEWSLETTER

Issue: Dec 2023

Edition 12

Welcome to the 12th iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on. Previous newsletters can be found on our [website](#).

December Drop-in Session

Thank you to everyone who attended and contributed to the December iRehab Drop-in Session, with special thanks to guest speakers Anezka Pratley from Whittington Hospital, and Elvira Hoxha and Lorraine Iveson from Watford General Hospital. The drop-in focussed on strategies to maximise ethnic diversity and facilitate inclusion from non-English speaking patients. During the drop-in, we discussed translating certain documents (e.g., poster) into more languages, and which languages those might be.

UPCOMING: iRehab Drop-in Session

Monday 5th February 1-1:30 pm

The focus will be recruitment tips. Meeting details have been sent out, however will also be circulated nearer the time.

iRehab will be at **UKCCRF24** 18-19th January in Southampton. Pop along to say hello!



This is a fabulous trial, and I am really pleased to be working with you all as we try to improve care for people after ICU. We are beyond our pilot phase and have now recruited over 1/3 of our participants. Let's keep the momentum going as we continue with recruitment. Thanks so much everyone. Please do get in touch if you have any trial queries.

iRehab Chief Investigator, Professor Brenda O'Neill

REMINDERS



Questionnaires: Please ensure that participants know there is an expiry with their questionnaire link, this is 16 weeks post hospital discharge for baseline and 6 weeks from the 8/26 week follow-up date.



Registration forms: Including consent, comorbidities and contact details must be 100% for the participant to be officially registered and questionnaires triggered. Please complete these as soon as possible as it allows the team longer to collect baseline data.



Invoicing: If you are actively screening post randomisation of a participant you can invoice for payments for your site champion. If there is no activity 6-10 weeks post-randomisation, then site champion payments will be paused. Send your invoices to irehab@warwick.ac.uk for patient recruitment and site champion.



CPMS deadline: the next cut off for CPMS recruitment activity uploads is looming in April. Please make sure all recruitment activity is uploaded in good time so we can ensure we have the correct accruals for your site.

RECRUITMENT

On 31st December 2023, **184** participants have been randomised and **14** patients registered awaiting baseline data collection before randomisation.

Thank you to all sites for continuing to screen for iRehab, a total of **1426** people have been screened so far.

Site	Number Randomised
North Devon District	14
North Manchester General	14
Southampton General	13
Birmingham Heartlands Hospital	11
Queen Alexandra	10
Royal Glamorgan / Prince Charles	10
Wythenshawe	10
Queen's Hospital / King George	9
Watford General	9
Royal Liverpool University	8
Musgrove Park Hospital	7
Pinderfields Hospital	7
Hereford County	6
Kingston Hospital	6
Aintree University	5
Glangwili General	5
Good Hope Hospital	4
Queen Elizabeth (Lewisham)	4
West Suffolk Hospital	4
Craigavon Area	3
Glan Clwyd Hospital	3
Royal Blackburn	3
Whittington Hospital	3
Altnagelvin	2
Derriford Hospital	2
James Paget	2
Royal Oldham	2
Stoke Mandeville Hospital	2
University Hospital Coventry	2
Freeman / Royal Victoria Hospital	1
Salford Royal	1
Warrington Hospital	1
Ysbyty Gwynedd Bangor	1

60% of
December target

43% of
overall target



Want some helpful tips on recruiting participants for iRehab, [check out our tip guide!](#)

CPMS REMINDER: Only add participants to the CPMS/EDGE when you receive a randomisation notification. Enter the month of randomisation for 'recruited' and 'consented'. We will confirm research activity on 1st every month. I.e. if you consent someone in June and they are randomised in July, all activity for this participant **should be entered as July**. This ensures we are recording the correct accruals at your site.

Helpful Trial links:

- [Trial updates and tips](#)
- [Database guidance](#)
- [Trial documentation](#)
- [Frequently asked questions](#)
- [SIV and database training slides](#)
- [Co-enrolment](#)

We also have helpful tips and step by step guides on completing the CRFs, specifically the pre-screening log. Guidance on completing these can be found on our [website](#).