

NEWSLETTER

Issue: January 2023

Edition 1



Welcome to the first iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on.

RECRUITMENT: As of 22nd January 2023, a total of **5** participants have been randomised and 13 patients registered awaiting baseline data collection before randomisation.



Recruitment monthly target: 24 (20.8% of target) (image left)

Recruitment total target: 428 (1.2% of target)

Well done to all the sites who have screened and registered for iRehab this month so far. Keep going to help us hit our monthly target!

iRehab Remote Monthly Lunch Drop-in Session

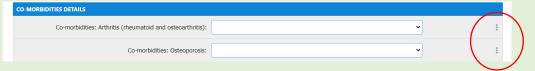
Q A

NEXT SESSION: 1ST February 1pm-1:30pm. Rolling session 1st every month (or nearest date to). Details to follow.

NEWS

We are aware of an issue when entering the ICNARC number on the iRehab database. The field currently requires 11 characters to be accepted, we are trying to resolve this as soon as possible. In the meantime, please add three zeros in front of the ICNARC number (e.g. 00011111111) and this will trigger 100% completion.

The registration form (containing consent, comorbidities and contact details) ALL need to be <u>100%</u> before the participant can be officially registered in iRehab. If any of these sections are missing the system will not trigger questionnaires to be sent out. If information is not available, please select the three dots to the right of the field and 'Set as unobtainable'.



SCREENING AND REGISTRATION

Screening: Please only add patients onto the screening log when they have been extubated. Patients should be added if they are 18+ years and have been on invasive mechanical ventilation for ≥48 hours.

We encourage you to also screen for patients who have been discharged home (must be within 12 weeks). You can send out a trial invitation letter and written information about the trial to gauge interest.

Registration: Ask participants for multiple contact methods. Emails, whilst not essential, are extremely helpful for the research team, particularly when conducting the sit to stand and intervention.



At the UKCCRF 2nd Feb 2023

iRehab will hold an investigator meeting- we hope to see you there!