iRehab
Remote rehabilitation after intensive care

NEWSLETTER
Issue: July 2023   Edition 7

We are on Twitter! @iRehabTrial

Welcome to the seventh iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on. Previous newsletters can be found on our website.

CPMS REMINDER: Only add participants to the CPMS/EDGE when you receive a randomisation notification. Enter the month of randomisation for 'recruited' and 'consented'. We will confirm research activity on 1st every month. I.e. if you consent someone in June and they are randomised in July, all activity for this participant **should be entered as July.** This ensures we are recording the correct accruals at your site.

HOT OFF THE PRESS

UPDATES

Substantial Amendment 02 has been circulated to your trust and is awaiting local approval **BEFORE** it can be implemented locally. This will be implemented on **11th August**, if we do not hear from you before hand. Documents impacted:

- Participant Information Sheet V5.0 16.05.2023
  - Protocol V5.0 16.05.2023
  - Consent Form V2.0 09.05.2023

Please note some sites have already approved this. Documents will be updated on our website from this date.

IREHAB DROP-IN SESSION RECAP: 3rd July

Thanks again to our guest speaker Vicki Waugh from Royal Liverpool Hospital last month. Some helpful tips:

1. Screening: team go round patients every day and screen all.

2. Approaching patients:
(A) Build a relationship with patients by visiting participants on ward, give them PIL and discuss study- highlight the office number on the PIL for queries.

(B) Good communication is essential: Explain next steps/what will happen when patients are discharged. Expect a call about iRehab once they're home. Explain that randomisation isn't immediate. Find out when/how best to contact potential participants.

(C) Strategy for contacting potential participants: Log how many times contact has been attempted. Limit to 3-4 times contact attempts.

3. Patients seem to value the link to the hospital that iRehab provides.

TOP TIP: Write handover emails prior to any A/L- inform patients when there is leave when following up.

!!! Reminder: The remote lunch drop-in session with iRehab scheduled for Tuesday 1st August has been cancelled. We plan on holding a larger event, beginning of September to provide you with a study update after our pilot phase has ended. Details of this event will be circulated in due course.

RECRUITMENT: As of 31st July 2023, a total of **95** participants have been randomised and **23** patients registered awaiting baseline data collection before randomisation.

Recruitment target to date: 95/139 (68% of monthly target)

Recruitment total target: 95/428 (22% of overall target)

Well done to our top recruiter this month: **Kingston Hospital**

Congratulations to **Kingston Hospital** and **Salford Royal Hospital** for recruiting your first participant this month

Thank you to all sites for continuing to screen for iRehab, a total of 760 people have been screened so far.

Site	Date Open	Number Randomised
Southampton General Hospital	18th Nov 2022	9
North Devon District Hospital	18th Nov 2022	9
Hereford County Hospital	18th Nov 2022	3
Queen Alexandra Hospital	18th Nov 2022	4
Altnagelvin Hospital	18th Nov 2022	1
Glangwili General Hospital	25th Nov 2022	3
Salford Royal Hospital	25th Nov 2022	1
University Hospital Aintree	29th Nov 2022	3
Royal Liverpool University Hospital	30th Nov 2022	8
Derriford Hospital	5th Dec 2022	1
Watford General Hospital	15th Dec 2022	1
University Hospital Coventry	15th Dec 2022	2
North Manchester General Hospital	19th Dec 2022	11
Wythenshawe Hospital	19th Dec 2022	5
Craigavon Area Hospital	20th Dec 2022	3
Queens Hospital	22nd Dec 2022	4
Royal Blackburn Hospital	24th Jan 2023	2
James Paget	8th Feb 2023	2
Queen Elizabeth Hospital (Lewisham)	8th Feb 2023	3
The Royal Glamorgan Hospital	21st Feb 2023	5
Musgrove Park Hospital	22nd Feb 2023	5
Birmingham Heartlands Hospital	28th Feb 2023	5
Good Hope Hospital	28th Feb 2023	1
Glyn Clwyd Hospital	24th May 2023	1
Kingston Hospital	15th June 2023	3

Want some helpful tips on recruiting participants for iRehab, check out our tip guide!

DATABASE GUIDANCE

1. *Screening:* Does the participant want to take part in iRehab? Select 'Pending' if this is not known at the time of completing the onboarding form.

2. *Registration* [Consent, Comorbidities, Contact Details]: These will be unlocked when the screening form is complete for an eligible participant who wishes to take part.

3. *Registration* [Consent, Comorbidities, Contact Details]: The consent form, contact details and co-morbidities form <u>MUST</u> be 100% complete for the participant to be officially registered and questionnaires triggered. If they are not 100% the participant will not be 100% registered

TIP: When entering in an email address please inform the participant to check their email and spam inbox

Helpful Trial links:

- Frequently asked questions
- Co-enrolment
- Database guidance
- SIV and database training slides
- Trial documentation
- Trial updates