

NEWSLETTER

Issue: July 2024

Edition 6

Welcome to the 6th iRehab trial newsletter of 2024. Previous newsletters can be found on our [website](#).

300 Randomisations

We would like to thank everyone for all their hard work and dedication in helping us to reach 300 randomisations!

Get to know the iRehab team: Kerry Raynes

What inspired you to work in clinical trials?

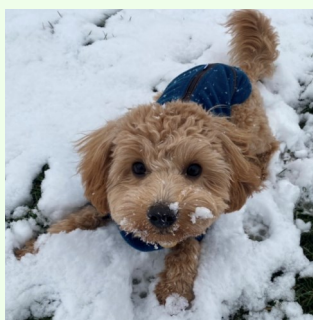
My undergraduate degree was in Psychology, and I really enjoyed the research side of things which led me to complete my Master's degree in Research Methods. I didn't know I specifically wanted to work in clinical trials, but I got a job at WCTU as a Data Entry Clerk, really enjoyed it and I'm still here ten years later.

What is your role on iRehab and what do you enjoy about it most (and least)?

I mainly deal with the day-to-day running of the trial, and helping open sites with any queries that they may have. I'm the person who usually nags you to check for co-enrolment agreements and queries things entered onto the database... sorry about that. My favourite thing about the role is getting to work with both internal and external colleagues. My least favourite thing is amendments and everything that goes with them, like updating version log documents. I always feel guilty when an amendment goes out as I know you have to do similar at your end. I'm sorry about that, too!

What are your hobbies and interests outside of work?

Spending time with family and friends, and also my dog Alfie. People who know me would probably say I'm a little obsessed with him, but how can you not be when you live with that face? We moved house last year, so decorating should probably go on the list, too. También, estoy aprendiendo Español, pero no muy bien.



What is the most interesting place you've been to?

I'd have to say Canada. I have family over there and I've travelled from Edmonton to Vancouver, it's such a beautiful country. We were lucky in that there was a heatwave when we visited, it was 24 degrees in Vancouver and two days after we'd left it was snowing!

If you could meet one person, living or dead, who would that be?

Tricky question, maybe the Queen. She had such an interesting life and met so many people, I bet she'd have great stories to tell (assuming she could now tell them).

If you could live anywhere in the world, where would you choose?

Probably Scotland, another beautiful country. I love the highlands, and Edinburgh is my favourite city, I think I'd be quite happy up there.

Message from the Trial Managers

◆ Please be aware that you are able to add helpful information to the contact details form on the trial database. For example, convenient dates and times that participants can be contacted by the intervention team.

◆ If a participant changes the hospital they are being seen at, please inform iRehab team.

iRehab Lunchtime Drop-in Session

Monday 5th August @ 1pm

Please join us for our August drop-in session where we will be focusing on the trial intervention.

We hope that sessions will be interactive and encourage sites to share their experiences.

**On 30th July Version 7.0 07-June-2024 of the protocol comes into effect.
This has been sent to your site as part of Non Substantial Amendment 27.**

Hospital	Randomisations
North Manchester General	21
Royal Glamorgan / Prince Charles	18
North Devon District	17
Birmingham Heartlands	17
Southampton General	16
Kingston Hospital	16
Wythenshawe	14
Queen's Hospital	13
James Cook	12
Watford General	11
Queen Alexandra	10
Royal Liverpool University	10
Pinderfields	10
Royal Berkshire	9
Musgrove Park	8
Queen Elizabeth (Lewisham)	8
Hereford County	8
Good Hope Hospital	8
Royal Free	7
Aintree University	7
James Paget	7
West Suffolk	6
Glangwili General	6

Hospital	Randomisations
Derriford	5
Whittington	5
Warrington	5
Craigavon Area	4
Royal Blackburn	3
Glan Clwyd	3
Altnagelvin	3
University Hospital Coventry	3
Royal Oldham	3
Stoke Mandeville	3
Freeman	2
Royal Victoria	2
West Cumberland	2
Salford Royal	2
Ysbyty Gwynedd Bangor	1
Ulster Hospital	1
Manchester Royal Infirmary	1
Great Western	0
Doncaster and Bassetlaw	0
Princess Royal (Sussex)	0
Royal Sussex	0
Sheffield Teaching Hospitals	0

On 31st July **308** participants have been randomised and **64** patients registered awaiting baseline data collection before randomisation.
Thank you to all sites for continuing to screen for iRehab, a total of **2558** people have been screened so far.

72% of overall
target

Well done to our top consenters In July:

Heartlands Hospital
The Royal Glamorgan Hospital
The James Cook University Hospital
Craigavon Area Hospital
The Whittington Hospital

In July, Sheffield Teaching Hospitals NHS Foundation Trust opened to recruitment, welcome!

Helpful Trial links:

[Trial updates and tips](#)
[Frequently asked questions](#)
[Database guidance](#)

[Trial documentation](#)
[Co-enrolment](#)
[SIV and database training slides](#)

We also have helpful tips and step by step guides on completing the CRFs, specifically the pre-screening log. Guidance on completing these can be found on our [website](#).