



We are on Twitter! @iRehabTrial

NEWSLETTER

Issue: June 2023

Edition 6

Welcome to the sixth iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on. Previous newsletters can be found on our website.

RECRUITMENT: As of 30th June 2023, a total of **84** participants have been randomised and **29** patients registered awaiting baseline data collection before randomisation.

Recruitment to date target: 84/113 (74% of monthly target)

Recruitment total target: 84/428 (20% of overall target)

Well done to our top recruiter this month: **Heartlands Hospital**

Well done to **Good Hope Hospital, Heartlands Hospital and Glyn Clwyd Hospital** for recruiting your first participant this month

Thank you to all sites for continuing to screen for iRehab, a total of 628 people have been screened so far.

Site	Date Open	Number Randomised
Southampton General Hospital	18 th Nov 2022	8
North Devon District Hospital	18 th Nov 2022	8
Hereford County Hospital	18 th Nov 2022	3
Queen Alexandra Hospital	18 th Nov 2022	4
Altnagelvin Hospital	18 th Nov 2022	1
Glangwili General Hospital	25 th Nov 2022	2
University Hospital Aintree	29 th Nov 2022	3
Royal Liverpool University Hospital	30 th Nov 2022	8
Derriford Hospital	5 th Dec 2022	1
Watford General Hospital	15 th Dec 2022	1
University Hospital Coventry	15 th Dec 2022	2
North Manchester General Hospital	19 th Dec 2022	10
Wythenshawe Hospital	19 th Dec 2022	5
Craigavon Area Hospital	20 th Dec 2022	3
Queens Hospital	22 nd Dec 2022	4
Royal Blackburn Hospital	24 th Jan 2023	2
James Paget	8 th Feb 2023	2
Queen Elizabeth Hospital (Lewisham)	8 th Feb 2023	3
The Royal Glamorgan Hospital	21 st Feb 2023	4
Musgrove Park Hospital	22 nd Feb 2023	5
Birmingham Heartlands Hospital	28 th Feb 2023	3
Good Hope Hospital	28 th Feb 2023	1
Glyn Clwyd Hospital	24 th May 2023	1

Want some helpful tips on recruiting participants for iRehab, [check out our top guide!](#)

CPMS REMINDER: Only add participants to the CPMS/EDGE when you receive a randomisation notification. Entering in the month of randomisation for 'recruited' and 'consented'. We will confirm research activity on 1st every month. I.e. if you consent someone in June and they are randomised in July, all activity for this participant should be entered as July. This ensures we are recording the correct accruals at your site.



Remote rehabilitation after intensive care

#Red4Research 2023

Supporting research & all the people making research happen



iRehab goes #Red4Research

Huge thank you to all participants, staff and research teams for your continued efforts and support in making life-changing research happen and for all the AMAZING work you do.

Be sure to share any photos you have on twitter!



DATABASE UPDATES

Preferred method of contact has been added to the database, under Contact Details. Meaning you can now select YES/NO as an option for methods such as text message, email, phone call, WhatsApp and next of kin. Some helpful tips:

- Enter multiple methods of contact, if possible
- If email is a preferred method, encourage participants to check their SPAM/Junk inbox

DATABASE REMINDERS

1. The ICNARC number **NO** longer requires three zeroes to be entered in front. Please proceed with entering this information as normal (8 characters)
2. Please continue to ensure the consent form, contact details and co-morbidities form **must** be 100% complete for the participant to be officially registered and questionnaires triggered
3. The iRehab Initial and Follow-Up Serious Adverse Event forms (both V2.0 08.02.2023) are now **LIVE** On the database, these are no longer required to be completed via paper.



IREHAB DROP-IN SESSION

3rd July 1-1:30pm



Special guest speaker(s) from Royal Liverpool Hospital will join us to share their insights and experiences of recruiting for iRehab. Meeting details have been sent out, however will also be circulated nearer the time.

Thanks again to our guest speaker Jonny Biss from Southampton General Hospital last month. Some helpful tips:

- Use tools/automated reports to identify patients (IMV \geq 48 hours). Use clinical logs to screen for iRehab
- Start discussions with the patient to get a feel for how they were doing and what support, if any, they felt like they might need. Didn't mention the trial at this stage.
- Discuss as a team and recontact participant 1-4 weeks after hospital discharge. Use basis of first conversation to mention the trial. Send PIL and allow time- ask how best to contact them
- Tailor conversations- "you've got nothing to lose from the research study"

Share your study progress, milestones and achievements on twitter, we love to see them - don't forget to tag us [@iRehabTrial](https://twitter.com/iRehabTrial)