

## NEWSLETTER

Issue: June 2024

Edition 5

Welcome to the 5<sup>th</sup> iRehab trial newsletter of 2024. As ever, we hope these updates are useful but do let us know if there are any areas you would like us to focus on. Previous newsletters can be found on our [website](#).

### Message from the Trial Managers

There is an amendment pending to extend recruitment.  
Please continue to recruit while this amendment is being processed.

### Get to know the iRehab team: Sandra Baggott

#### **What is your role on iRehab?**

My role is Data Entry Clerk. I've only been part of the team for about a month, but everyone has been very welcoming.

#### **Hobbies & interests**

I have 2 teenage boys so my life outside work is very much based around constantly cooking them food and trying to understand TikTok videos they tell me I must watch.

#### **What is the most interesting place you've been to?**

Valley of the Kings in Egypt as it was my all-time dream to go and see King Tutankhamun's tomb which was absolutely fascinating and very hot.

#### **If you could meet one person alive or dead?**

I would like to have lots of conversations with Sir David Attenborough as his insights and stories over the years would be absolutely fascinating

#### **If you could live anywhere where would it be?**

It would have to be somewhere remote in Scotland, as long as my boys can still visit me though.



### Non Substantial Amendment 23

NSA 23 has been circulated, please be aware that as of 28th June this amendment will come into effect, unless your site has already approved it. The approval of this amendment includes a new version of the  
**Protocol V6.0 10/05/2024.**

### iRehab Lunchtime Drop-in Sessions

- ◆ Monday 1st July  
1.00-2.00 pm  
**PI Meeting including an update on recruitment**
- ◆ Monday 5th August  
1.00-2.00pm  
**Recruitment tips! How do you open the conversation about iRehab?**

### Co-Enrolment

If you wish to consent patients already involved in another clinical trial, please email the iRehab Trial Team to check if the patient is eligible for co-enrolment.

[iRehab@warwick.ac.uk](mailto:iRehab@warwick.ac.uk)

Hospital	Randomisations
North Manchester General	21
North Devon District	17
Southampton General	16
Birmingham Heartlands	15
Kingston Hospital	15
Royal Glamorgan / Prince Charles	14
Wythenshawe	14
Queen's Hospital	13
Queen Alexandra	10
Royal Liverpool University	10
Watford General	10
Pinderfields	10
Musgrove Park	8
Queen Elizabeth (Lewisham)	8
Hereford County	8
Good Hope Hospital	8
Royal Berkshire	7
Glangwili General	6
Royal Free	6
Aintree University	6
James Paget	6
West Suffolk	6
James Cook	6
Derriford	5
Craigavon Area	4
Whittington	4
Warrington	4
Royal Blackburn	3
Glan Clwyd	3
Altnagelvin	3
University Hospital Coventry	3
Royal Oldham	3
Stoke Mandeville	3
Freeman	2
Royal Victoria	2
West Cumberland	2
Salford Royal	2
Ysbyty Gwynedd Bangor	1
Ulster Hospital	1
Manchester Royal Infirmary	1
Great Western	0
Doncaster and Bassetlaw	0
Princess Royal (Sussex)	0
Royal Sussex	0

On 26<sup>th</sup> June **286** participants have been randomised and **74** patients registered awaiting baseline data collection before randomisation. Thank you to all sites for continuing to screen for iRehab, a total of **2398** people have been screened so far.

**67%** of overall target



**67%** of June target



Well done to our top consenters In June:

**Altnagelvin**  
**Kingston Hospital**  
**The Royal Glamorgan Hospital**  
**University Hospital Aintree**



Well done to West Cumberland on recruiting your first patient in June!

In June the following sites opened to recruitment:

- ◆ Great Western Hospitals NHS Foundation Trust
- ◆ Doncaster and Bassetlaw Teaching Hospitals NHS FT
- ◆ University Hospitals Sussex NHS Foundation Trust (Princess Royal Hospital & Royal Sussex County Hospital)

**Welcome!**

**Helpful Trial links:**

[Trial updates and tips](#)  
[Frequently asked questions](#)  
[Database guidance](#)

[Trial documentation](#)  
[Co-enrolment](#)  
[SIV and database training slides](#)

*We also have helpful tips and step by step guides on completing the CRFs, specifically the pre-screening log. Guidance on completing these can be found on our [website](#).*