



We are on Twitter! @iRehabTrial

## NEWSLETTER

Issue: March 2023

Edition 3

Welcome to the third iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on.

**IMPORTANT NOTICE:** We have an amendment in place, which some sites have already approved and will come into play 12<sup>th</sup> April, to contact participants via different contact methods (Whatsapp, text, email, telephone or next of kin). **PLEASE CONFIRM WHAT THE PARTICIPANTS PREFERRED METHOD OF CONTACT IS:**

1. On the contact details form, next to the telephone number/mobile number or email address select the three dots (*image right*)
2. Select Add/view comments
3. Enter a comment such as '*Preferred method: email, telephone or text. May not answer phone calls to unknown numbers and is only available via phone in the afternoon*' then select 'Post'.



**RECRUITMENT:** As of 31<sup>st</sup> March 2023, a total of **36** participants have been randomised and **12** patients registered awaiting baseline data collection before randomisation.

Recruitment to date target: 36/52 (69% of monthly target)

Recruitment total target: 36/428 (8% of overall target)

Well done to our top recruiters this month: **Royal Liverpool University Hospital**

Well done to **Royal Glamorgan** and **James Paget** for recruiting your first participant this month

Thank you to all sites for continuing to screen for iRehab, a total of 236 people have been screened so far. Keep going to help us hit our monthly target!

Site	Date Open	Number Randomised
Southampton General Hospital	18 <sup>th</sup> Nov 2022	4
North Devon District Hospital	18 <sup>th</sup> Nov 2022	5
Hereford County Hospital	18 <sup>th</sup> Nov 2022	1
Queen Alexandra Hospital	18 <sup>th</sup> Nov 2022	3
Glangwili General Hospital	25 <sup>th</sup> Nov 2022	2
University Hospital Aintree	29 <sup>th</sup> Nov 2022	2
Royal Liverpool University Hospital	30 <sup>th</sup> Nov 2022	4
Derriford Hospital	5 <sup>th</sup> Dec 2022	1
Watford General Hospital	15 <sup>th</sup> Dec 2022	1
North Manchester General Hospital	19 <sup>th</sup> Dec 2022	5
Wythenshawe Hospital	19 <sup>th</sup> Dec 2022	2
Queens Hospital	22 <sup>nd</sup> Dec 2022	3
James Paget	8 <sup>th</sup> Feb 2023	2
Royal Glamorgan	21 <sup>st</sup> Feb 2023	1



The iRehab Easter bunny is on the lookout for participants and he likes to give out chocolate!

## iRehab Remote Monthly Lunch Drop-in Session

NEXT SESSION: 3<sup>rd</sup> April 1pm-1:30pm. Rolling session 1<sup>st</sup> every month (or nearest date to). Details to follow.



# Co-enrolment

## Approved Co-enrolling Trials

A2B	PHIND
ABC post ICU	PQIP
Adapt/RISC study	PREFIBRILLATE
A-Stop	Recovery
ED-POC	REMAP-CAP
Flo-Ela	T4P
GenOMICC	UK-ROX including EXAKT
InCyst study	Vitdalize UK
MARCH	
NCARC	

## Pending Co-enrolling Trials

MOSAICC
Target Lung
ASPECT
Realist
SOS
SRAVI
FLAIR
Target Lung
FLAIR

### TRIAL TIPS

**Step One- Screening:** Identify patients who are close to being discharged from ICU to the ward. In addition, patients may be identified from clinical lists. In particular, if sites are newly opened, follow-up clinic lists, may be a useful way to identify potentially eligible patients who are within 12 weeks discharge. Please check patients meet the inclusion criteria before entering onto the screening log.

**Step Two- Consent:** Try and consent the participant and register them within a short period of each other - this allows the participant to receive study documentation as soon as possible and be kept up to date.

Remind the participant there are multiple components to iRehab and they do not need to take part in all of them to be take part in the research.

**Step Three- Registration:** Ask participants for multiple contact methods including an email address. This enables the research team to contact the participant by phone and email should either prove unsuccessful. PLEASE CONFIRM THE EMAIL ADDRESS AND CONTACT NUMBER(S) ARE CORRECT.

**Ad Hoc- Readmission:** If you are notified of a readmission, please complete the readmission form on the iRehab database. Date of discharge can be added at a later date when known. This helps the research team when making contact with the participant.

**REMINDER NOTICE:** We have been in touch with the CRN about how iRehab participants should be recorded on the CPMS, as not all consenting participants will be randomised. They have confirmed to **ONLY** add participants to the CPMS when you receive a **randomisation notification** email confirming trial arm. We will confirm research activity on the 1<sup>st</sup> of every month for the month of randomisation, not the month of consent. i.e. if you consent someone in June and they are randomised in July the activity will be recorded for July. Thank you.