



NEWSLETTER

Issue: May 2024

Edition 4

Welcome to the 4th iRehab trial newsletter of 2024. As ever, we hope these updates are useful but do let us know if there are any areas you would like us to focus on.

Previous newsletters can be found on our [website](#).

Get to know the iRehab team: Sarah Lowe

What inspired you to work in Clinical Research?

I initially started working as a data clerk at Warwick CTU, but quickly realised that I enjoyed learning about all aspects of trials so naturally progressed to other roles within the CTU.

The main inspiration for wanting to progress to other roles, was seeing how passionate the clinical staff within the CTU were about making a difference to people's lives through their research.

What is your role on iRehab and what do you enjoy about it most?

My role on iRehab is Trial Manager, there are two Trial Managers working on the trial, you will mainly have contact with me during the site set-up phase.

I enjoy knowing that the work within CTU is helping others by developing new treatments and interventions, it adds an extra element of job satisfaction knowing this.

What are your hobbies and interests outside of work?

I have three young boys, my life outside of work is currently dedicated to being their Mum. I love to visit places where they can run free and use their imagination, I love to show them the natural world and find great joy in seeing them surrounded by nature, which is something I am very passionate about.

My hobbies include building towers, dens and train tracks, perfecting my pronunciation of dinosaur names and changing batteries in children's toys! Oh and the occasional childfree walk with my cockapoo Zander.

What is the most interesting place you've ever been to?

I really enjoy being around nature, so it would have to be the Isle of May off the East coast of Scotland. It is home to thousands of sea birds and seals. I especially enjoyed watching the puffins, they were surprisingly smaller than I thought they would be.

If you could meet one person, living or dead, who would that be?

My Nan, I would take her for afternoon tea and update her on what she has missed.

If you could live anywhere in the world, where would you choose?

My house, it's home, and it's where the people I care about most are. If I can't say that though, I'd say Lunan Bay in Scotland.



Helpful Trial links:

[Trial updates and tips](#)

[Trial documentation](#)

[Frequently asked questions](#)

[Co-enrolment](#)

[Database guidance](#)

[SIV and database training slides](#)

We also have helpful tips and step by step guides on completing the CRFs, specifically the pre-screening log. Guidance on completing these can be found on our [website](#).

Our patient invite poster has been translated into Bengali, Hindi, Urdu, Polish and Welsh: [Trial Documentation \(warwick.ac.uk\)](#)

Message from Katherine Jones– iRehab Research Fellow

When completing participants' details on the database, please be mindful that participants may not be living at their usual address after they leave hospital, and may be staying with a relative or friend.

If a participant is going to stay at a different address to their usual, please add the temporary address to the comments section when completing the registration information.

This will ensure any trial information that is posted will reach participants.

Thank you for your continued support.

Want some helpful tips on recruiting participants for iRehab, [check out our tip guide!](#)

On 29th May 2024, **266** participants have been randomised. Thank you to all sites for continuing to screen for iRehab, a total of **2210** people have been screened so far.

Hospital	Randomisations
North Manchester General	21
North Devon District	16
Birmingham Heartlands	15
Southampton General	14
Wythenshawe	13
Queen's Hospital	13
Royal Glamorgan / Prince Charles	13
Kingston Hospital	13
Queen Alexandra	10
Royal Liverpool University	10
Watford General	10
Pinderfields	10
Musgrove Park	8
Hereford County	8
Queen Elizabeth (Lewisham)	7
Glangwili General	6
Aintree University	6
West Suffolk	6
Good Hope Hospital	5
Derriford	5
James Paget	5
James Cook	5
Craigavon Area	4
Whittington	4
Royal Berkshire	4
Royal Free	4
Stoke Mandeville	3
Royal Blackburn	3
Glan Clwyd	3
Royal Oldham	3
University Hospital Coventry	3
Warrington	3
Royal Victoria	2
Freeman	2
Altnagelvin	2
Salford Royal	1
Ysbyty Gwynedd Bangor	1
Ulster Hospital	1

38% of May target

62% of overall target

Well done to our top consenters in May:

- Good Hope Hospital
- Royal Berkshire Hospital
- The James Cooke University Hospital
- Warrington Hospital

iRehab Drop-in Sessions

CPMS
June- Wednesday 5th
1:00-1:30 pm

PI Meeting including an update on recruitment
July- Monday 1st
1.00-2.00 pm

All staff are welcome to attend the drop-in sessions.