



 We are on X! @iRehabTrial

Welcome to the eleventh iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on. Previous newsletters can be found on our [website](#).

November Drop-in Session

Thank you to everyone who attended and contributed to the November iRehab Drop-in Session, with special thanks to guest speaker Rosie Herman-Grant from Kingston Hospital. Rosie described their method of recruitment via follow-up clinic rather than the ward.

During the drop-in, we also heard from different sites regarding their method for approaching and then describing iRehab to non-English speaking patients.

UPCOMING: iRehab Drop-in Session

Monday 4th December 1-1:30pm

The session will focus on discussion about maximising ethnic diversity within the iRehab trial.

Meeting details have been sent out, however will also be circulated nearer the time.



This is a fabulous trial, and I am really pleased to be working with you all as we try to improve care for people after ICU. We are beyond our pilot phase and have now recruited over 1/3 of our participants. Let's keep the momentum going as we continue with recruitment. Thanks so much everyone. Please do get in touch if you have any trial queries.

iRehab Chief Investigator, Professor Brenda O'Neill

REMINDERS



Christmas/New Year WCTU opening hours: Warwick CTU will be closed from 16:00 on 22nd December to 2nd January 2024. You can still register participants over this period but please be aware that postage/randomisations may be slightly delayed. The iRehab inbox will be monitored for AEs/SAEs.



Questionnaires: Please ensure that participants know there is an expiry with their questionnaire link, this is 16 weeks post hospital discharge for baseline and 6 weeks from the 8/26 week follow-up date.



Registration forms: Including consent, comorbidities and contact details must be 100% for the participant to be officially registered and questionnaires triggered. Please complete these as soon as possible as it allows the team longer to collect baseline data.



Invoicing: If you are actively screening post randomisation of a participant you can invoice for payments for your site champion. If there is no activity 6-10 weeks post-randomisation, then site champion payments will be paused. Send your invoices to irehab@warwick.ac.uk for patient recruitment and site champion.

RECRUITMENT: As of 28th November 2023, a total of **166** participants have been randomised and **21** patients registered awaiting baseline data collection before randomisation.

Recruitment target to date: 166/267 (62% of monthly target)

Recruitment total target: 166/428 (39% of overall target)

Well done to our top recruiter this month: **Queen's Hospital**

Thank you to all sites for continuing to screen for iRehab, a total of 1247 people have been screened so far.

Site	Date Open	Number Randomised
Southampton General Hospital	18 th Nov 2022	12
North Devon District Hospital	18 th Nov 2022	11
Hereford County Hospital	18 th Nov 2022	6
Queen Alexandra Hospital	18 th Nov 2022	10
Altnagelvin Hospital	18 th Nov 2022	2
Glangwili General Hospital	25 th Nov 2022	5
Salford Royal Hospital	25 th Nov 2022	1
University Hospital Aintree	29 th Nov 2022	5
Royal Liverpool University Hospital	30 th Nov 2022	8
Derriford Hospital	5 th Dec 2022	2
Watford General Hospital	15 th Dec 2022	7
University Hospital Coventry	15 th Dec 2022	2
North Manchester General Hospital	19 th Dec 2022	14
Wythenshawe Hospital	19 th Dec 2022	8
Craigavon Area Hospital	20 th Dec 2022	3
Queen's Hospital	22 nd Dec 2022	7
Royal Blackburn Hospital	24 th Jan 2023	2
James Paget	8 th Feb 2023	2
Queen Elizabeth Hospital (Lewisham)	8 th Feb 2023	4
The Royal Glamorgan Hospital	21 st Feb 2023	10
Musgrove Park Hospital	22 nd Feb 2023	7
Birmingham Heartlands Hospital	28 th Feb 2023	8
Good Hope Hospital	28 th Feb 2023	3
Ysbyty Glan Clwyd Hospital	24 th May 2023	3
Ysbyty Gwyned	5 th Jun 2023	1
West Suffolk Hospital	8 th Jun 2023	3
Stoke Mandeville Hospital	8 th Jun 2023	2
Kingston Hospital	15 th Jun 2023	6
Pinderfields General Hospital	26 th Jun 2023	7
Freeman Hospital/ Royal Victoria Inf.	4 th Jul 2023	1
Warrington Hospital	31 st Jul 2023	1
The Whittington Hospital	9 th Aug 2023	3

Want some helpful tips on recruiting participants for iRehab, [check out our tip guide!](#)

CPMS REMINDER: Only add participants to the CPMS/EDGE when you receive a randomisation notification. Enter the month of randomisation for 'recruited' and 'consented'. We will confirm research activity on 1st every month. I.e. if you consent someone in June and they are randomised in July, all activity for this participant **should be entered as July**. This ensures we are recording the correct accruals at your site.

Helpful Trial links:

- [Trial updates and tips](#)
- [Database guidance](#)
- [Trial documentation](#)
- [Frequently asked questions](#)
- [SIV and database training slides](#)
- [Co-enrolment](#)

We also have helpful tips and step by step guides on completing the CRFs, specifically the pre-screening log. Guidance on completing these can be found on our [website](#).