



 We are on X! @iRehabTrial

Welcome to the ninth iRehab trial newsletter. We hope these updates are useful but do let us know if there are any areas you would like us to focus on. Previous newsletters can be found on our [website](#).



### Site Investigator Meeting 2<sup>nd</sup> October 1-2pm

We are holding our second site investigator meeting to share with you how our pilot phase has gone, including lessons learned, progress to date and much more!

*PIs and research champions encouraged to attend.*

Meeting details have been circulated, please get in touch with us if you have not yet received this or would like a colleague to attend: [irehab@warwick.ac.uk](mailto:irehab@warwick.ac.uk)



**Invoicing.** If you are actively screening post randomisation of a participant you can invoice for payments for your site champion. If there is no activity 6-10 weeks post-randomisation, then site champion payments will be paused. *Send your invoices to [irehab@warwick.ac.uk](mailto:irehab@warwick.ac.uk) for patient recruitment and site champion.*



**AE and Readmission Forms.** Please continue to complete adverse event forms/serious adverse event forms and hospital readmission forms for all participants following consent. For the hospital readmission form, date of discharge can be added at a later date when known.



**Multiple contact methods for participants.** Please add more than one contact method and more than one preferred method of contact. Only including one number and one method (e.g. email, text, phone, NOK, whatsapp) extremely limits us in making contact with the participant.

**API Scheme.** Just a reminder that iRehab is open to the NIHR associate PI scheme. The Associate PI Scheme is a six month in-work training opportunity, providing practical experience for healthcare professionals starting their research career. More information about the scheme can be found [here](#).



**Co-enrolling.** Please let us know of any trials that are currently running at your site that iRehab should co-enrol with. It is important that these coenrolment agreements are in place before consenting participants in these trials into iRehab. A list of current coenrolment agreements can be found at the end of page 2.

**We are grateful for all your research activity helping us answer this important research question- we love to see your certificates, team photos etc on X (formerly known as twitter) so please share!**



**RECRUITMENT:** As of 29<sup>th</sup> September 2023, a total of **131** participants have been randomised and **20** patients registered awaiting baseline data collection before randomisation.

Recruitment target to date: 131/197 (66% of monthly target)

Recruitment total target: 131/428 (30.6% of overall target)

Well done to our top recruiter this month: **Pinderfields General Hospital**

Congratulations to **Whittington Hospital** and **Ysbyty Gwyned** for recruiting your first participant this month

Thank you to all sites for continuing to screen for iRehab, a total of 1004 people have been screened so far.

| Site                                | Date Open                  | Number Randomised |
|-------------------------------------|----------------------------|-------------------|
| Southampton General Hospital        | 18 <sup>th</sup> Nov 2022  | 10                |
| North Devon District Hospital       | 18 <sup>th</sup> Nov 2022  | 9                 |
| Hereford County Hospital            | 18 <sup>th</sup> Nov 2022  | 5                 |
| Queen Alexandra Hospital            | 18 <sup>th</sup> Nov 2022  | 8                 |
| Altnagelvin Hospital                | 18 <sup>th</sup> Nov 2022  | 2                 |
| Glangwili General Hospital          | 25 <sup>th</sup> Nov 2022  | 3                 |
| Salford Royal Hospital              | 25 <sup>th</sup> Nov 2022  | 1                 |
| University Hospital Aintree         | 29 <sup>th</sup> Nov 2022  | 4                 |
| Royal Liverpool University Hospital | 30 <sup>th</sup> Nov 2022  | 8                 |
| Derriford Hospital                  | 5 <sup>th</sup> Dec 2022   | 1                 |
| Watford General Hospital            | 15 <sup>th</sup> Dec 2022  | 6                 |
| University Hospital Coventry        | 15 <sup>th</sup> Dec 2022  | 2                 |
| North Manchester General Hospital   | 19 <sup>th</sup> Dec 2022  | 12                |
| Wythenshawe Hospital                | 19 <sup>th</sup> Dec 2022  | 6                 |
| Craigavon Area Hospital             | 20 <sup>th</sup> Dec 2022  | 3                 |
| Queens Hospital                     | 22 <sup>nd</sup> Dec 2022  | 4                 |
| Royal Blackburn Hospital            | 24 <sup>th</sup> Jan 2023  | 2                 |
| James Paget                         | 8 <sup>th</sup> Feb 2023   | 2                 |
| Queen Elizabeth Hospital (Lewisham) | 8 <sup>th</sup> Feb 2023   | 4                 |
| The Royal Glamorgan Hospital        | 21 <sup>st</sup> Feb 2023  | 7                 |
| Musgrove Park Hospital              | 22 <sup>nd</sup> Feb 2023  | 6                 |
| Birmingham Heartlands Hospital      | 28 <sup>th</sup> Feb 2023  | 6                 |
| Good Hope Hospital                  | 28 <sup>th</sup> Feb 2023  | 1                 |
| Ysbyty Glan Clwyd Hospital          | 24 <sup>th</sup> May 2023  | 2                 |
| Ysbyty Gwyned                       | 5 <sup>th</sup> June 2023  | 1                 |
| West Suffolk Hospital               | 8 <sup>th</sup> June 2023  | 2                 |
| Stoke Mandeville Hospital           | 8 <sup>th</sup> June 2023  | 1                 |
| Kingston Hospital                   | 15 <sup>th</sup> June 2023 | 5                 |
| Pinderfields General Hospital       | 26 <sup>th</sup> June 2023 | 6                 |
| The Whittington Hospital            | 9 <sup>th</sup> Sep 2023   | 2                 |

Want some helpful tips on recruiting participants for iRehab, [check out our tip guide!](#)

**CPMS REMINDER:** Only add participants to the CPMS/EDGE when you receive a randomisation notification. Enter the month of randomisation for 'recruited' and 'consented'. We will confirm research activity on 1<sup>st</sup> every month. I.e. if you consent someone in June and they are randomised in July, all activity for this participant **should be entered as July**. This ensures we are recording the correct accruals at your site.

#### **Helpful Trial links:**

- [Trial updates and tips](#)
- [Database guidance](#)
- [Trial documentation](#)
- [Frequently asked questions](#)
- [SIV and database training slides](#)
- [Co-enrolment](#)

We also have helpful tips and step by step guides on completing the CRFs, specifically the pre-screening log. Guidance on completing these can be found on our [website](#).