

# Meteor2

MENISCAL ALLOGRAFT TRIAL

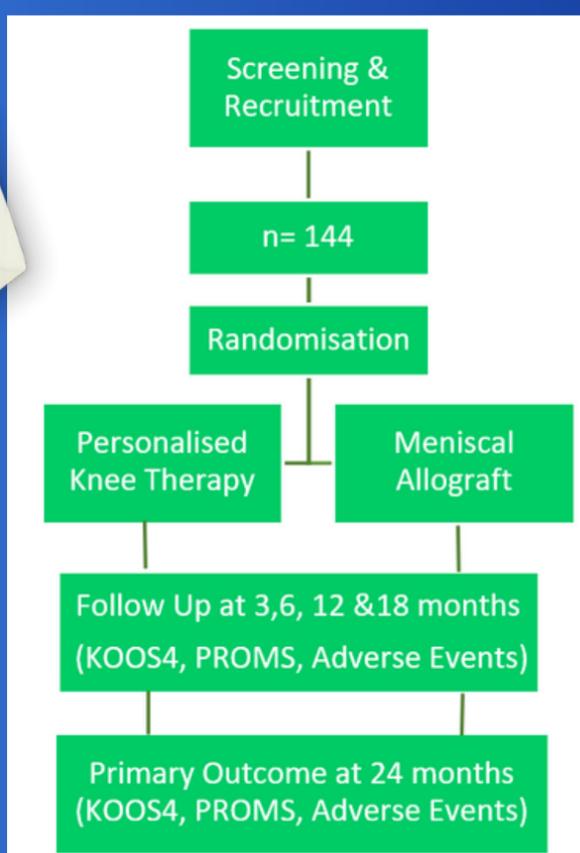
# MENISCAL ALLOGRAFT SURGERY OR OPTIMISED REHABILITATION

## AIM

To determine whether a treatment strategy starting with meniscal allograft surgery or optimised rehabilitation is the most clinically or cost-effectiveness approach, for people with post-meniscectomy pain and functional loss.

## PROFESSOR ANDY METCALFE & PROFESSOR TIM SPALDING

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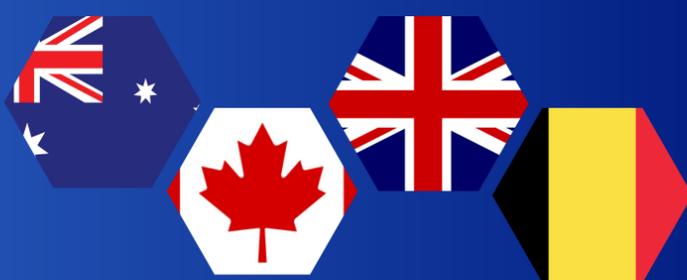
## Inclusion Criteria

- Pain and/or functional restriction from the knee.
- Previous meniscectomy  $\geq$  6 months ago.

## Exclusion Criteria

- Symptomatic ligament instability, not previously corrected.
- Coronal limb alignment which requires surgical correction.
- Age under 16, or if  $\leq$  16, open growth plate at the proximal tibia.
- Full thickness cartilage loss (exposed bone) 1cm<sup>2</sup> on routine clinical MRI.
- Inflammatory arthritis affecting the study knee.
- Unable or unwilling to engage with rehabilitation.
- Unable to adhere to trial processes.
- Previous randomisation in the present trial.

## UK and international sites:



We Need you!

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