



CPR

Conducted by YouGov on behalf of University of Warwick

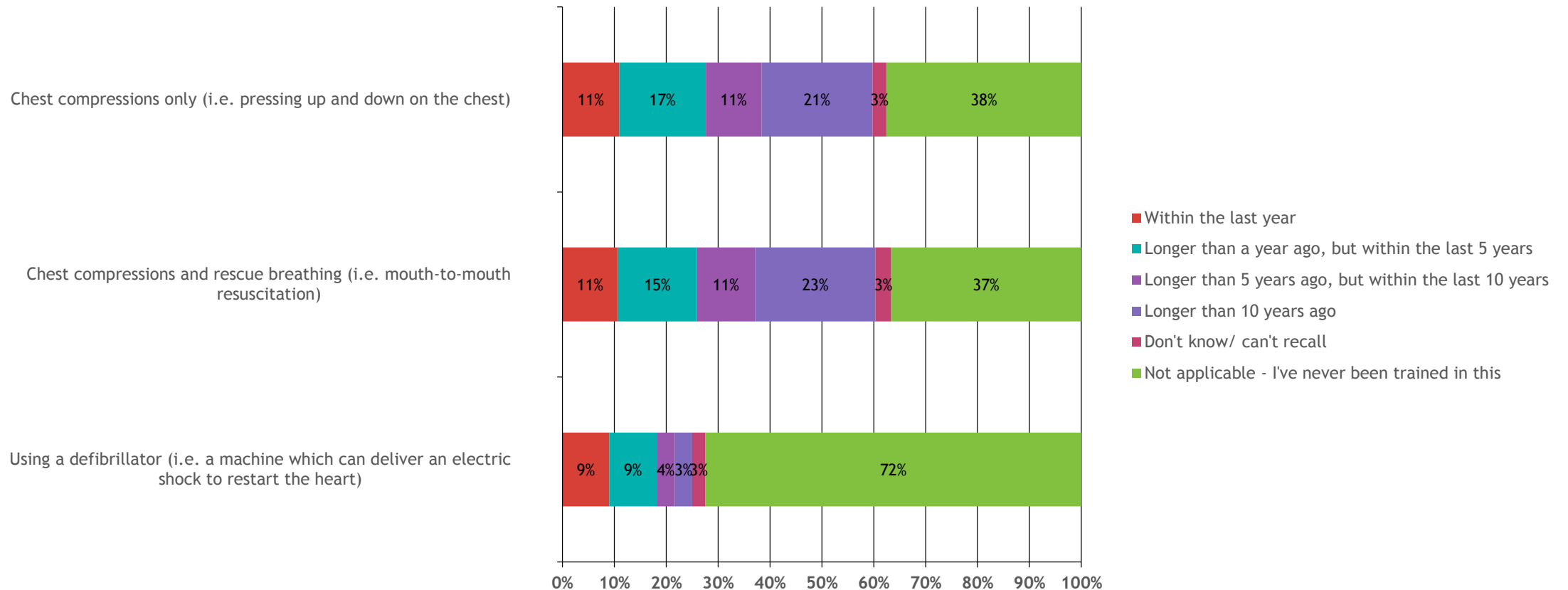
Fieldwork Dates: 18th - 21st August 2018

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 4288 adults. Fieldwork was undertaken between 18th - 21st August 2018. The survey was carried out online. The figures have been weighted and are representative of all UK adults (aged 18+)



CPR

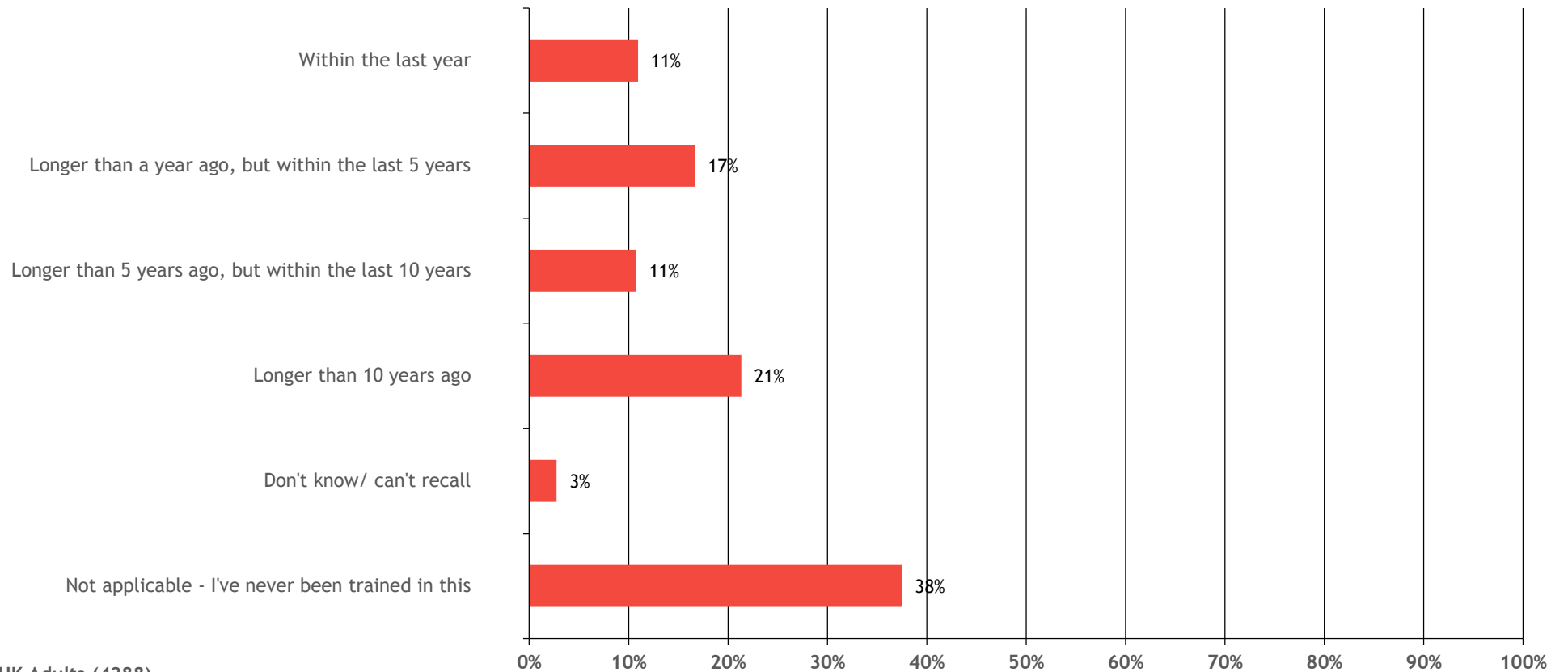
HWC_Q1. For the following question, by "cardiopulmonary resuscitation (CPR)", we mean an emergency procedure which is/ should be performed on a person suffering a cardiac arrest; CPR involves chest compressions to maintain circulation until an ambulance arrives and rescue breathing (i.e. mouth-to-mouth resuscitation). A cardiac arrest is different from a heart attack. A cardiac arrest happens when the heart stops beating, the person stops breathing and becomes unconscious. This is why they need CPR. A heart attack is where the heart gets starved of oxygen-rich blood because of a blockage and it usually causes a lot of pain in the chest and/or arm(s). People suffering a heart attack can remain conscious and breathing, but some people having a heart attack can also have a cardiac arrest at the same time. For the following question, please think about the most recent time you have been trained in any of the following: cardiopulmonary resuscitation (CPR) or how to use a defibrillator (i.e. a machine that can give electric shocks to re-start the heart). This can be both formal (e.g. training you received from a medical professional, first aider etc.) and informal training (e.g. self-taught, showed by a relative after they received training etc.). Approximately, when, if EVER, was the most recent time you were trained in each of the following? (Please select one option on each row. If you have never been trained, please select the 'Not applicable' option)



Unweighted base: All UK Adults (4288)

CPR

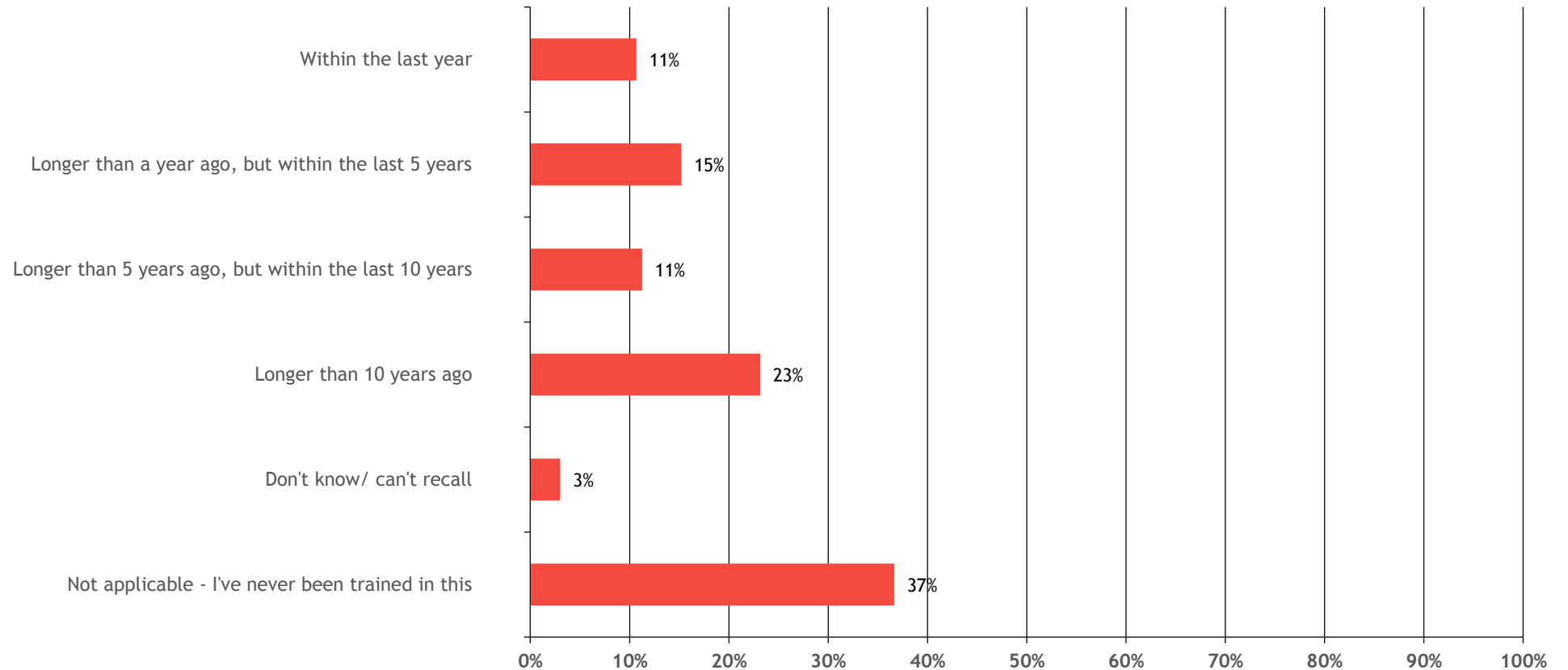
HWC_Q1_1. For the following question, by "cardiopulmonary resuscitation (CPR)", we mean an emergency procedure which is/ should be performed on a person suffering a cardiac arrest; CPR involves chest compressions to maintain circulation until an ambulance arrives and rescue breathing (i.e. mouth-to-mouth resuscitation). A cardiac arrest is different from a heart attack. A cardiac arrest happens when the heart stops beating, the person stops breathing and becomes unconscious. This is why they need CPR. A heart attack is where the heart gets starved of oxygen-rich blood because of a blockage and it usually causes a lot of pain in the chest and/or arm(s). People suffering a heart attack can remain conscious and breathing, but some people having a heart attack can also have a cardiac arrest at the same time. For the following question, please think about the most recent time you have been trained in any of the following: cardiopulmonary resuscitation (CPR) or how to use a defibrillator (i.e. a machine that can give electric shocks to re-start the heart). This can be both formal (e.g. training you received from a medical professional, first aider etc.) and informal training (e.g. self-taught, showed by a relative after they received training etc.). Approximately, when, if EVER, was the most recent time you were trained in each of the following? (Please select one option on each row. If you have never been trained, please select the 'Not applicable' option) - Chest compressions only (i.e. pressing up and down on the chest)



Unweighted base: All UK Adults (4288)

CPR

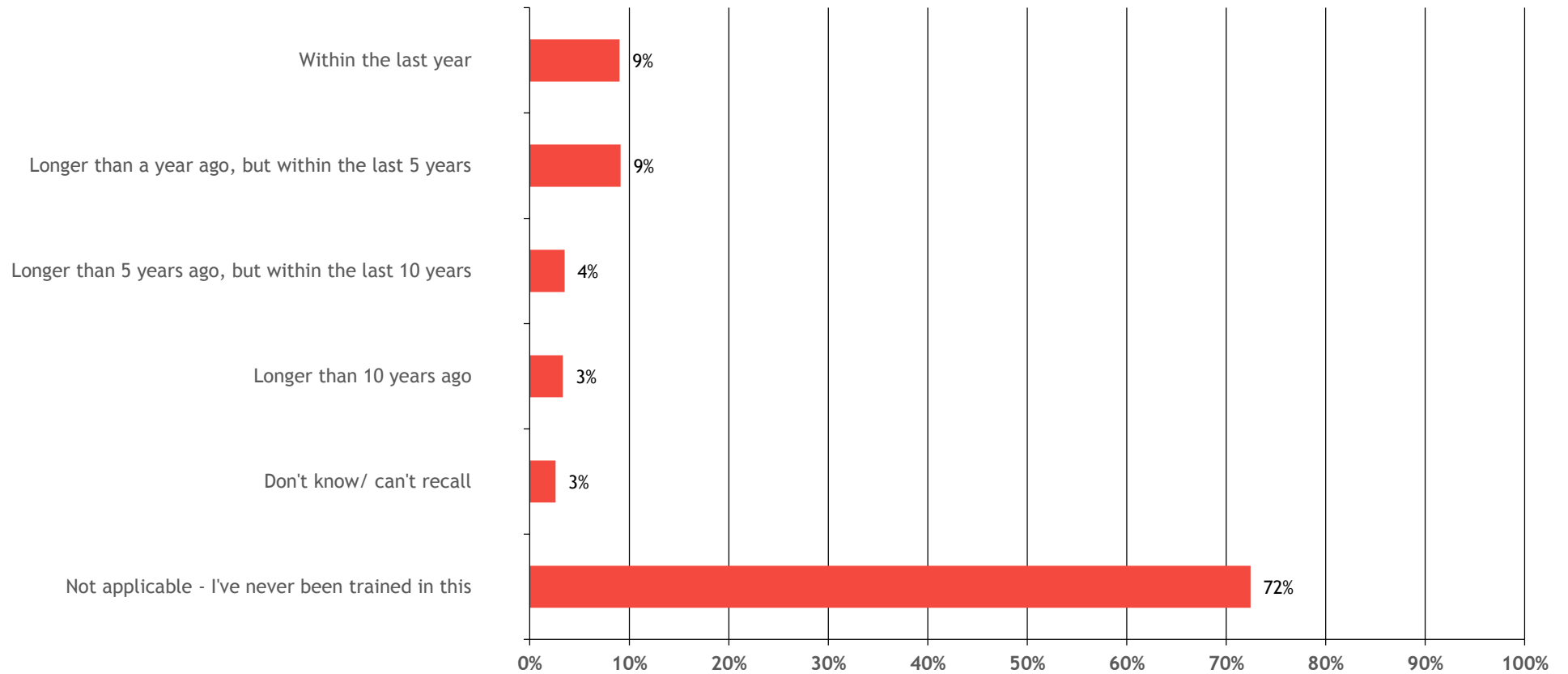
HWC_Q1_2. For the following question, by "cardiopulmonary resuscitation (CPR)", we mean an emergency procedure which is/ should be performed on a person suffering a cardiac arrest; CPR involves chest compressions to maintain circulation until an ambulance arrives and rescue breathing (i.e. mouth-to-mouth resuscitation). A cardiac arrest is different from a heart attack. A cardiac arrest happens when the heart stops beating, the person stops breathing and becomes unconscious. This is why they need CPR. A heart attack is where the heart gets starved of oxygen-rich blood because of a blockage and it usually causes a lot of pain in the chest and/or arm(s). People suffering a heart attack can remain conscious and breathing, but some people having a heart attack can also have a cardiac arrest at the same time. For the following question, please think about the most recent time you have been trained in any of the following: cardiopulmonary resuscitation (CPR) or how to use a defibrillator (i.e. a machine that can give electric shocks to re-start the heart). This can be both formal (e.g. training you received from a medical professional, first aider etc.) and informal training (e.g. self-taught, showed by a relative after they received training etc.). Approximately, when, if EVER, was the most recent time you were trained in each of the following? (Please select one option on each row. If you have never been trained, please select the 'Not applicable' option) - Chest compressions and rescue breathing (i.e. mouth-to-mouth resuscitation)



Unweighted base: All UK Adults (4288)

CPR

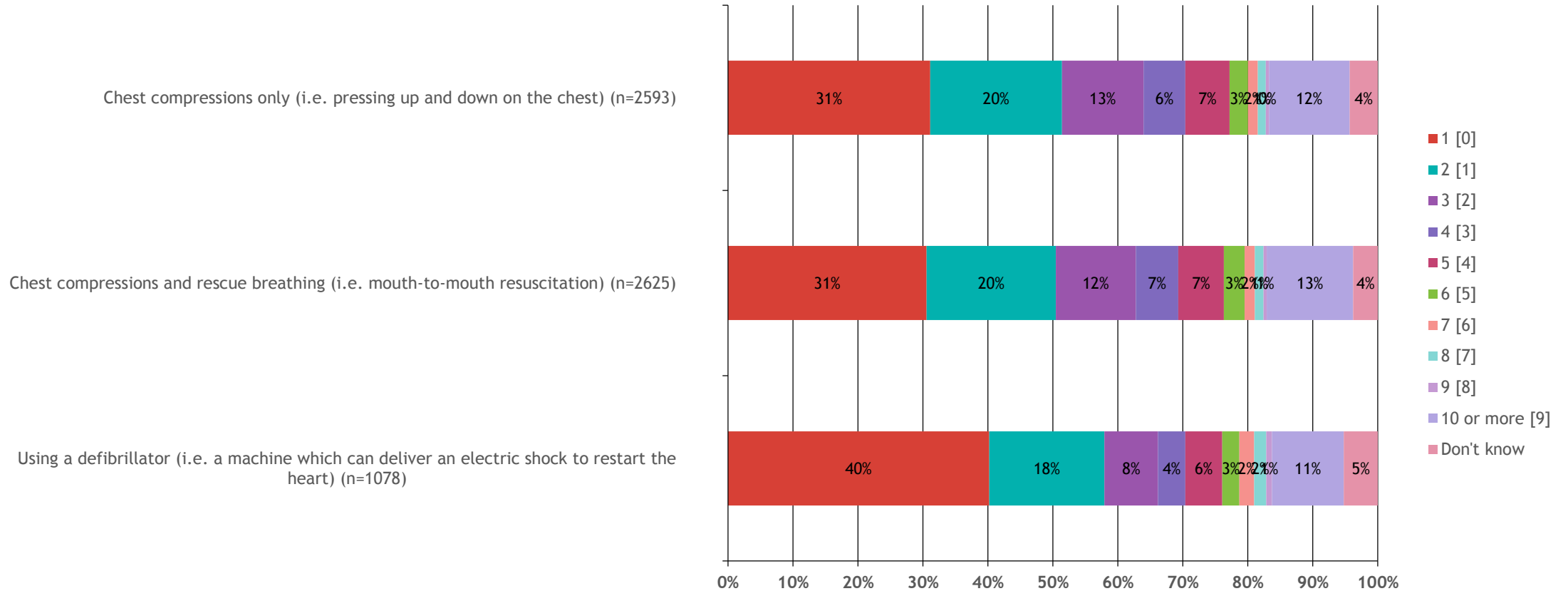
HWC_Q1_3. For the following question, by "cardiopulmonary resuscitation (CPR)", we mean an emergency procedure which is/ should be performed on a person suffering a cardiac arrest; CPR involves chest compressions to maintain circulation until an ambulance arrives and rescue breathing (i.e. mouth-to-mouth resuscitation). A cardiac arrest is different from a heart attack. A cardiac arrest happens when the heart stops beating, the person stops breathing and becomes unconscious. This is why they need CPR. A heart attack is where the heart gets starved of oxygen-rich blood because of a blockage and it usually causes a lot of pain in the chest and/or arm(s). People suffering a heart attack can remain conscious and breathing, but some people having a heart attack can also have a cardiac arrest at the same time. For the following question, please think about the most recent time you have been trained in any of the following: cardiopulmonary resuscitation (CPR) or how to use a defibrillator (i.e. a machine that can give electric shocks to re-start the heart). This can be both formal (e.g. training you received from a medical professional, first aider etc.) and informal training (e.g. self-taught, showed by a relative after they received training etc.). Approximately, when, if EVER, was the most recent time you were trained in each of the following? (Please select one option on each row. If you have never been trained, please select the 'Not applicable' option) - Using a defibrillator (i.e. a machine which can deliver an electric shock to restart the heart)



Unweighted base: All UK Adults (4288)

CPR

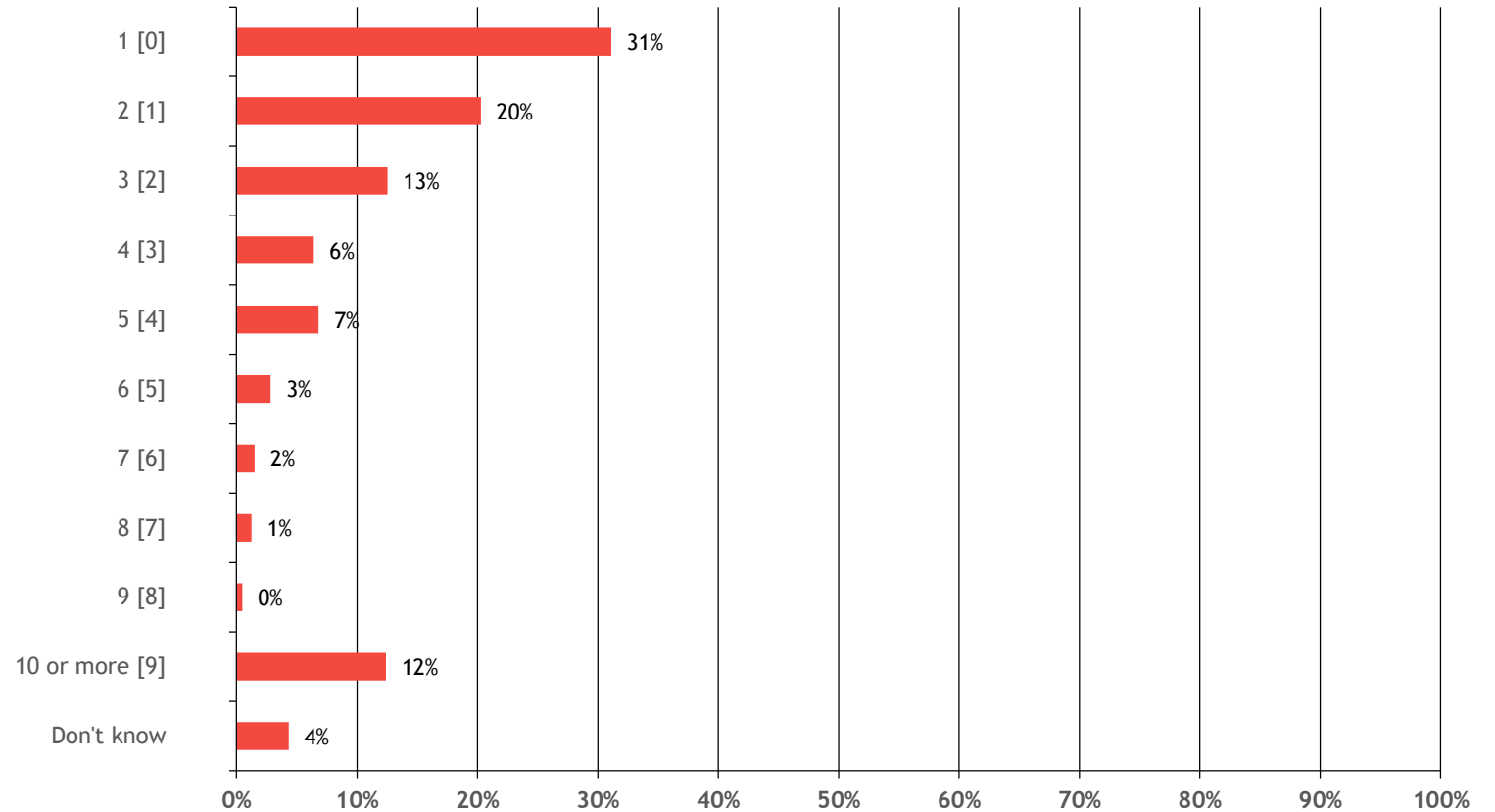
HWC_Q2a. For the following question, please think about ANY training you may have received (i.e. either formal or informal training). How many times, if any, have you been trained in each of the following? (Please select one option on each row. If you are unsure give your best estimate)



Unweighted base: All UK Adults who have been trained in any of the following: chest compressions, CPR and/ or defibrillation

CPR

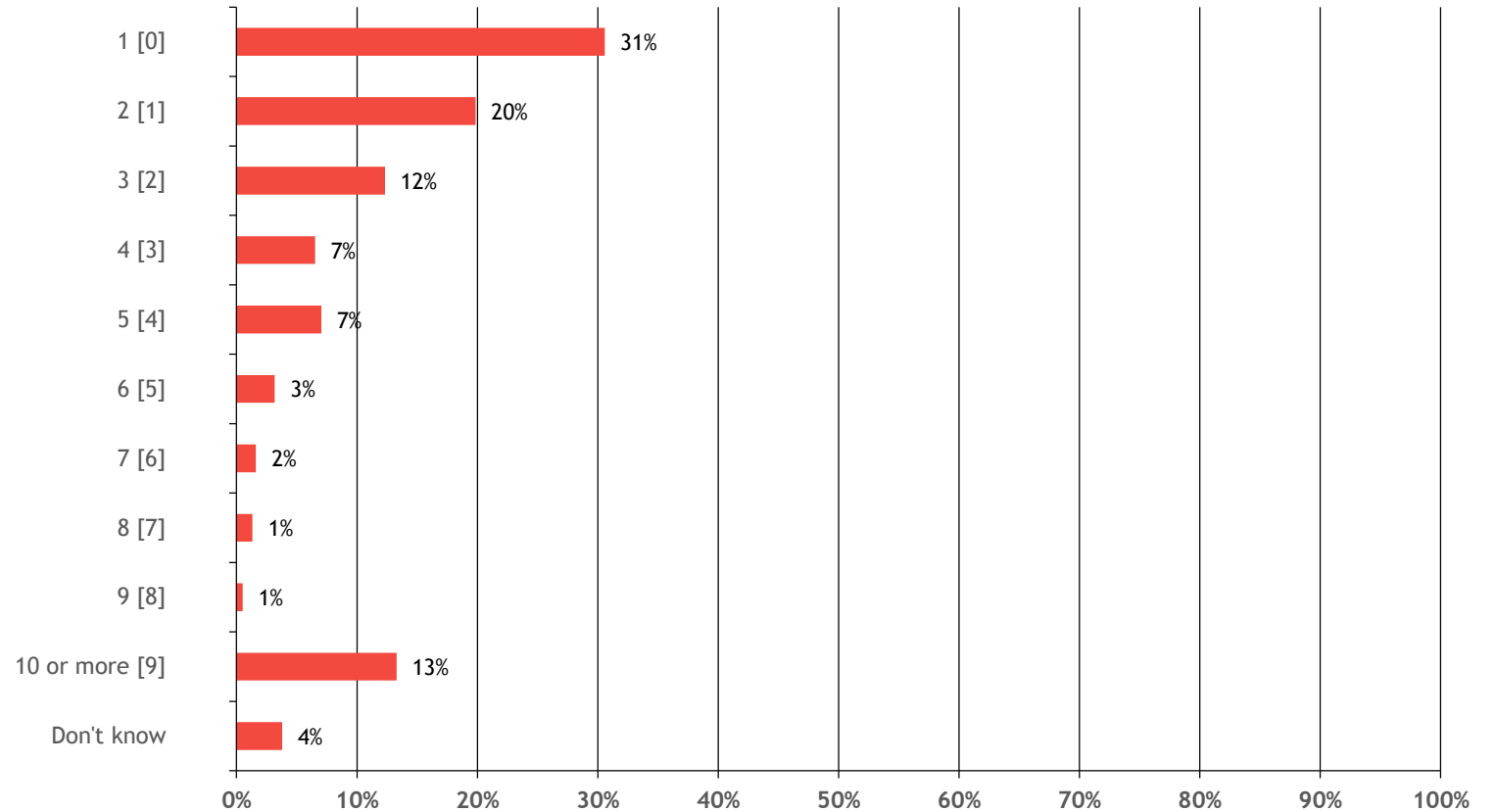
HWC_Q2a_1. For the following question, please think about ANY training you may have received (i.e. either formal or informal training). How many times, if any, have you been trained in each of the following? (Please select one option on each row. If you are unsure give your best estimate) - Chest compressions only (i.e. pressing up and down on the chest)



Unweighted base: All UK Adults who have been trained in any of the following: chest compressions, CPR and/ or defibrillation (2593)

CPR

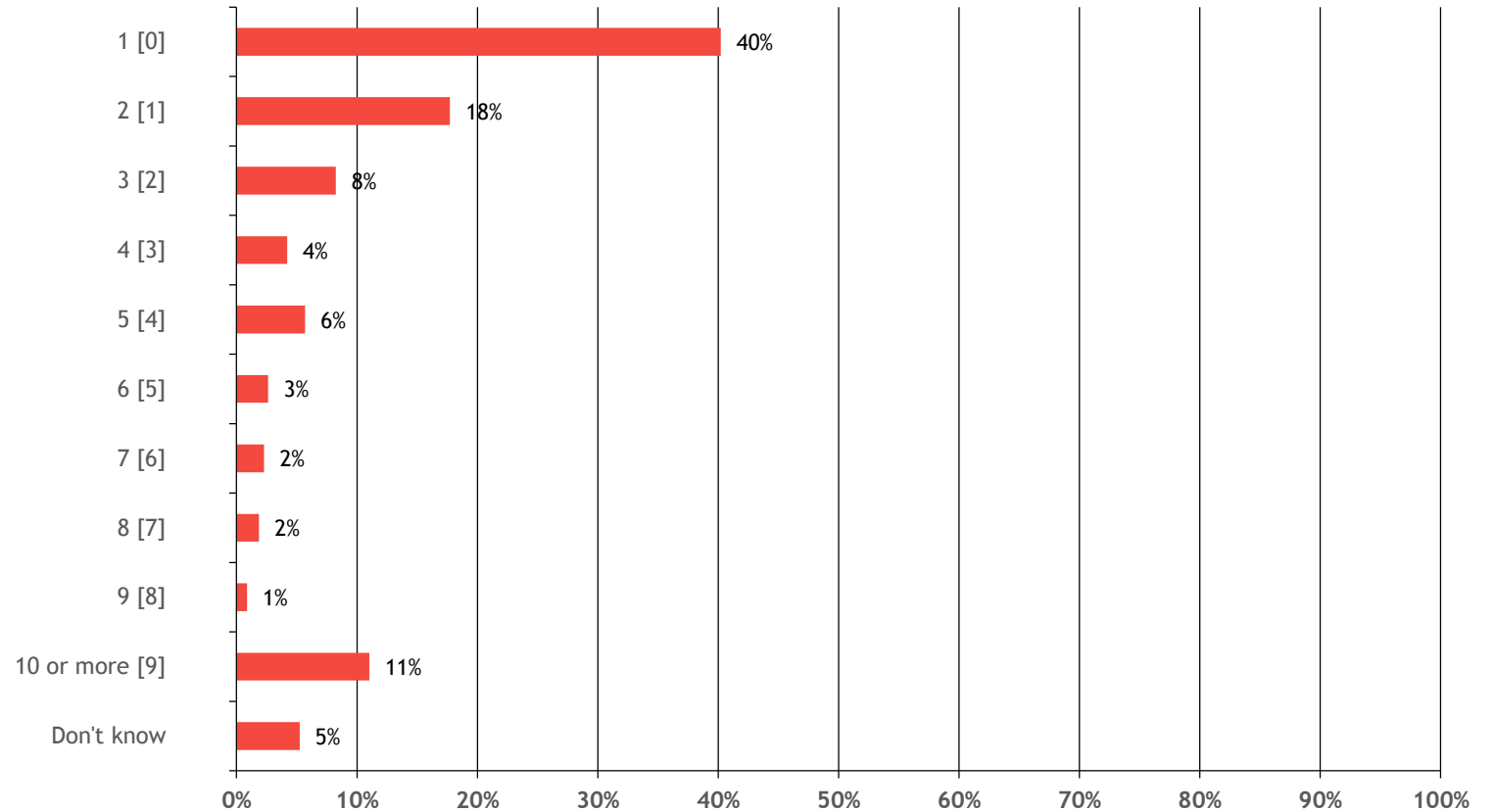
HWC_Q2a_2. For the following question, please think about ANY training you may have received (i.e. either formal or informal training). How many times, if any, have you been trained in each of the following? (Please select one option on each row. If you are unsure give your best estimate) - Chest compressions and rescue breathing (i.e. mouth-to-mouth resuscitation)



Unweighted base: All UK Adults who have been trained in any of the following: chest compressions, CPR and/ or defibrillation (2625)

CPR

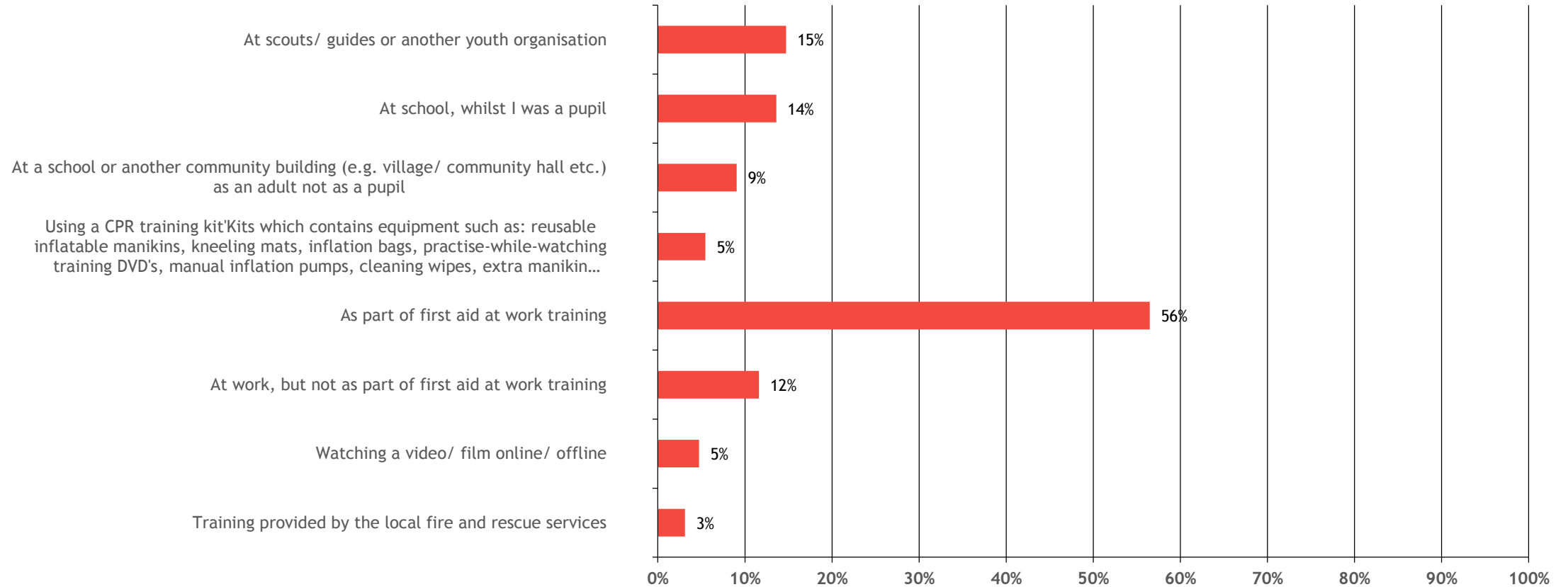
HWC_Q2a_3. For the following question, please think about ANY training you may have received (i.e. either formal or informal training). How many times, if any, have you been trained in each of the following? (Please select one option on each row. If you are unsure give your best estimate) - Using a defibrillator (i.e. a machine which can deliver an electric shock to restart the heart)



Unweighted base: All UK Adults who have been trained in any of the following: chest compressions, CPR and/ or defibrillation (1078)

CPR

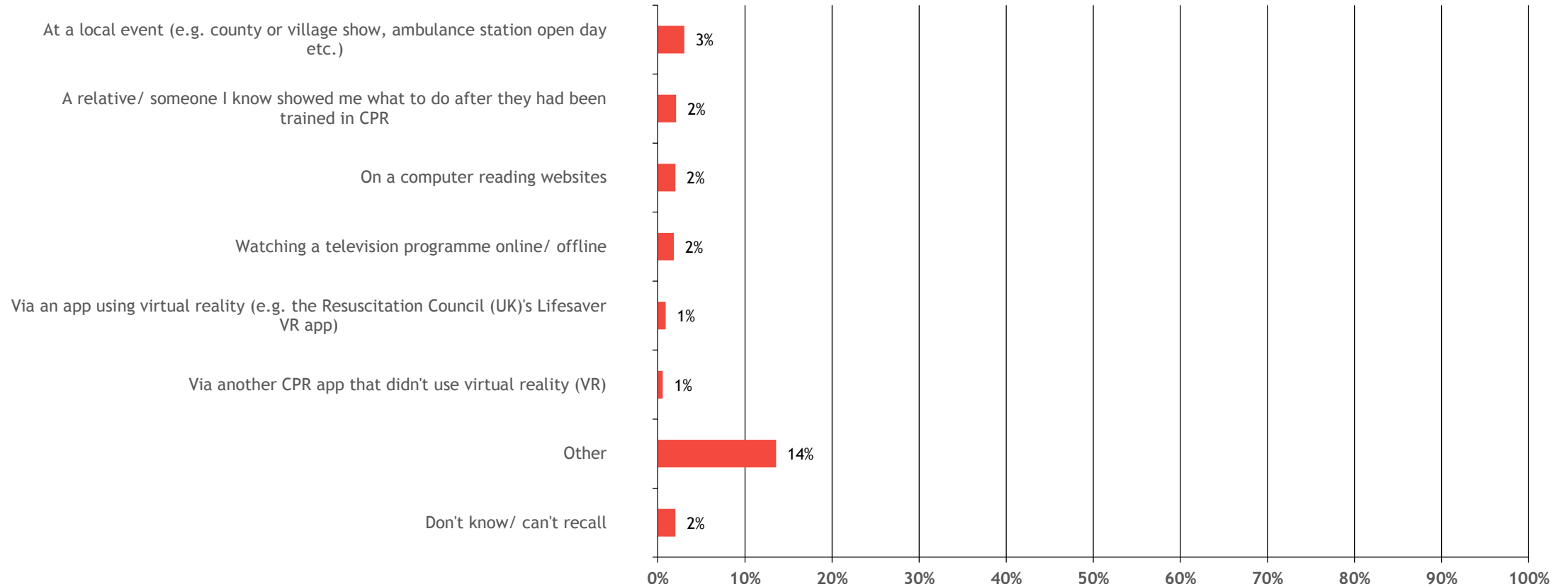
HWC_Q3a. You said you had been trained in chest compressions (i.e. pressing up and down on the chest) and/or chest compressions and mouth-to-mouth resuscitation Through which, if any, of the following did you receive this training? (Please select all that apply. If your answer does not appear in the list below, please type them in the 'Other' box)



Unweighted base: All UK Adults who have been trained in any of the following: chest compressions or CPR (2705)

CPR

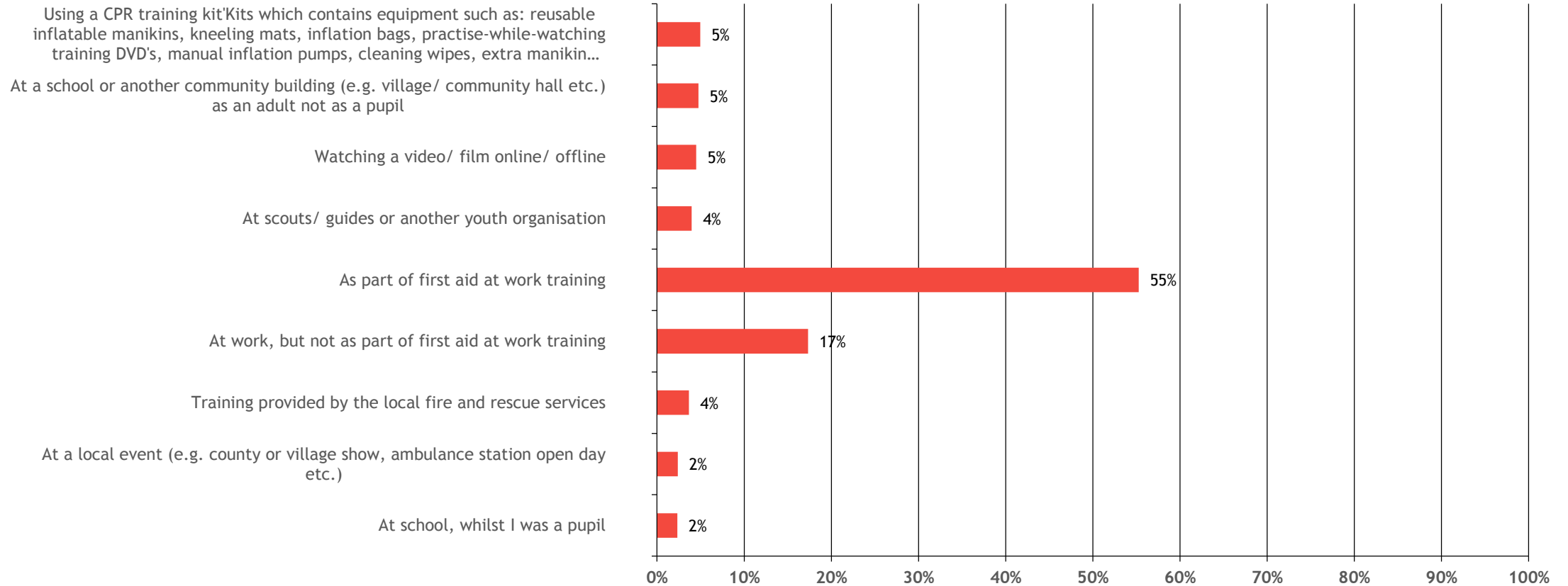
HWC_Q3a. You said you had been trained in chest compressions (i.e. pressing up and down on the chest) and/or chest compressions and mouth-to-mouth resuscitation Through which, if any, of the following did you receive this training? (Please select all that apply. If your answer does not appear in the list below, please type them in the 'Other' box) (continued 2)



Unweighted base: All UK Adults who have been trained in any of the following: chest compressions or CPR (2705)

CPR

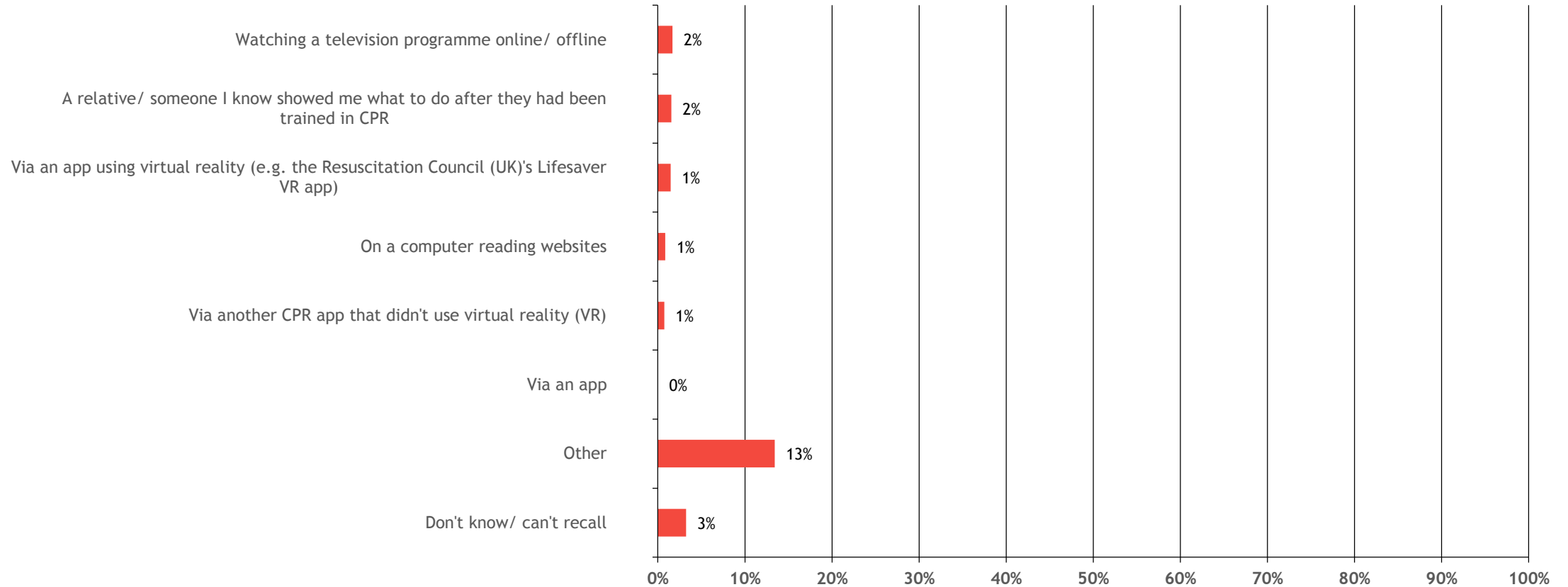
HWC_Q4. You said you had been trained in using a defibrillator... Through which, if any, of the following did you receive this training? (Please select all that apply. If your answers do not appear in the list below, please type them in the 'Other' box)



Unweighted base: All UK Adults who have been trained in how to use a defibrillator (1078)

CPR

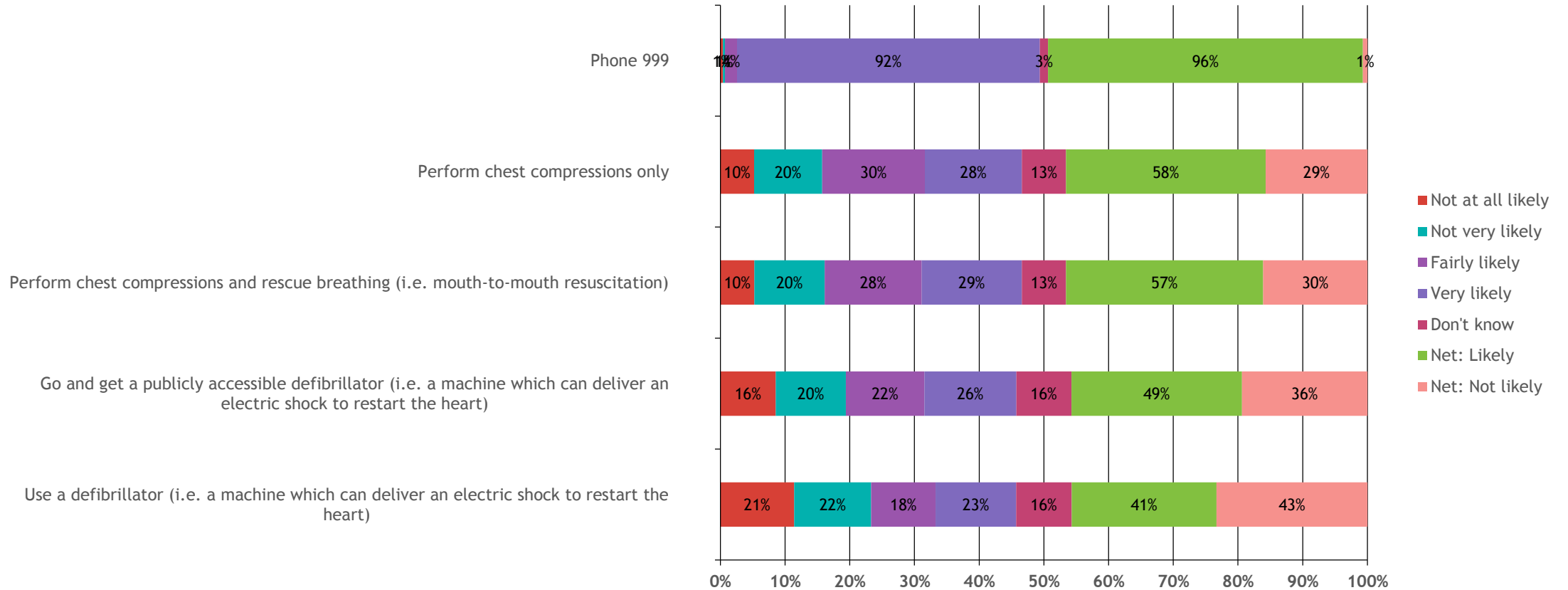
HWC_Q4. You said you had been trained in using a defibrillator... Through which, if any, of the following did you receive this training? (Please select all that apply. If your answers do not appear in the list below, please type them in the 'Other' box) (continued 2)



Unweighted base: All UK Adults who have been trained in how to use a defibrillator (1078)

CPR

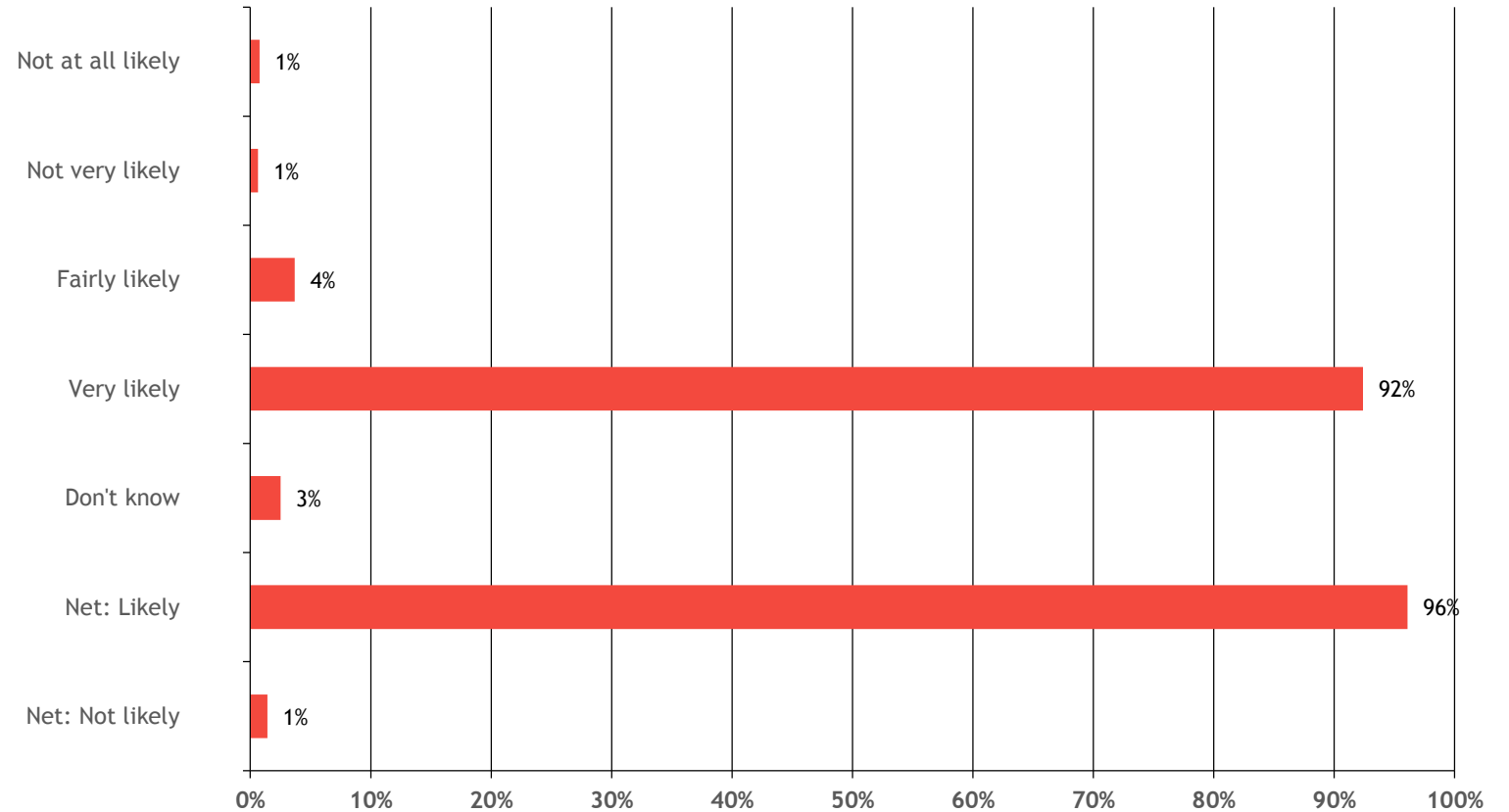
HWC_Q6. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Please imagine that you were witnessing someone having a cardiac arrest in front of you... Provided all of these options were available to you (i.e you had access to a phone, defibrillator etc.), how likely, if at all, would you be to do each of the following? (Please select one option on each row)



Unweighted base: All UK Adults (4288)

CPR

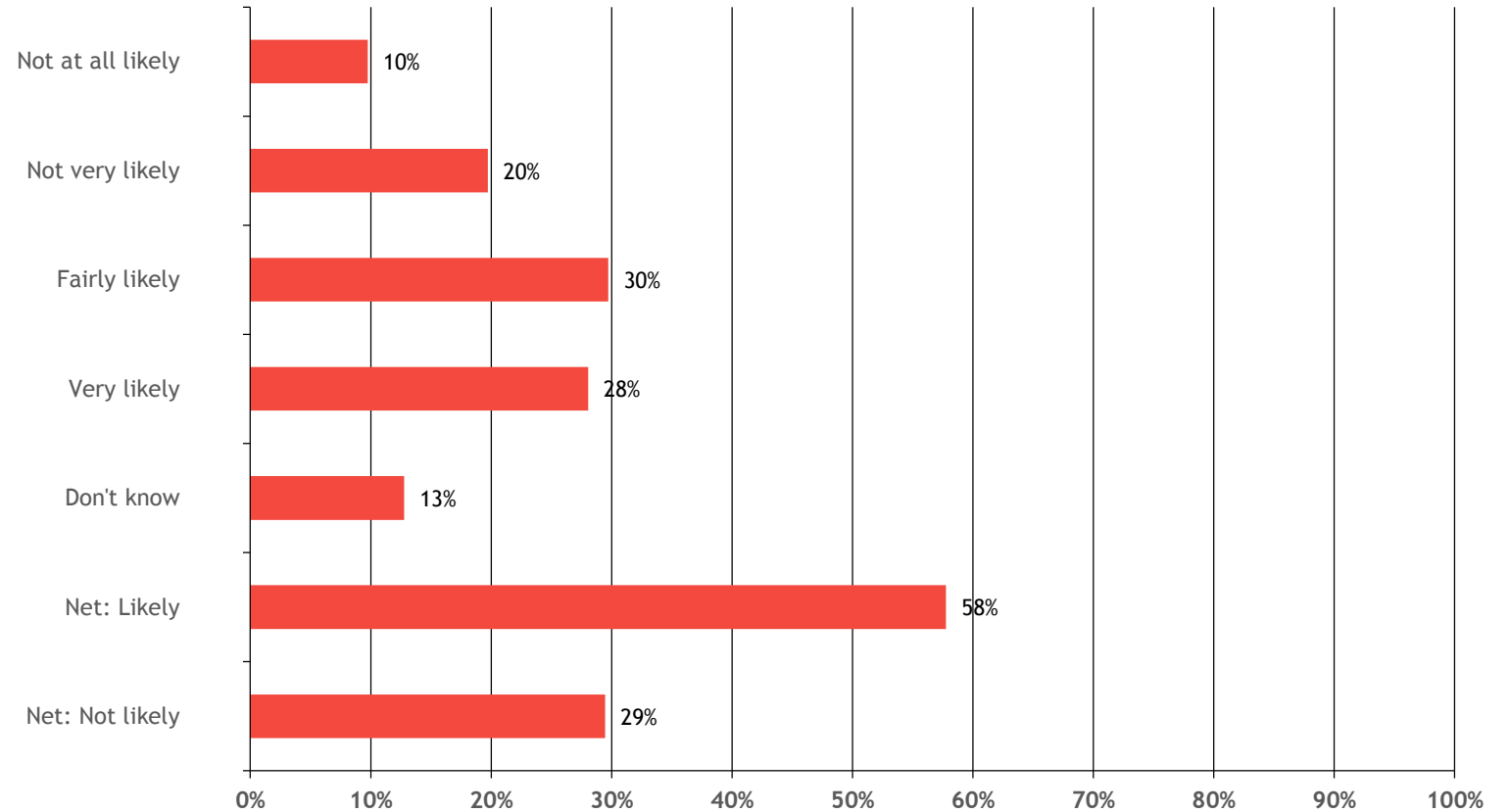
HWC_Q6_1. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Please imagine that you were witnessing someone having a cardiac arrest in front of you... Provided all of these options were available to you (i.e you had access to a phone, defibrillator etc.), how likely, if at all, would you be to do each of the following? (Please select one option on each row) - Phone 999



Unweighted base: All UK Adults (4288)

CPR

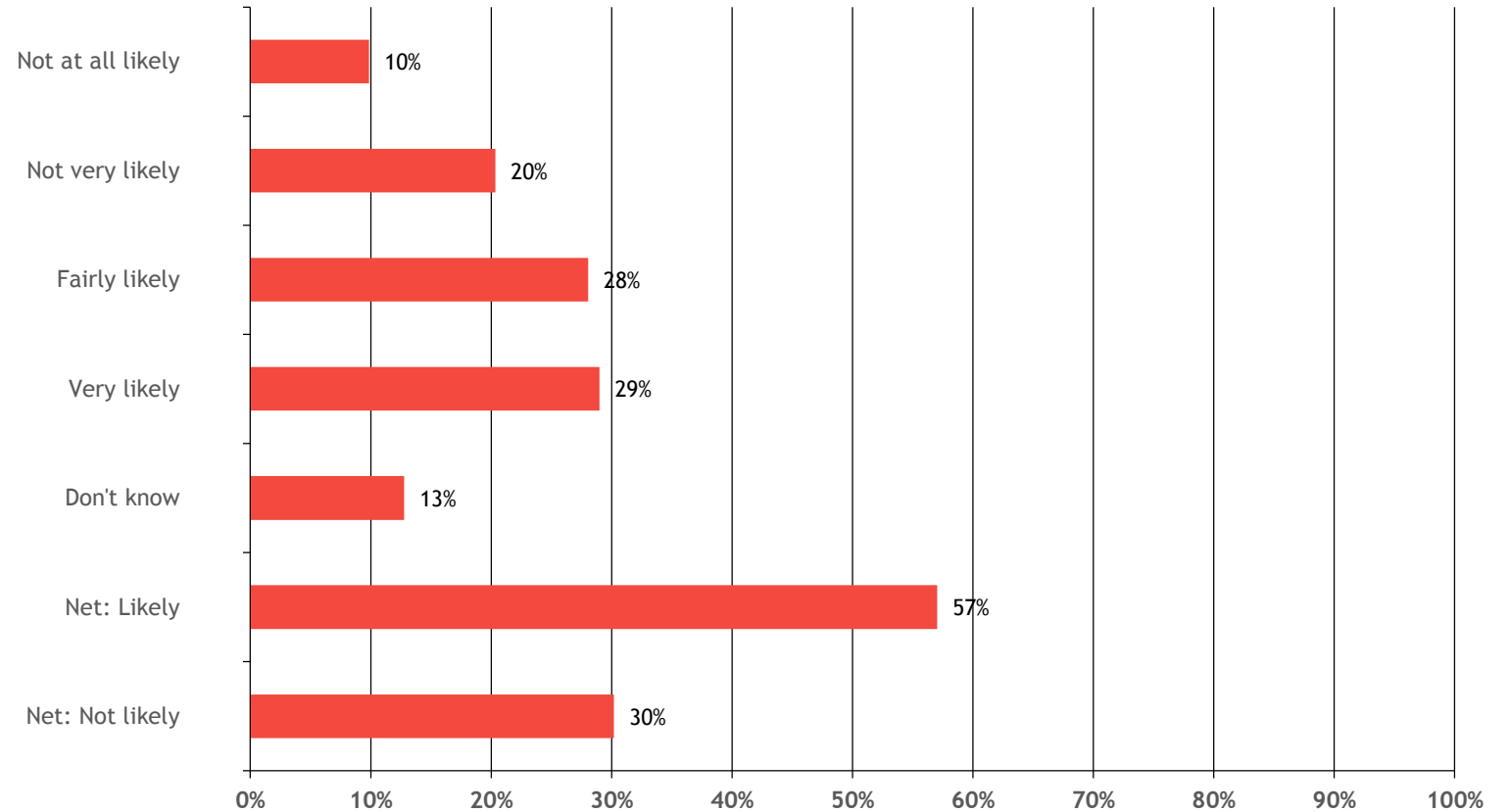
HWC_Q6_2. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Please imagine that you were witnessing someone having a cardiac arrest in front of you... Provided all of these options were available to you (i.e you had access to a phone, defibrillator etc.), how likely, if at all, would you be to do each of the following? (Please select one option on each row) - Perform chest compressions only



Unweighted base: All UK Adults (4288)

CPR

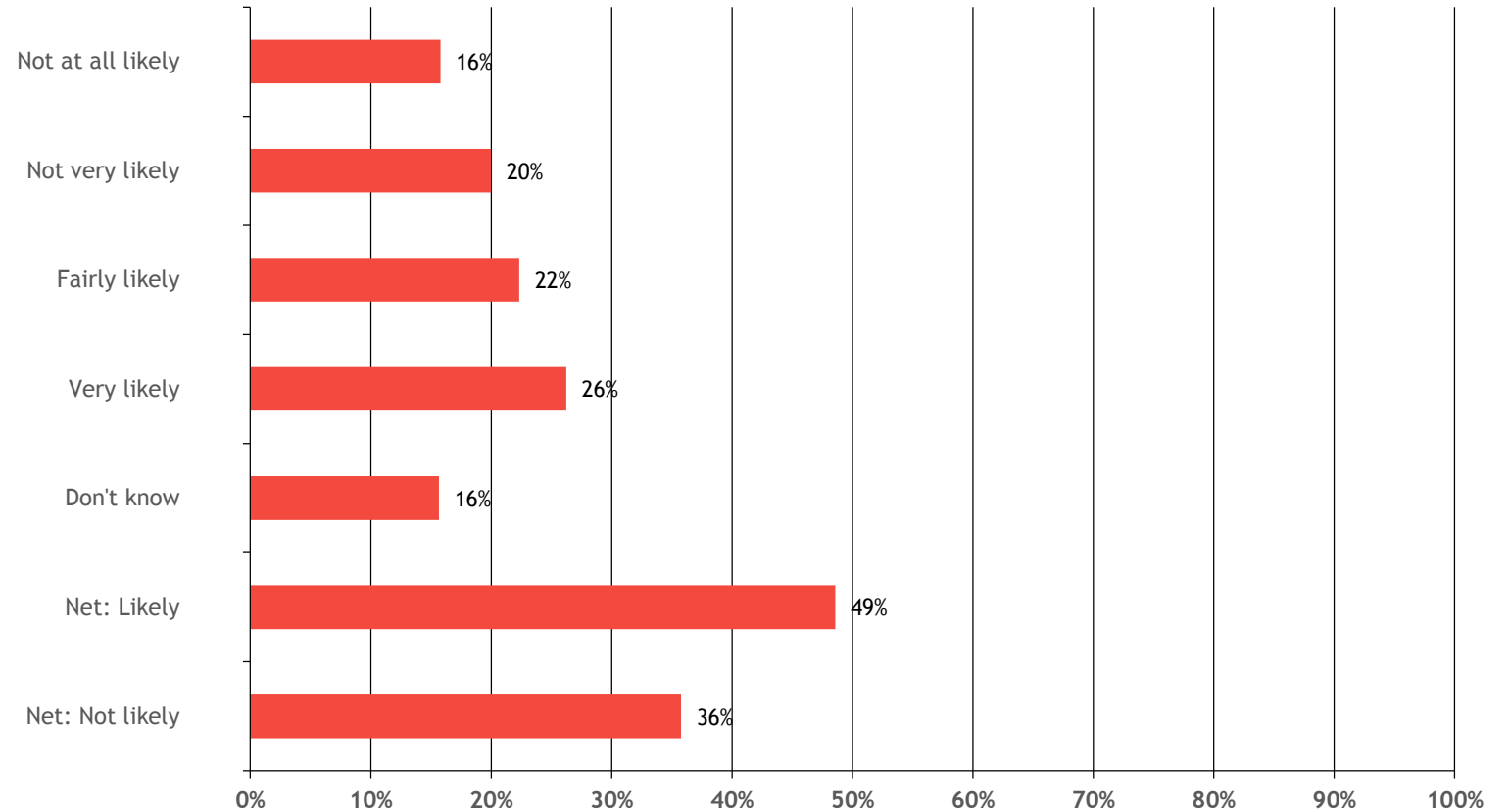
HWC_Q6_3. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Please imagine that you were witnessing someone having a cardiac arrest in front of you... Provided all of these options were available to you (i.e you had access to a phone, defibrillator etc.), how likely, if at all, would you be to do each of the following? (Please select one option on each row) - Perform chest compressions and rescue breathing (i.e. mouth-to-mouth resuscitation)



Unweighted base: All UK Adults (4288)

CPR

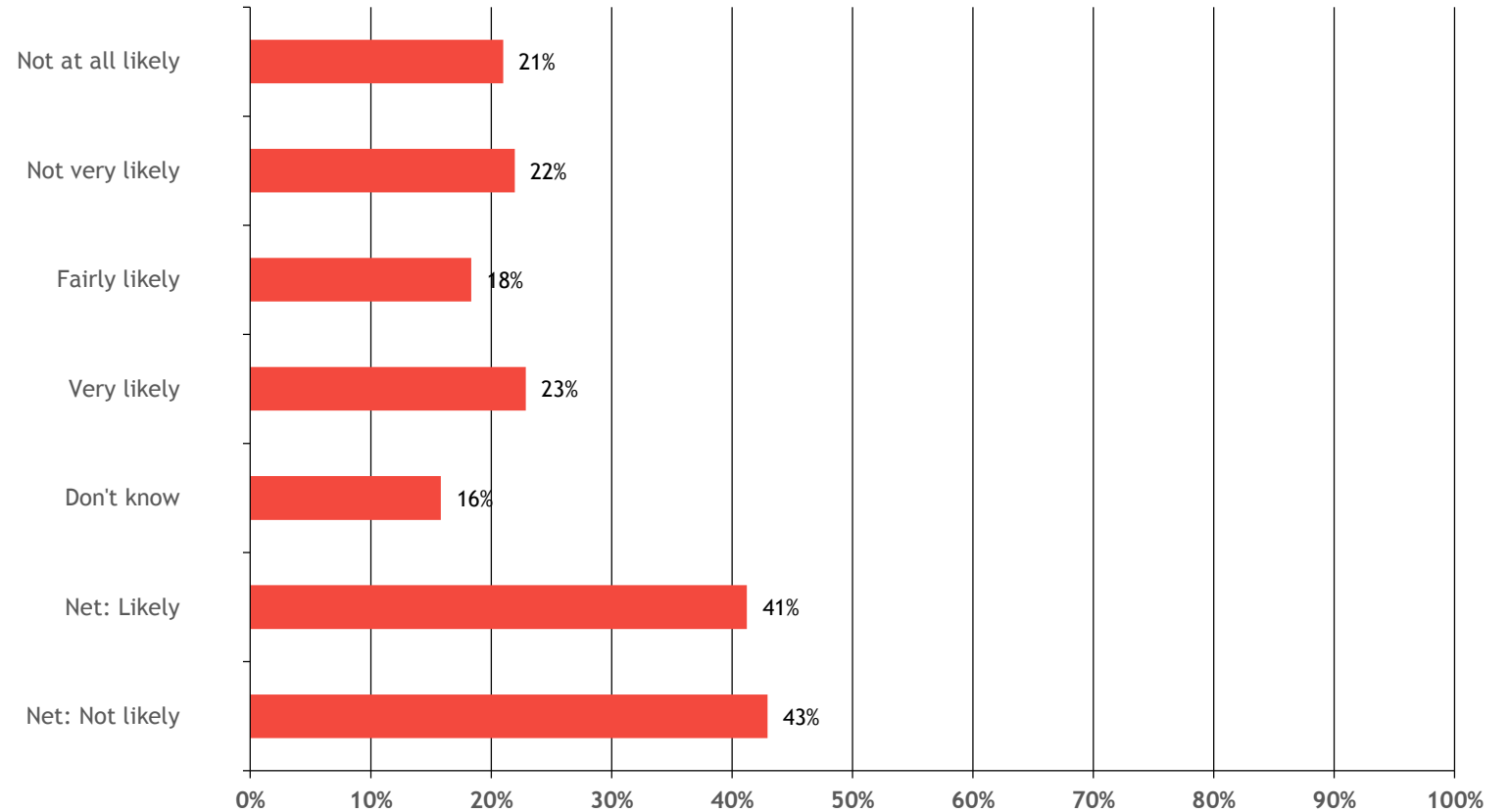
HWC_Q6_4. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Please imagine that you were witnessing someone having a cardiac arrest in front of you... Provided all of these options were available to you (i.e you had access to a phone, defibrillator etc.), how likely, if at all, would you be to do each of the following? (Please select one option on each row) - Go and get a publicly accessible defibrillator (i.e. a machine which can deliver an electric shock to restart the heart)



Unweighted base: All UK Adults (4288)

CPR

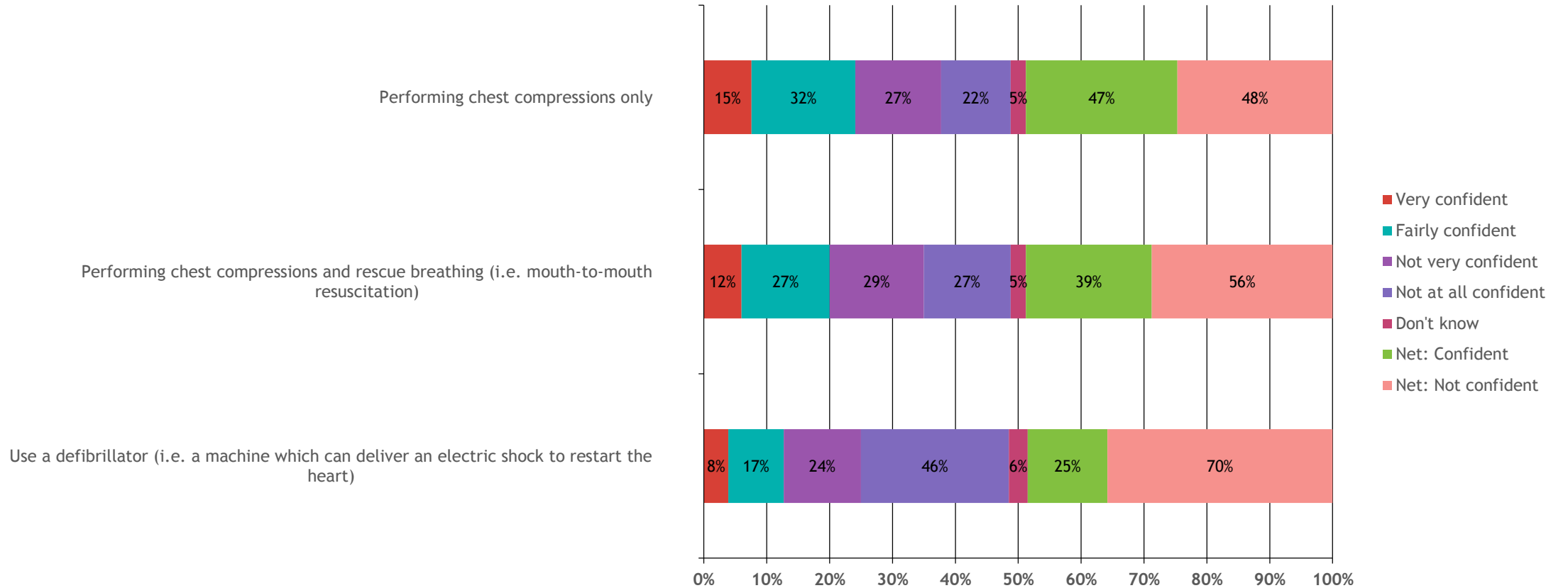
HWC_Q6_5. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Please imagine that you were witnessing someone having a cardiac arrest in front of you... Provided all of these options were available to you (i.e you had access to a phone, defibrillator etc.), how likely, if at all, would you be to do each of the following? (Please select one option on each row) - Use a defibrillator (i.e. a machine which can deliver an electric shock to restart the heart)



Unweighted base: All UK Adults (4288)

CPR

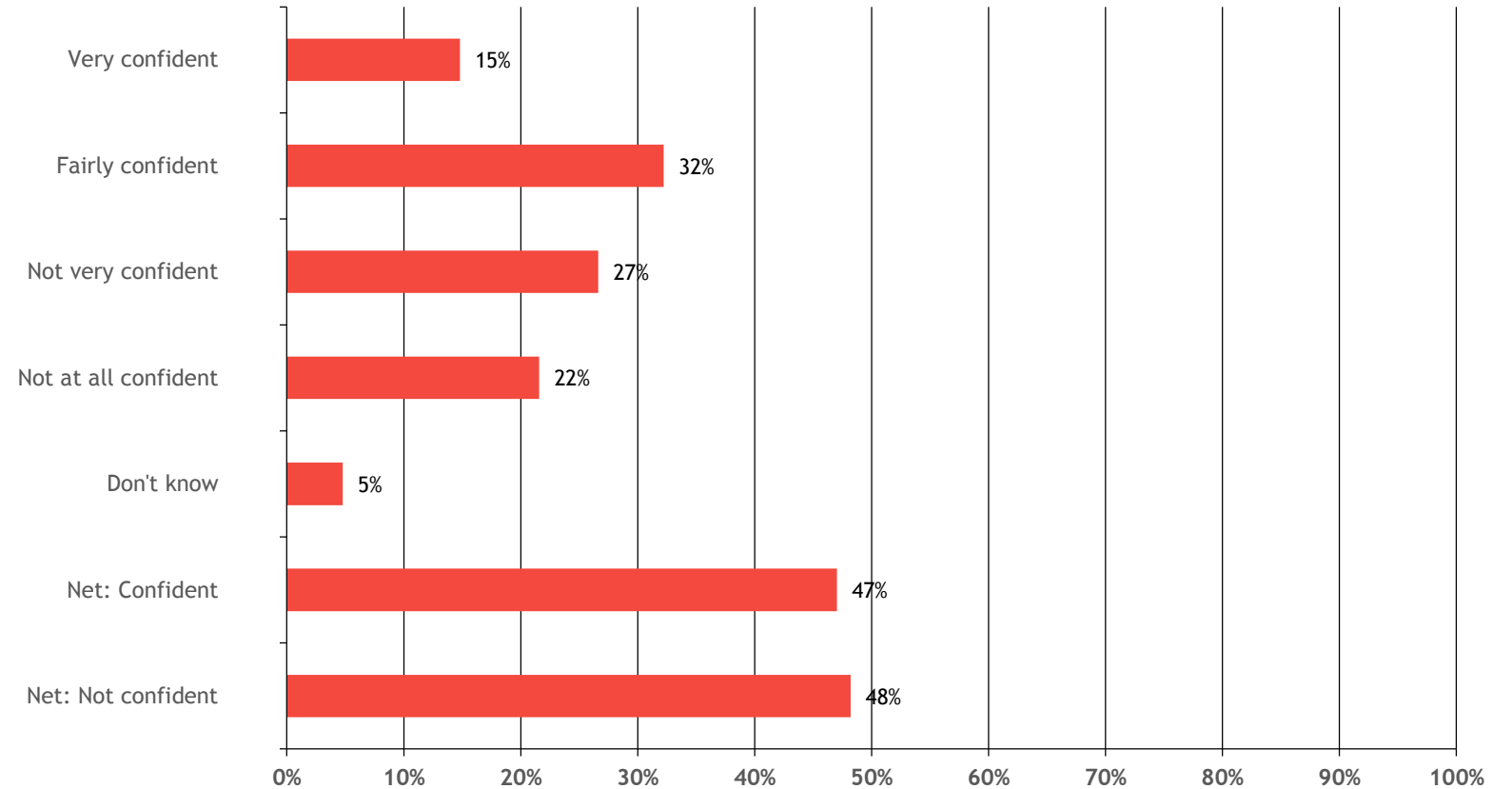
HWC_Q7. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Still imagining that you were witnessing someone having a cardiac arrest in front of you...How confident, if at all, would you feel doing each of the following? (Please select one option on each row)



Unweighted base: All UK Adults (4288)

CPR

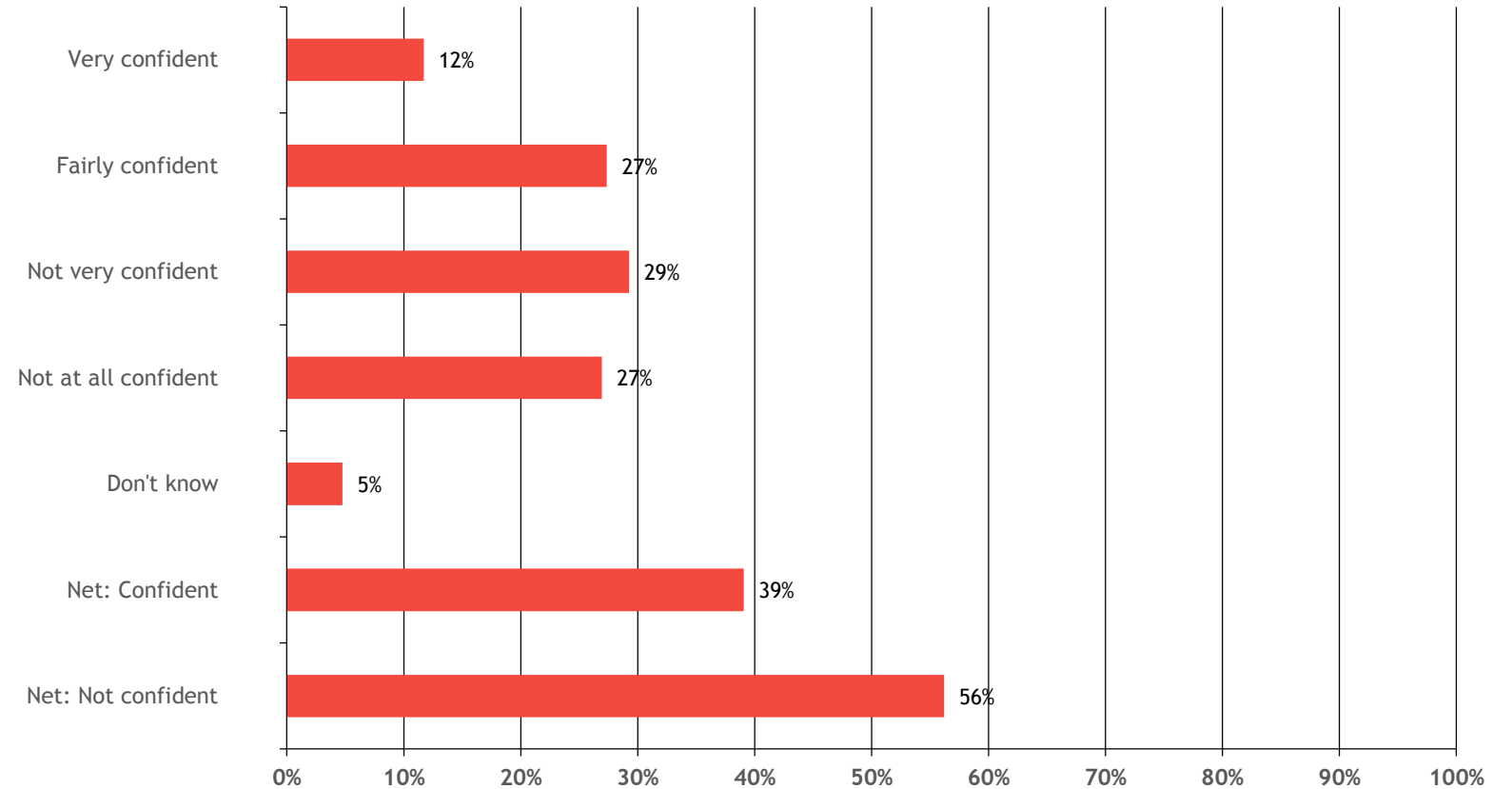
HWC_Q7_1. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Still imagining that you were witnessing someone having a cardiac arrest in front of you...How confident, if at all, would you feel doing each of the following? (Please select one option on each row) - Performing chest compressions only



Unweighted base: All UK Adults (4288)

CPR

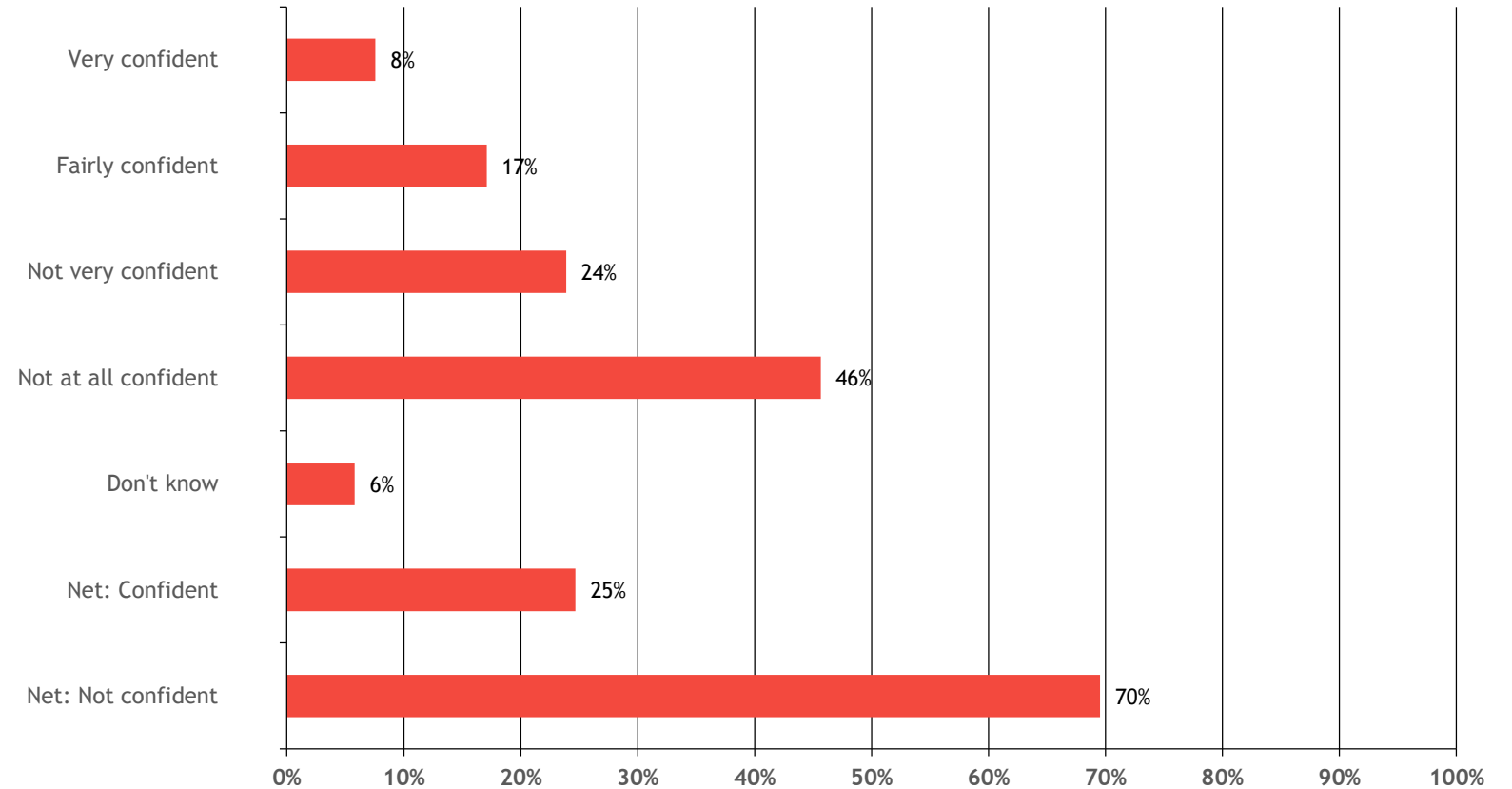
HWC_Q7_2. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Still imagining that you were witnessing someone having a cardiac arrest in front of you...How confident, if at all, would you feel doing each of the following? (Please select one option on each row) - Performing chest compressions and rescue breathing (i.e. mouth-to-mouth resuscitation)



Unweighted base: All UK Adults (4288)

CPR

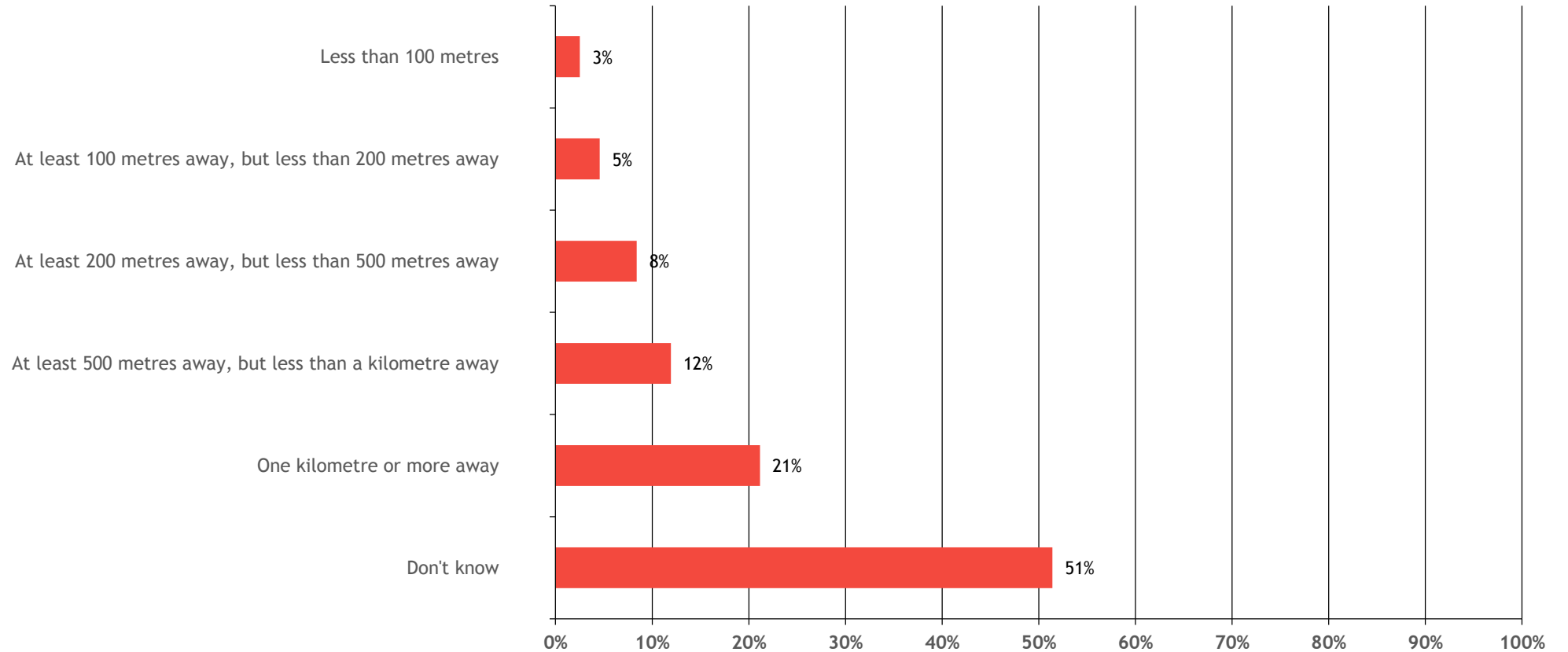
HWC_Q7_3. As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Still imagining that you were witnessing someone having a cardiac arrest in front of you...How confident, if at all, would you feel doing each of the following? (Please select one option on each row) - Use a defibrillator (i.e. a machine which can deliver an electric shock to restart the heart)



Unweighted base: All UK Adults (4288)

CPR

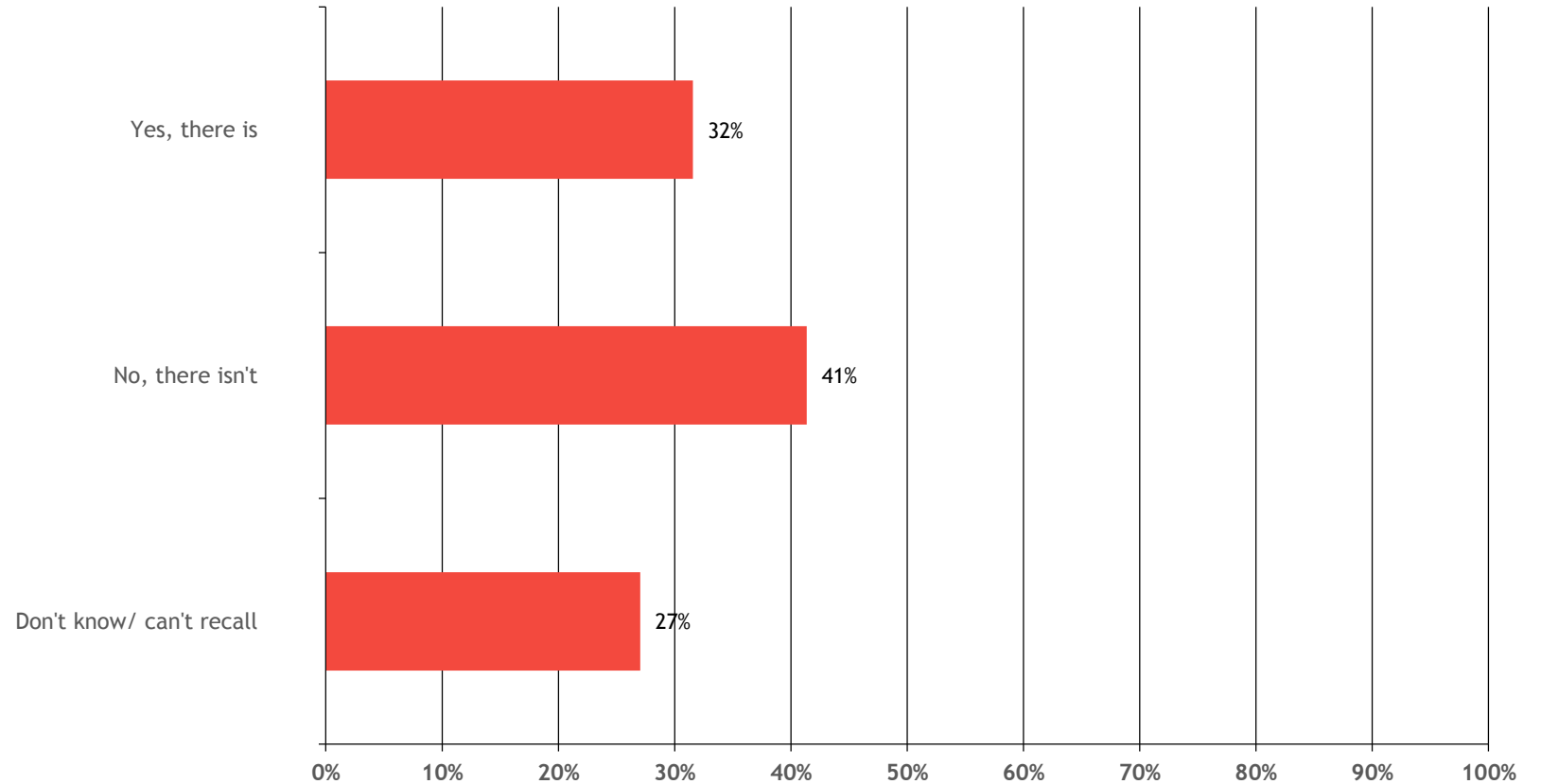
HWC_Q8. As a reminder, for the following question, by "defibrillator", we mean a machine which can deliver an electric shock to restart the heart. Approximately how far do you think the nearest publicly accessible defibrillator is from your home? (Please select the option that best applies. If you don't know, please select the 'Don't know' option)



Unweighted base: All UK Adults (4288)

CPR

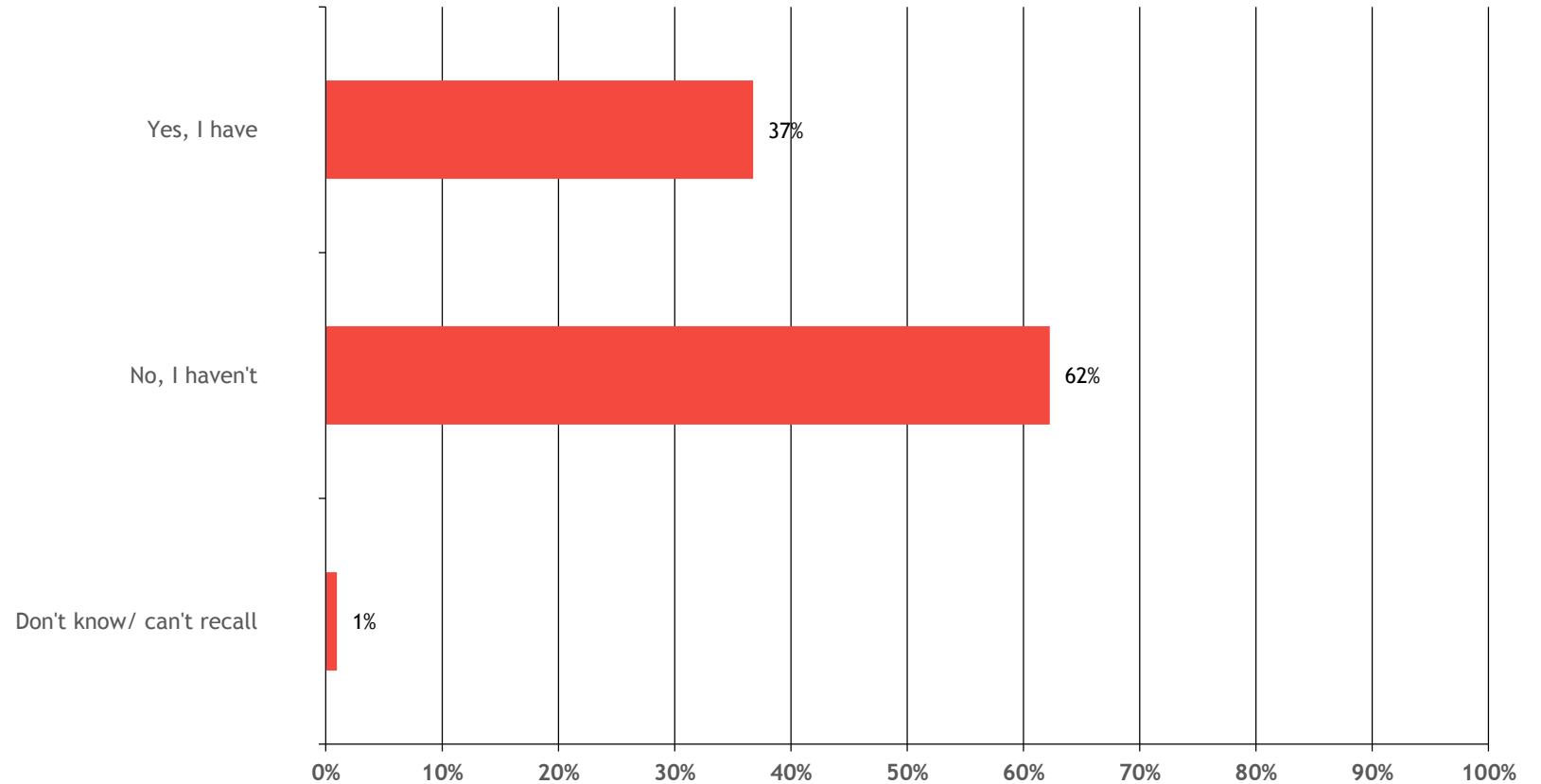
HWC_Q9. For the following question, if you work in more than one place, please think about your MAIN place of work (i.e. where you spend most of your time). By "workplace", we mean the place where you spend most of your time working. As a reminder, for the following question by "defibrillator" we mean a machine which can deliver an electric shock to restart the heart. Is there a defibrillator that you can access in your workplace?



Unweighted base: All UK Working Adults (2386)

CPR

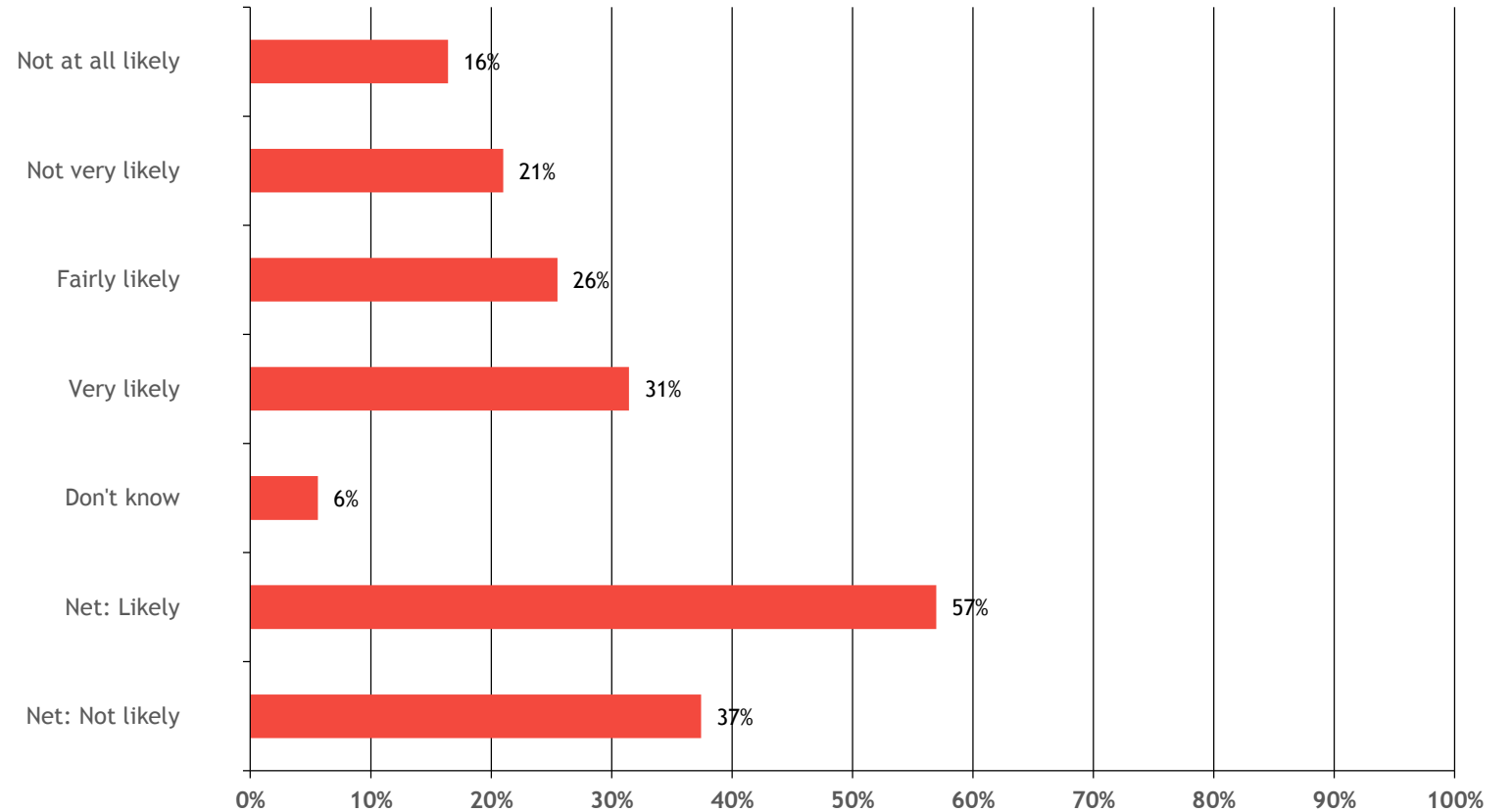
HWC_Q10. For the following question, by "trained", we mean any training which your workplace provided on how to use a defibrillator, this can include an external provider coming in, a colleague training you on how to use it or going to a location outside of your workplace, but funded by your employer, to receive training. Please do not think about any times that you were trained on how to use a defibrillator that was not organised by your workplace. Have you EVER been trained on how to use your workplace defibrillator? (Please select the option that best applies)



Unweighted base: All UK Working Adults who have a defibrillator in their workplace (762)

CPR

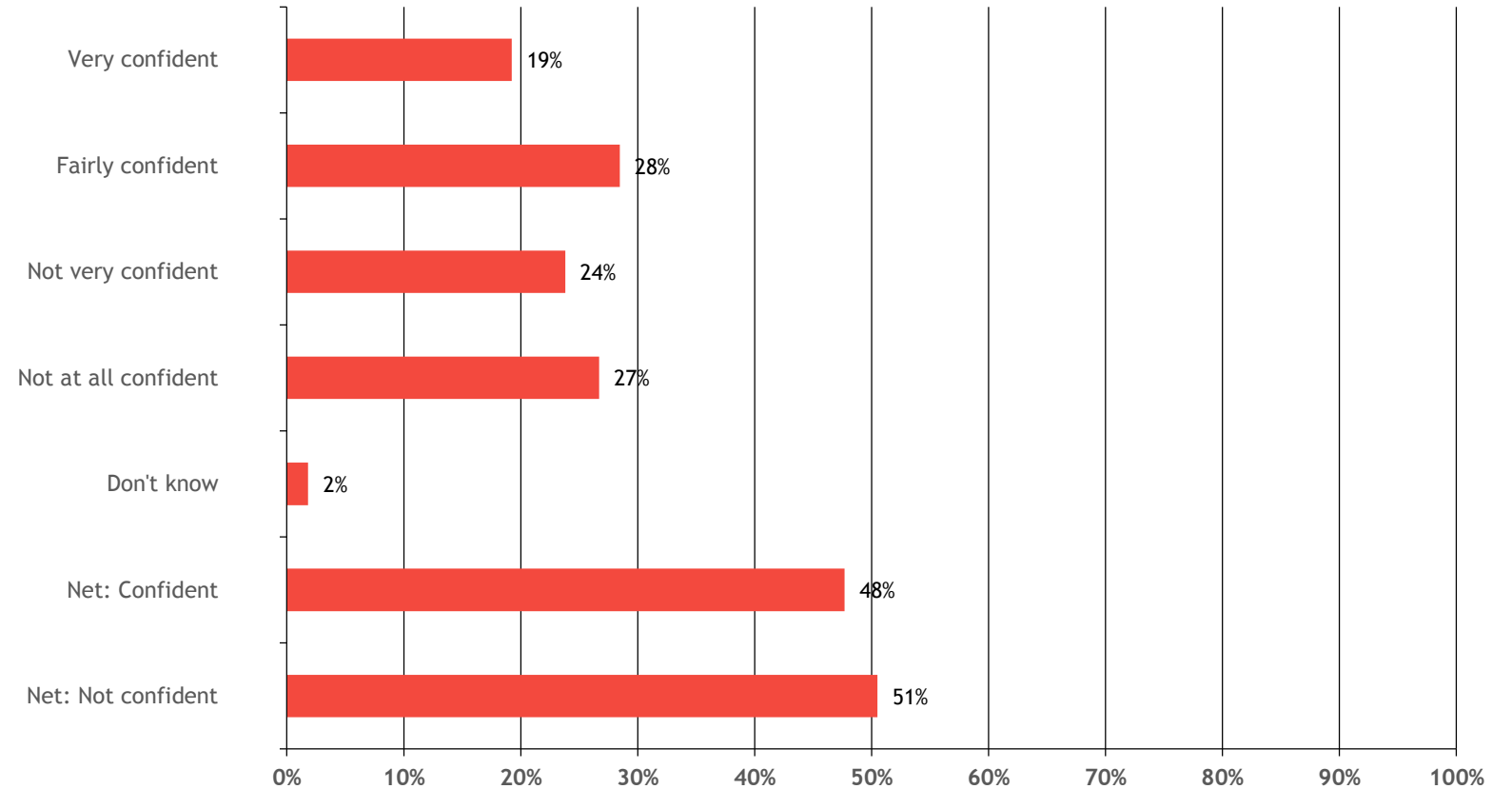
HWC_Q11. As a reminder, for the following question, by "defibrillator", we mean a machine which can deliver an electric shock to restart the heart. Please imagine that you were at work and you were witnessing someone having a cardiac arrest...How likely, if at all, would you be to use your workplace's defibrillator?



Unweighted base: All UK Working Adults who have a defibrillator in their workplace (762)

CPR

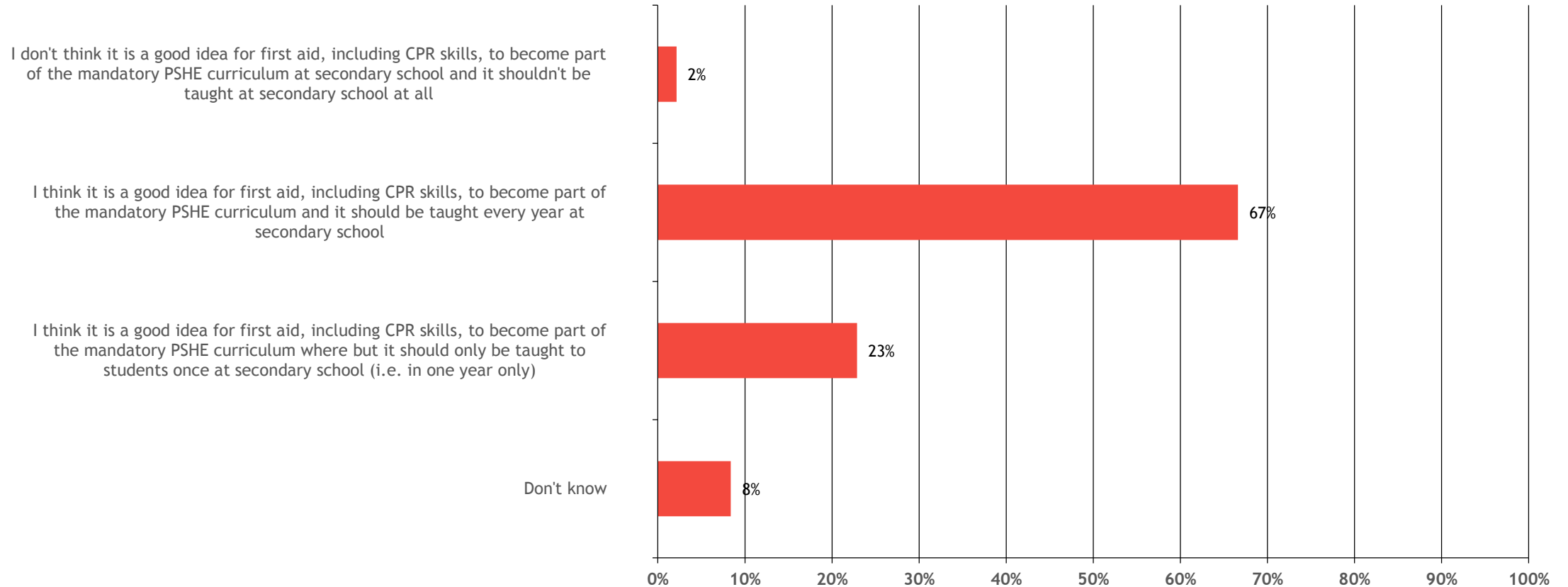
HWC_Q12. Please continue to imagine you were at work and you were witnessing someone having a cardiac arrest...How confident, if at all, would you feel in using your workplace's defibrillator?



Unweighted base: All UK Working Adults who have a defibrillator in their workplace (762)

CPR

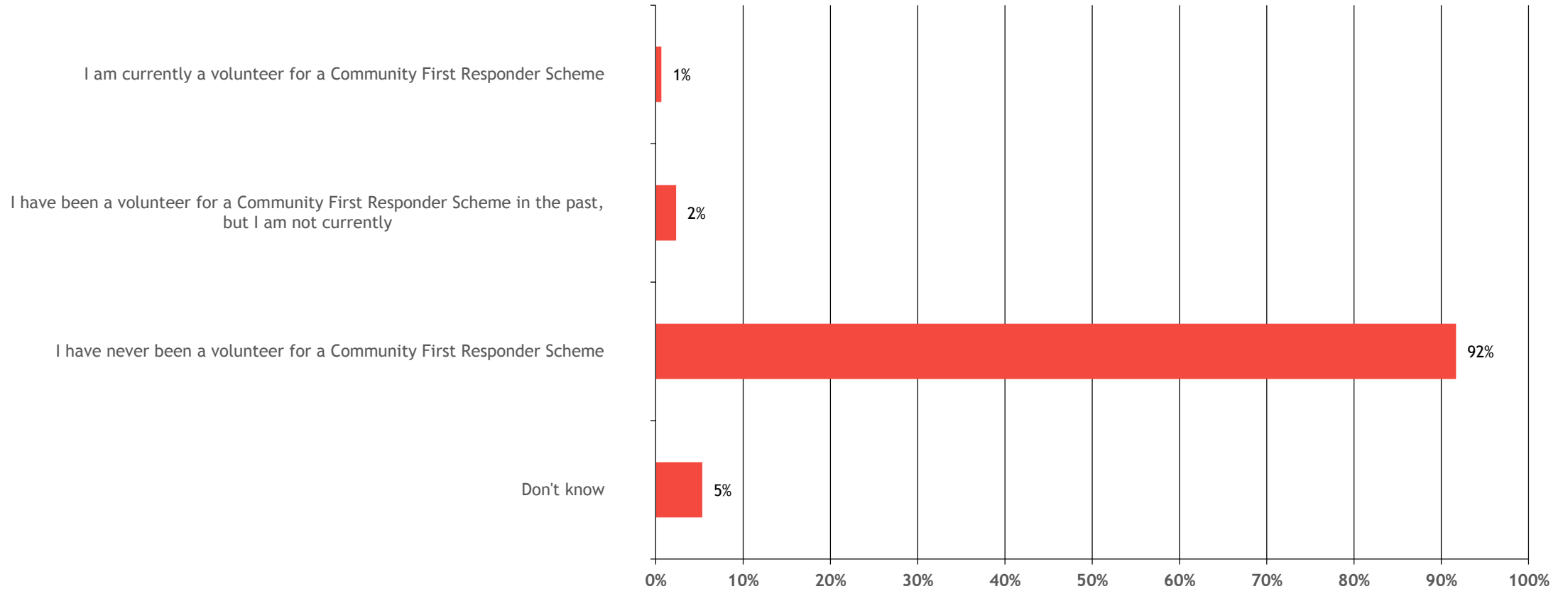
HWC_Q13a. As a reminder, by cardiopulmonary resuscitation (CPR), we mean an emergency procedure which is/ should be performed on a person suffering a cardiac arrest, and it involves chest compressions to maintain circulation until an ambulance arrives and rescue breathing (i.e. mouth-to-mouth resuscitation). If you had to choose, which ONE, if any, of the following statements comes closest to your opinion on teaching first aid, including CPR skills, in secondary schools as part of the Personal, Social, Health and Economic (PSHE) curriculum? (Please select the option that best applies)



Unweighted base: All UK Adults (4288)

CPR

HWC_Q14. For the following question, by "Community First Responder Schemes", we mean schemes which recruit and train volunteers to attend certain types of emergency calls in the area near to where they live or work. Training is usually provided by an ambulance service. The volunteers aim to reach an emergency in minutes before the ambulance crew arrives. Which, if any, of the following statements best applies to you?



Unweighted base: All UK Adults (4288)