



YouGov®



Resuscitation
Council UK



British Heart
Foundation

Attitudes to CPR survey (2023)

YouGov for University of Warwick

Dates: 9th – 11th August 2023

Total sample was 4,321 adults. The survey was carried out online. The figures have been weighted and are representative of all UK adults (aged 18+)



YouGov®



Resuscitation
Council UK



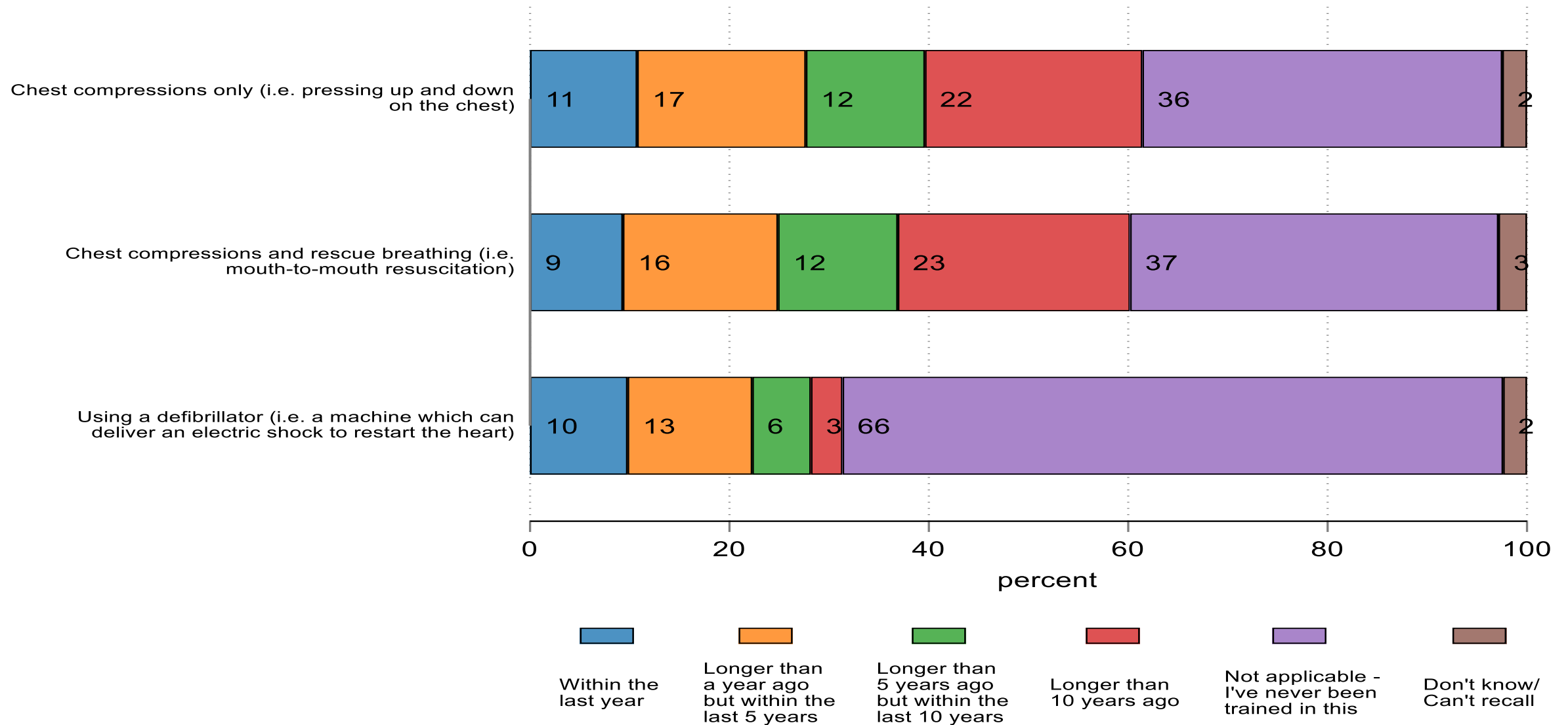
Attitudes to CPR survey (2023)

For the following question by "cardiopulmonary resuscitation (CPR)", we mean an emergency procedure which is/ should be performed on a person suffering a cardiac arrest; CPR can involve chest compressions to maintain circulation until an ambulance arrives and rescue breathing (i.e. mouth-to-mouth resuscitation). CPR can be performed by only pressing up and down on the chest without rescue breathing - this is known as (chest) compression only or hands-only CPR.

A cardiac arrest is different from a heart attack. A cardiac arrest happens when the heart stops beating, the person stops breathing and becomes unconscious. This is why they need CPR. A heart attack is where the heart gets starved of oxygen-rich blood because of a blockage and it usually causes a lot of pain in the chest and/or arm(s). People suffering a heart attack can remain conscious and breathing, but some people having a heart attack can also have a cardiac arrest at the same time.

For the following question, please think about the most recent time you have been trained in any of the following: cardiopulmonary resuscitation (CPR) or how to use a defibrillator (i.e. a machine that can give electric shocks to re-start the heart). This can be both formal (e.g. training you received from a medical professional, first aider etc.) and informal training (e.g. self-taught, showed by a relative after they received training etc.).

Approximately, when, if EVER, was the most recent time you were trained in each of the following? (Please select one option on each row. If you have never been trained, please select the 'Not applicable' option)

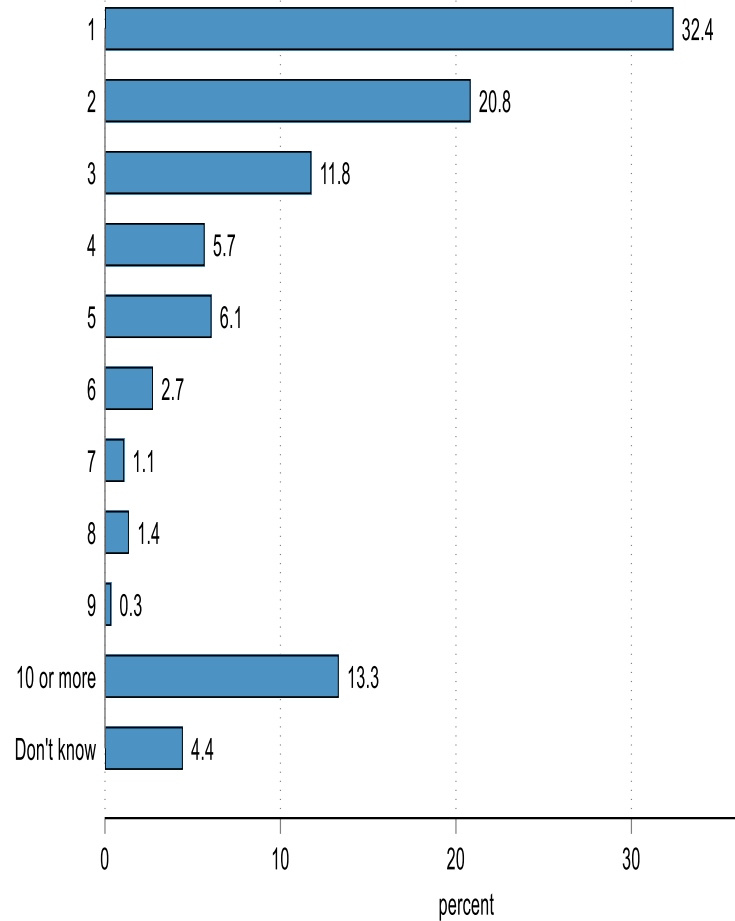


Unweighted base: All UK adults (4,321)

How many times, if any, have you been trained in each of the following?
 (Please select one option on each row. If you are unsure give your best estimate)

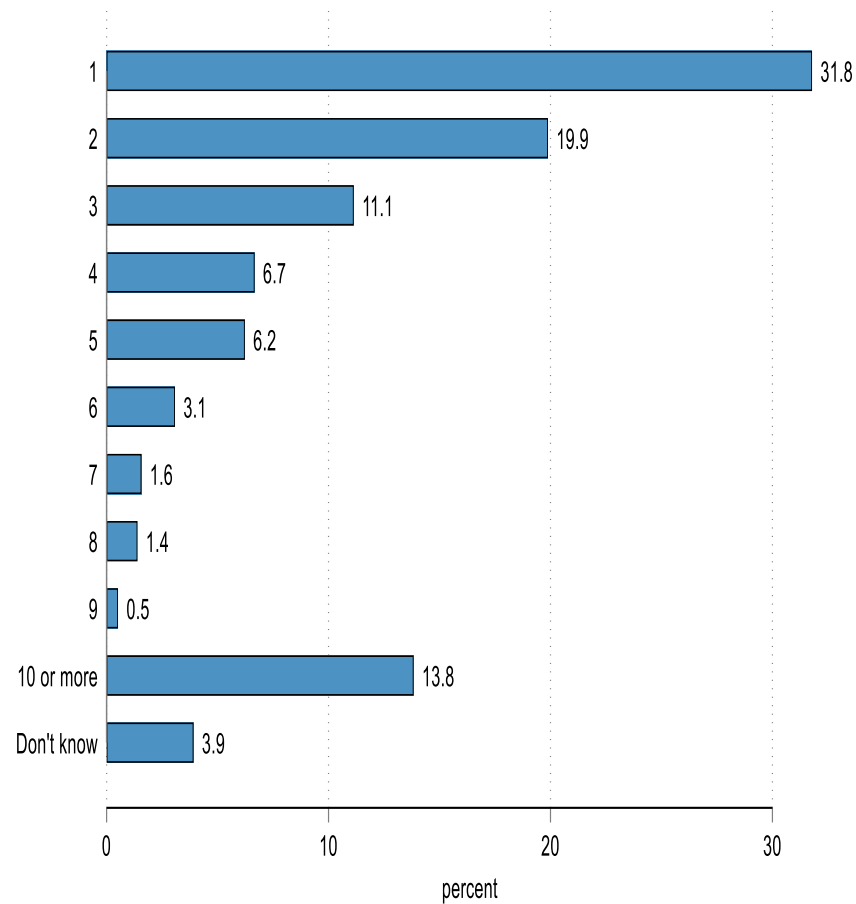
Chest compressions only

N=2,652



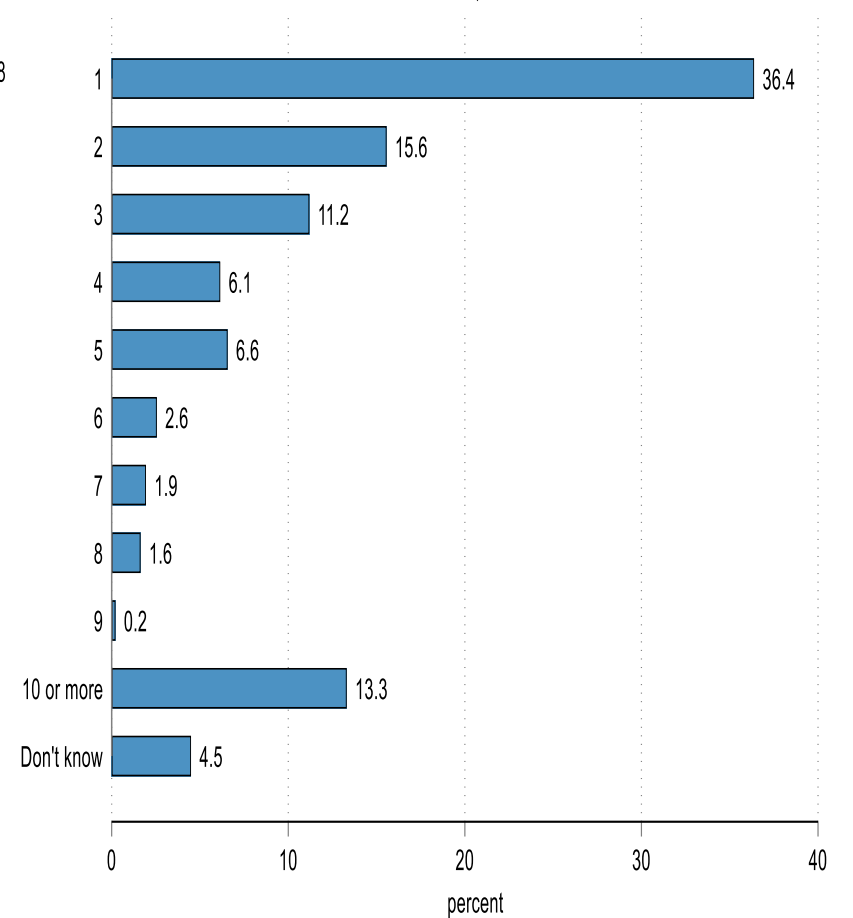
Chest compressions and rescue breathing

N=2,614



Using a defibrillator

N=1,345

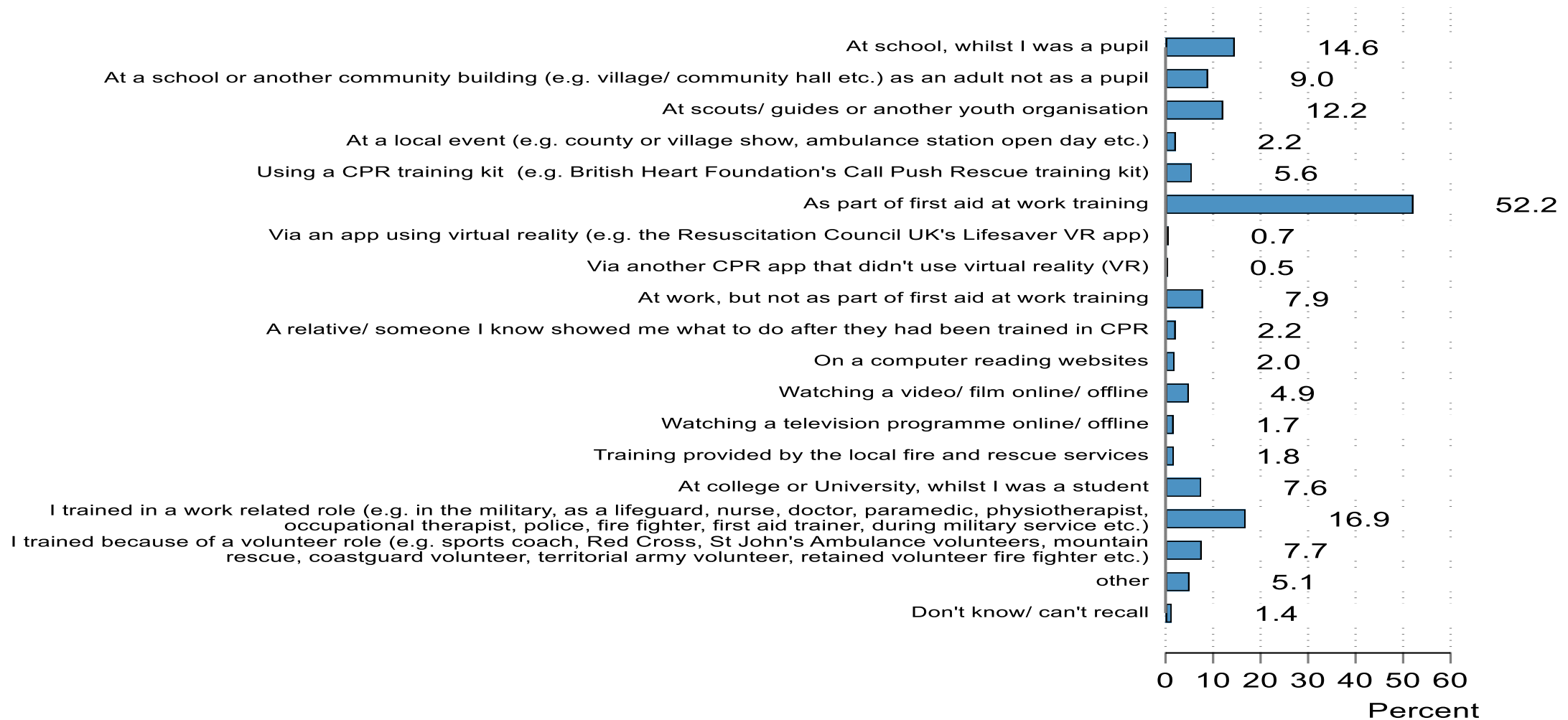


Unweighted base: All UK Adults who have been trained in any of the following: chest compressions, CPR and/ or defibrillation (2,780)

You said you had been trained in chest compressions (i.e. pressing up and down on the chest) and/or chest compressions and mouth-to-mouth resuscitation.

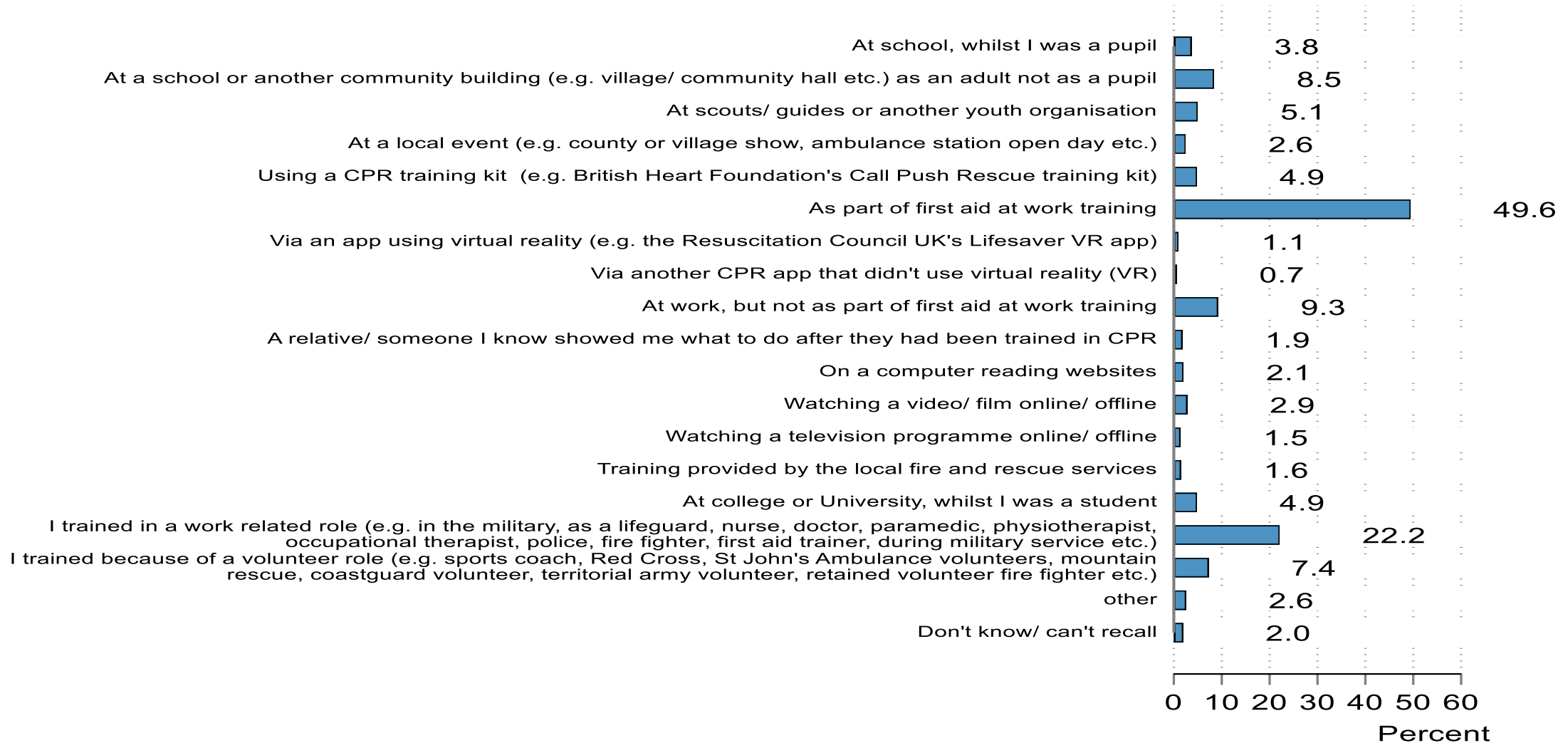
Through which, if any, of the following did you receive this training?

(Please select all that apply. If your answers do not appear in the list below, please type them in the 'Other' box)



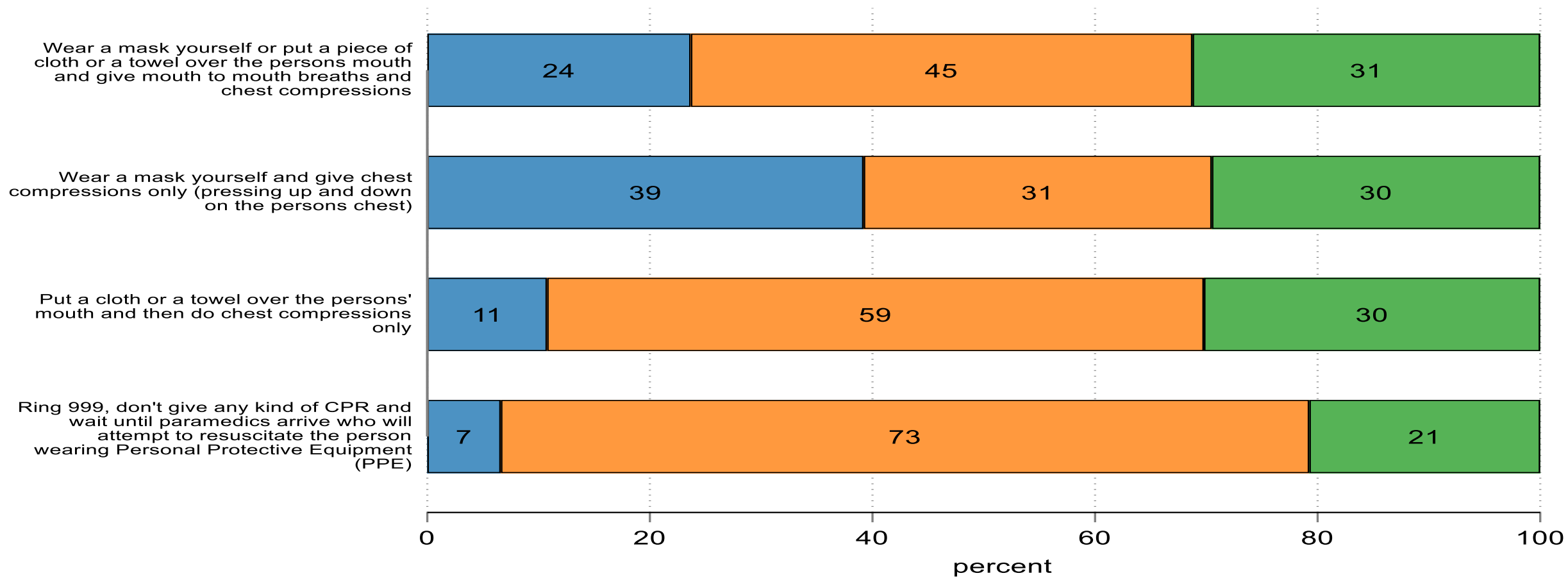
Unweighted base: All UK Adults who have been trained in any of the following: chest compressions or CPR (2,767)

You said you had been trained in using a defibrillator... Through which, if any, of the following did you receive this training? (Please select all that apply. If your answers do not appear in the list below, please type them in the 'Other' box)



Unweighted base: All UK Adults who have been trained in how to use a defibrillator (1,345)

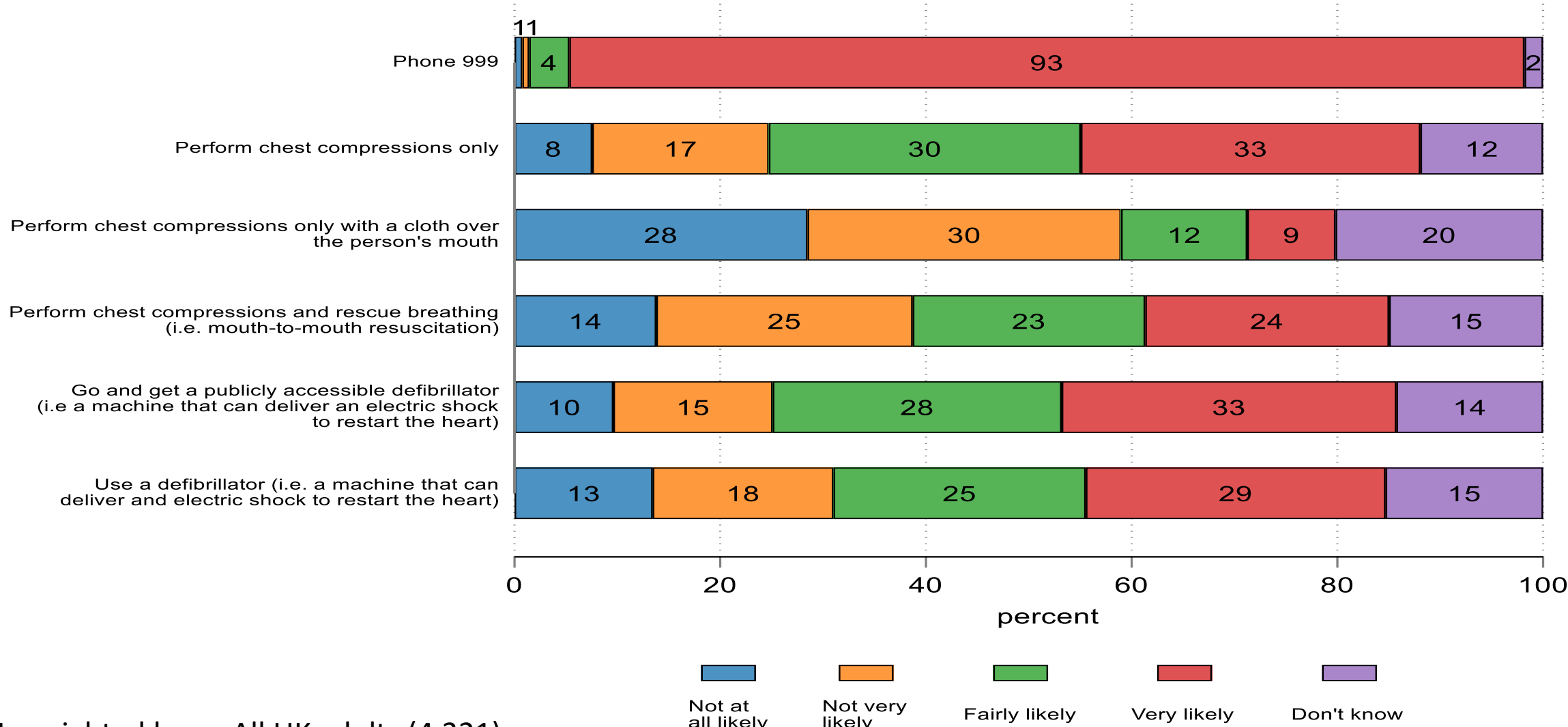
Thinking about the best way for a member of the public to perform CPR on someone that is having a cardiac arrest since the coronavirus pandemic (i.e. since February 2020) ... After ringing 999 for an ambulance, which of the following statements do you think are true or false about what the member of the public should do when helping someone that is having a cardiac arrest? (Please select an option on each row)



Unweighted base: All UK adults (4,321)

█ True
 █ False
 █ Don't know

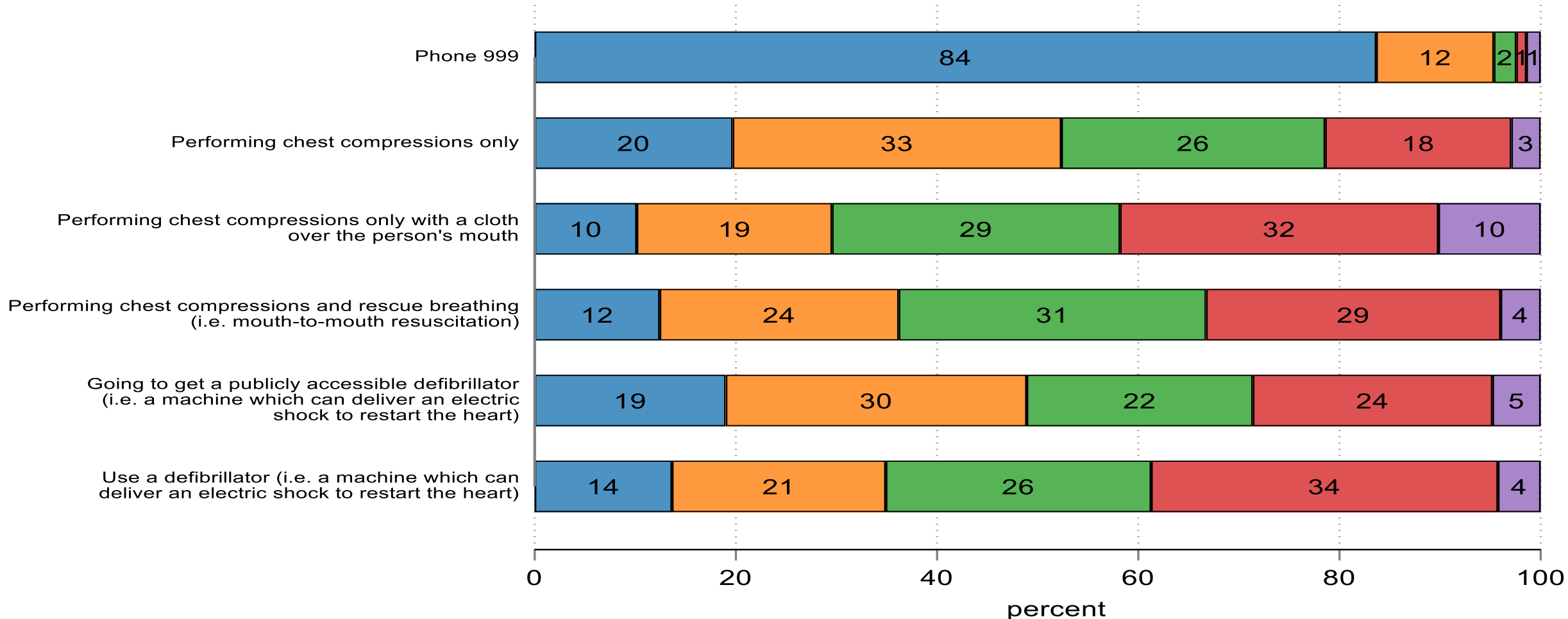
Please imagine that you were witnessing someone having a cardiac arrest in front of you... Provided all of these options were available to you (i.e. you had access to a phone, defibrillator etc.), how likely, if at all, would you be to do each of the following? (Please select one option on each row)



Unweighted base: All UK adults (4,321)

Still imagining that you were witnessing someone having a cardiac arrest in front of you...

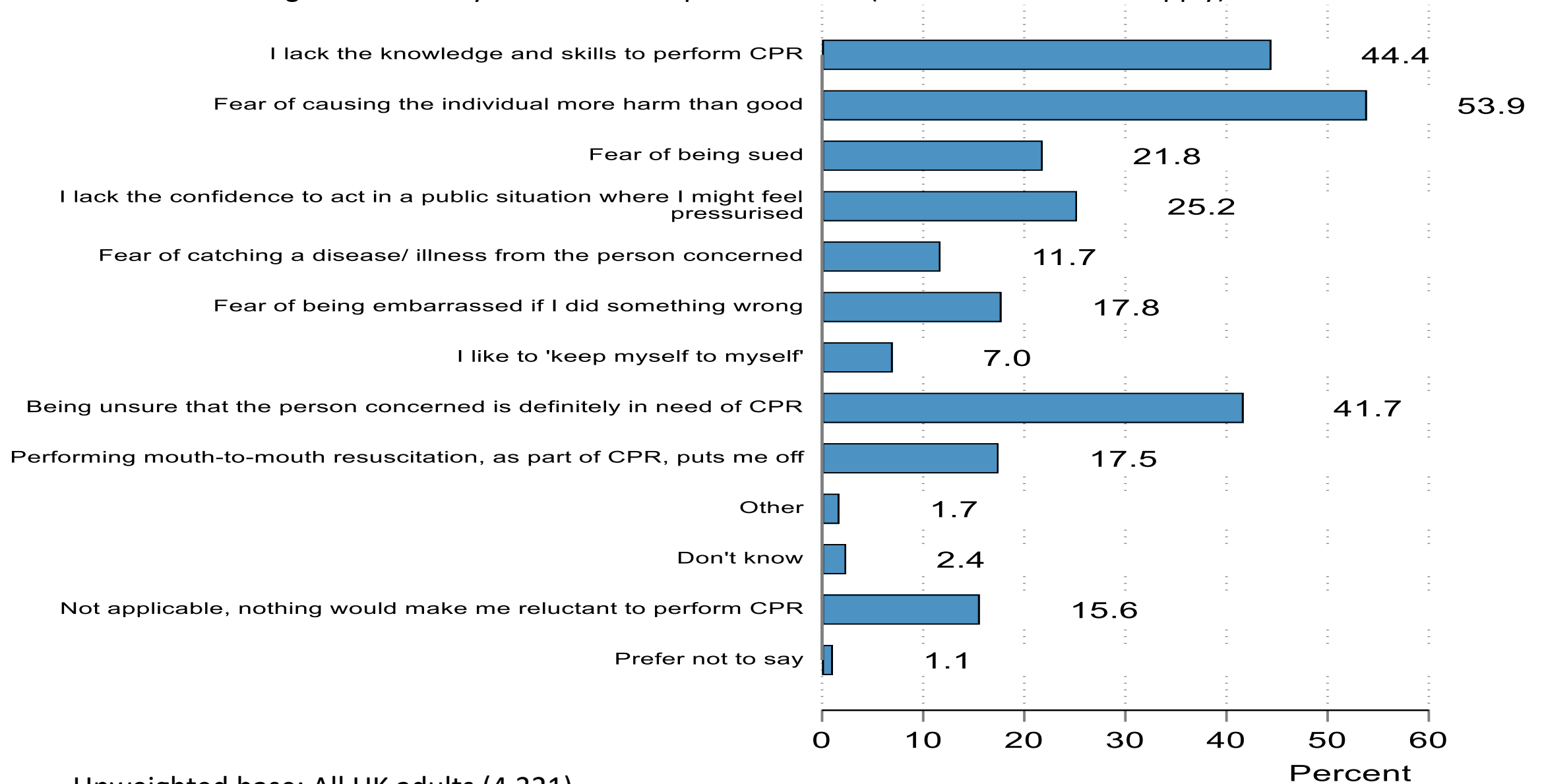
How confident, if at all, would you feel doing each of the following? (Please select one option on each row)



Unweighted base: All UK adults (4,321)

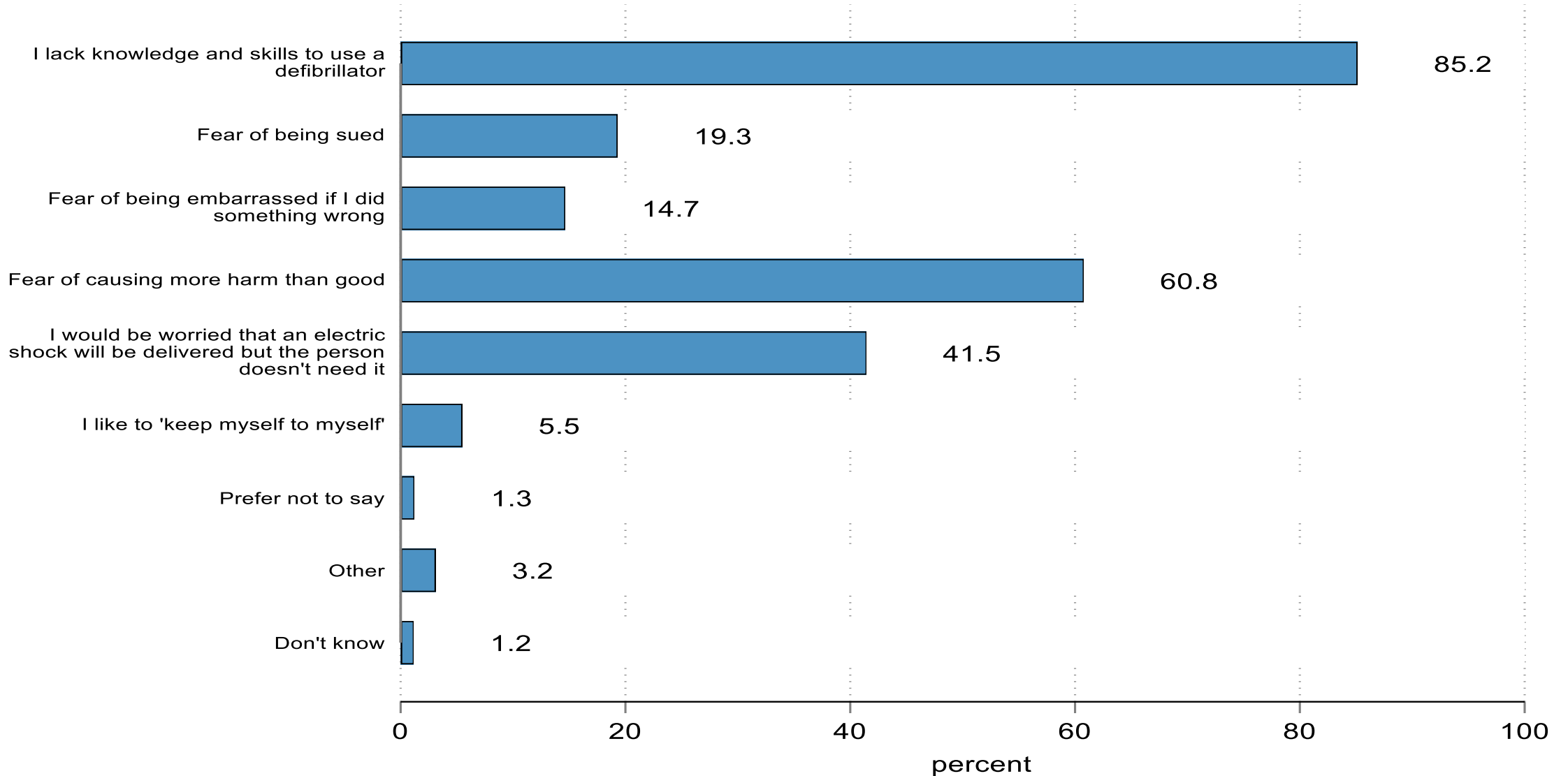
Very confident Fairly confident Not very confident Not at all confident Don't know

Still imagining that you were witnessing someone having a cardiac arrest in front of you... Which, if any, of the following would make you reluctant to perform CPR? (Please select all that apply)



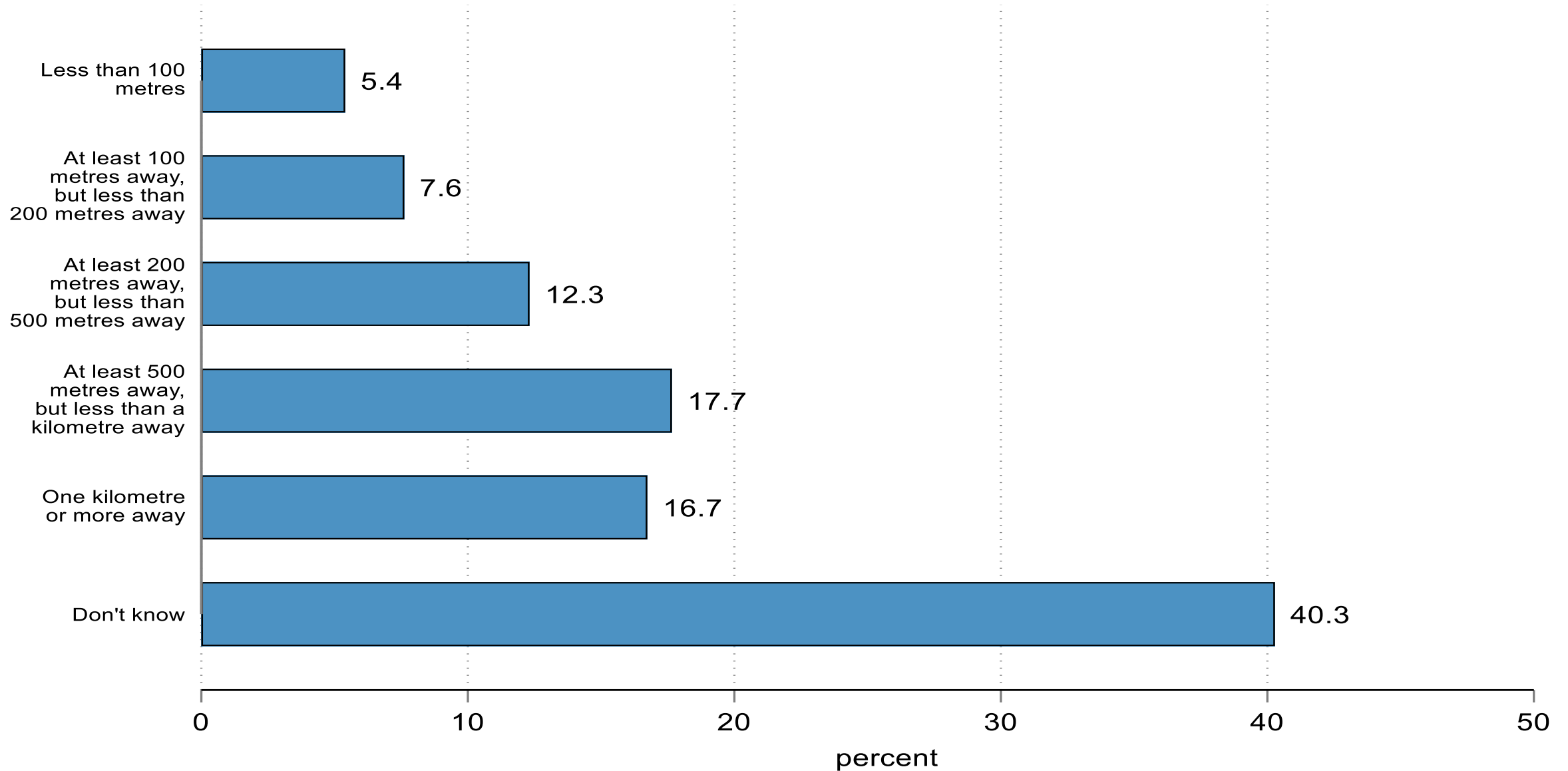
Unweighted base: All UK adults (4,321)

You have said you are not very or not at all likely to use a defibrillator... Which, if any, of the following reasons make you feel reluctant to use a defibrillator? (Please select all that apply)



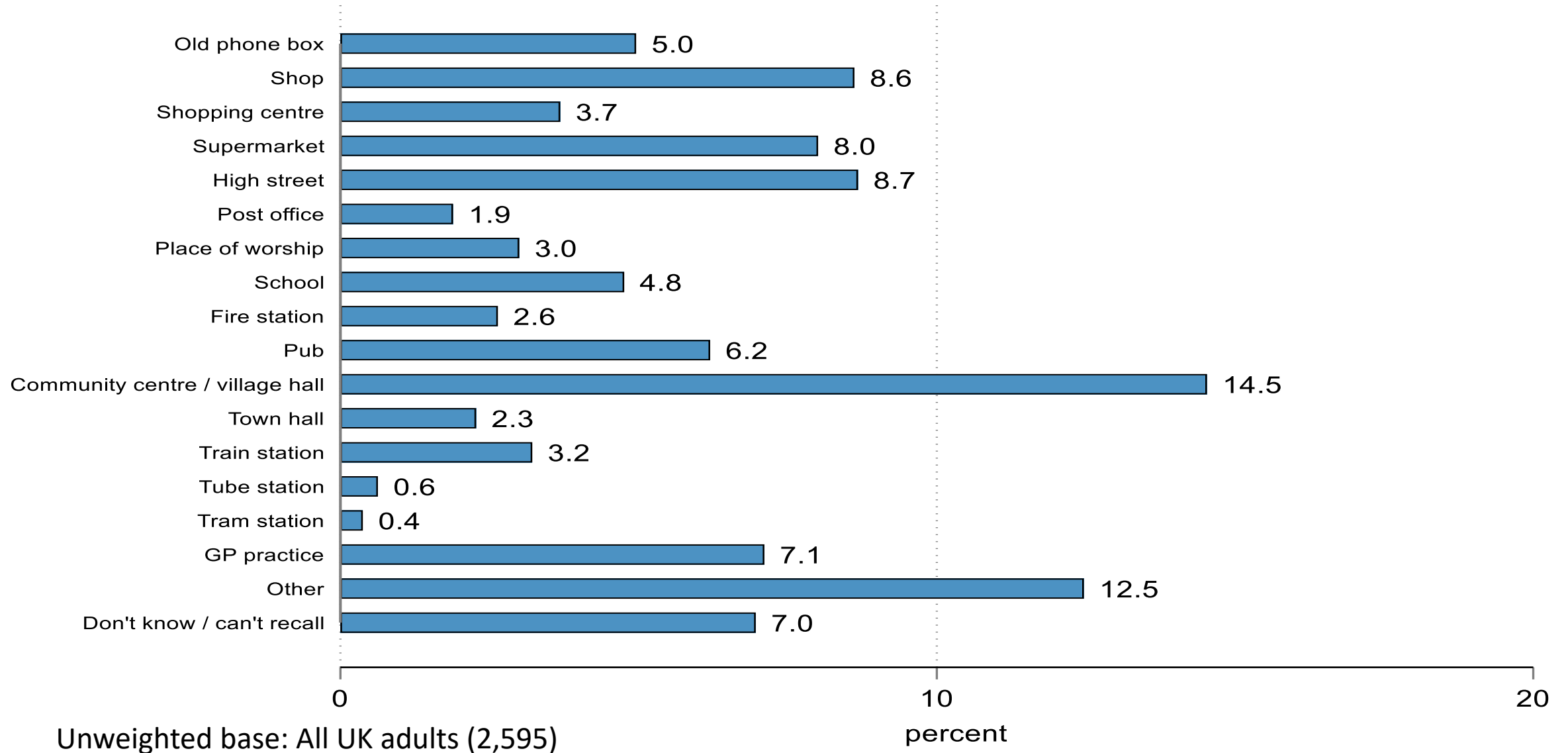
Unweighted base: All UK adults who are not likely to use a defibrillator (1,346)

Approximately how far do you think the nearest publicly accessible defibrillator is from your home?
(Please select the option that best applies. If you don't know, please select the 'Don't know' option)

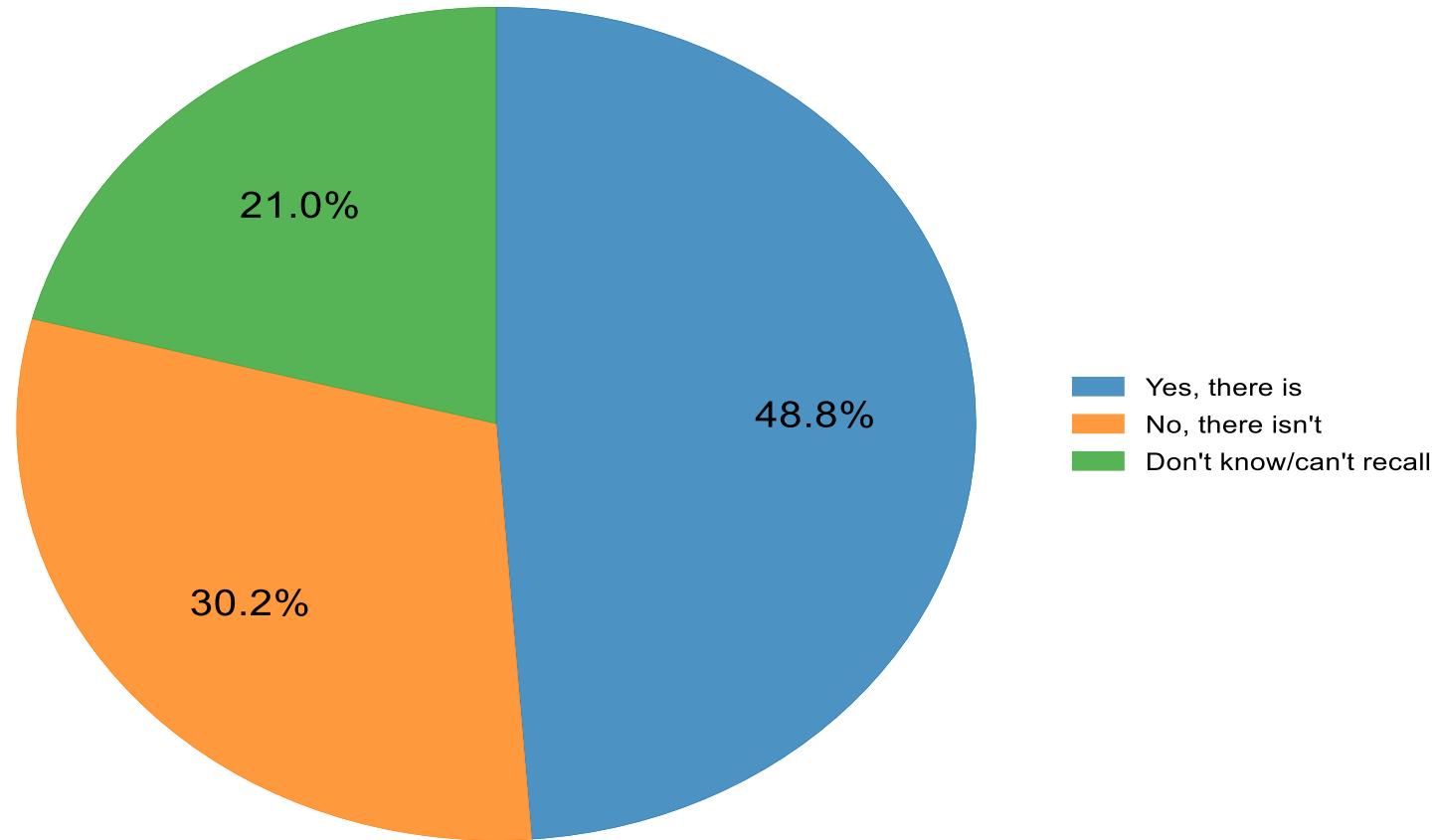


Unweighted base: All UK adults (4,321)

You said that you know roughly how far away from your home the nearest publicly accessible defibrillator (PAD) to your home is...Where is this public access defibrillator stored?
(Please select the option that best applies)

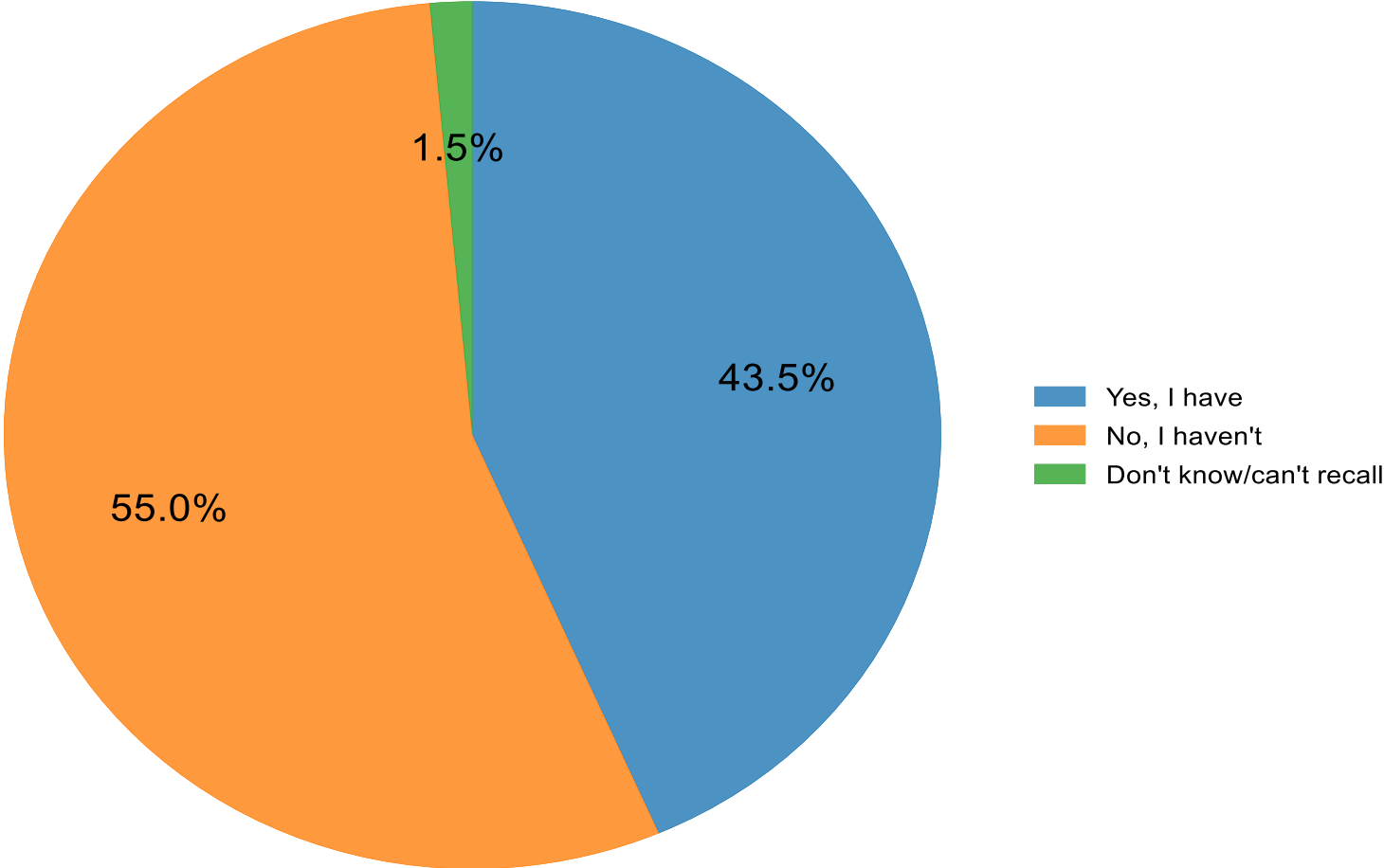


For the following question, if you work in more than one place, please think about your MAIN place of work (i.e. where you spend most of your time when you go into your employer's workplace). By "workplace", we mean the place where you spend most of your time working when you go into your employer's workplace. Is there a defibrillator that you can access in your workplace?



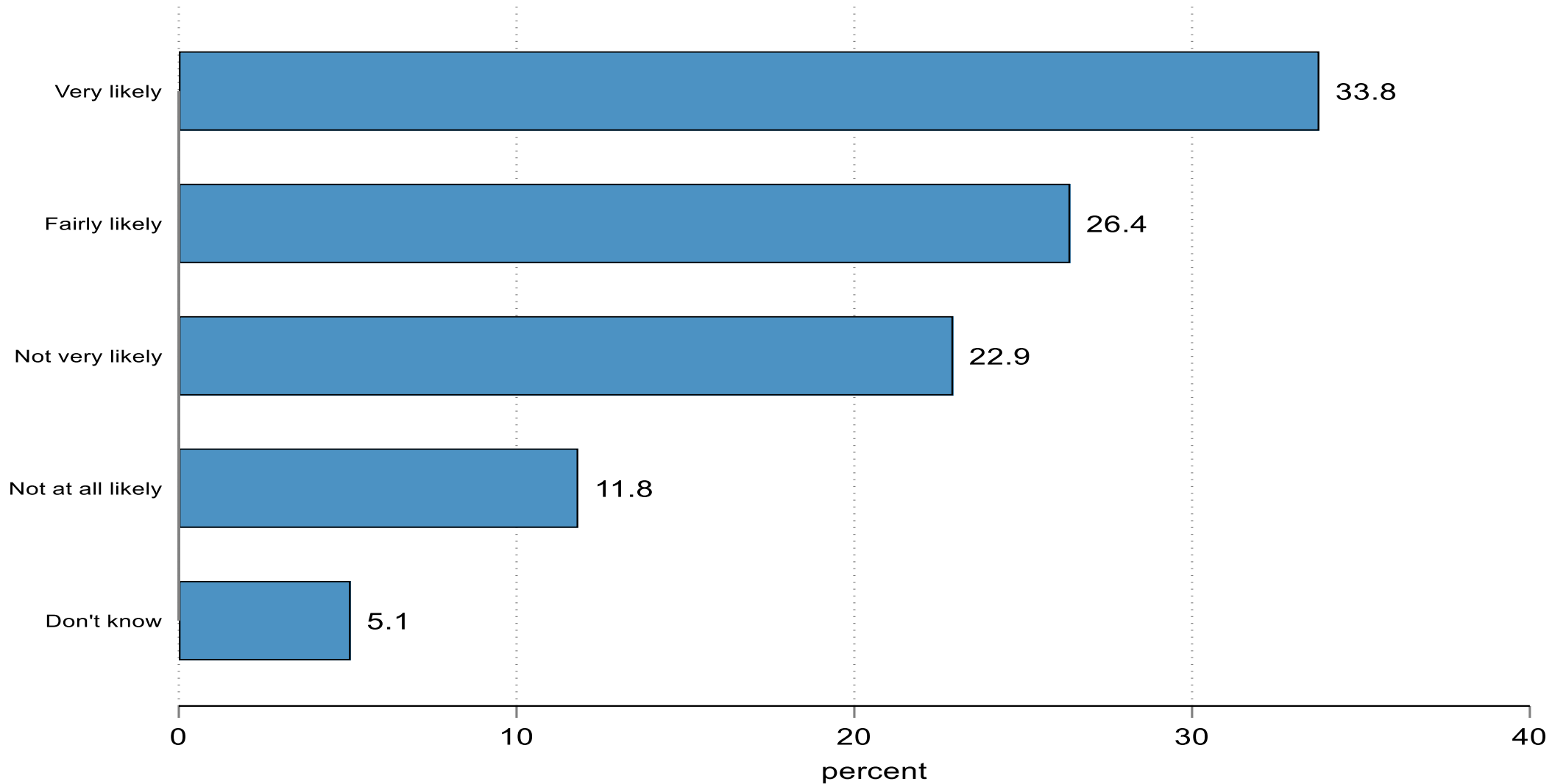
Unweighted base: All UK Working Adults who are currently working from their employer's workplace (1,622)

Please do not think about any times that you were trained on how to use a defibrillator that was not organised by your workplace. Have you EVER been trained on how to use your workplace defibrillator? (Please select the option that best applies)



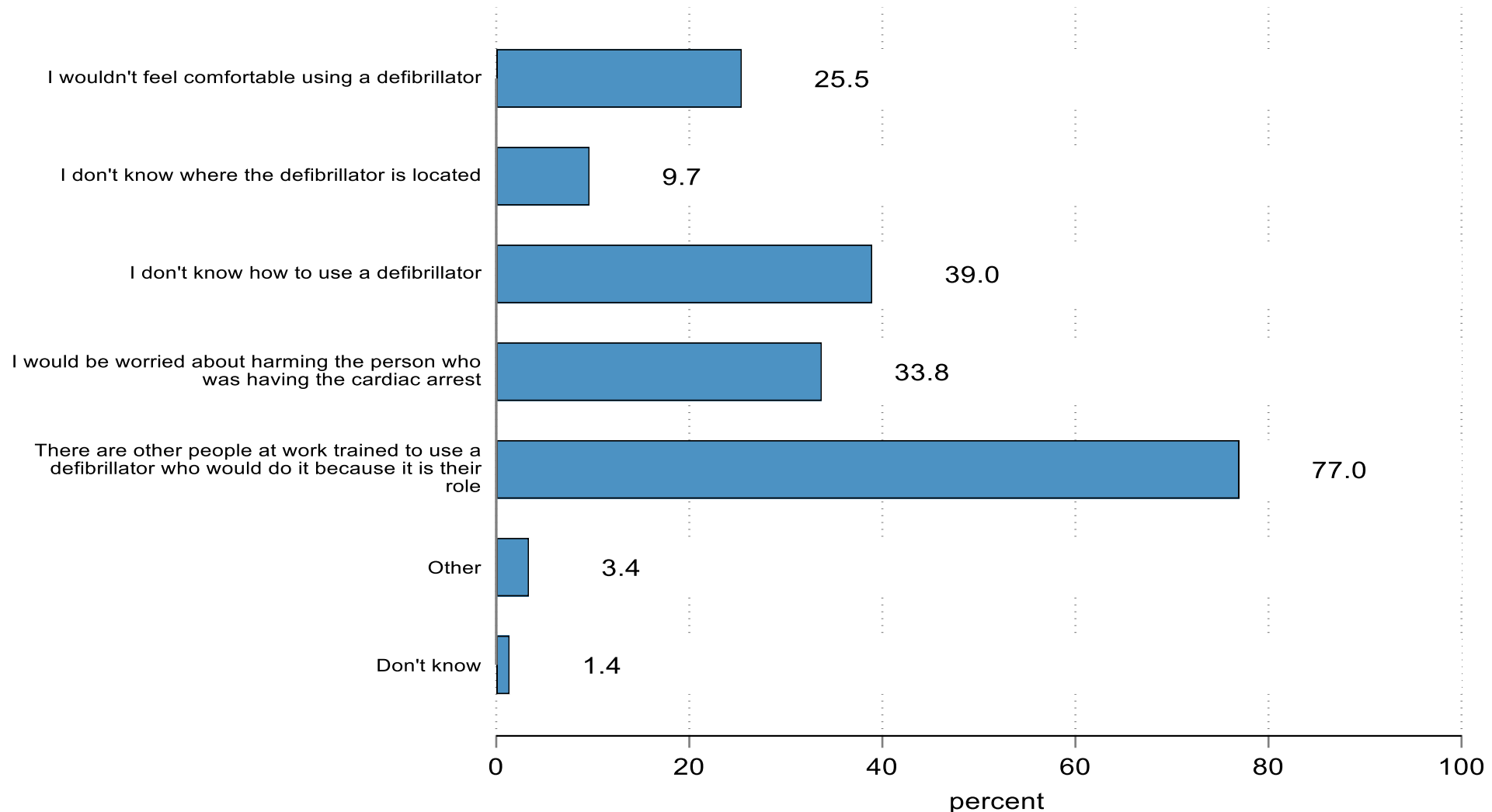
Unweighted base: All UK Working Adults who have a defibrillator in their workplace (798)

Please imagine that you were at work and you were witnessing someone having a cardiac arrest... How likely, if at all, would you be to use your workplace's defibrillator?



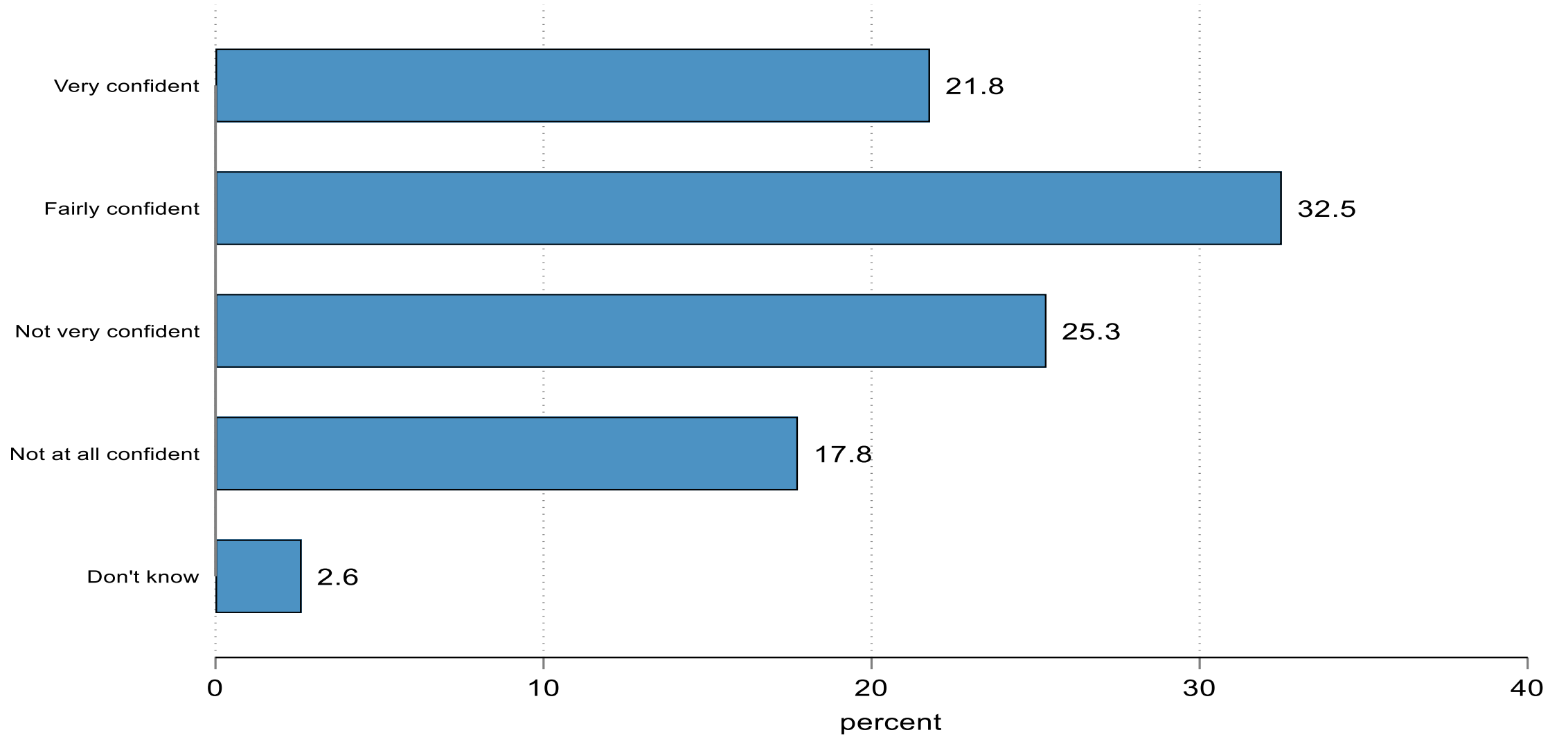
Unweighted base: All UK Working Adults who have a defibrillator in their workplace (798)

You previously said that you would be unlikely to use your workplace's defibrillator if you were witnessing someone having a cardiac arrest. Which, if any, of the following are reasons for this?
(Please select all that apply. If any of your answers don't appear in the list below, please type them into the "Other" box)



Unweighted base: All UK Working Adults who have a defibrillator in their workplace and would be unlikely to use it (278)

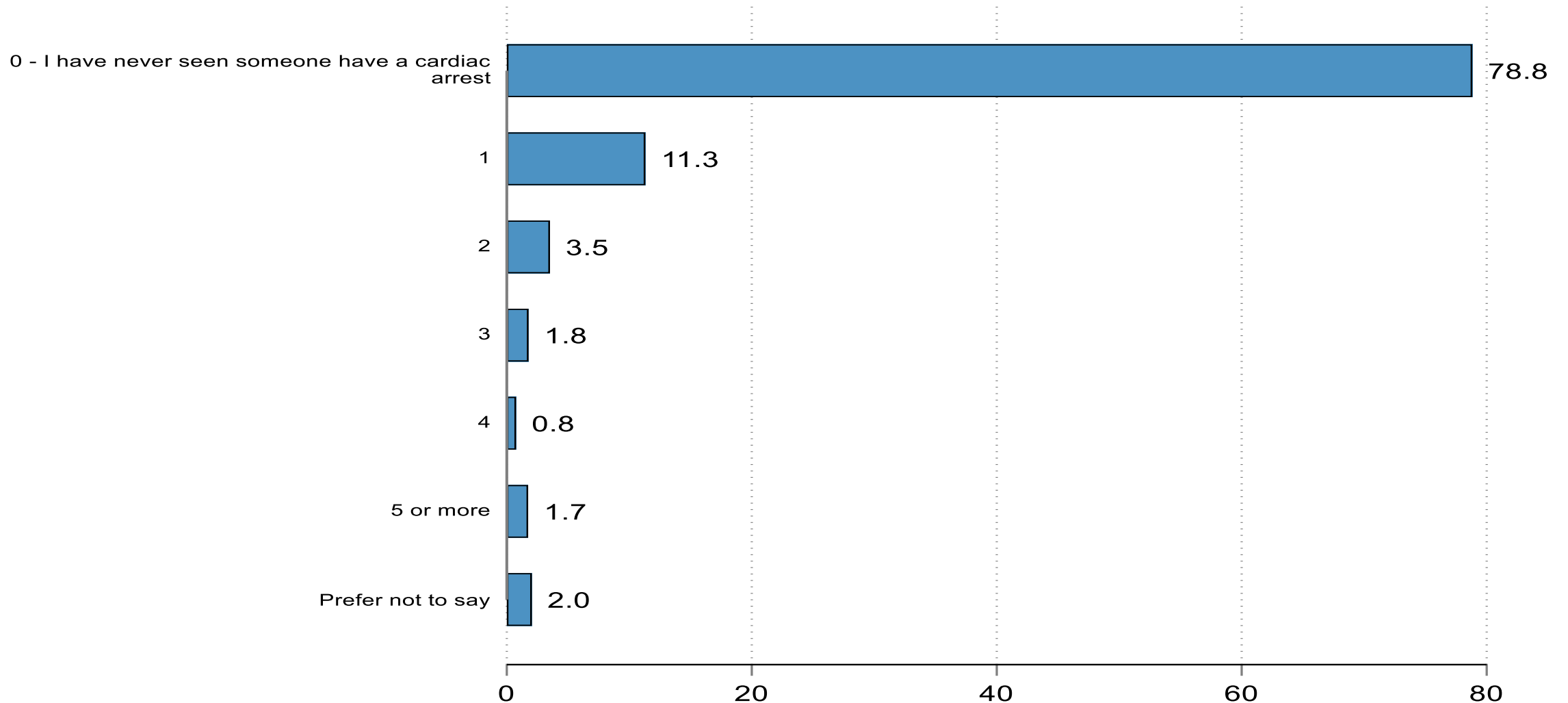
Please continue to imagine you were at work and you were witnessing someone having a cardiac arrest... How confident, if at all, would you feel in using your workplace's defibrillator?



Unweighted base: All UK Working Adults who have a defibrillator in their workplace (798)

For the following question, please do not include any incidents that happened within a hospital or nursing home or incidents that you attended to as part of your job (e.g. doctors, nurses, paramedics).

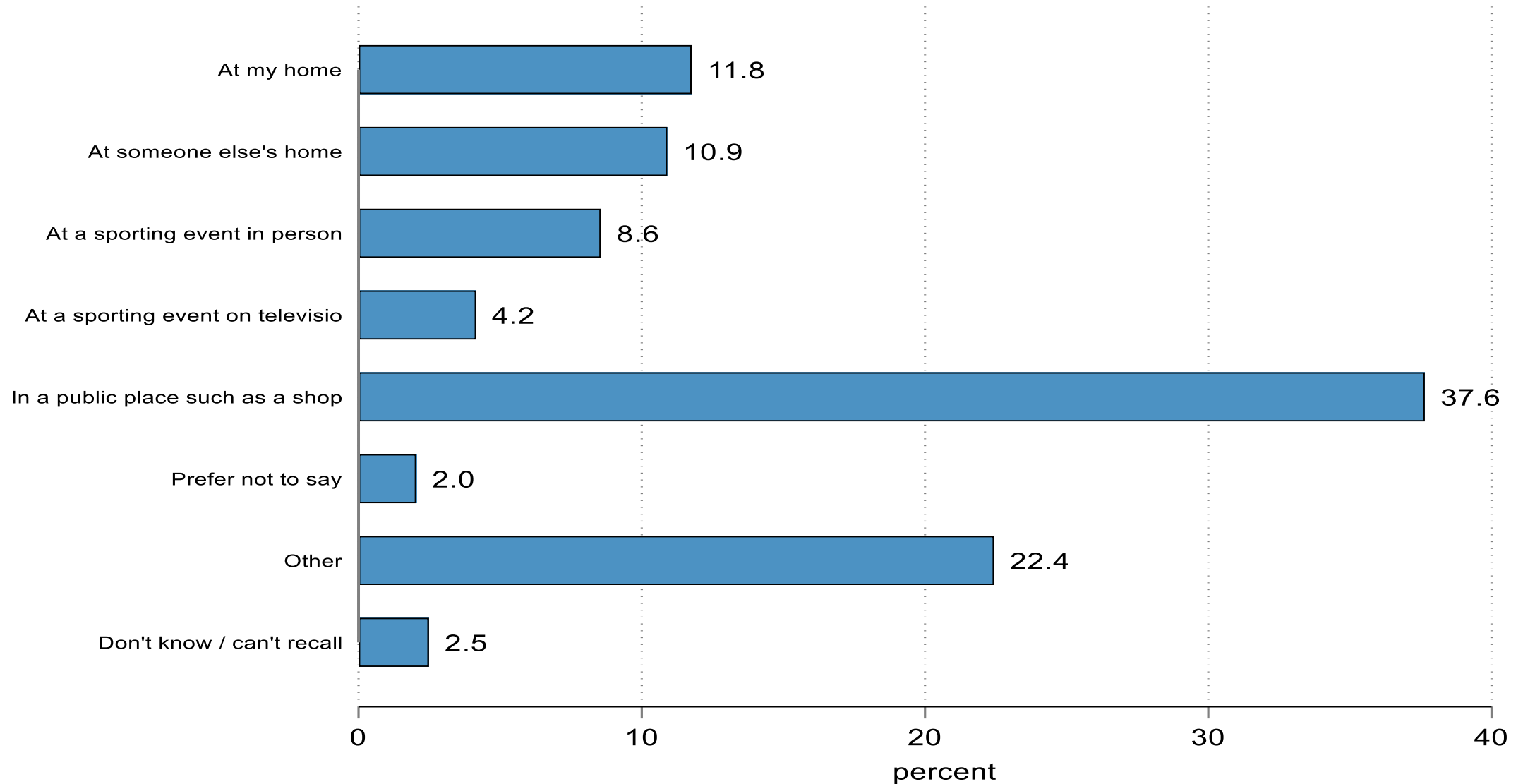
How many times in your life have you seen someone have a cardiac arrest (i.e. collapse and be in need of CPR)?



Unweighted base: All UK adults (4,321)

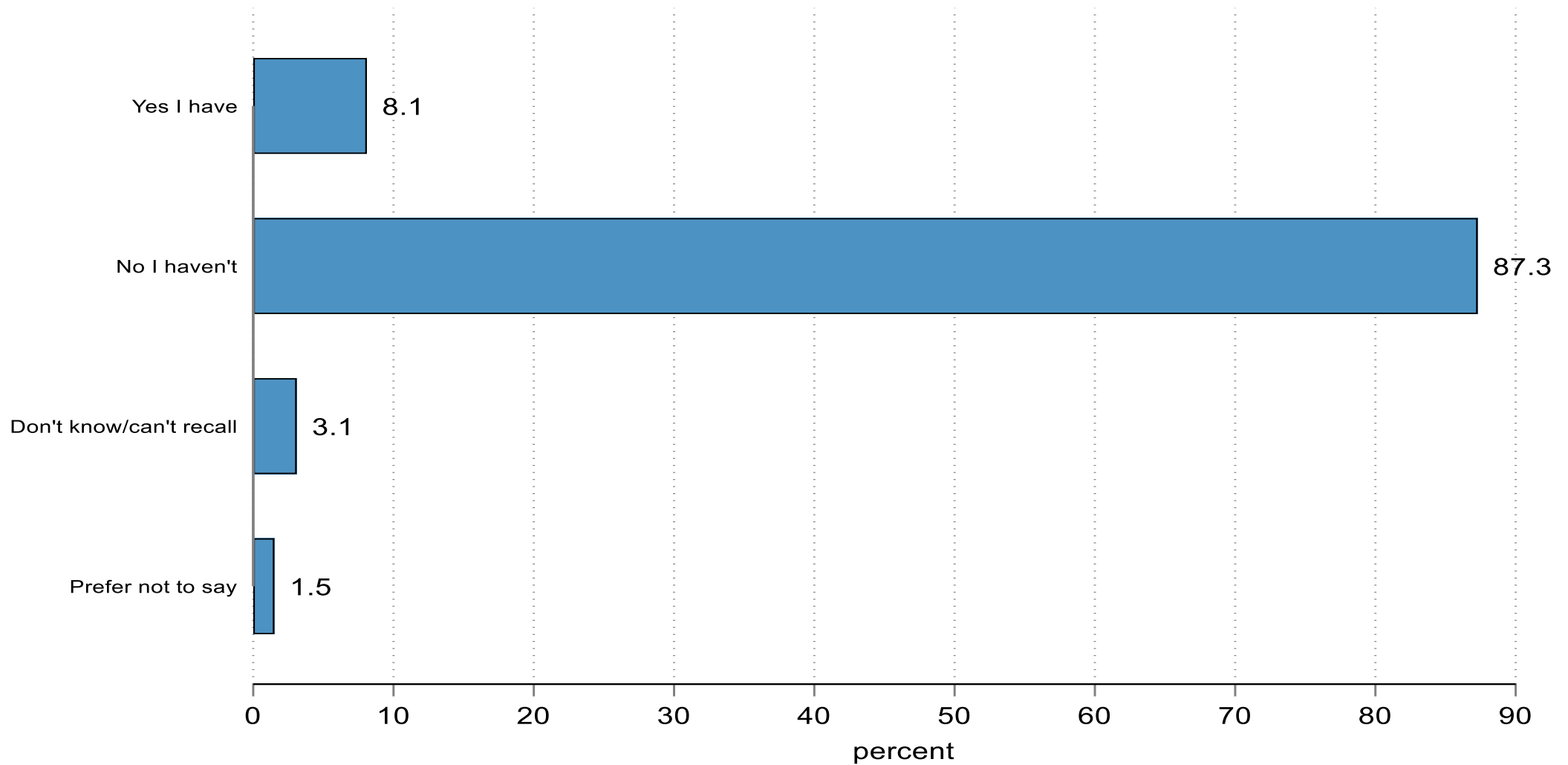
You said you have seen someone have a cardiac arrest (i.e. collapse and be in need of CPR).

If you have seen this on more than one occasion, please think about the most recent time... Where did you see someone have a cardiac arrest?



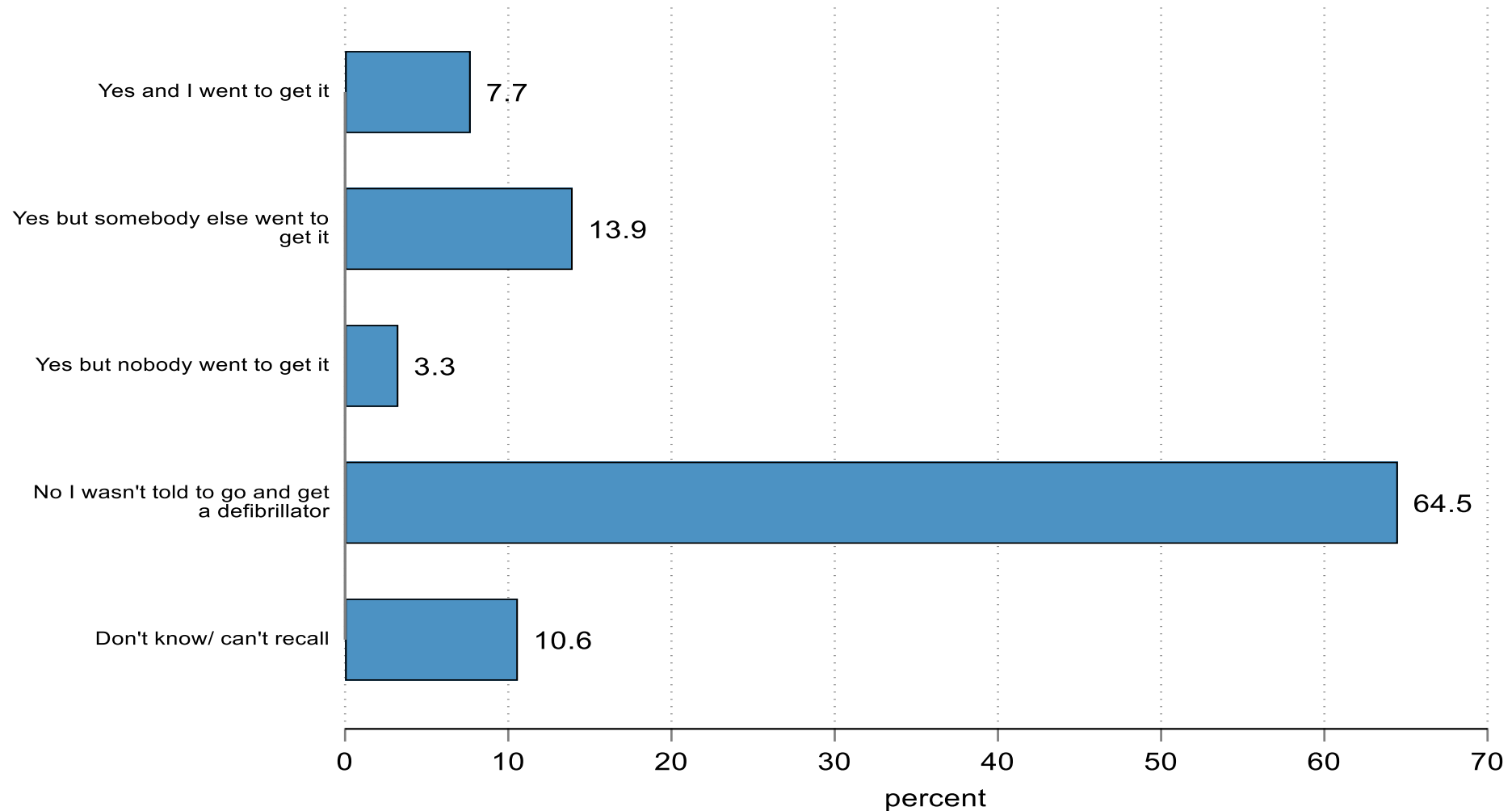
Unweighted base: All UK adults who have seen someone have a cardiac arrest (823)

For the following question, if you are a health care professional, member of the emergency or armed services, please do not include any times when you responded as part of your job. Have you EVER called 999 because you were helping someone who was having a cardiac arrest that didn't happen in a hospital, care home or hospice?



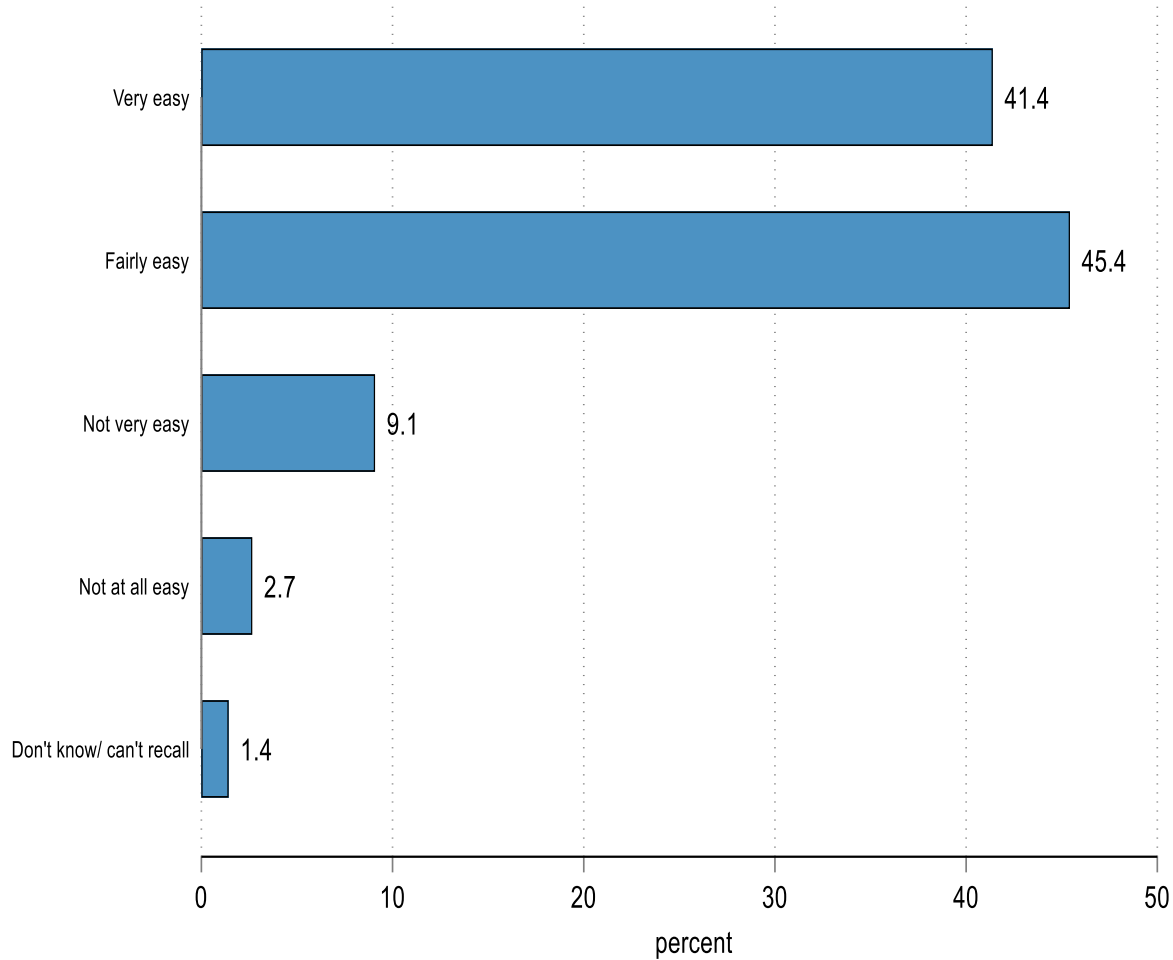
Unweighted base: All UK adults (4,321)

Thinking about the MOST recent time you called 999 because you were helping someone who was having a cardiac arrest that didn't happen in a hospital, care home or hospice... Did the person answering the 999 call tell you to go and get a defibrillator (a machine used to restart the heart)?

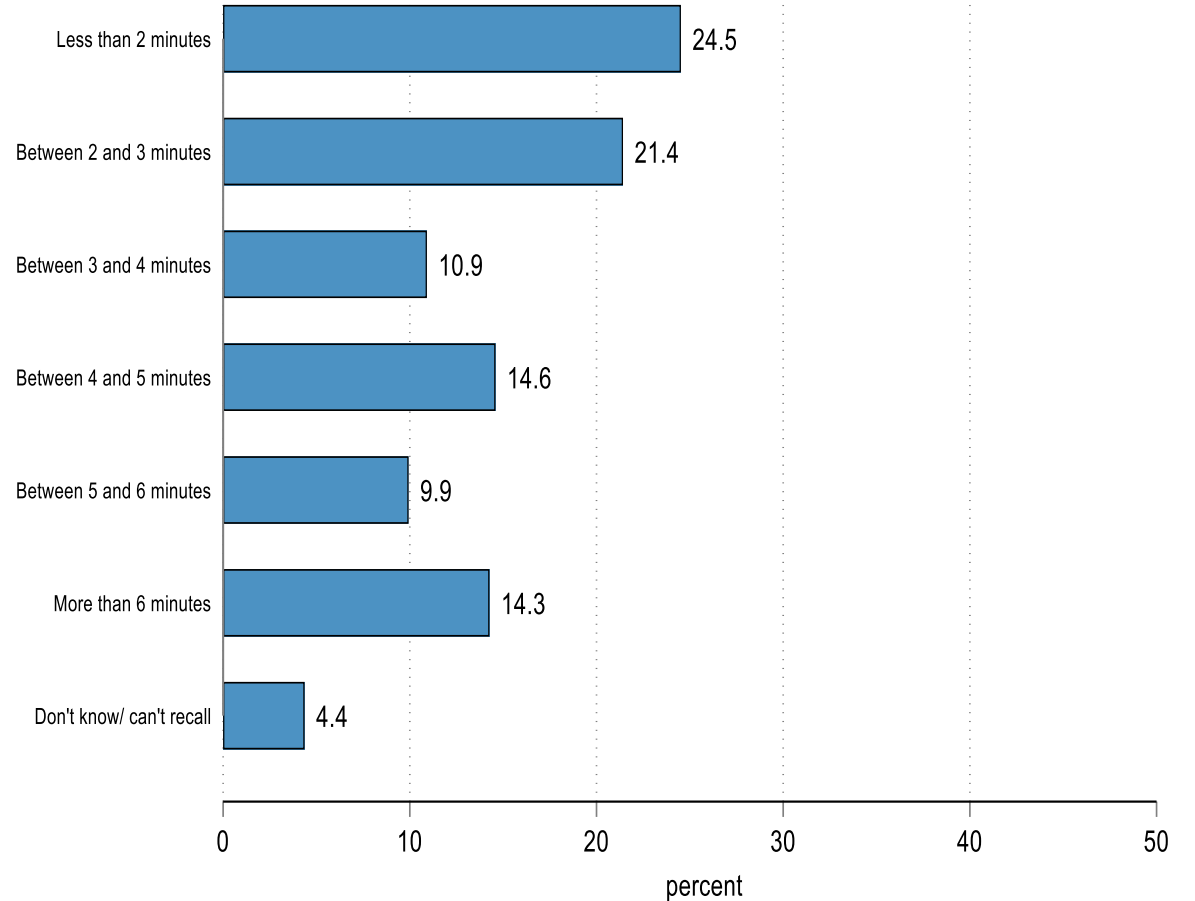


Unweighted base: All UK Adults who have rung 999 because they were helping someone who was having a cardiac arrest (349)

How easy, if at all, was it to find the defibrillator?
(If you were not the person to get the defibrillator,
please answer based on how easy it was for the
other person to find it)



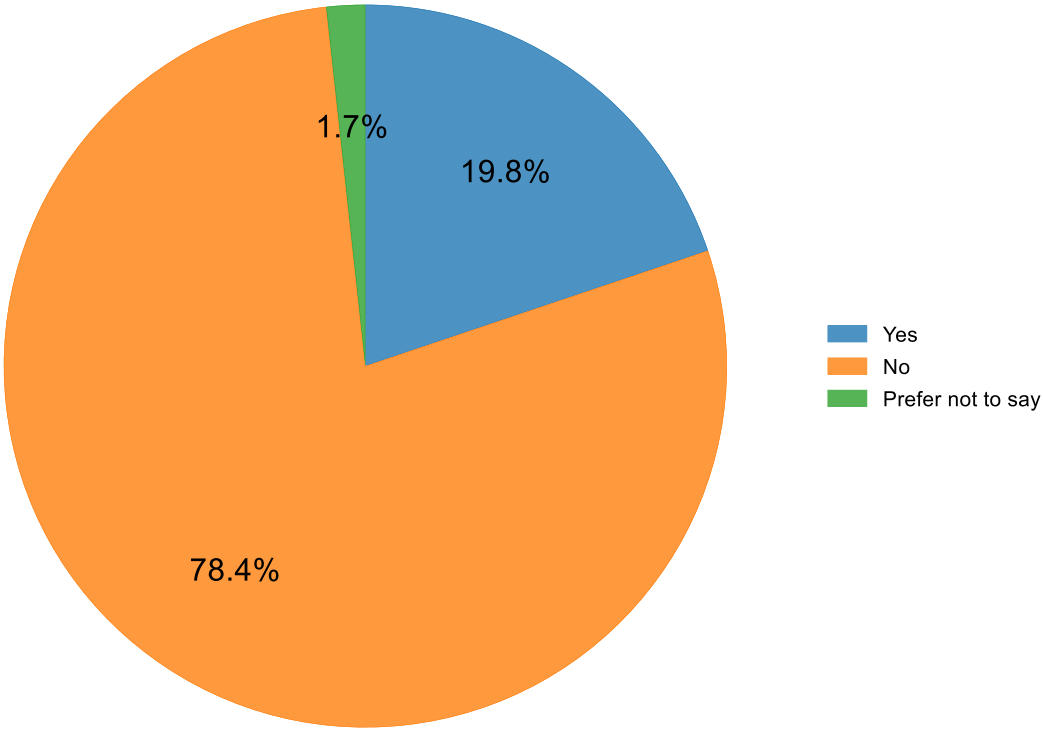
Still thinking about the MOST recent time you
called 999 because you were helping someone who
was having a cardiac arrest that didn't happen in a
hospital, care home or hospice... Approximately
how long did it take you or the other person to find
the defibrillator?
(Please select the option that best applies)



Unweighted base: All UK Adults who have rung 999 because they were helping someone who was having a cardiac arrest and went to get a defibrillator (71)

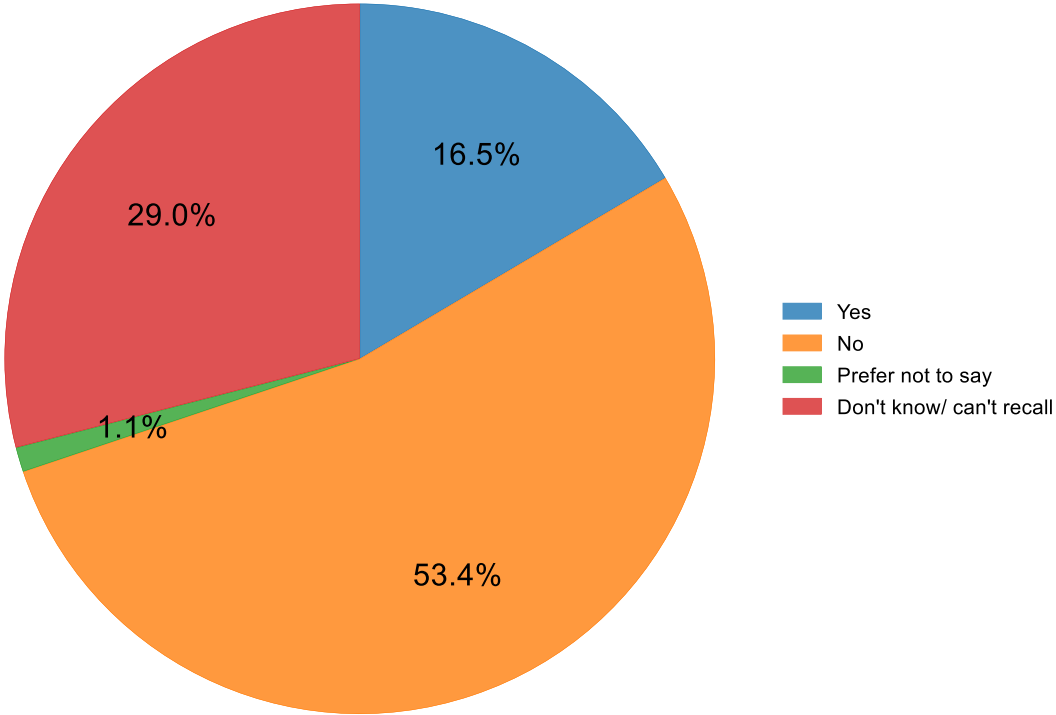
Some of the UK national governments (i.e. England, Wales, Scotland and Northern Ireland) require or recommend that state funded schools provide first aid training as part of the secondary school curriculum (e.g. as part of Personal Social Education)

Do you have any children living in your household who attend secondary school/sixth form / college (i.e. aged 11 – 18)?



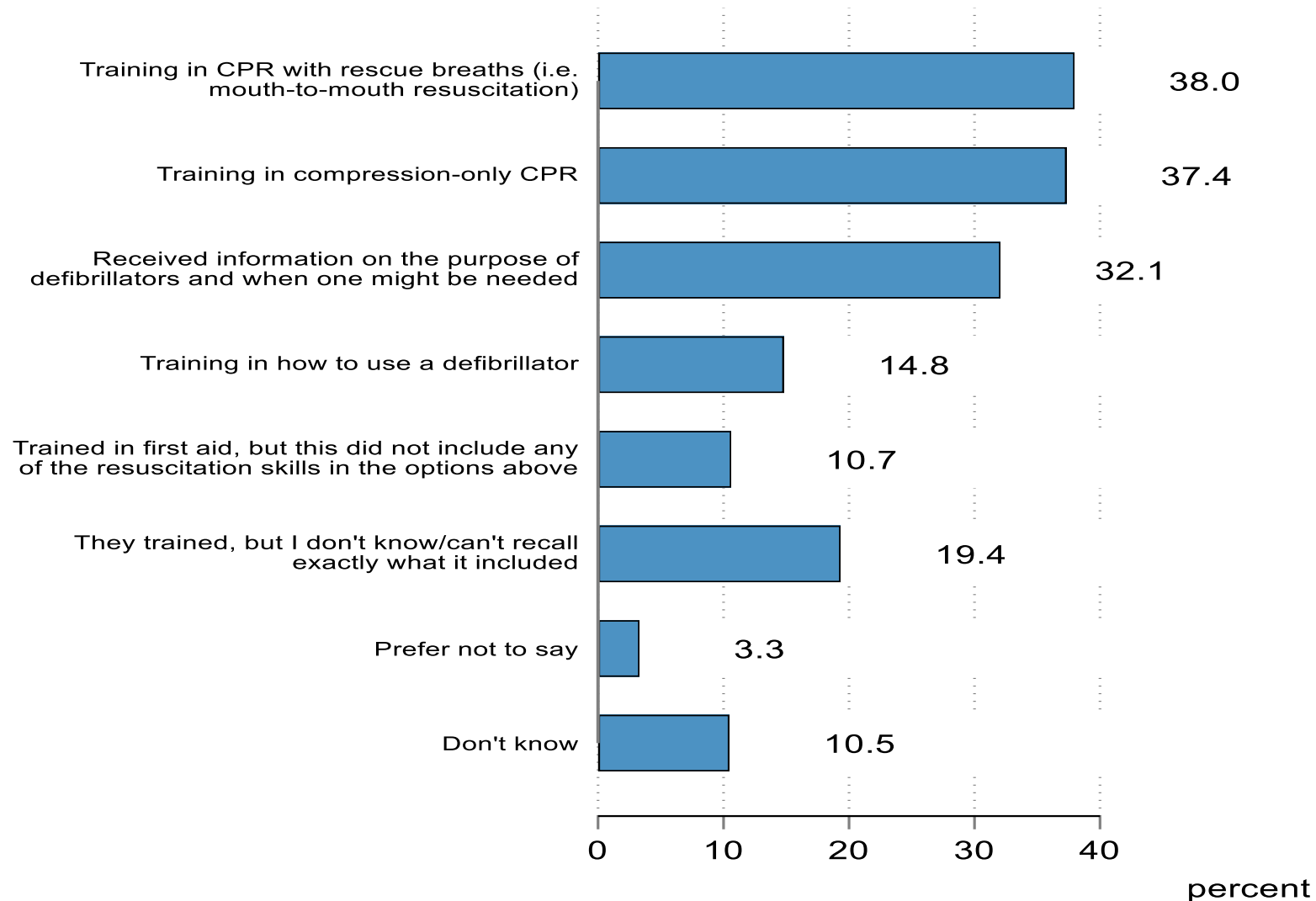
Unweighted base: All UK adults (4,321)

Thinking about the last academic year (2022 – 2023)...Have any of your children in secondary school/ sixth form/ college (i.e. age 11 – 18) received first aid training through their school curriculum?



Unweighted base: All UK adults with children in secondary school (843)

If you have more than one child who has attended first aid training at secondary school/ sixth form/ college in the last academic year, please think about the child whose birthday is next...
Which, if any, of the following, did they do? (Please select all that apply)



Unweighted base: All UK adults who have children who learnt first aid at a secondary school outside of their home (130)