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Resuscitation
Council UK



British Heart
Foundation

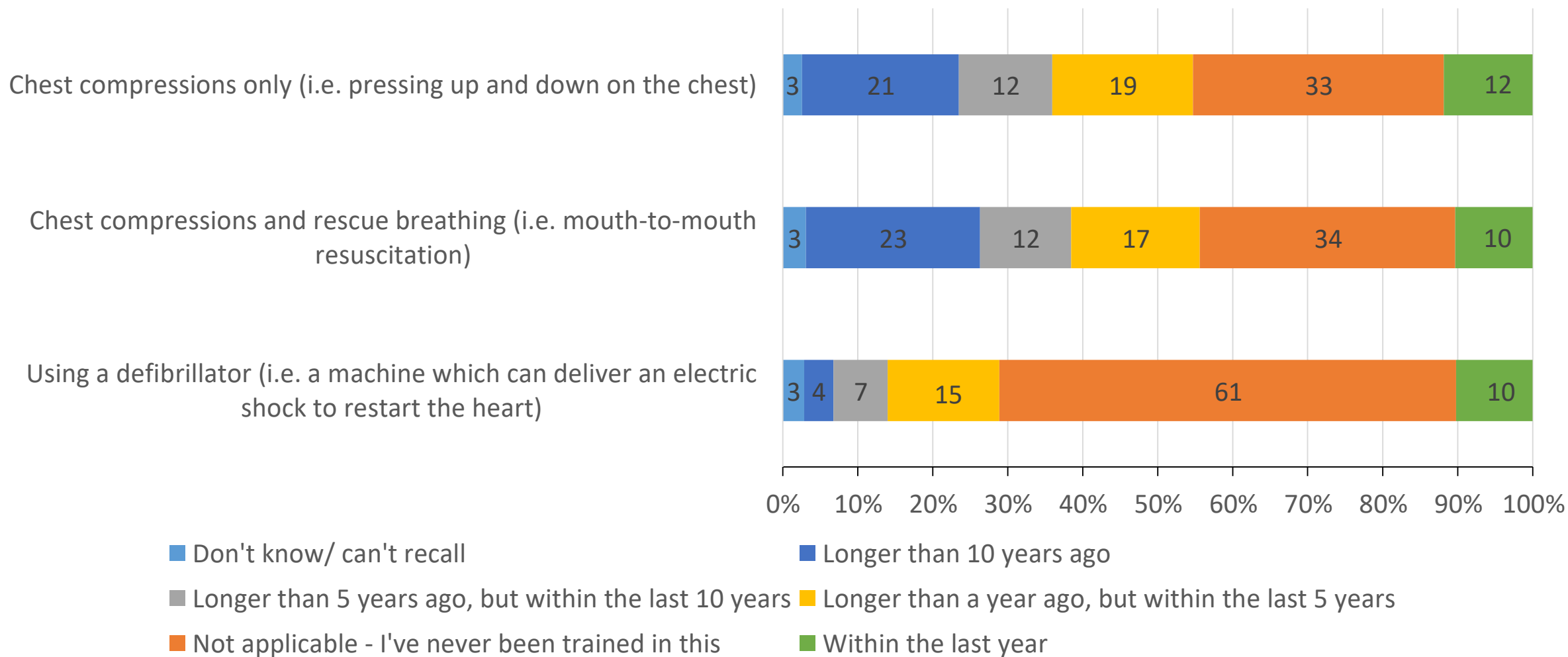
Attitudes to CPR Survey (2024)

YouGov for University of Warwick

Dates: 22nd to 24th July 2024

Total sample was 4,214. The survey was carried out online. The figures have been weighted and representative of all UK adults (aged 18+)

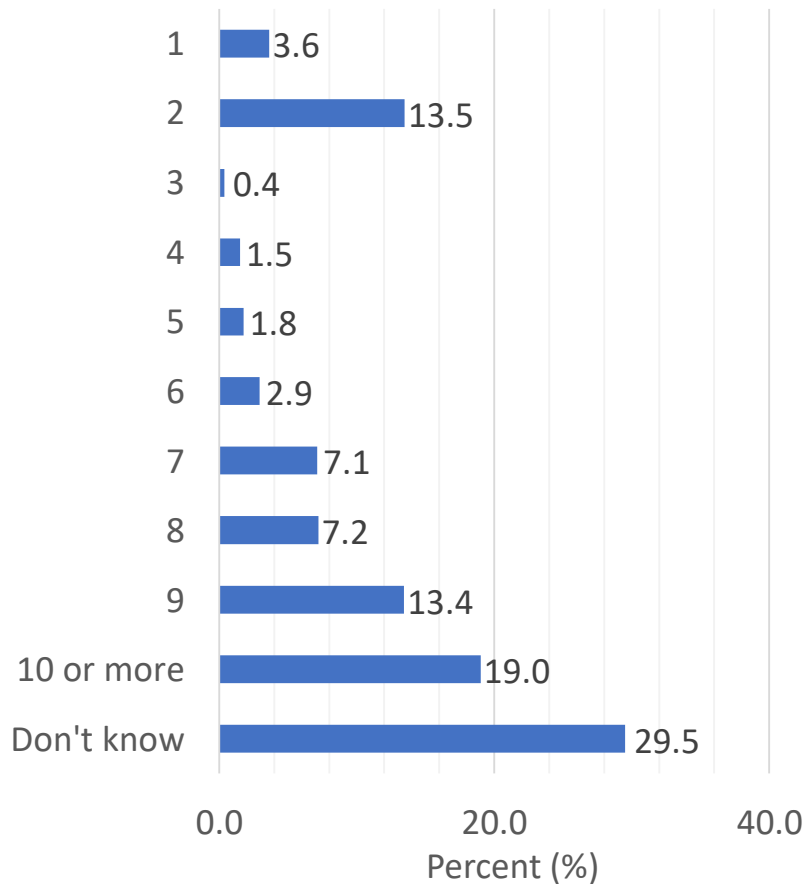
Approximately, when, if **EVER**, was the most recent time you were trained in each of the following? (Please select one option on each row. If you have never been trained, please select the 'Not applicable' option)



How many times, if any, have you been trained in each of the following? (Please select one option on each row. If you are unsure give your best estimate)

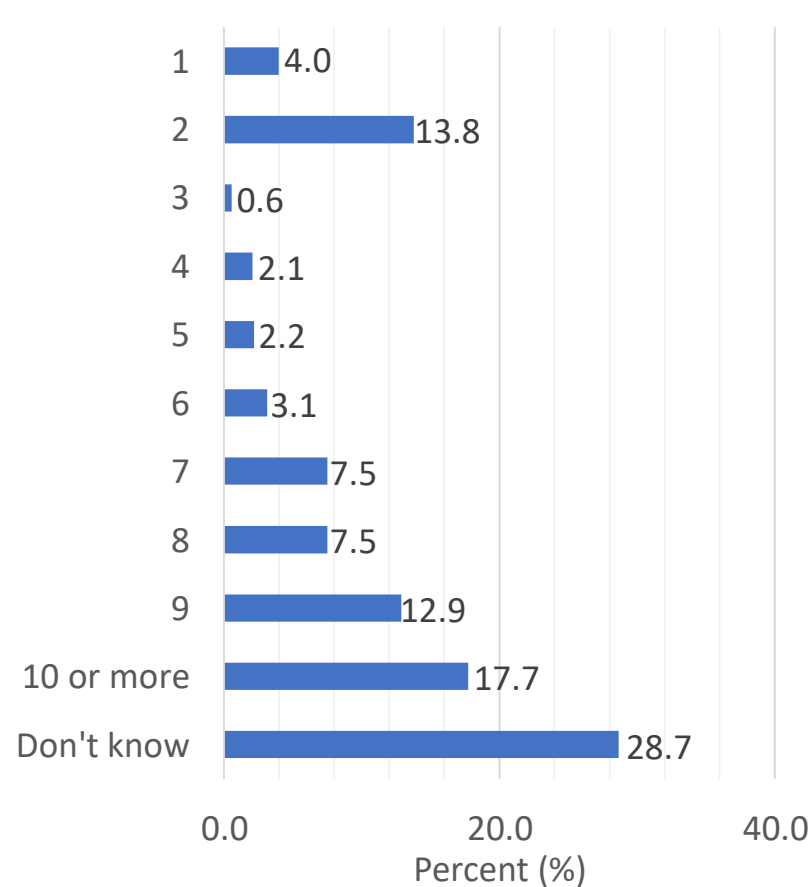
Chest compressions only (i.e. pressing up and down on the chest)

N=2,694



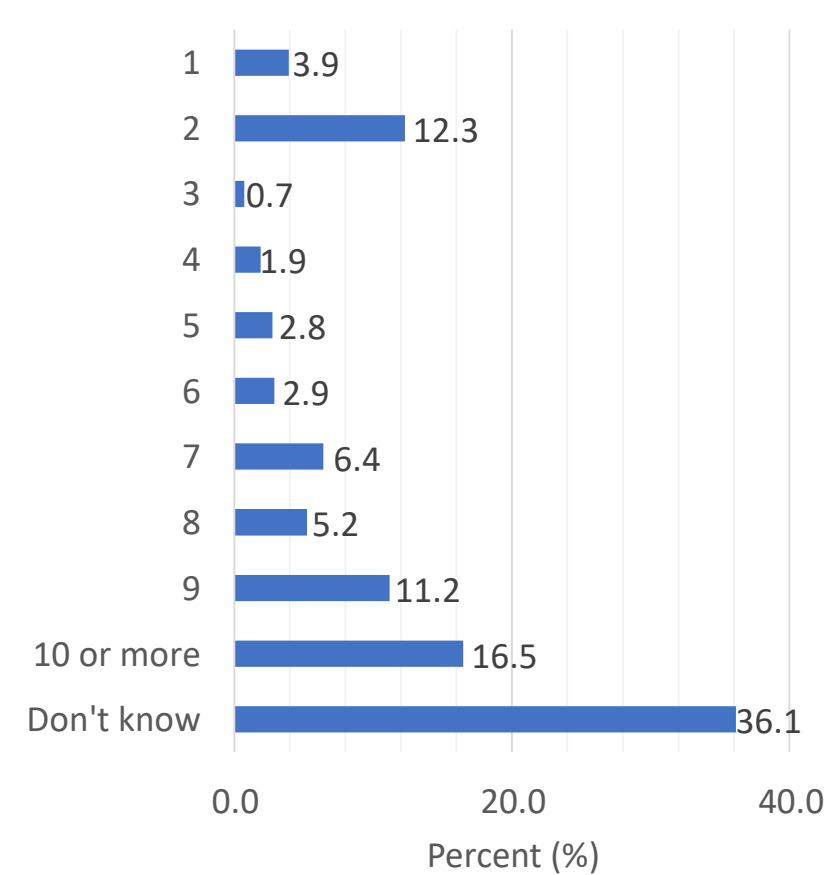
Chest compressions and rescue breathing (i.e. mouth-to-mouth resuscitation)

N=2,694



Using a defibrillator (i.e. a machine which can deliver an electric shock to restart the heart)

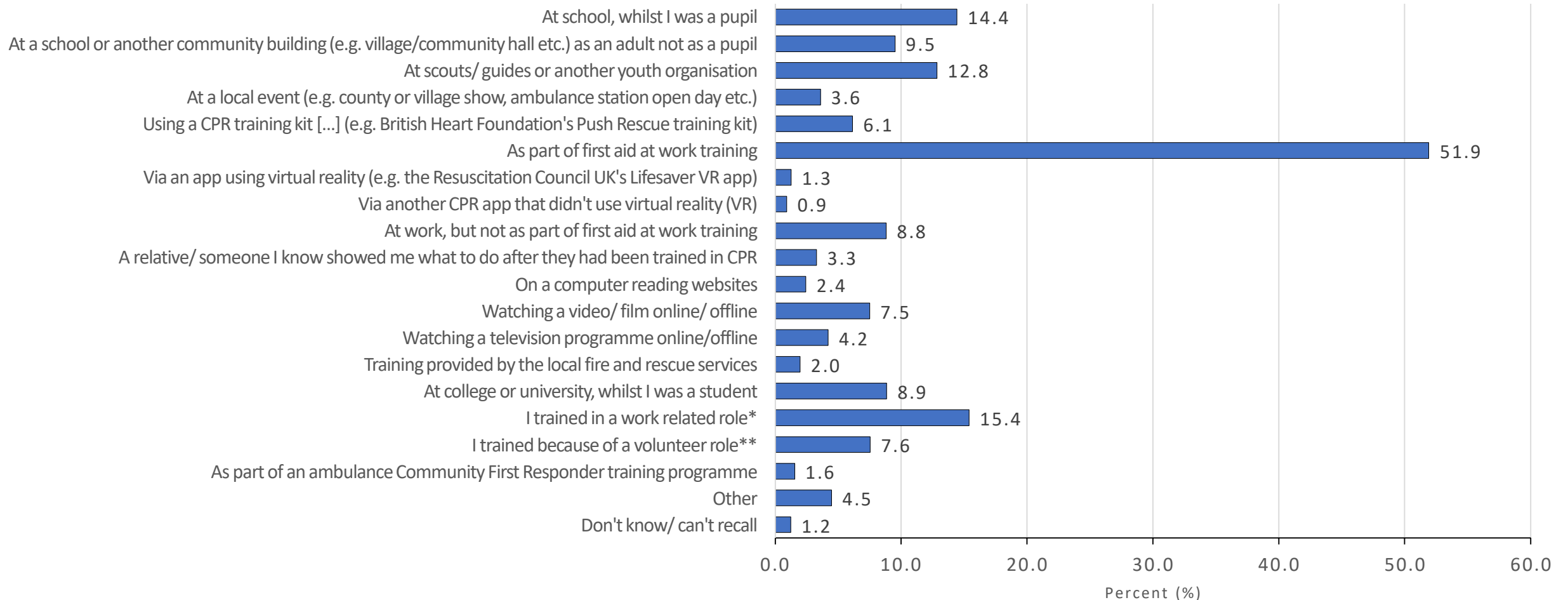
N=1,527



Unweighted base: All UK Adults who have been trained in any of the following: chest compressions, CPR and/ or defibrillation (2,694)

You said you had been trained in chest compressions (i.e. pressing up and down on the chest) and/or chest compressions and mouth-to-mouth resuscitation.

Through which, if any, of the following did you receive this training? (Please select all that apply. If your answers do not appear in the list below, please type them in the 'Other' box)



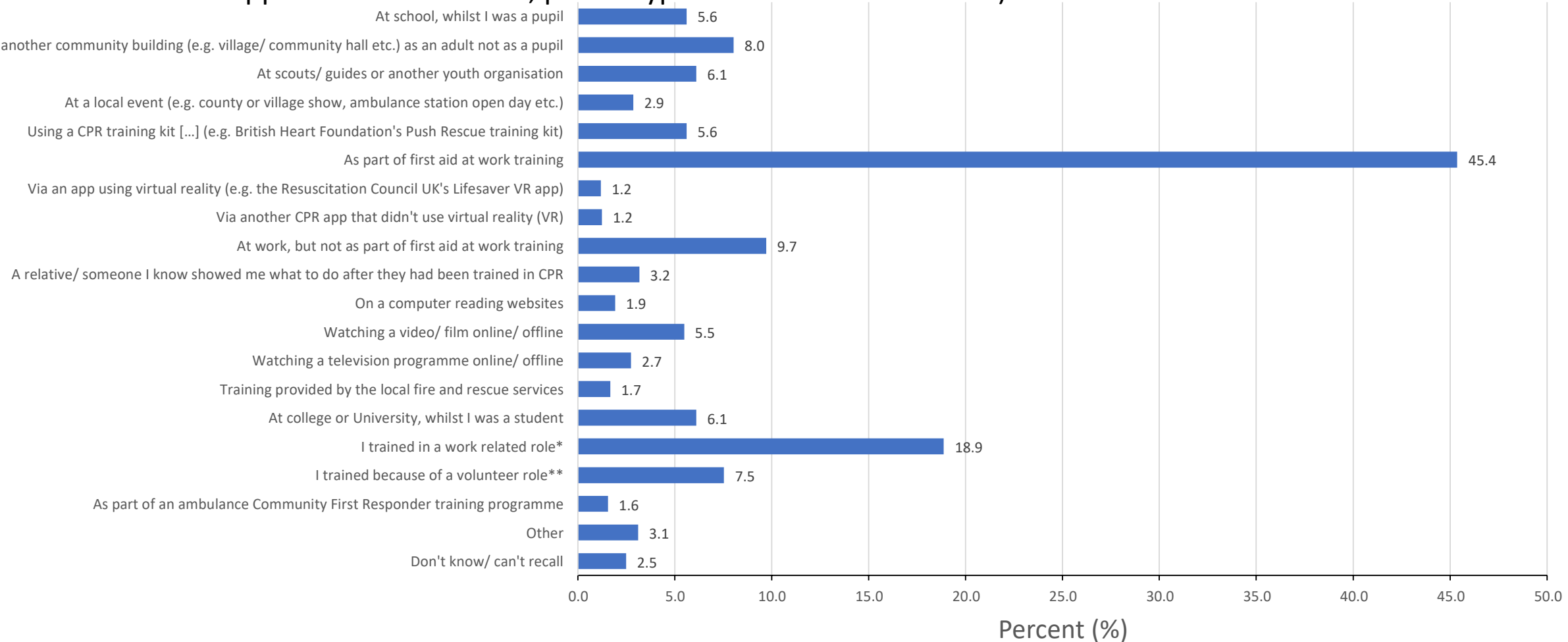
* - (e.g. in the military, as a lifeguard, nurse, doctor, paramedic, physiotherapist, occupational therapist, police, fire fighter, first aid trainer, during military service etc.)

** - (e.g. sports coach, Red Cross, St John's Ambulance volunteers, mountain rescue, coastguard volunteer, territorial army volunteer, retained volunteer fire fighter etc.)

Unweighted base: All UK Adults who have been trained in any of the following: chest compressions or CPR (2,798)

You said you had been trained in using a defibrillator...

Through which, if any, of the following did you receive this training? (Please select all that apply. If your answers do not appear in the list below, please type them in the 'Other' box)



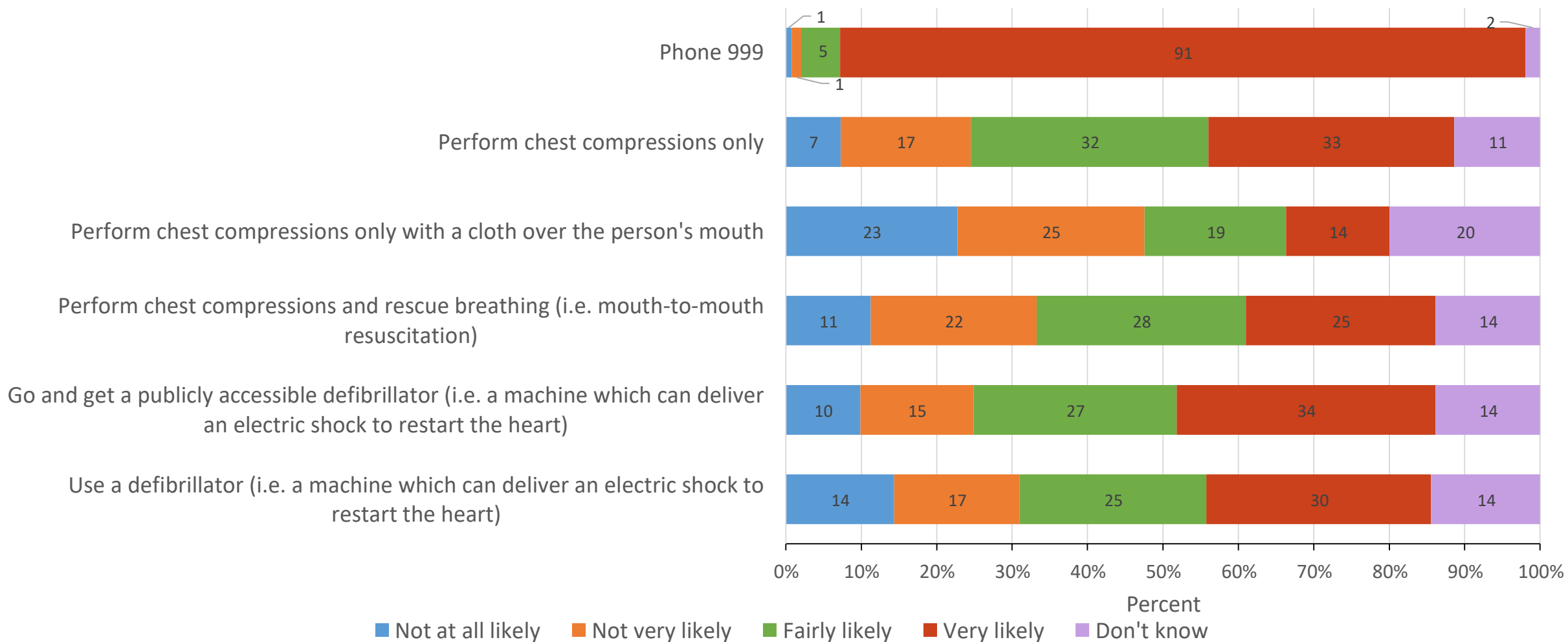
* - (e.g. in the military, as a lifeguard, nurse, doctor, paramedic, physiotherapist, occupational therapist, police, fire fighter, first aid trainer, during military service etc.)

** - (e.g. sports coach, Red Cross, St John's Ambulance volunteers, mountain rescue, coastguard volunteer, territorial army volunteer, retained volunteer fire fighter etc.)

Unweighted base: All UK Adults who have been trained in how to use a defibrillator (1,527)

As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Please imagine that you were witnessing someone having a cardiac arrest in front of you...

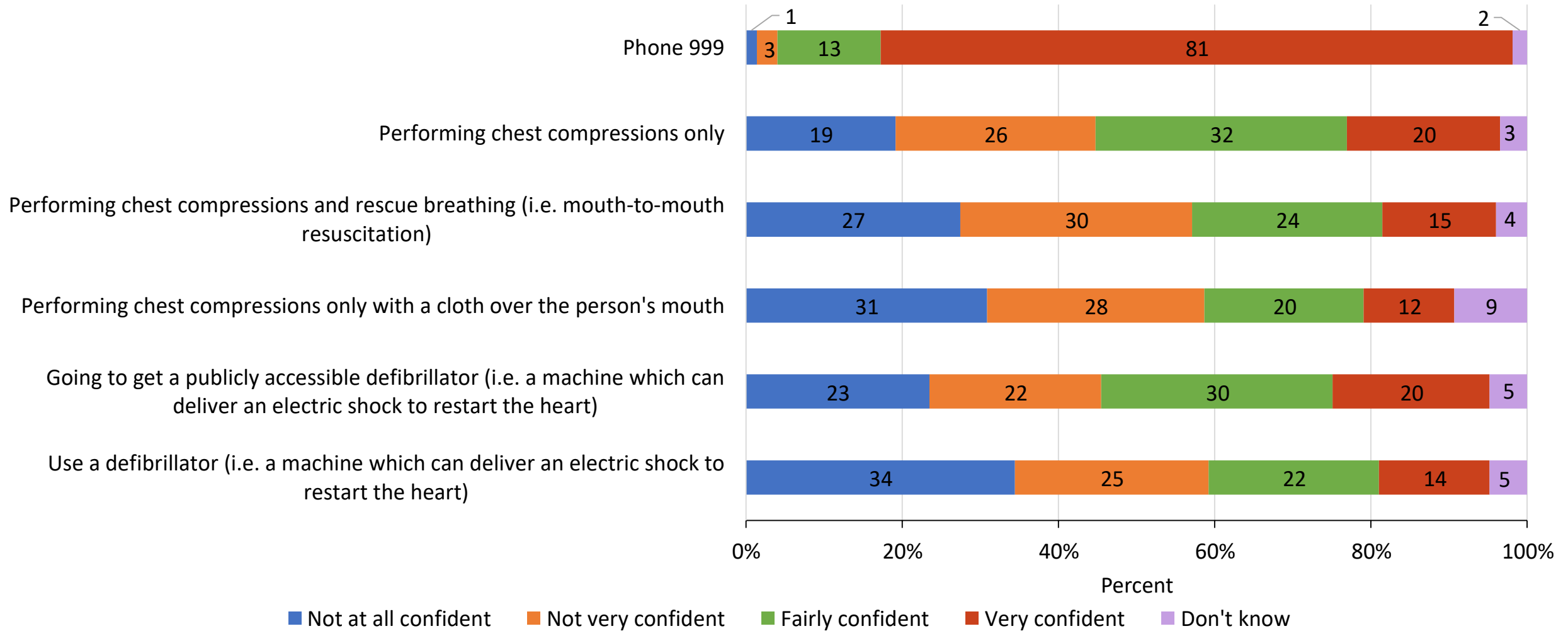
Provided all of these options were available to you (i.e. you had access to a phone, defibrillator etc.), how likely, if at all, would you be to do each of the following? (Please select one option on each row)



Unweighted base: all UK adults (4,214)

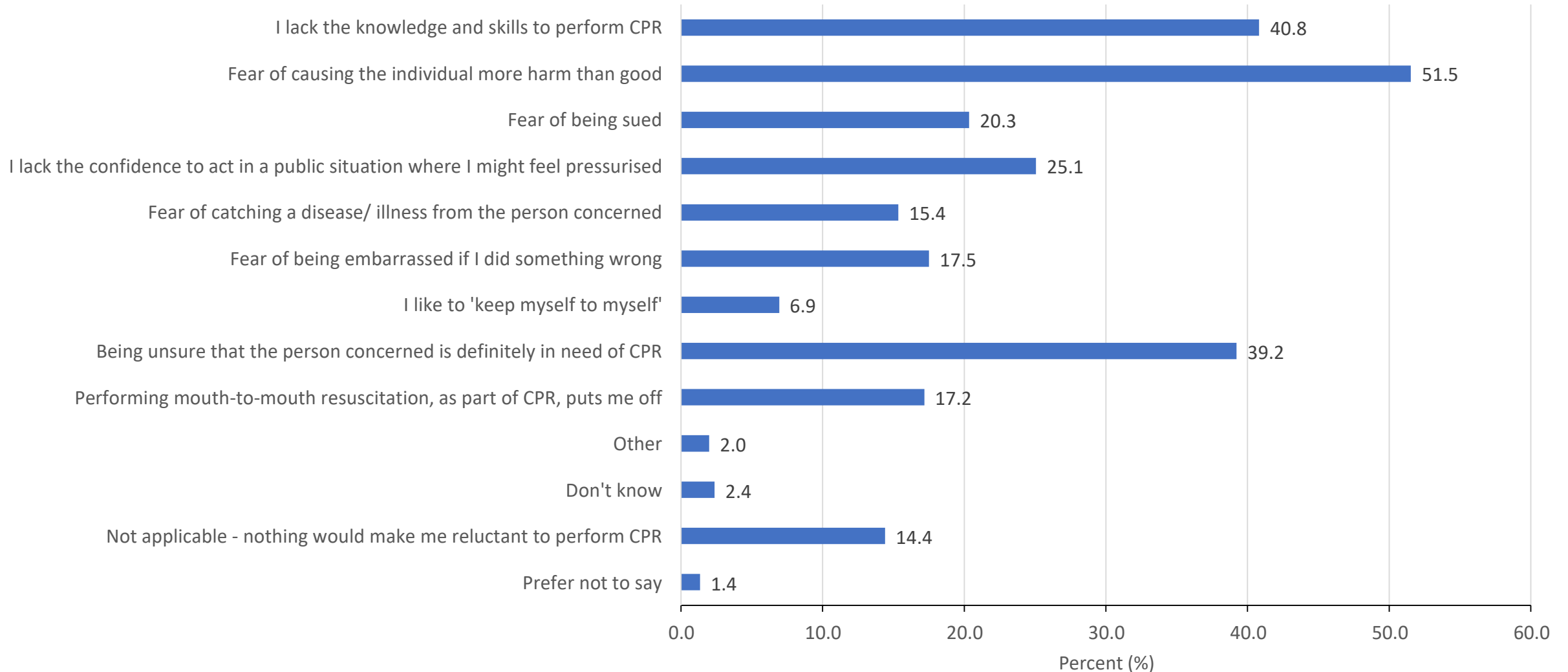
As a reminder, by "cardiac arrest", we mean when a person's heart stops beating and they stop breathing. Still imagining that you were witnessing someone having a cardiac arrest in front of you...

How confident, if at all, would you feel doing each of the following? (Please select one option on each row)



Unweighted base: all UK adults (4,214)

For the following question, by "cardiac arrest" we mean when a person's heart stops beating and they stop breathing. Still imagining that you were witnessing someone having a cardiac arrest in front of you... Which, if any, of the following would make you reluctant to perform CPR? (Please select all that apply)



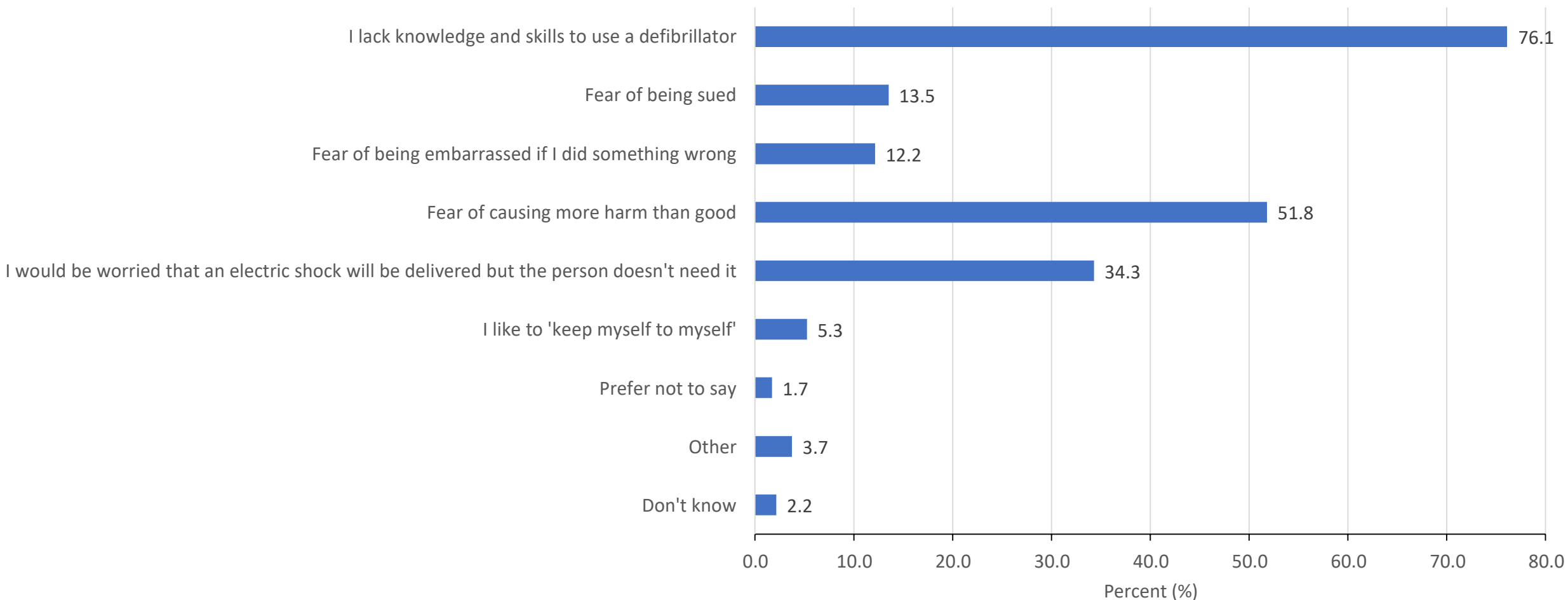
Unweighted base: all UK adults (4,214)

As a reminder, by "defibrillator", we mean a machine which can deliver an electric shock to restart the heart.

You have said you are not very or not at all likely to use a defibrillator...

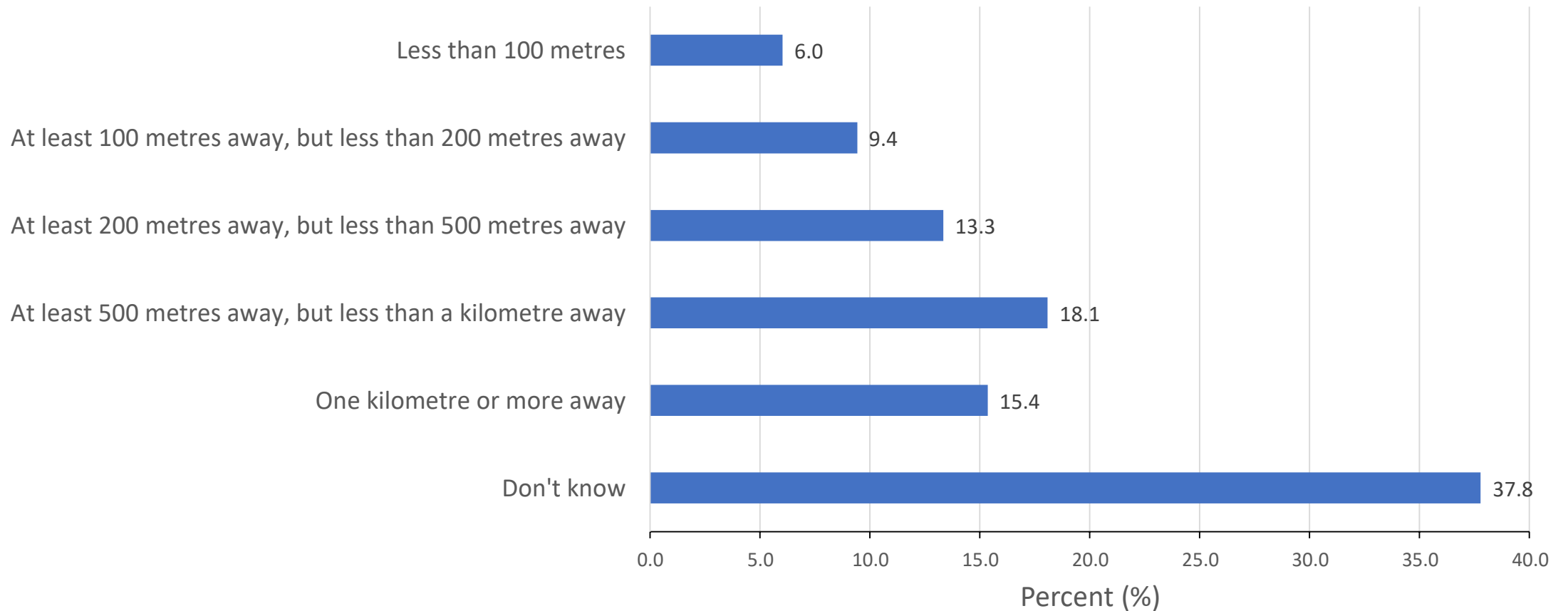
Which, if any, of the following reasons make you feel reluctant to use a defibrillator?

(Please select all that apply)



Unweighted base: All UK adults who are not likely to use a defibrillator (i.e. a machine which can deliver an electric shock to restart the heart) (1,307)

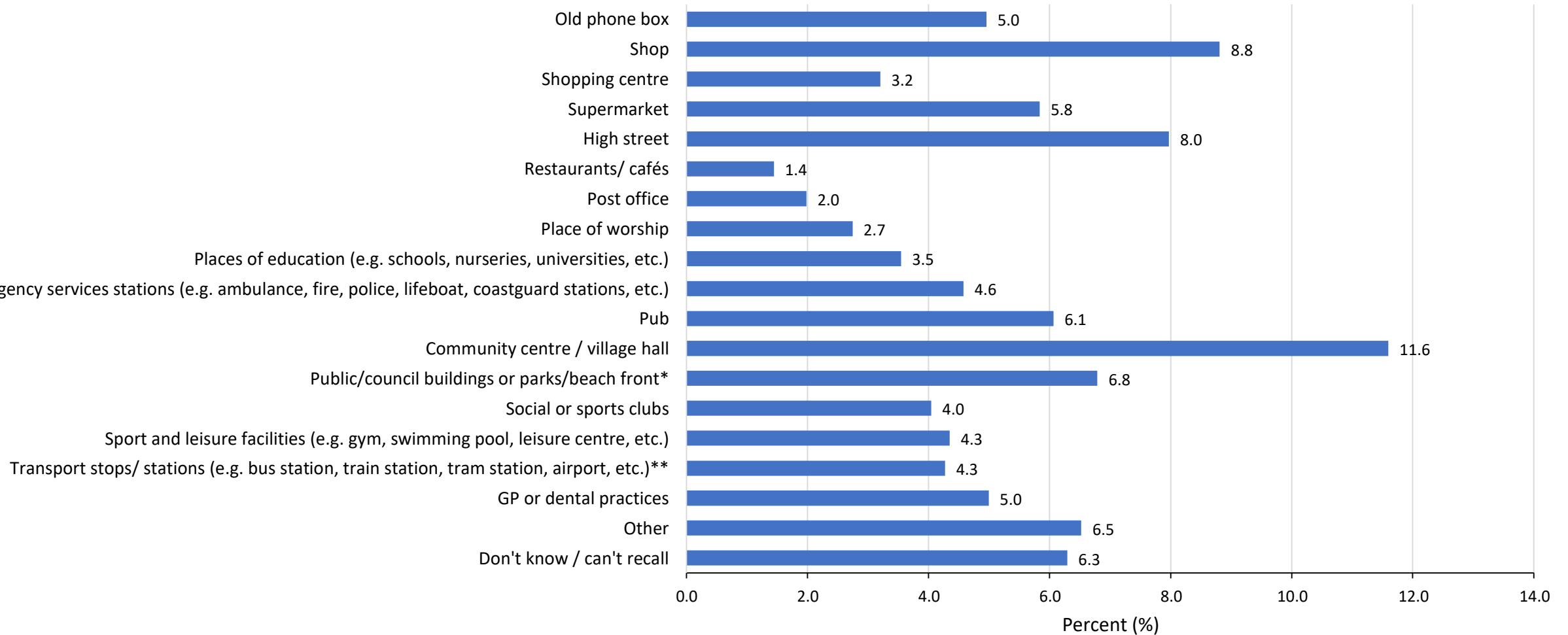
As a reminder, by "defibrillator", we mean a machine which can deliver an electric shock to restart the heart.
Approximately how far do you think the nearest publicly accessible defibrillator is from your home? (Please select the option that best applies. If you don't know, please select the 'Don't know' option)



Unweighted base: all UK adults (4,214)

You said that you know roughly how far away from your home the nearest publicly accessible defibrillator (PAD) to your home is...

Where is this public access defibrillator stored? (Please select the option that best applies)



* - (e.g. museum, town hall, council offices, beach front locations, park gate or other park location)

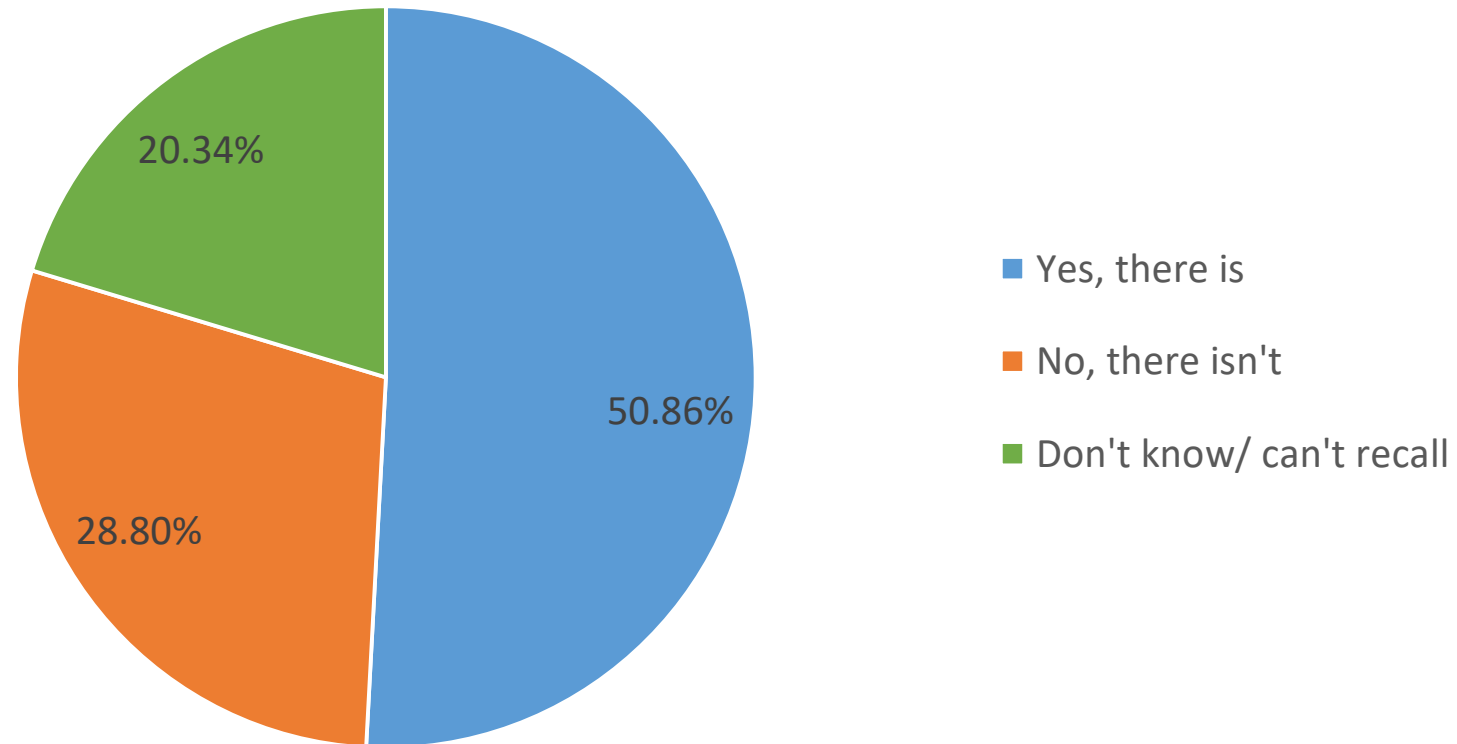
** - combination of 3 response options: 'Transport stops/stations (e.g. bus station, train station, tram station, airport, etc.)', 'Tram station', and 'Tube station' due to overlap in wording

Unweighted base: all UK adults who reported knowing where the nearest PAD was to their home (2,622)

For the following question, if you work in more than one place, please think about your MAIN place of work (i.e. where you spend most of your time when you go into your employer's work place). By "workplace", we mean the place where you spend most of your time working when you go into your employer's work place.

As a reminder, for the following question by "defibrillator" we mean a machine which can deliver an electric shock to restart the heart.

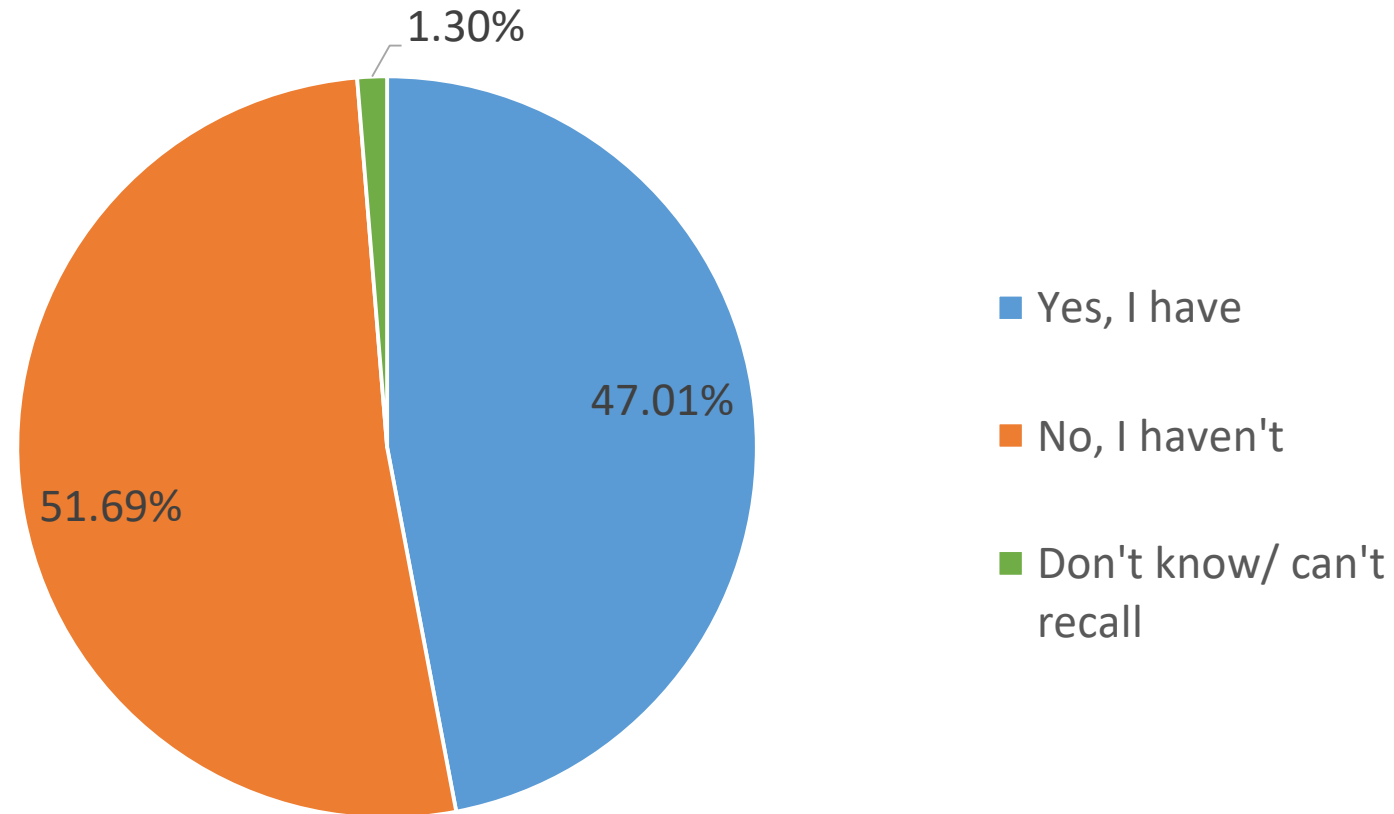
Is there a defibrillator that you can access in your workplace?



For the following question, by "trained", we mean any training which your workplace provided on how to use a defibrillator, this can include an external provider coming in, a colleague training you on how to use a defibrillator or going to a location outside of your workplace, but funded by your employer, to receive training.

Please do not think about any times that you were trained on how to use a defibrillator that were not organised by your workplace.

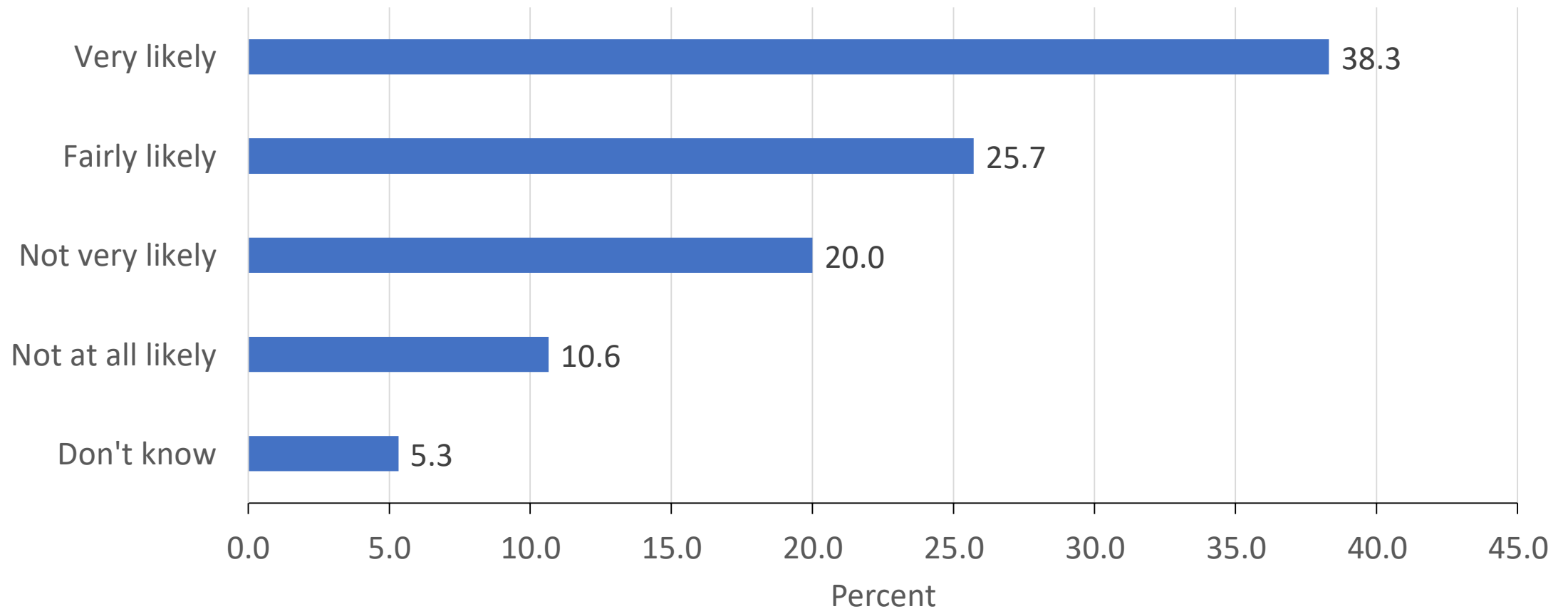
Have you EVER been trained on how to use your workplace defibrillator? (Please select the option that best applies)



As a reminder, for the following question, by "defibrillator", we mean a machine which can deliver an electric shock to restart the heart.

Please imagine that you were at work and you were witnessing someone having a cardiac arrest...

How likely, if at all, would you be to use your workplace's defibrillator?

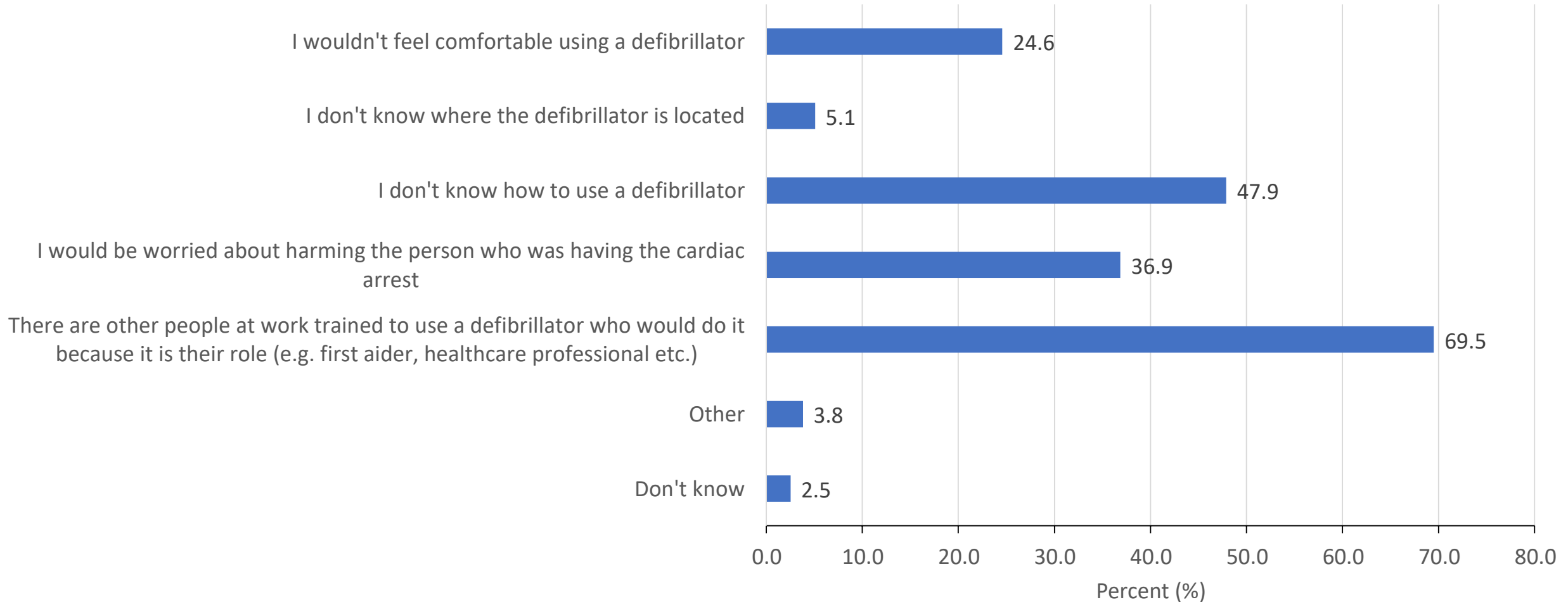


Unweighted base: All UK Working Adults who have a defibrillator in their workplace (770)

As a reminder, for the following question, by "defibrillator", we mean a machine which can deliver an electric shock to restart the heart.

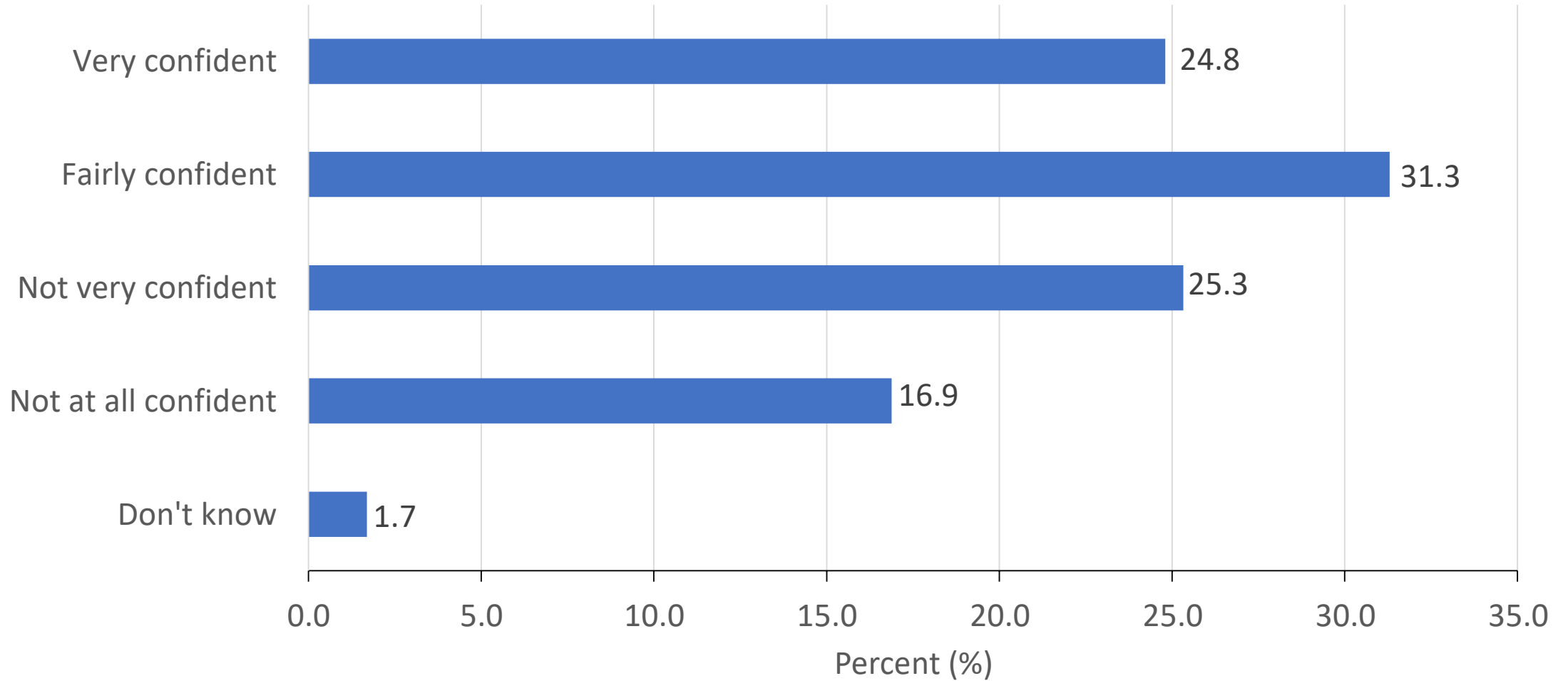
You previously said that you would be unlikely to use your workplace's defibrillator if you were witnessing someone having a cardiac arrest.

Which, if any, of the following are reasons for this? (Please select all that apply. If any of your answers don't appear in the list below, please type them into the "Other" box)



Unweighted base: All UK Working Adults who have a defibrillator in their workplace and would be unlikely to use it (236)

continue to imagine you were at work and you were witnessing someone having a cardiac arrest...
How confident, if at all, would you feel in using your workplace's defibrillator?

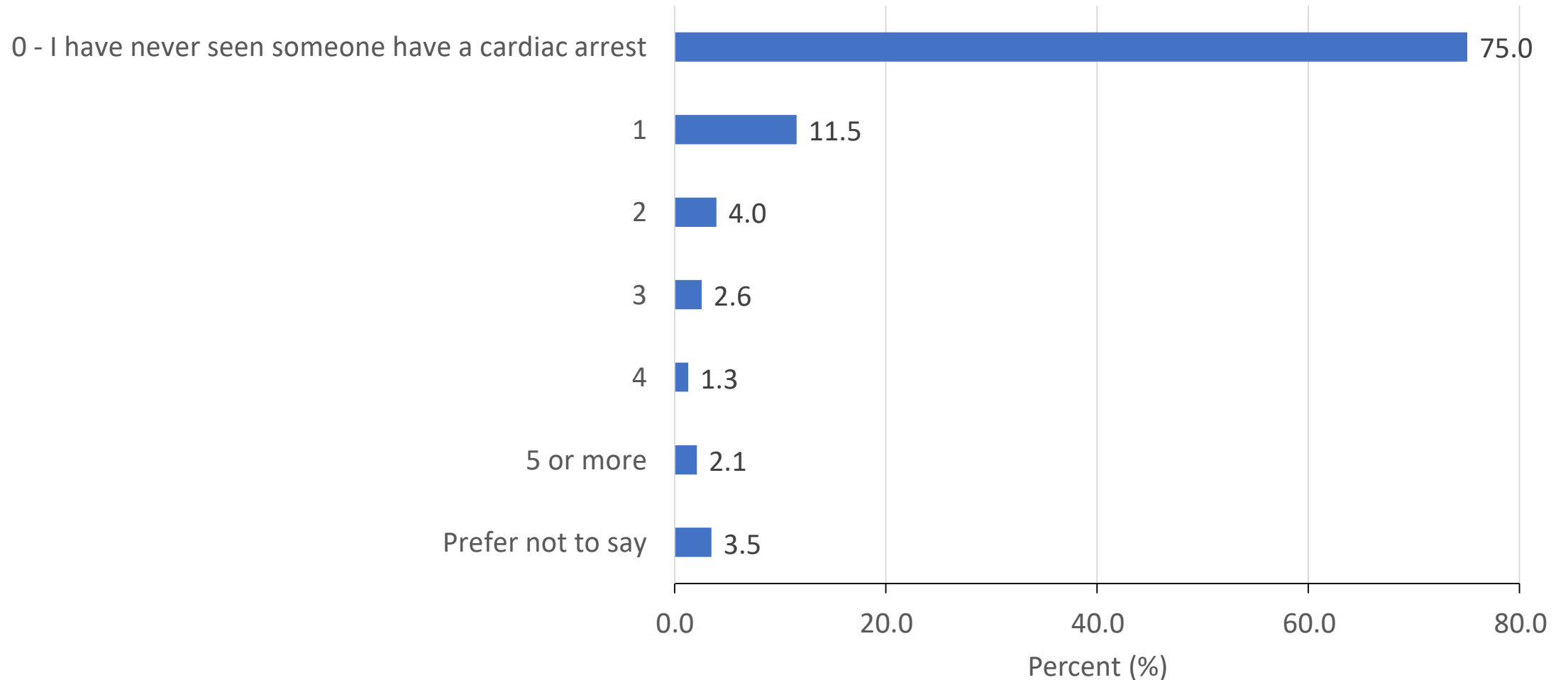


Unweighted base: All UK Working Adults who have a defibrillator in their workplace (770)

A cardiac arrest happens when the heart stops beating, the person stops breathing and they collapse because they become unconscious. This is why they need cardiopulmonary resuscitation (CPR).

For the following question, please do not include any incidents that happened within a hospital or nursing home or incidents that you attended to as part of your job (e.g. doctors, nurses, paramedics).

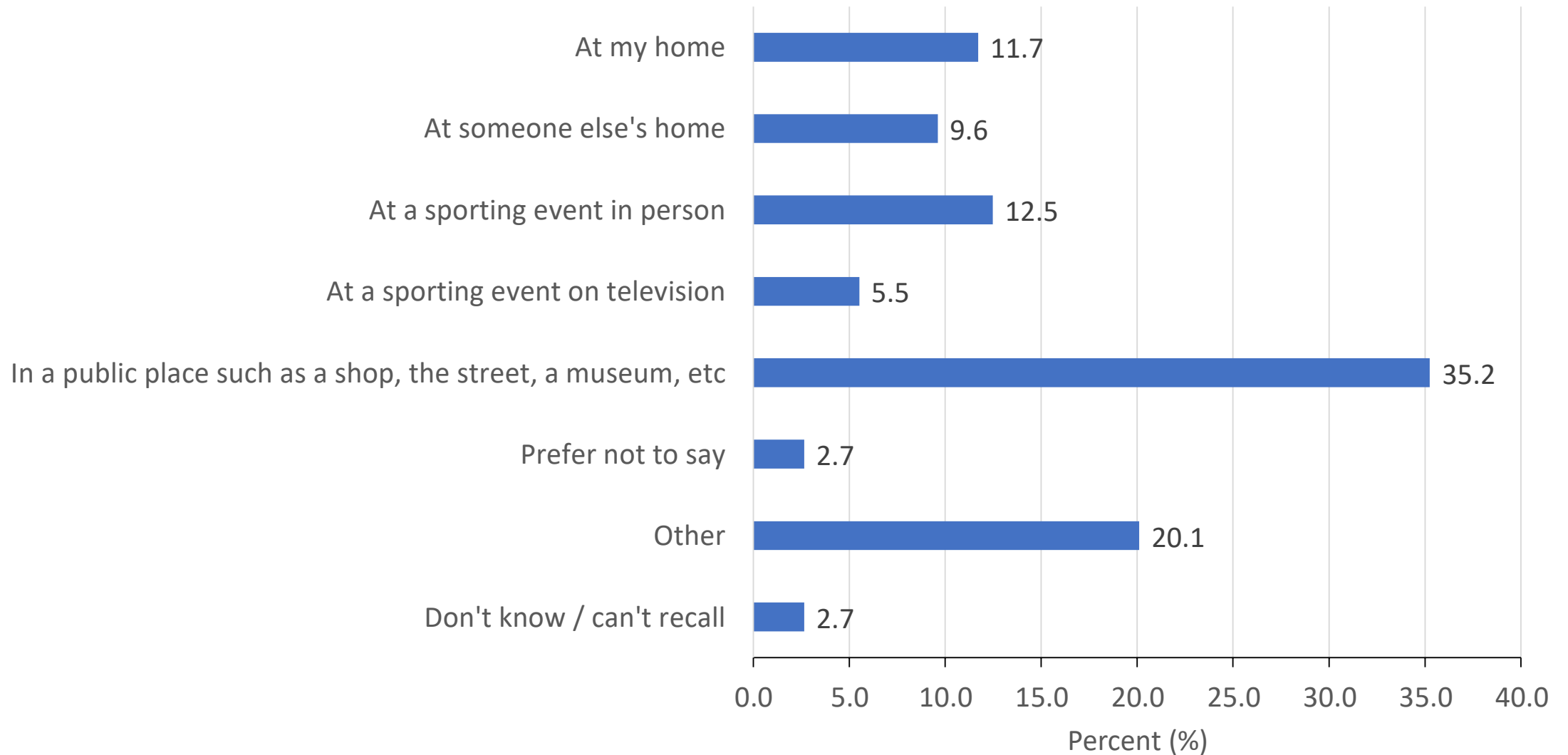
How many times in your life have you seen someone have a cardiac arrest (i.e. collapse and be in need of CPR)?



Unweighted base: all UK adults (4,214)

You said you have seen someone have a cardiac arrest (i.e. collapse and be in need of CPR). If you have seen this on more than one occasion, please think about the most recent time...

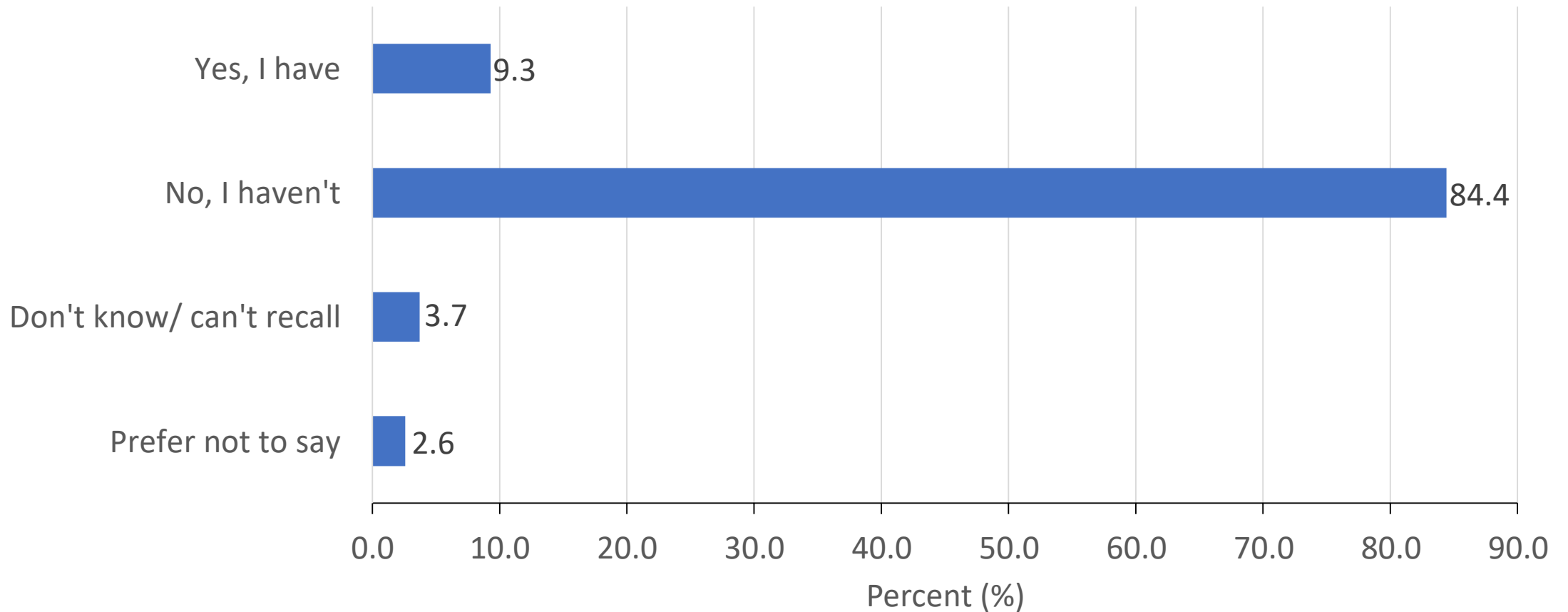
Where did you see someone have a cardiac arrest?



Unweighted base: All UK Adults who have seen someone have a cardiac arrest (905)

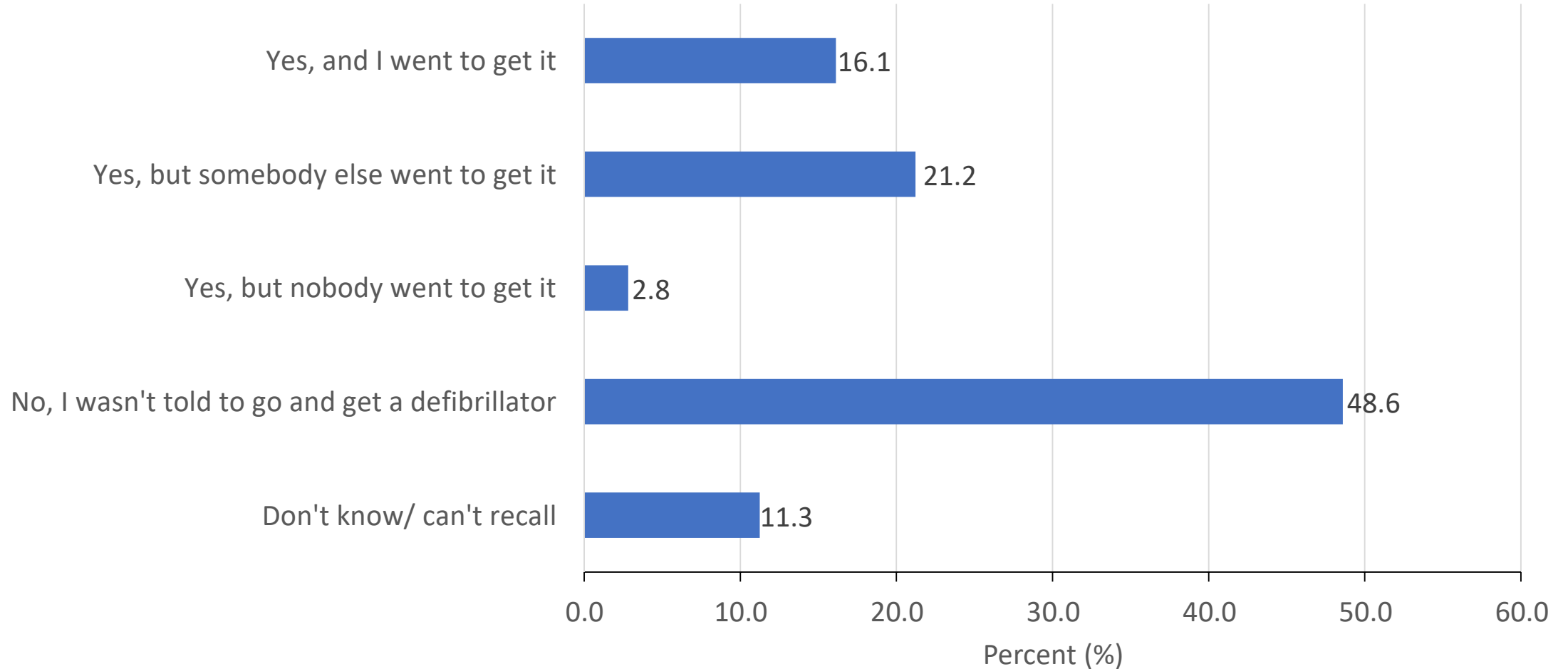
For the following question, if you are a health care professional, member of the emergency or armed services, please do not include any times when you responded as part of your job.

Have you EVER called 999 because you were helping someone who was having a cardiac arrest that didn't happen in a hospital, care home or hospice?

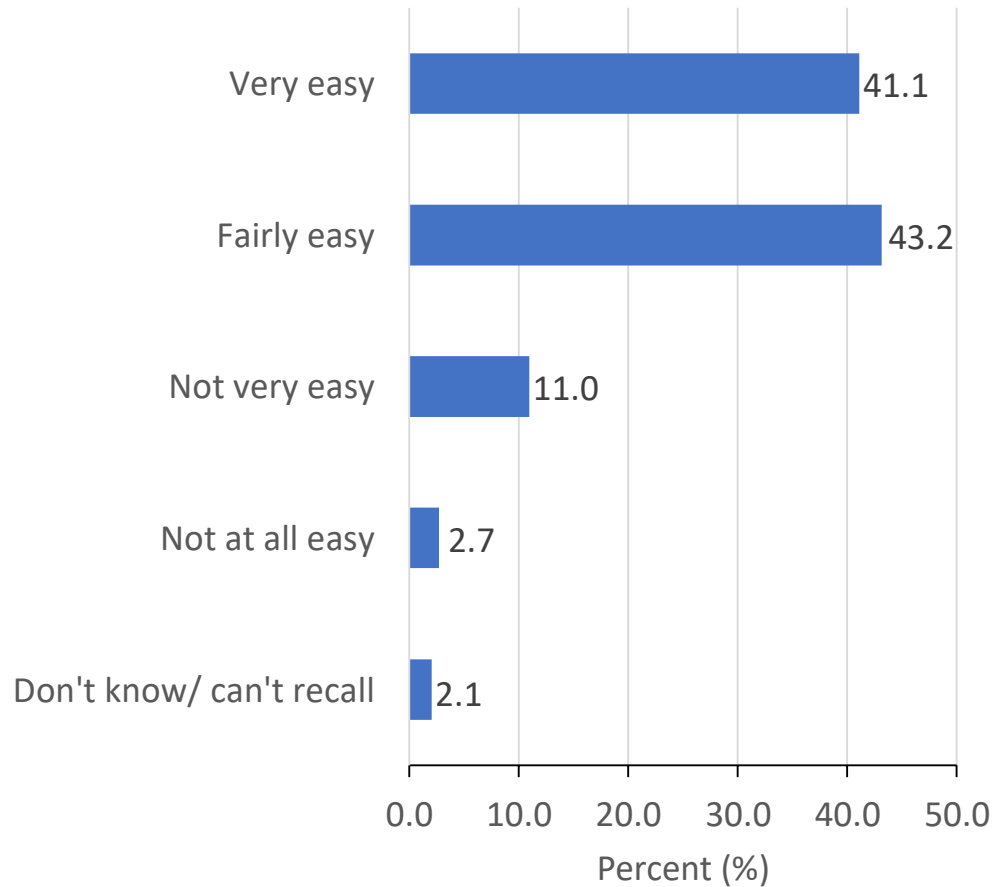


Thinking about the MOST recent time you called 999 because you were helping someone who was having a cardiac arrest that didn't happen in a hospital, care home or hospice...

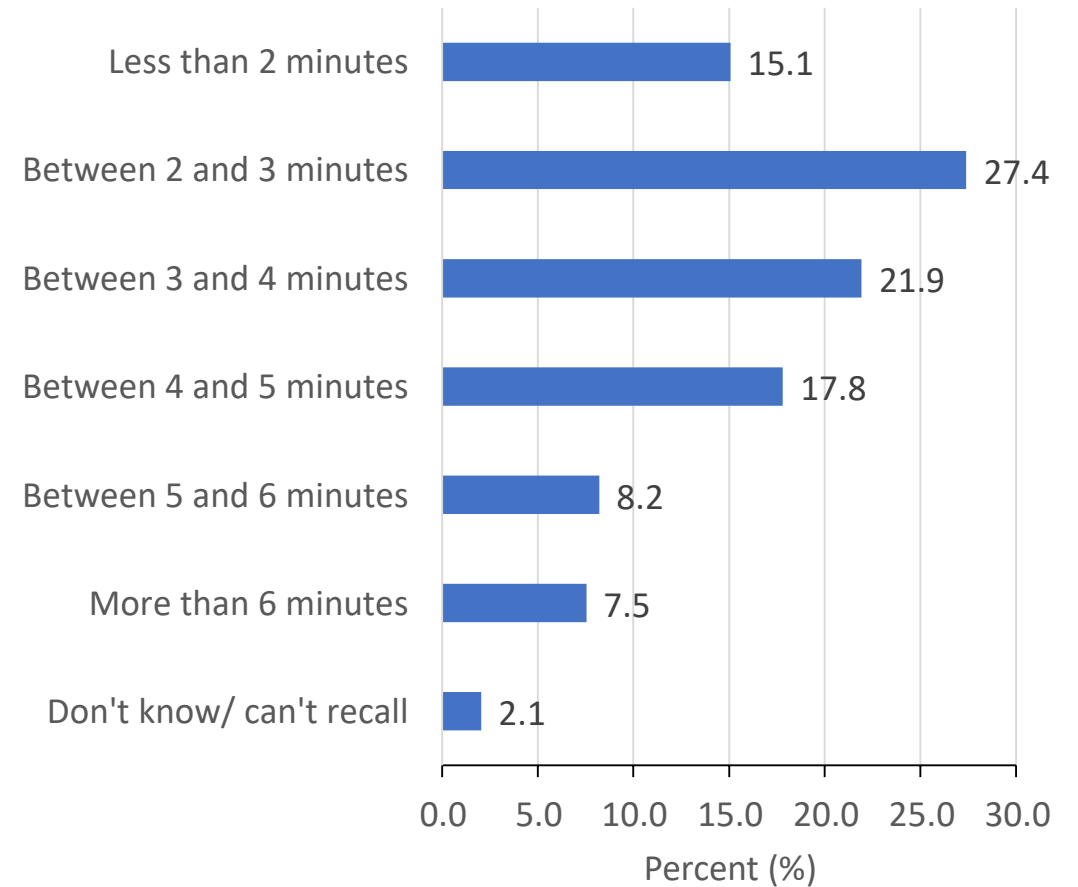
Did the person answering the 999 call tell you to go and get a defibrillator (a machine used to restart the heart)?



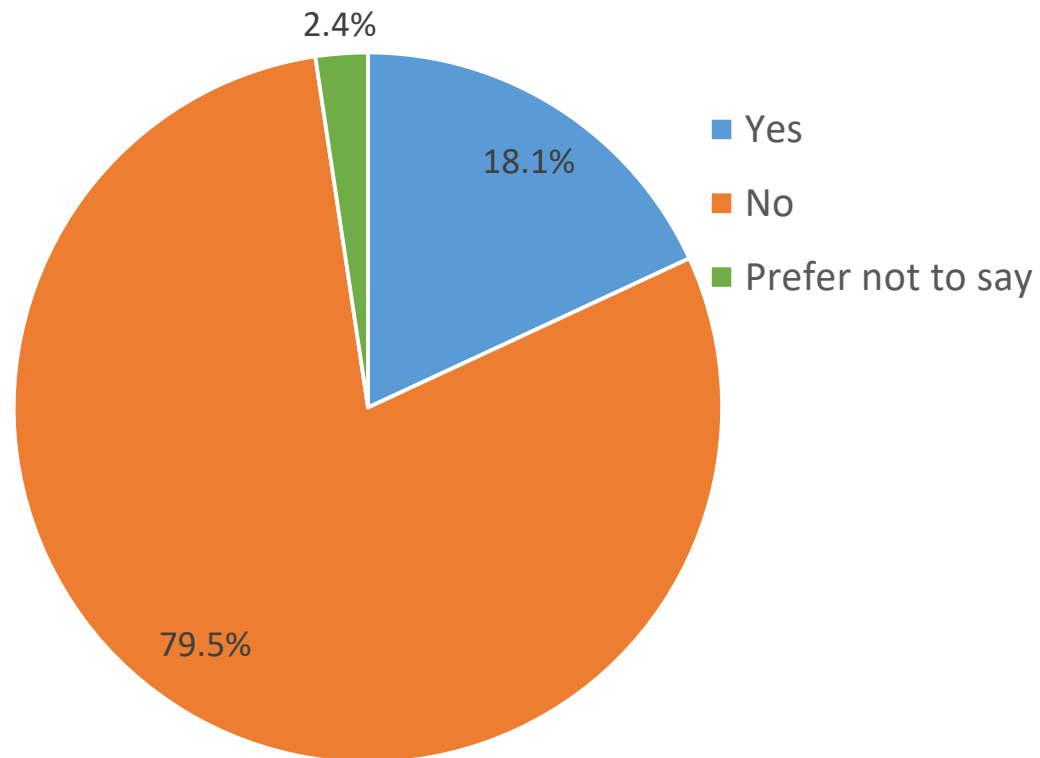
How easy, if at all, was it to find the defibrillator? (If you were not the person to get the defibrillator, please answer based on how easy it was for the other person to find it)



Still thinking about the MOST recent time you called 999 because you were helping someone who was having a cardiac arrest that didn't happen in a hospital, care home or hospice...
Approximately how long did it take you or the other person to find the defibrillator? (Please select the option that best applies)



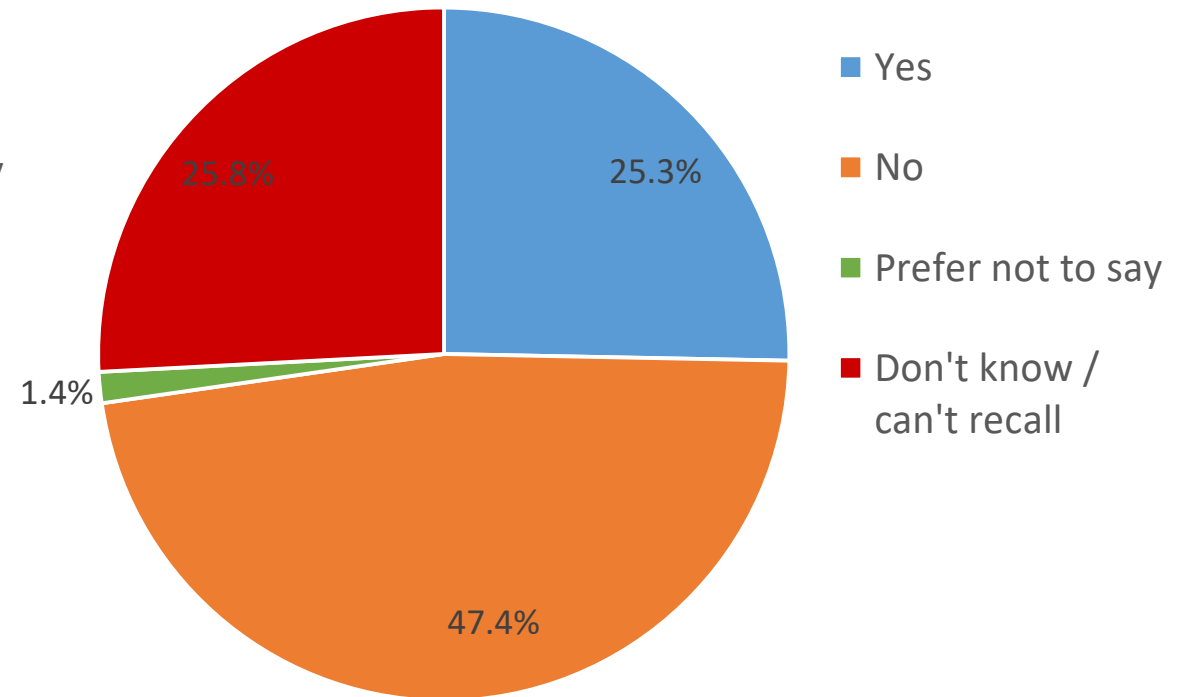
Do you have any children living in your household who attend secondary school/sixth form / college (i.e. aged 11 – 18 years old)?



Unweighted base: all UK adults (4,214)

Some of the UK national governments (i.e. England, Wales, Scotland and Northern Ireland) require or recommend that state funded schools provide first aid training as part of the secondary school curriculum (e.g. as part of Personal Social Education). This first aid training includes CPR and may include raising awareness of or how to use an automated defibrillator. Thinking about the last academic year (2023 – 2024)...

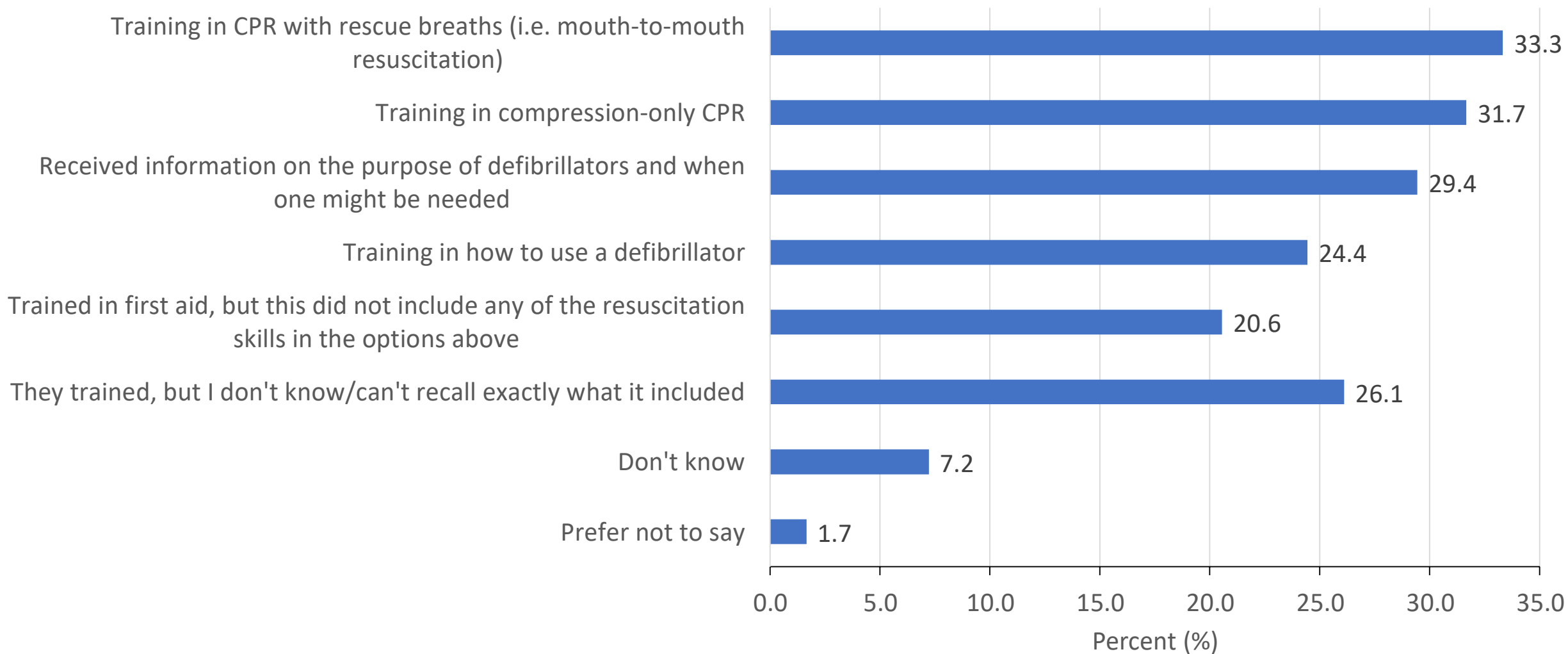
Have any of your children in secondary school/ sixth form/ college (i.e. aged 11 – 18 years old) received first aid training through their school curriculum?



Unweighted base: All UK Adults with Children in Secondary School/ sixth form/ college (763)

If you have more than one child who has attended first aid training at secondary school/ sixth form/ college in the last academic year, please think about the child whose birthday is next...

Which, if any, of the following, did they do? (Please select all that apply)



Unweighted base: All UK adults who have children who learnt first aid at a secondary school outside of their home (180)

If you had to choose, which ONE, if any, of the following would come closest to your views on whether people should complete a course on CPR training, as part of getting their full driving license in the UK?

