

NEWSLETTER

April 25 / Vol 1

34
Participants
Recruited!

(Recruitment up to 30th April 2025)

13
PIC Sites Open

(Sites open up to 30th April 2025)

Welcome to ReSTORE's first newsletter!

We're excited to keep you updated as the trial progresses. In each edition, we will be sharing key trial milestones, recruitment stats, and insights from our journey. We are pleased to share that after a busy and productive setup phase, the ReSTORE trial officially opened to recruitment on 21st March 2025. We have worked closely with local

RDNs and are happy to announce we have successfully greenlighted 13 GP practices to take part in the study. We have mailed 4,870 potential participants and recruited 34 participants during month 1. Our first intervention group is ready to begin, and the intervention team based at UHCW are looking forward about the next phase of the trial. We want to thank you for all your ongoing support.

Support Beyond ReSTORE – How GPs Can Help Stroke Survivors

While not all stroke survivors may be eligible to take part in ReSTORE, there are still plenty of ways GPs and healthcare professionals can support patients in their recovery journey. One valuable option is connecting patients with local or online stroke support groups. These groups provide a safe and encouraging space for stroke survivors to regain confidence, explore self-care, share experiences, and continue rebuilding their lives. You can search for the local groups by postcode [Find your local council](#) or [view all groups on a map](#).



WELCOME TO OUR NEW PIC SITES

Be Part Of Research Network (BPORN)

BPORN is run by the National Institute for Health and Care Research (NIHR), that helps people find and participate in health and care research studies. Individuals can register their interest in specific health conditions and be matched with suitable research opportunities. BPORN have mailed 4688 potential participants for ReSTORE!

North West RRDN

- Issa Medical
- Lunesdale Surgery
- South Wigan Medical Practice
- Spital Surgery
- Conisbrough Group Practice

Yorkshire & Humber RRDN

- Bartholomew Medical Group
- Ampleforth Surgery Group
- The Park Surgery Driffield
- The Ridings Medical Group
- Conisbrough Group Practice

Health and Care Research Wales

- Clarence Medical Centre
- The Practice of Health Barry

We look forward to opening new regions!

TOP TIPS

Searches

When running your searches, please ensure you're only including patients who have had a stroke between 6 and 36 months ago. This helps avoid patients receiving letters they shouldn't have had.

Docmail

At the final stage in Docmail, when the Payment section appears, click 'Pay' on the invoice and leave the PO field blank. The cost will be billed to the ReSTORE team.

MEET THE WCTU TEAM



Gordon McGregor
Chief Investigator



Julie Bruce
Co-Chief Investigator



Stu Ennis
Intervention Lead



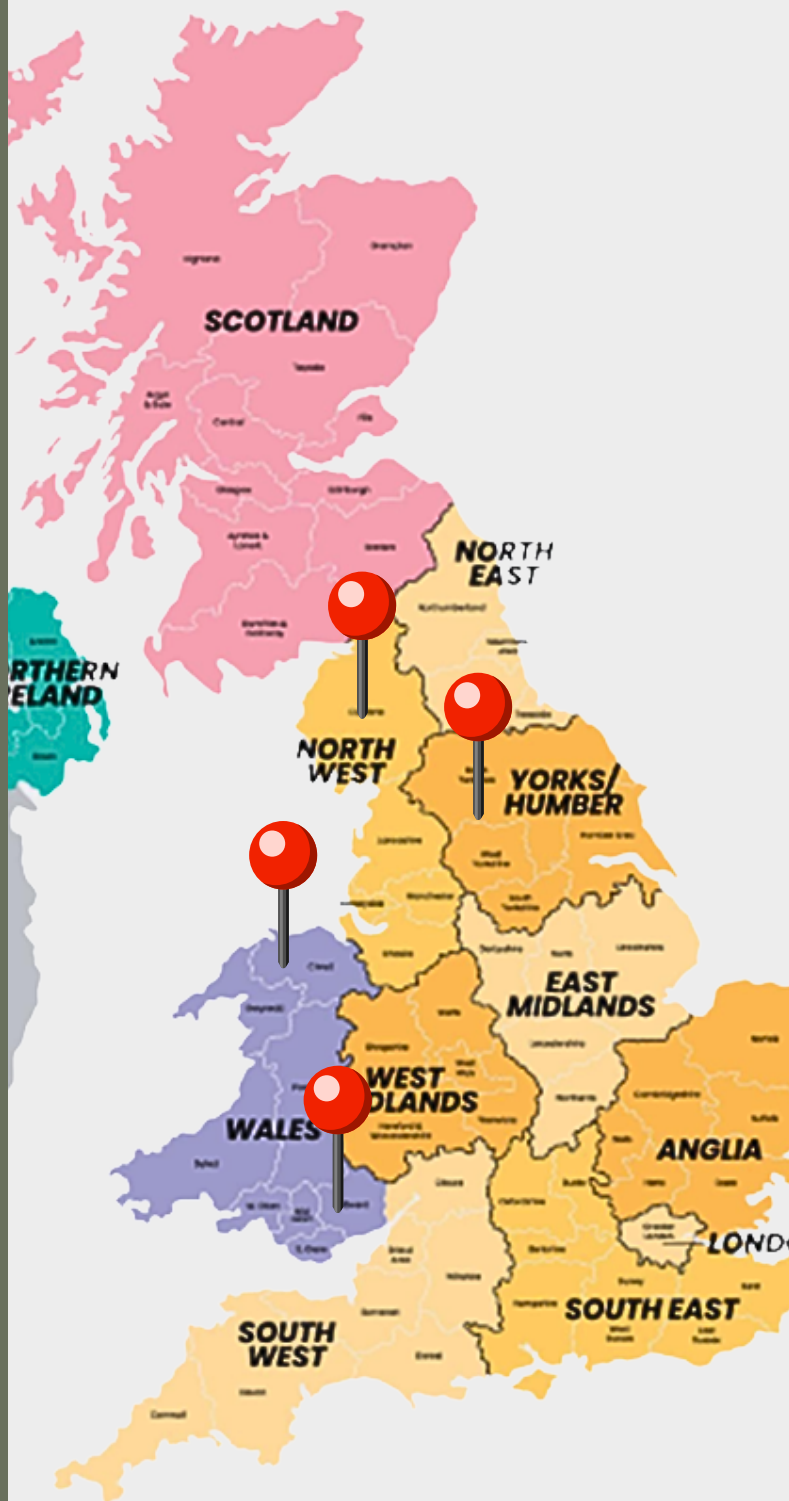
Lucy Eggleston
Clinical Trial Manager



Nicole De Valliere
Clinical Trial Coordinator



Helen Bradley
Senior Project Manager



GET IN TOUCH

If you have any questions, want to get in touch, or would like to give a team member a shout-out in our next edition, drop us a line at restore@warwick.ac.uk.

Thank you for your continued support!