

Guck, Jonathan

From: STRESS-L, resource
Sent: 14 January 2020 09:17
To: STRESS-L, resource
Subject: STRESS-L January 2020 Newsletter

STRESS-L January 2020 Newsletter

Issue 14



 [@StressLTrial](#)

 [Trial Website](#)



Your monthly round of up of STRESS-L news

[Trial Update](#)

[Milestones](#)

[Learning Corner](#)

[Data Entry and Prizes](#)

[Investigator Meeting](#)

[Recruitment Case Study](#)

[Emergency Phone Line](#)

[Co-enrolment update](#)

Trial Update

We hope you all had a relaxing and merry festive period! There was much progress to celebrate over the last 12 months and we look forward to continuing this into 2020.

Shout out to the team at **Russell's Hall** who recruited **2** participants in December, reaching their yearly target in the process! Well done **UCL, Liverpool, Aberdeen** and **Royal Cornwall** for enrolling the first participants of the decade!

Milestones

87 patients recruited so far

33 sites open to recruitment

38 sites initiated to date

08/11/2019 Successful DMC Meeting held

12/12/2019 Successful TSC Meeting held



Learning Corner As summarised in our recent eligibility clarification email:

email:

Key screening triggers:

Screening log criteria:

- >24 hrs vasopressors
- Septic shock
- Noradrenaline

Noradrenaline treatment:



Treated with noadrenaline at rate of ≥ 0.1 mcg/kg/min **at randomisation**

Established noradrenaline treatment to treat septic shock at the time of randomisation

Does not need to receive noradrenaline for 24 hours

Patients receiving noradrenaline to treat patients with sepsis or any other medical condition for longer than 72 hours must be **excluded**








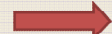
Vasopressor timelines:



Receiving vasopressor support to maintain target blood pressure for ≥ 24 hours

If vasopressor stops and restarts, when does 24 hour vasopressor window clock begin?

Includes ANY type of vasopressor; not just noradrenaline

	Stops and restarts LESS than 12 hours		24 hour window begins at start of INITIAL vasopressor treatment
	Stops and restarts AFTER 72 hours		24 hour window beings at start of SECOND vasopressor treatment
	Stops and restarts AFTER 12 hours but before 72 hours		Contact trial team to confirm eligibility
	Vasopressor does not stop and is continuous for >72 hours		Patient is NOT eligible for the trial

Common eligibility queries:

Eligible	Not eligible
Previous or on-going beta blocker use for pre-existing condition	Received vasopressor support for more than 72 hours to treat sepsis OR any other medical condition e.g. head injury
Treated with beta agonists	Clearly defined septic shock episode cannot be identified
Atrial Fibrillation (AF) – treat with potassium, magnesium or amiodarone (NOT another beta blocker)	Tachycardia is not sepsis driven

Data Entry

Safety Reporting

Please be aware of the importance of consistent safety reporting in both the standard care arm of the trial and the intervention arm. Whilst it is highly important that we monitor safety in patients who receive landiolol treatment, **we can only answer our safety outcomes if events are also reported in the control arm!** **Equal reporting** is paramount to the success of this study.

Data Query Prizes

Well done to all who completed the data query competition ahead of Christmas. This has

helped to maintain our excellent data completion rates and has earned many sites prizes in the process!

Investigator Meeting

Thanks to all who met with Tony and Emma at December's State of the Art conference at our research stand and mini-investigator meeting. It was a great opportunity to share a trial update and hear your experiences of the study.

Please let us know if you would like to receive a copy of the presentation slides including trial updates and clarifications.

Left: Emma at the research stand with Teresa & Jo from Heartlands and Nicola & Prof Paul Dark from the ADAPT-Sepsis coordinating team. Right: Tony Whitehouse and Emma presenting at the STRESS-L mini-investigator meeting.



Recruitment Case Study

Do you keep on screening and wondering when your first patient will come along?...

It can seem that the patients who are eligible for STRESS-L are rare and sporadic which is why regular, reliable screening is of such importance.

This is best demonstrated over in Belfast where the team **struggled to see any eligible patients within their first 12 months of recruitment**, however, their persistence with daily screening and clinical support has paid off with **4 participants recruited in under 6 months.**

Hard work, patience and maybe a lucky shamrock pay off in the end! 

Out of Hours Emergency Phone Line

The STRESS-L trial team at Warwick CTU can now be contacted via the following telephone number for any **emergency queries** during evenings and weekends: **07385 029 213**

Please be aware this number should only be used for emergency queries and questions which require an immediate response.

Normal working hours

Please continue to contact the trial team via the following office telephone number and

email during normal working hours Monday - Friday: **02476 572 905**; stress-l@warwick.ac.uk

Co-enrolment update

Please see below for our list of currently approved co-enrolling trials. Discussions are in progress with further studies but please let us know if there are any at your site which are a priority!

- **A-STOP**
- **ADAPT-Sepsis**
- **BLING III**
- **CRYOSTAT-2**
- **EFFORT**
- **FLO-ELA**
- **REST**
- **STARRT-AKI**
- **TAME**
- **TARDIS**
- **UK-LVR**
- **VACIRiSS**