

Thank you for your ongoing participation and support of the SWEET research study. Your involvement is so important to us, and we really appreciate your continued engagement. We would like to share some updates with you about how the SWEET study is going.



HT & Me

Login

Use this page to login to HT&Me or register for access.

Login

Email Address

Password

Login

Forgotten your password? [Click here to reset.](#)

Register

Registration Code

provided by the HT&Me team

First Name

Last Name

Email Address

Mobile Phone Number

What are we looking for?

Half of you in the study will have received the HT&Me support package and half will have received standard NHS follow-up care only. We want to see whether women who receive the HT&Me support package are more likely to take their hormone therapy as prescribed and have better quality-of-life compared to women who are just receiving the standard NHS follow-up

How is SWEET going so far?

We are very pleased to say there has been a lot of interest in the SWEET study and a total of **1676 women** from **66 hospitals** around the UK are taking part. This means we have now exceeded our original target, and the study has stopped recruitment. No-one else will be invited to take part.



Location of trusts/hospitals involved in the SWEET study.



What's next in the study?

The focus now is on following up those of you in the study. As you might remember we are doing this by asking you to complete a questionnaire at 6 months, 12 months and then finally at 18 months.

Please help us by...



It is really important that all women in the study complete the questionnaires. Whether you take your hormone therapy every day, have missed a few doses, have stopped taking your hormone therapy entirely, or have experienced a recurrence of breast cancer – we ask that you still complete the questionnaires as fully as you can.

Without your questionnaires we will not be able to tell whether HT&Me makes a difference. Your response really matters!

For more information, please look at our website: www.sweetstudy.co.uk

You can also find information on our website about two further related projects.



SWEET-PLUS: Supporting adherence to adjuvant CDK4/6 inhibitors in women with early breast cancer.



QUIETER+ Inequalities in adherence to endocrine therapy in women with ER+ve breast cancer: can these explain disparities in survival?

If you have any questions about the study, please contact SWEET@warwick.ac.uk

If you have any questions or concerns about your hormone therapy or breast health, please contact your local breast care team or your GP.

Thank you for reading this newsletter and for taking part in the SWEET research study.

SWEET_Participant Newsletter_v1.0_28Nov25_Vol InsertVolNumberHere