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**Professor Kate
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OUR RESEARCH THEMES:

**Patient & Public
Involvement**

Experience of Health Care

Person Reported Outcomes

**Translating Knowledge into
Practice**

This newsletter presents selected highlights of our research. For details of the full programme please see our website.

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INVOLVE - Coproduction

Sophie Staniszewska has been working with INVOLVE to develop guidance for working in a more open and honest way with patient and public partners in a research context. The term used is co-production and the document is called "Guidance on Co-producing a Research Project". The aim is to develop relationships across research teams where there is equal sharing of responsibility and power, a respect for each others skills and

abilities and a sense of give and take. The knowledge generated is therefore a shared co-production and the responsibility of the whole team.

<http://www.invo.org.uk/posttypepublication/guidance-on-co-producing-a-research-project/>

Contact: Sophie Staniszewska

Dr. Hannah Andrews graduates with her PhD



Dr. Hannah Andrews graduates with her PhD pictured here (left) with one of her supervisors, Professor Kate Seers.

Hannah's study explored nurses' experiences of self-care and self-compassion. Her study used a grounded theory approach and she found three concepts – nurses were hard wired to be care givers, they needed a stable base and they needed to manage the emotions of caring.

A core category emerged around needing permission from others and themselves to self care and be self compassionate.

Her thesis is available here:

<http://wrap.warwick.ac.uk/113938>

Hannah has submitted a paper for publication from her thesis – watch this space.

We're so proud of you Hannah – a great study, will make a real difference to practice, well done!

Patient and Citizen Involvement (HTAi)

Sophie Staniszewska attended the Health Technology Assessment International (HTAi) Annual Meeting of the Patient and Citizen involvement Group in Stockholm in Sweden in October 2018 at SBU, the Swedish Health Technology Agency. Some of the aims of the HTAI Patient and Citizen involvement Group are to:

- Strengthen HTA by systematic incorporation of patient and citizen perspectives.
- Promote and develop robust methodologies to incorporate patients' and citizens' perspectives in HTAs, and share best practice in patient and citizen involvement in the HTA process
- Develop methods to measure the impact of patient and citizen engagement in HTA, and encourage and monitor new methodologies for obtaining patient evidence
- Support countries with limited experience of HTA to incorporate patients' and citizens' perspectives

At our Stockholm meeting we started our planning for the HTAI Conference in Cologne 2019, reviewing plans for panel sessions and selecting ones the group would support. We reviewed our strategy and work plans, drawing on the expertise of members who had travelled from all over the world. We suggested some important changes to the group structure from working groups to project based groups to ensure everyone has the opportunity to become part of projects. As always we had some fascinating and challenging discussions about methods and future development. A truly international collaboration which is moving patient and public involvement forward in health technology assessment.



<https://htai.org/interest-groups/pcig/>

PPI: working together to improve resuscitation research

In January 2019 Dr Kirstie Haywood and Mr John Long were invited to a snowy Helsinki, Finland to share their experiences of working as collaborative research partners – Kirstie as methodologist and John as patient advocate - in resuscitation research. The event was hosted by Professor Maaret Castren and Dr Marja Makinen at the Meilahti Tower Hospital. Invitees included clinicians, researchers and a range of patients and patient advocates who were actively engaged with clinical research but wanting to know more about patient and public involvement – and how to do it! John and Kirstie shared their experiences of working together on the Core Outcome Set for Cardiac Arrest (COSCA) initiative, an international, multi-stakeholder study which sought to make consensus-based recommendations for the standardisation of outcome assessment in future resuscitation trials [1,2]. Four patient and patient advocate partners (2 survivors of cardiac arrest, 1 partner and 1 patient advocate), together with patient representatives from an established advisory group (CRAG, Heartlands Hospital), were actively involved throughout all stages of the study. Kirstie presented the theoretical underpinnings around PPI and good practice guidance for engaging with patients as 'research partners'. John shared his personal experience of what 'active collaboration' entails – and of how this has extended across other research initiatives.

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Dr Kirstie Haywood in the snow!

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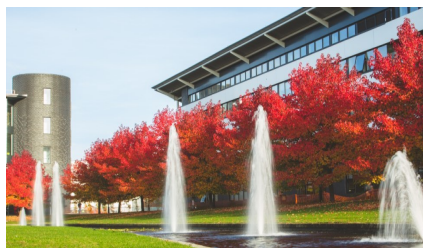
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How Warwick Research in Nursing contributes to the wider academic community



As well as undertaking research and teaching, we feel it is important to contribute to the wider academic community, both within and outside the University. This collegiality is part of what we think is central to a thriving academic community. Staff in Warwick Research in Nursing have many skills, and are encouraged to share them. We thought you'd be interested in some of the highlights that demonstrate how Kate Seers makes this contribution. Future newsletters will feature other staff.

Professor Kate Seers is Director of Warwick Research in Nursing and Professor of Health Research. She is co-lead for research in the Division of Health Sciences and a member of the Divisional Strategy Group. She is Head of Academic Career Development and in this role she leads on embedding mentorship and career development across Warwick Medical School. She is on the University's Athena-SWAN working group, which successfully bid for an Institutional Silver award. She is co-deputy chair of the University's Capital Space and Amenities Group and a member of the Finance and General Purposes Committee. She co-founded and supports the Women's Academic Network for the Medical School. She is a member of the Warwick Medical School Research Committee. She undertakes both a coaching & mentoring and a mediation role on behalf of the University. She is academic lead for the University shadowing scheme which she initiated. She also contributes as exam advisor and internal and external examiner of PhDs. She has been on many external committees, including the NIHR Health Services and Delivery Research Board from 2010-2018. She is a member of the Royal College of Nursing's Nursing Advisory Group and an elected Director of the European Nursing Research Foundation.

We hope this gives you a flavour of some of the things we do in addition to our research and teaching roles.

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