

DIRECTOR:

Prof Kate Seers

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## OUR RESEARCH THEMES:

Patient & Public  
Involvement

Experience of Health  
Care

Person Reported  
Outcomes

Translating Knowledge  
into Practice

*This newsletter presents  
selected highlights of our  
research. For details of the full  
programme please see our  
website.*

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Website address:

<http://www2.warwick.ac.uk/fac/med/research/hscience/rcn>

## PAIC Conference, Dresden

Kate was an invited Plenary Speaker at the European Collaborative Working Group on Pain Assessment in Persons with Cognitive Impairment. This was in conjunction with the 5th International Conference on Pain and Impaired Cognition (PAIC). This meeting took place in Dresden, Germany and was attended by a range of international delegates.

Kate spoke on the implementation of research results into practice in pain management. She discussed how we can bridge the gap between research and practice. Different types of evidence that underpin practice were considered and the theoretical underpinnings of knowledge translation were discussed. The influences of contextual or organisational factors on using evidence in practice were presented and some examples of research that have explored getting evidence into practice were highlighted.

Dresden was an interesting city, with a lot of reconstruction and new building. It was rather cold in February – it snowed so much on the last day that Kate's flight back was cancelled!

Contact: Kate Seers



Dresden

## Doctor of Science



Professor Kate Seers D.Sc.

We are delighted to announce that Professor Kate Seers has been awarded a Doctor of Science from the University of Warwick. A Doctor of Science is a higher award for a sustained and substantial contribution to scientific knowledge. Since undertaking her PhD Kate has contributed to a vast range of research studies that develop a deeper understanding of pain management, patient and staff experience, the culture of health care, evidence based practice and implementation of research knowledge into practice. Over the years Kate's research has made a substantial contribution to patient care and the knowledge base that underpins health care practice. We are pleased to say she has not finished yet and has plenty more to contribute over the next few decades. Congratulations Kate.

## Professor David Evans



Professor David Evans

We were really pleased that Professor David Evans from the University of the West of England could come and give a seminar at the Division of Health Sciences, Warwick Medical School. The title of the seminar was 'Using the Weiss' framework to look at the history of evidence and policy on Patient and Public Involvement (PPI) in research.

David presented the historical development of PPI in research and raised contentious issues concerning the representation of knowledge gained from PPI. A great deal of discussion was generated from David's seminar and clear opportunities for further research identified.

**Contact: Sophie Staniszewska**

## NICE Conference

Sophie Staniszewska presented at the Annual NICE Conference in Birmingham in May 2013, focusing on the development and implementation of the NICE Patient Experiences Guidance which Sophie chaired.

Sophie presented the development of the Warwick Patient Experiences Framework, produced by the RCNRI which underpinned the NICE Guidance. She discussed the core components of the NICE Guidance, the first of its type,

which explicitly draws on patient-based evidence on experiences, alongside other forms of clinical and economic guidance in forming recommendations for high quality care.

Sophie presented alongside a patient representative who was involved as one of the six patient representatives who formed part of the Guideline Development Group.

There was great interest in the Guidance with many questions

about implementation and the potential of the Guidance to contribute to ensuring high quality care.

<http://www.nice.org.uk/guidance/CG138>

**Contact: Sophie Staniszewska**

## RCN Research Conference



Lesley Duff (RCN), Kirstie Haywood, Liz Tutton and Jo Brett

The research team descended on Belfast for the RCN 2013 International Nursing Research Conference. A range of papers were presented by the team: 'Slipping into the pantaloone phase' patient experiences of having a hip fracture by Jo Brett; Interviews with service users in randomised controlled trials - trials and tribulations by Liz Tutton; What matters to patients? A qualitative exploration

of important outcomes following fragility hip fracture by Kirstie Haywood. There was also a symposium on the FIRE study - facilitating the implementation of research evidence which was coordinated by Prof Kate Seers. The conference was thoroughly enjoyable and a great time to connect with friends from across the world of nursing.

**Contact: Liz Tutton**

## Dr Rosie Kneafsey



Dr Rosie Kneafsey, Senior Lecturer in Adult Nursing at Coventry University very kindly gave us a seminar on her research in relation to the promotion of mobility in older adults in hospital. A paper from her research is now online: Kneafsey, R., et al., What is the nursing team involvement in

maintaining and promoting the mobility of older adults in hospital? A grounded theory study. *Int. J. Nurs. Stud.* (2013), <http://dx.doi.org/10.1016/j.ijnurstu.2013.04.007>

Rosie highlighted the complex environment in which nursing care is carried out and the competing priorities that make mobility actions often practical rather than therapeutic in nature. Ways to develop this aspect of care are required to utilise individuals rehabilitative capacity.

**Contact: Liz Tutton**

The RCN Research Institute, within the Division of Health Sciences, Warwick Medical School at the University of Warwick, provides a vibrant student research community.

If you are interested in undertaking a PhD, part time or full time, please contact:

**Prof Kate Seers.**

## Hanneke Wiltjer



About eight months ago I started my part-time PhD in Nursing at Warwick University, supervised by Professor Kate Seers and Dr. Liz Tutton. Besides that I am working part-time as a Senior Staff Nurse at Warwick Hospital. So far, my PhD has proven to be an enormous challenge, a time consuming project, and a lot of fun. It focuses on the use of standardized multi-dimensional

assessments on an inpatient ward for older people.

The use of these assessments is promoted by the World Health Organisation, the government, and through research that has been conducted over the years. Nonetheless, these assessments are not always used by health professionals.

By doing a pragmatic Grounded Theory I hope to generate a theory that will lead to understanding the barriers and facilitators experienced by everyone involved with these assessments. This means I plan to select one or two wards specialized in care for older people, where I will observe and interview nurses, physicians, physiotherapists, occupational therapists, managers, patients, and everyone else who was or is involved. The theory can be useful to work towards effective and efficient use of standardized multi-

dimensional assessments for older people.

Since I have only started eight months ago I have mainly been reading literature regarding standardized multi-dimensional assessments, evidence based practice, and research methodology, but I look forward to the next stages of my PhD.

The opportunity to combine being a staff nurse with being a nurse researcher is very inspiring. As a nurse I am able to experience health care from the inside out, and as a researcher I am able to use this knowledge and translate it to relevant studies. In the future I hope I can continue to balance practice and science, positively adding to the development of our profession.

**Contact: Kate Seers**



# Pain Society Annual Scientific Meeting



The British Pain Society Annual Scientific Meeting was held at Bournemouth International Conference Centre in April 2013. Prof Kate Seers was a member of the scientific committee, so was kept busy judging posters and trainee presentations, as well as being a co-author on three posters, and co-running a workshop on meta-ethnography.

Two of the posters presented meta-ethnographies (a type of qualitative systematic review) on chronic musculoskeletal pain and on chronic pelvic pain. The third poster looked at patients' and healthcare professionals' ratings of patients' pain.

The workshop outlined different types of qualitative systematic reviews, then presented the methods and findings from our meta-ethnography on chronic musculoskeletal pain. The full report will be available later in 2013 on the National Institutes for Health Journals Library website. The workshop concluded by showing a film that has been made of the findings. This film will be available soon and will feature this in a future newsletter. There was a lot of lively discussion covering the value of qualitative synthesis, and the impact of the film on workshop participants.

**Contact: Kate Seers**

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