

Inside this issue:

Thank you	1
Analysis	1
Dissemination	2
Project Mgmt	2
Research Fellows	3
Publications	3

The FIRE Project - Final newsletter

As we are fast approaching the end of the study the team would like to send a message of thanks:

We would like to say thank-you to so many people who have helped us with this study. We'd like to thank all the staff, residents and carers who were part in this study. Thank-you so much for all your support and help in so many ways, it is really appreciated. Thank-you to our Advisory Committee for your thoughtful advice and unstinting support and enthusiasm for the study, it was really helpful. Thank-you to our Data Monitoring Committee for looking at all those tables and giving us the benefit of your expertise. Thank-you from all the FIRE collaborators to the FIRE research fellows and administrative support staff. You've been a great team, and we've all learnt a lot from working with you on this study. We will now be writing up the findings, and if you'd like a copy of papers from the study, please do get in touch (see final page for contact details).

Kate Seers



Analysis

Nicola Crichton our statistician has been busy with data analysis, looking at compliance with the continence guidelines and clinical outcomes. She and Kate Seers presented the findings so far to our data monitoring committee, who oversee safeguarding the interests of trial participants, assess the safety and efficacy of the intervention during the trial and monitor the overall conduct of the trial. The data monitoring committee were content with the conduct of the trial, and acknowledged the thorough work of Professor Crichton in analysing a complex data set. The final analysis is now being run prior to preparing the final report for the European Commission when the study completes at the end of June 2013.

Kate Seers



Further Collaboration

From the FIRE study we have learned that the frail older people in Sweden often have a long history of urinary incontinence (UI), and the problem is acquired years before they move into a nursing home. Yet, UI is quite often the very final reason for not being able to reside in their own home and live independently any more. Looking into this, we found that the lack of evidence based nursing care in acute care settings may cause an onset of UI, for example when being treated in hospital for a hip fracture. Thus, we have proposed a pilot project to investigate if facilitating the translation of UI knowledge into practice in orthopaedic nursing and rehabilitation can prevent the onset of UI in frail older people during and after hip fracture. The pilot study includes testing the intervention (supporting clinical champions among registered nurses and physiotherapists to facilitate the application of evidence in practice) and the data collection structure and content, in order to prepare for a full study. The pilot has received a grant by the Vardal foundation, and will start in the autumn of 2013 and carry on in 2014. The project team consists of Ann Catrine Eldh (as principal investigator), Professor Lars Wallin, Professor Jo Rycroft-Malone, and Assistant Professor Ami Hommel. Information (in Swedish) is available at <http://www.vardal.se/ideprovningen/ide-projekt-gamla/att-motverka-urininkontinens-hos-aeldre-ett-projekt-kring-ledares-betydelse-foer-att-underlaetta-kunskapsoeverfoering-inom-ortopedisk-omvaardnad-och-rehabilitering/> or from Ankie Eldh: anncatrine.eldh@ki.se

Ankie Eldh



Lars Wallin

Jo Rycroft-Malone



Project Board Meeting

The final FIRE Project Board Meeting was held on 21st May 2013. This was the last opportunity for all the team to meet face-to-face to discuss, the final stages of the study and what went well with the project and lessons learnt.

All agreed that everyone had worked well together over the period of the study and it had been a positive experience.

Project Board

Those present:
(left to right)

Alison Kitchen
Nicola Crichton
Karen Cox
Gill Harvey
Kate Seers
Claire New
Deirdre Kennedy
Brendan McCormack
Lars Wallin



Research Fellows Analysis Days

The Research Fellows have had several productive analysis days in London and Bangor. At the Project Board meeting in May the Research Fellows presented the emerging findings. Common themes have been identified in all countries.

Research Fellows meeting at Bangor

Left to right — Claire Hawkes, Carole Mockford
Teatske Van der Zijpp, Ankie Eldh and
Christel McMullan



Publications

Three papers from the FIRE Project have already been published:

[FIRE \(facilitating implementation of research evidence\): a study protocol](#)

Kate Seers, Karen Cox, Nicola J Crichton, Rhiannon Edwards, Ann Eldh, Carole A Estabrooks, Gill Harvey, Claire Hawkes, Alison Kitson, Pat Linck, Geraldine McCarthy, Brendan McCormack, Carole Mockford, Jo Rycroft-Malone, Angie Titchen, Lars Wallin *Implementation Science* 2012, **7**:25 (27 March 2012)

[Translating and testing the Alberta context tool for use among nurses in Swedish elder care](#)

Ann C Eldh, Anna Ehrenbert, Janet E Squires, Carole A Estabrooks and Lars Wallin, *BMC Health Services Research* 2013, **13**:68 doi:10.1186/1472-6963-13-68 (19 February 2013)

[Promoting continence in nursing homes in four European countries: the use of PACES as a mechanism for improving the uptake of evidence-based recommendations](#)

Gill Harvey, Alison Kitson and Zachary Munn, *International Journal of Evidence-Based Healthcare* 2012, **10**: 388-396, doi: 10.1111/j.1744-1609.2012.00296.x

Final farewell

As the sun sets on the FIRE Study those involved look forward to future research projects and pastures new.





**Facilitating Implementation
of Research Evidence**

The Project is Funded By The EC:

Principal Investigator:

Professor Kate Seers
Director, RCN Research Institute
Division of Health Sciences
Warwick Medical School
University of Warwick
Coventry,
CV4 7AL, UK



Email: kate.seers@warwick.ac.uk

Tel: 0044 (0)24 761 50614

Fax: 0044 (0)24 761 50643

The Participating Institutions:



Disclaimer:

The content of this newsletter reflects only the authors' views and the Union is not liable for any use that may be made of the information contained therein.

