

# GPNET-0

Links to resources mentioned in the GPNET-0 video (with their timestamps):

## General resources:

- [Carbon Literacy for Healthcare](#)- (2:30)
- [RCGP Net Zero e-Learning Hub](#)- (5:34)
- [Green Impact for Health toolkit](#)- (7:02)
- [Greener Practice](#)- (9:32)
- [Centre for Sustainable Healthcare](#)- (11:07)
- Primary Care Green Action Plan- (12:55)
  - [Cheshire and Merseyside](#)
  - [Southwest](#)

## Inhaler Prescribing: (15:15)

- [High Quality and Low Carbon Asthma Care Toolkit](#)
- [NICE Asthma inhalers and climate change](#)- patient decision aid
- [Green Inhaler](#)- Patient facing website
- [OpenPrescribing](#)

## Reducing Medicines use and Waste: (19:19)

- [BMJ Too Much Medicine Initiative](#)
- [STOPP/START tool](#)
- [RCGP TARGET antibiotic toolkit](#)
- [Anticholinergic burden calculator](#)
- [‘Show me your meds’ project](#)
- [Structured Medication Review- patient resources](#)

## Social Prescribing: (21:37)

- [Ramblers](#)
- [British Nordic Walking](#)
- [The Wildlife Trust](#)

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## Encouraging Active Travel: (23:13)

- [Love to ride](#)
- [Bikability](#)- cycle training
- [Letsride](#)
- [Cycle to Work Scheme](#)
- [The RCGP Active Practice Charter](#)

## Managing Waste: (27:09)

- [SeeSustainability](#) Waste Audit Forms
  - [Medical room waste](#)
  - [Office room waste](#)

## Energy use: (29:39)

- [Guidance on conducting an independent energy audit](#)- SSE Energy

## Business Services & Procurement: (33:08)

- [Green Directory](#)- UK's Green Service Directory
- [Warp It](#)- Loan, give away, or get second hand office equipment and consumables
- [Seal Medical](#)- reconditioned medical equipment
- [Revolution zero](#)- reusable IIR type face masks
- ['Gloves off' campaign](#)
- [Sustainable procurement course](#)- CSH

## Not included in the video:

- [Environmentally Sustainable Primary Care](#) (Book): Edited by Matt Sawyer and Mike Thomson. You can read a review of the book [here](#).

This video was developed as part of the GPNET-0 Study. To learn more about the study, you can visit the study website at [www.warwick.ac.uk/gpnet0](http://www.warwick.ac.uk/gpnet0), or sign up to their mailing list. Any queries about the video or the study itself, please email [gpnet0@warwick.ac.uk](mailto:gpnet0@warwick.ac.uk).