



Hilton Metropole Brighton

About the Venue:

Set on an eclectic, vibrant seafront, Hilton Brighton Metropole perfectly captures the character of this much-loved city and retains a Victorian elegance and charm. From a jazz lunch and modern dining to a spa and health club, this hotel is the perfect base to absorb Brighton's culture and diversity. Even with these contemporary touches, its heritage and character shines through. With a 125 year history, it would be impossible for the hotel not to.

About Brighton:

Brighton is an English seaside resort town. About an hour south of London by train, it's a popular day-trip destination. Its broad shingle beach is backed by amusement arcades and Regency-era buildings. Brighton Pier, in the central waterfront section, opened in 1899 and now has rides and food kiosks. The town is also known for its nightlife, arts scene, shopping and festivals.

Accommodation:

We have arranged discounted accommodation at Hilton Metropole Hotel, which can be booked through our online system.

For more information about accommodation in Brighton please visit:

www.visitbrighton.com/accommodation

Registration

Registration Includes:

- Attendance at all scientific sessions
- Morning and afternoon refreshments
- Lunch on Thursday & Friday
- Opening night poster viewing with Wine and Nibbles
- BSS Conference Dinner (Friday Night)

Early Bird
Deadline
10th July 2017

	Early Bird	Standard
BSS Member	£285	£385
Student	£220	£320
Non-Member	£430	£480

To register visit:
www.sleepsociety.org.uk

Abstracts

When you submit an abstract for Brighton Sleep 2017, you will have a great opportunity to present your findings at the biggest UK sleep conference, you will also have a chance to win the best poster awards.

To submit an abstract visit:
www.sleepsociety.org.uk

Applicants will be notified on or before 3rd July 2017.

Abstract
Deadline
5th June 2017

Travel Grants

Apply now for an opportunity to win a travel grant to the conference.

For more details please visit: www.sleepsociety.org.uk



British Sleep Society

UK Multidisciplinary Sleep Professionals

BRIGHTON SLEEP 2017

Abstract
Deadline
5th June 2017

BSS Biennial Scientific Meeting
12-14 October 2017
Hilton Brighton Metropole
A Multi-Disciplinary Meeting



www.sleepsociety.org.uk
Events@sleepsociety.org.uk



British Sleep Society

UK Multidisciplinary Sleep Professionals

BRIGHTON SLEEP 2017

Conference Programme

A Multi-Disciplinary Meeting

Thursday 12th October 2017

10:30 Registration Opens

11:00 - 12:00 Lunch & Refreshments

12:00 - 12:15 Welcome

KEYNOTE

12:15 - 13:00

Healthy Sleep: *Professor Franco Cappuccio*
University of Warwick

13:00- 15:00 Sleep and Health
Sleep and chronic pain: moving from association to causation?: *Dr John McBeth*
Tribulations and trials in primary care insomnia: *Dr Niro Siriwardena*
Sleep and metabolic health: *Dr Eleanor Scott*

15:00 - 15:30 Refreshment Break

KEYNOTES

15:30- 16:50

What can we learn by studying sleep in zebrafish:
Dr Jason Rihel, University College London

What can be learned by studying sleep in humans:
Dr Claire Sexton, Oxford University

16:50- 17:30 Abstract Presentations

17:30 - 19:00 Poster Viewing with Refreshments

Authors by Posters Odd: 17:30 - 18:15

Authors by Posters Even: 18:15 - 19:00

Friday 13th October 2017

08:00 - 09:00 Tech Breakfast
Professional Training update: *Paul Sharpe*, CEO
RCCP

KEYNOTE

09:00 - 09:45

Multi Centre Sleep Trials – what have we learned so far?: *Professor Susan Redline*, Harvard USA

09:45 - 11:00 UK OSA Studies
Transcutaneous electrical stimulation in obstructive sleep apnoea: *Dr Joerg Steier*
Markers of cardiovascular disease in OSA using the CPAP withdrawal model: *Dr Chris Turnbull*
The effects of CPAP on coronary artery disease in OSA: *Dr Brian Kent*

11:00 - 11:30 Refreshment Break

11:30 - 12:15 Clinical Updates: Q&A
DVLA rules and experiences: *Gillian Gibbons and Prof John Stradling*

12:15 - 13:30 Refreshment Break

Special Interest Lunches

- 1.)** Mandibular Splints: Joint with BSDSM:
Dr Gregory Flint and Aditi Desai President BSDSM
- 2.)** Ethical dilemmas in the management of OSA in the neuro-disabled child – Single centre, case-based management: *Dr Don Urquhart*
- 3.)** Oximetry Workshop: *Dr Charlotte Kemp*

13:30 - 15:00 Paediatric Joint with BPSA
Update on management, screening, & monitoring in CCHS: *Dr Martin Samuels*
The importance of psychology support for children with narcolepsy and other complex sleep disorders:
Dr Rebecca Martyn
Clinical trial of behavioural interventions for adolescents in schools: *Dr Christopher-James Harvey*

15:00 - 15:30 Refreshment Break

KEYNOTES

15:30 - 16:15

Biological mechanisms and novel biomarkers for OSAS in children: *Dr Hui-Leng Tan*, Royal Brompton Hospital

16:15 - 17:00
Pleasure, Pain and Sleep: *Prof Morten Kringsbach*
Oxford University

17:00 - 17:50 BSS AGM
19:00 - 23:00 BSS Conference Dinner

Saturday 14th October 2017

08:00 - 09:00 Tech Breakfast
Telemonitoring: *David Jones*, University Hospital of South Manchester

KEYNOTE

09:00 - 10:00

Sleep and Cardiometabolic Health: *Dr Kristen Knutson*, University of Chicago, USA

10:00 - 10:30 Refreshment Break

10:30 - 12:30 Sleep Around the World
Sleep and circadian rhythms in rubber tappers in the Amazon rain forest: *Dr Debra Skene*

Two communities in Mozambique: The influence of electrification and urbanization on sleep and circadian rhythms: *Dr Andrew Beale*

Characteristics of sleep in a community without electricity in Haiti: *Dr Kristen Knutson*

Sleep and sleep timing in mid-urbanisation: The Baependi Heart Study: *Dr Malcolm von Schantz*

Prizes Available:

Best Paediatric Poster
Best Clinical Poster
Best Research Poster
BSS/ARTP Lyn Davies Award 2018
BSS Early Years Investigator Award

Thank you for attending, we hope you met many new colleagues, and learned a lot.

See you in 2019



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