



European Salt Action Network 2025

09/15/2025

30 September – 1 October 2025

Original: English

The Spencer Hotel

Excise Walk, International Financial Services Centre,

Dublin 1, Ireland D01 X4C9

Provisional Programme

Time	Session / Speaker
Day 1 – Tuesday 30th September 2025	
09:00 - 09:30	Registration
09:30 - 09:35	Housekeeping – FSAI (<i>5 minutes</i>)
09:35 - 10:00	Welcome and introductory remarks Welcome address – Prof Mary Horgan, Chief Medical Officer, Department of Health Ireland (<i>10 minutes</i>) Opening remarks, Dr Wayne Anderson, Director Food Science and Standards, FSAI (<i>5 minutes</i>) Opening remarks, Dr Michael Beer, Deputy Director, Head of Food and Nutrition, FSVO (<i>5 minutes</i>) Opening remarks, Dr Kremlin Wickramasinghe, Regional Adviser for Nutrition, Physical Activity and Obesity, WHO (<i>5 minutes</i>)
10:00 - 11:15	Session 1: Country updates Monitoring of salt reduction work using GS1 in Sweden, Åsa Brugård Konde, Nutritionist, Swedish Food Agency Update on the Belgian situation regarding salt consumption with the new food survey, Laurence Doughan, Federal Public Service of Public Health, Belgium Food reformulation plan: update from Portugal, Dr Maria João Gregório, Director of the National Healthy Eating Promotion Program, Directorate-General of Health, Portugal Salt in Finland: status and trends, Dr Satu Männistö, Research Manager, Finnish Institute for Health and Welfare A Roadmap for Food Product Reformulation in Ireland: update from Ireland, Dr Sinead O'Mahony, Food Reformulation Task Force Manager, Food Safety Authority of Ireland

11:15 - 11:45	Break
11:45 - 13:00	<p>Session 2: Country updates</p> <p>Update on Hungary's salt related activities, Dr Eszter Sarkadi-Nagy, Nutrition consultant, National Center for Public Health and Pharmacy, Hungary</p> <p>Salt content monitoring in pizza and ready to eat meals on the Swiss market, Steffi Schluochter, Scientific Officer, Federal Food Safety and Veterinary office, Switzerland</p> <p>Product improvement in the Netherlands, Maria Van Delft, Policy Officer for Nutrition, Ministry of Health, Netherlands</p> <p>Food composition databases: a tool for the design, implementation and monitoring of policies to reduced salt intake, Dr Maria Jose Yusta Boyo, Deputy Directorate General for Nutrition, Spanish Agency for Food Safety and Nutrition</p>
13:00 - 14:00	Lunch
14:00 - 15:30	<p>Session 3: Mandatory measures for salt reduction</p> <p>Mandatory thresholds: setting the scene, Jack Reeves, Policy Lead, Office for Health Improvements and Disparities, UK <i>(10 minutes)</i></p> <p>Exploring EU Member States' legal avenues for adopting national front-of-pack labelling schemes on a mandatory basis, Dr Nikhil Gokani, Senior Lecturer in Law, University of Exeter <i>(15 minutes)</i></p> <p>Exploring maximum salt thresholds in bread, Prof Eileen Gibney, Director Institute of Food and Health, University College Dublin <i>(15 minutes)</i></p> <p>Update from Joint Action PreventNCD Workpackage 5, Dr Maria João Gregório, Director of the National Healthy Eating Promotion Program, Directorate-General of Health, Portugal <i>(15 minutes)</i></p> <p>Discussion <i>(35 minutes)</i></p>
15:30 - 15:50	Break
15:50 - 16:50	<p>Session 4: Salt reduction as a prevention strategy in cardiovascular disease policy</p> <p>Cardiovascular disease policy priorities in Joint Action CARDI, Dr Benedetta Armocida MD, PhD, Coordinator of JACARDI <i>(15 minutes)</i></p> <p>Developing cardiovascular health policy for Ireland, Dr Joanne Uí Chruialaoich, Principal Officer, Population Health Screening,</p>

	<p>Cardiovascular and Stroke Policy, Department of Health Ireland (<i>15 minutes</i>)</p> <p>Developing, implementing and tracking communication campaigns: Case study on a food environment campaign and lessons learned, Joana Caldeira Fernandes da Silva, Chief Specialist in Nutrition, Safefood Ireland (<i>15 minutes</i>)</p> <p>Discussion (<i>15 minutes</i>)</p>
16:50 - 17:00	<p>Reflection and meeting close</p> <p>Dr Kremlin Wickramasinghe, Regional Adviser for Nutrition, Physical Activity and Obesity, WHO</p> <p>Dr Sinead O'Mahony, Food Reformulation Task Force Manager, FSAI</p>
17:00 onwards	Participants leave
18:30 onwards	Dinner: Fallon and Byrne, 11–17 Exchequer Street, Dublin 2, D02 RY63, Ireland
Day 2 – Wednesday 1st October 2025	
08:30 - 09:00	Registration
09:00 - 09:15	<p>Welcome and reflection on day 1</p> <p>Dr Sinead O'Mahony, Food Reformulation Task Force Manager, FSAI</p> <p>Dr Kremlin Wickramasinghe, Regional Adviser for Nutrition, Physical Activity and Obesity, WHO</p>
09:15 - 10:15	<p>Session 5: WHO updates on work and activities related to salt</p> <p>Dr Kremlin Wickramasinghe, Regional Adviser for Nutrition, Physical Activity and Obesity, WHO</p>
10:15 - 10:45	Break
10:45 - 12:15	<p>Session 6: Salt reduction in the out-of-home private and public sector</p> <p>Salt thresholds in public food procurement systems, Prof Ivan Perry, Emeritus Professor of Public Health, University College Cork (<i>20 minutes</i>)</p> <p>Addressing salt in Royal Decree 315/2025 for the promotion of healthy and sustainable eating in educational institutions, Dr Maria Jose Yusta Boyo, PhD. Deputy Directorate General for Nutrition, Spanish Agency for Food Safety and Nutrition (AESAN) (<i>20 minutes</i>)</p>

	<p>Approach to reducing salt in foods served in Irish public setting, Fiona Ward, Nutrition and Obesity Policy Advisory, Department of Health Ireland <i>(20 minutes)</i></p> <p>Discussion <i>(30 minutes)</i></p>
12:15-12:30	<p>Discussion on ESAN chair</p> <p>Dr Kremlin Wickramasinghe, Regional Adviser for Nutrition, Physical Activity and Obesity, WHO</p>
12:30 - 12:45	<p>Round table meeting reflections <i>(10 minutes)</i></p> <p>Meeting close</p> <p>Dr Michael Beer, Deputy Director, Head of Food and Nutrition, FSVO <i>(5 minutes)</i></p>
12:45 - 14:00	Lunch
	Participants leave