



Meeting of the WHO Action Network on Salt Reduction in the Population in the European Region (ESAN)

16 June – 17 June 2015, Athens, Greece

Tuesday, 16 June 2015

13:00 Registration

13:30 – 13:45 Introductory Session

- *Opening and welcome of the meeting*
Antonia Trichopoulou, President of Hellenic Health Foundation, Greece
Eirini Tsigarida, Head of Nutrition Policy & Research Directorate of Hellenic Food Safety Authority, Greece
João Breda, Programme Manager Nutrition, Physical Activity and Obesity, WHO Regional Office for Europe
- *Objectives of the ESAN meeting*
Michael Beer, Chair of the ESAN, Switzerland
- *Presentation of meeting participants*

13:45 – 15:30 Session 1: Update on salt reduction strategies within the WHO European Region

Chair: Liliane Bruggmann

- Global status report on noncommunicable diseases 2014 - Focus on salt in EUROPE - *João Breda, WHO Regional Office for Europe*
- Countries – updates (short presentations of 5 – 10 minutes)
 - Greece - *Georgios Marakis, Hellenic Food Authority*
 - Hungary - Hungarian update on salt reduction initiative - *Eva Martos - National Institute for Food and Nutrition*
 - Norway - Salt action plan 2014-2018 - *Hilde Skyvulstad, Norwegian Directorate of Health*
 - Sweden – Salt Campaign: latest development – *Anette Jansson – National Food Agency*
 - Switzerland – *Liliane Bruggmann, Federal Food Safety and Veterinary Office FSVO*

15:30 – 16:00 Coffee/tea break

16:00 – 18:00 Session 2: Moving from salt to other nutrients

Chair: Finland, Sirpa Sarlio-Lähteenkorva

- Reformulation initiatives in the EU: updates on the recent development - *Stephanie Bodenbach - DG SANTE*



- Countries – updates
 - Sweden – New Criteria's for the keyhole - *Anette Jansson – National Food Agency*
- Discussion about further development of the Network

19:30 Joint Dinner

Wednesday, 17 June 2015

09:00 – 10:45 Session 3: Research Projects

Chair: WHO Regional Office for Europe, João Breda

Presented Research Projects:

- Project: " "Food Reformulation in the Netherlands; monitoring and studies"; *Liesbeth Temme; WHO Collaborating Centre for Nutrition; National Institute for Public Health and the Environment, RIVM*
- Project: "Salt and inequality"; *Francesco Cappuccio, University of Warwick, Warwick Medical School, Division of Mental Health & Wellbeing*
- Project: „New Approaches for Salt-Reduction in Food”, *Dominic Wimmer, Fraunhofer-Institut, Germany*

Discussion about possible joint research projects in the framework of Horizon 2020 and/or joint action EU – *João Breda*

10:45 – 11:15 Coffee/tea break

11:15 – 12:45 Session 4: Working group

Chair: Switzerland, Michael Beer

- Project: "Bread-Monitoring in Switzerland", *Michael Beer, Vice-Director, Federal Food Safety and Veterinary Office FSVO, Switzerland*
- Reporting back on WG "Bread" – *Michael Beer*
- Countries – updates, discussion and next steps

12:45 – 13:45 Lunch break

13:45 – 15:00 Session 5: WHO Sugar Guidelines

Chair: WHO, João Breda

- Sugar Reformulation coincide with WHO Sugar Guidelines, *Jo Jewell, Technical Officer Nutrition Policy*

15:00 – 15:30 Conclusions, next steps, next host country