

Gibbet Hill Health and Wellbeing Day 2023 word search competition

Complete the word search for your chance to win a £25 voucher.

Name:

Email:

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      H D K                               U Z F
    C A R A T F                           V O P N T Z
W D P E W F G F G                       T H T L A E H F B
A R P T A C I N S                       W R I N L C G A W
G F I H A V A U O K                     T A C V N W X K B Z
O J N G R E C T L I                     L I F E S T Y L E X
Y M E U V A L R Y Q T   N G E X E R C I S E C
  R S A Q Y G I W A B A O E J E N A R X E T M
    S L W V F T S C T Q X G A R D E N I N G
      Z E Q I P A R F B A G S P D I
        O O P Y V V P L S
          C E N R L Q V S E L E X Z
            V G S J T A E P E H P X R R Y
              X O Y S E D K G X P U V S I Y G J A N
                K I Z E O X H E G M I N D F U L N E S S X
                  M G N I H C T E R T S A T P Y N Z B F U S
                    N R T B R L A I P V W A L K I N G S I Z J O A
                      T I H X P B Y Q S   T Q V   M U S S H O A S Z
                        F P B W L R T G B   Y V I   F M R V Z I M Y X
                          A B N E M E M Z   R F T   H J F O W N U O
                            W S S Y I O H   J Q A   X R V S U E V
                              M S D S R   Y K M   Q C S K C
                                N Z H   A P I   J K F
                                  J X N
                                    F Y S
  
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EXERCISE
HEALTH
YOGA
LAUGHTER
MINDFULNESS
FRUIT
VITAMINS

LIFESTYLE
DIET
SPORT
SLEEP
SUNSHINE
FITNESS
GARDENING

WALKING
RELAXATION
ALPACA
NUTRITION
VEGETABLES
HAPPINESS
STRETCHING