

# Medical Education Group Newsletter

*“Looking back at my time as a Warwick Medical Student”*

March 2019



## Notes from Meeting

Thank you to all who were able to attend the March Medical Education Group meeting!

Rob Wise, an F2 doctor and former Warwick medical student, gave us an interesting and entertaining talk looking back on his time at WMS. He reflected on the highs and the lows, and on what he learnt as a student - including how to work things out from basic principles to applying knowledge in clinical practice. Rob went on to discuss the rapid learning curve that he experienced as an F1 and invited us to think about what struggles students might face during the transition to a fully qualified working doctor. The main themes that came out were:

- The mechanics of how everything works! - *“How do I make a blood transfusion happen?”*
- Taking responsibility for putting theory into practice
- Management skills being tested outside the OSLER format
- Hospital “politics” and how to negotiate them

Rob was candid about the huge stress experienced by junior doctors and discussed that the ability to cope was based not only on confidence and experience, but prioritization, team work, communication and delegation.

Rob went on to reflect upon how he has developed since starting F1, including honing his communication skills, the changing relationship with colleagues and patients, and the importance of prioritising lunch!

This was then followed by an active discussion about how we can best prepare WMS students for F1 and we identified the Assistantship block as a key time for this to occur. We discussed potential barriers and ways to optimise the experience for students, including placing emphasis on making management plans, setting tasks that reflect the jobs of an F1, and the importance of the student being part of the clinical team.

We are very grateful to Rob for sharing his experiences with us and hope that he can also present to WMS students in the future.

## Upcoming Events

**Lecture Capture:  
Advantages, Disadvantages,  
How to Maximize this  
Educational Tool!**

**Crispin Wiles**

Wednesday April 17<sup>th</sup>

13.00 - MTC 005 & 007

## Quote of the Month:

***“Learning doesn’t stop when you leave Warwick Medical School, it is a continuous process.”***

## Research Article Spotlight:

***“How prepared are UK medical graduates for practice? A rapid review of the literature 2009-2014.”***

Monrouxe L.V., Grundy L., Mann M., *et al.* BMJ Open 2017; 7:e013656.

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