MSc in Mental Health and Wellbeing 2025-26

All sessions are in H0.44 unless otherwise specified

	Week	Date	Monday 10am-11am	Monday 11am - 12pm	Monday 12pm - 1pm	Monday 1pm - 2pm	Monday 2pm - 3pm	Tuesday 10am-11am	Tuesday 11am - 12pm	Tuesday 12pm-1pm	Tuesday 1pm-2pm	Tuesday 2pm-3pm
Term 1	1	06/10/2025	Study Day					Study Day				
	2	13/10/2025	Study Day					Study Day				
	3	20/10/2025	Study Day					Study Day				
	4	27/10/2025	Study Day					PS940 / PS942 Work Placement / Project				
	5	03/11/2025	Study Day						PS906 Research Design submission			
	6	10/11/2025	Study Day					Study Day				
	7	17/11/2025	Study Day					Study Day				
	8	24/11/2025	Study Day					Study Day				
	9	01/12/2025	Study Day						PS907 Assign 1 submission			
	10	08/12/2025	Study Day					Study Day				
	11	15/12/2025		PS906 Stage 1 Registered Report submission								
	12	22/12/2025										
	13	29/12/2025	Uni closed					Uni closed				
	14	05/01/2026										
Term 2	15	12/01/2026	PS932 From Stress to Health in the Workplace	PS907 Assign 2 submission		PS934 Health and Wellbeing Interventions		Study Day				
	16	19/01/2026	PS932 From Stress to Health in the Workplace				PS934 Health and Wellbeing Interventions	Study Day				
	17	26/01/2026	PS932 From Stress to Health in the Workplace				PS934 Health and Wellbeing Interventions	Study Day				
	18	02/02/2026	PS932 From Stress to Health in the Workplace				PS934 Health and Wellbeing Interventions	Study Day				
	19	09/02/2026	PS932 From Stress to Health in the Workplace				PS934 Health and Wellbeing Interventions	Study Day				
	20	16/02/2026	PS932 From Stress to Health in the Workplace				PS934 Health and Wellbeing Interventions	Study Day				
	21	23/02/2026	PS932 From Stress to Health in the Workplace		PS940 Workplace Skills - Introductory session (15-20 mins)		PS934 Health and Wellbeing Interventions	Study Day				
	22	02/03/2026	PS932 From Stress to Health in the Workplace				PS934 Health and Wellbeing Interventions	PS940 Workplace Skills (H0.43)				
	23	09/03/2026	PS932 From Stress to Health in the Workplace				PS934 Health and Wellbeing Interventions	Study Day				
	24	16/03/2026	PS932 From Stress to Health in the Workplace		PS934 Health and Wellbeing Interventions - Oral Presentations (actual dates tbc)		PS934 Health and Wellbeing Interventions	Study Day				
	25	23/03/2026	PS932 Open Exam					PS932 Open Exam				
	26	30/03/2026										
	27	06/04/2026	Easter Monday									
	28	13/04/2026										
	29	20/04/2026										
Term 3	30	27/04/2026	PS940 Placements start									
	31	04/05/2026	Bank holiday									
	32	11/05/2026										
	33	18/05/2026										
	34	25/05/2026	Bank holiday									
	35	01/06/2026										
	36	08/06/2026										
	37	15/06/2026										
	38	22/06/2026										
	39	29/06/2026										
	40	06/07/2026										
	41	13/07/2026										
	42	20/07/2026										
	43	27/07/2026										
	44	03/08/2026										
	45	10/08/2026										
	46	17/08/2026										
	47	24/08/2026										
	48	31/08/2026	Bank holiday									

	Week	Wednesday 10am-11am	Wednesday 11am-12pm	Wednesday 12pm - 1pm	Wednesday 1pm-2pm	Wednesday 2pm-3pm	Thursday 10am-11am	Thursday 11am-12pm	Thursday 12pm-1pm	Thursday 1pm-2pm	Thursday 2pm-3pm	Thursday 3pm - 4pm
Term 1	1	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (Room H149)		
	2	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (A0.02 Zeeman Building)		
	3	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (A0.02 Zeeman Building)		
	4	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (A0.02 Zeeman Building)		
	5	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (A0.02 Zeeman Building)		
	6	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (Room H149)		
	7	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (Room H149)		
	8	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (Room H149)		
	9	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health			PS907 Advanced Qualitative and Quantitative Analysis (Room H149)		
	10	PS906 Experimental Design and Data Collection (Room H149)					PS936 Advanced Issues in Mental Health (10am-11am Room H0.44; 11am-12pm Room H1.48)			PS907 Advanced Qualitative and Quantitative Analysis (Room H149)		
	11	PS906 Class Test										
	12	Uni closed					Uni closed					
	13	Uni closed					Uni closed					
	14											
Term 2	15		PS936 Project Plan submission				Study Day					
	16	Study Day										
	17	Study Day					Study Day					
	18	Study Day					Study Day					
	19	Study Day					Study Day					
	20	Study Day						PS935 Resource Creation submission				
	21	PS940 Workplace Skills Online training						PS940 Online training submission				
	22	PS940 Workplace Skills (H0.43)					Study Day					
	23	Study Day					Study Day					
	24	Study Day					PS935 Inteventions and Technologies for Behaviour Change - Presentations (time tbc)					
	25	PS932 Open Exam					PS932 Open Exam					
	26											
	27											
	28											
	29							PS934 Critical Essay submission				
Term 3	30											
	31											
	32											
	33											
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	39											
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	43											
	44											
	45											
	46						PS940 / PS942 Infographic presentation / networking conference (time tbc)					
	47											
	48							PS940 / PS942 Project submission				

	Week	Friday 10am-11am	Friday 11am- 12pm	Friday 12pm-1pm	Friday 1pm-2pm	Friday 2pm-3pm	Friday 3pm - 4pm
Term 1	1	PS937 Core Foundations of Mental Health and Wellbeing					
	2	PS937 Core Foundations of Mental Health and Wellbeing					
	3	PS937 Core Foundations of Mental Health and Wellbeing					
	4	PS937 Core Foundations of Mental Health and Wellbeing					
	5	PS937 Core Foundations of Mental Health and Wellbeing		PS940 / PS942 Work Placement and Project Preferences submission			
	6	PS937 Core Foundations of Mental Health and Wellbeing					
	7	PS937 Core Foundations of Mental Health and Wellbeing					
	8	PS937 Core Foundations of Mental Health and Wellbeing					
	9	PS937 Core Foundations of Mental Health and Wellbeing					
	10	PS937 MCQ Test (Room H0.44)					
	11						
	12	Uni closed					
	13						
	14						
Term 2	15	PS935 Interventions and Technologies for Behaviour Change					
	16	PS935 Interventions and Technologies for Behaviour Change					
	17	PS935 Interventions and Technologies for Behaviour Change					
	18	PS935 Interventions and Technologies for Behaviour Change					
	19	PS935 Interventions and Technologies for Behaviour Change					
	20	PS935 Interventions and Technologies for Behaviour Change					
	21	PS935 Interventions and Technologies for Behaviour Change					
	22	PS935 Interventions and Technologies for Behaviour Change					
	23	PS935 Interventions and Technologies for Behaviour Change		PS940 / PS942 Final Ethics approval submission			
	24	PS935 Interventions and Technologies for Behaviour Change					
	25	PS932 Open Exam					
	26	Good Friday					
	27						
	28						
	29						
Term 3	30						
	31						
	32						
	33						
	34						
	35						
	36						
	37						
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	41	PS940 Placements end					
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	48						