

## Austin, Hannah

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**From:** Psych-all-users <psych-all-users-bounces@listserv.csv.warwick.ac.uk> on behalf of HOD.Psychology Resource <HOD.Psychology@warwick.ac.uk>  
**Sent:** 08 November 2024 09:16  
**To:** psych-all-users  
**Subject:** [Psych-all-users] Weekly Bulletin - 08/11/24  
**Attachments:** Flyer 1 BTG PDF.pdf; Overseas Travel Process Information.pub; Sustainability at Warwick Newsletter November 2024; WIE Network Newsletter - November 2024; FW: November 2024 Newsletter -IAS Funding, Opportunities and Activities; ATT00001.txt



Department of Psychology – Weekly Bulletin: 08/11/24

Please send any information to [hod.psychology@warwick.ac.uk](mailto:hod.psychology@warwick.ac.uk) you would like to share.

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There is no in the spotlight this week. If you would like to submit a paragraph, get in touch!

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### **Training, Seminars and Workshops**

#### **Lots to come from the Professional Services Excellence Network before the end of the year!**

It's been a busy start to the new academic year for the Professional Services Excellence Network, and there's still plenty more to come!

Last week saw a fully-booked session helping attendees better understand our international students. Slides from that talk are now available [on the Network's website](#).

Hot on that event's heels is the next one; a talk about Innovation at Warwick from Rachel Davis, Director of Warwick Enterprise.

Rachel's session will demystify the Warwick Innovation District and explore the impact of students engaging in innovation, enterprise and entrepreneurship as part of their educational journey. The session will take place on Wednesday 13 November in OC0.04. Refreshments will be available from 1.30pm, with the talk running from 2-3.30pm. [Places can be booked now online](#).

After that, there are two more dates to add to your calendar:

- Wednesday 27 November, 10am-midday, PLT (Physics building): HE sector update

- Thursday 12 December, 10am-midday, OC0.04: Compassionate communications and honing your writing skills

Booking for these final sessions will open soon, but please save the dates now!

As a reminder, the role of the Professional Services Excellence Network is to:

- Celebrate and champion the role played by our professional services in contributing to students' experience
- Share expertise, good practice and ideas for enhancing the student experience, focusing on key themes
- Increase connectedness and collaboration between central and departmental professional services teams
- Raise common challenges and develop collaborative ideas
- Dissect the bigger picture – the factors affecting the Higher Education sector and Warwick itself – and play a collective role in the shaping of the Warwick student experience
- Hear from external and internal speakers
- Enjoy time together to learn and reflect

## Coventry HDRC: Collaborative Knowledge Exchange Accelerator Funding Call

### **Up to £1000 available to support local collaborative projects involving Coventry City Council and focused on the wider determinants of health**

As part of the [Coventry Health Determinants Research Collaboration](#), the Universities of Warwick and Coventry have come together to invite policymakers and researchers to apply for up to 1k funding. This funding is available to support ongoing conversations and collaborations focused on integrating research into areas of the wider determinants of health. Examples include, but are not limited to housing, transport, education, and access to green spaces. Groups should have a long-term vision to apply for research funding.

Applications must include at least one Coventry City Council policymaker, at least one University of Warwick and/or Coventry University researcher, and, where possible, at least one third-sector organisation.

There will be two webinars where you can learn more and ask questions about the funding and the process. We recommend joining one before completing the application with your collaboration.

[Monday 11 November, 10 am - 11 am](#)

[Monday 11 November 1 pm - 2 pm](#)

Please see [website](#) for details on additional information and development sessions.

What are the next steps?

- Visit the [Warwick University website](#) to understand the criteria for applying
- Gather members of your collaborative team
- Attend one of the two webinars to find out more and ask questions
- Complete the [1-page application form](#) before **5pm on Friday, 29<sup>th</sup> November**
- Propose 6 months of activity from January until June 2025

Warwick applicants are encouraged to contact Research Development and Impact Manager India Holmes ([india.holme@warwick.ac.uk](mailto:india.holme@warwick.ac.uk)) to discuss their proposal.

## **Information**

Dear Warwick University Psychology Department,

I am a registered supervisor currently working with one of your students Sheryl Root.

I wonder if I can let you know about my forthcoming book, **20 Ways to Break Free from Trauma**, published by **Jessica Kingsley**, which has been endorsed by Sir Terry Waite and Alastair Campbell. I hope it will be a useful resource for students who may be working with vulnerable clients suffering trauma in its various facets. In the book, I present the breadth of trauma in 20 chapters in an attempt to distil the different trauma responses and make them understandable, as well as offer hope and ways through. The book is written in an approachable style and accessible language. It includes practical exercises and poems which reflect the spectrum of trauma. The style is 'bite sized chunks' to mitigate overwhelm. It is written for a general audience, for those with trauma who might recognise within its pages themselves or someone they are supporting.

In addition, I wonder if any of your staff or clients might be interested to attend a free **event on trauma at the Banbury Therapy Group on Saturday 23 November 5pm-7pm**. I will be in conversation with Alaa Safi, Founder of Counselling Without Borders and Rachel Young, Director and Co-Founder of the Banbury Therapy Group about trauma, drawing on the ideas of the book, what trauma is, how responses to overwhelming life situations show up in our minds and bodies and what we can do to move on and heal, post trauma. **Any students would be welcome to attend, all that is needed is to ring the number below on the flyer or email myself for more information.**

With all good wishes,

Philippa Smethurst

Philippa Smethurst  
BACP Snr Accred Counsellor, UKCP reg  
Counsellor, Psychotherapist, Supervisor and Author

**Please find the overseas travel information attached, this includes information on the new process.**

**If you see or have an accident, or feel unwell summon a First Aider (in the Humanities Building):**

The departmental First Aiders are:

Hannah Austin - H1.41, call x73910 (or 024 765 73910 from a mobile phone)

Catherine Johnstone - H2.53 call x23745 or (024 765 23745 from a mobile phone)

Professor Thomas Hills - H0.26, call x23182 (or 024 765 23183 from a mobile phone)

Dr Pete Trimmer - H0.29, call x50909 (or 024 761 50909 from a mobile phone)

**If it is not possible to contact one of the first aiders, please contact Community Safety on ext: 22222 (024 765 22222).**

**Automated External Defibrillators (AEDs)**

location [https://warwick.ac.uk/services/healthsafetywellbeing/guidance/first\\_aid/defibrilators/](https://warwick.ac.uk/services/healthsafetywellbeing/guidance/first_aid/defibrilators/).

**Procedure for reporting Accidents**

(a) Report incident to [Linda Wilson](#) or, in her absence, your line manager / supervisor / tutor.

(b) Complete the online [Accident / Incident / Near Miss Report Form](#)

Kind Regards,  
Hannah.

**Hannah Austin** (She/Her)

PA to Professor. Derrick Watson, Head of Department | Psychology |  
University of Warwick

[Hannah.o.austin@warwick.ac.uk](mailto:Hannah.o.austin@warwick.ac.uk) | Internal: 73910

Room H1.41 | Humanities Building | Coventry | CV4 7AL | [Find us on the interactive map](#)

Or chat with me on Teams!

Work hours: 8:30 am till 4:30pm (Monday till Thursday), 9:00am till 4:00pm (Friday)



<b>9th</b> in the world	<b>92%</b>	
Responsible Consumption and Production <i>THE Impact Rankings 2023</i>	of our research is 'world-leading' or 'internationally excellent' <i>REF (Research Excellence Framework) 2021</i>	<b>WARWICK</b> THE UNIVERSITY OF WARWICK